

## Who We Are

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Since 1948, the YWCA has provided programs and services aimed at enriching lives, providing hope, supporting empowerment, and helping families and individuals build tools for self-reliance.

We are an open door organization encouraging all members of our community to be active in eliminating discrimination, promoting equality, and to supporting community efforts that improve the lives of Kitsap families. We are proud of our diversity reflecting the make-up of our community, through our staff, our Board of Directors, our volunteers and our base of supporters.

We are a lead agency in the Kitsap Community in the areas of domestic violence prevention and intervention programs, including our longest running program—the YWCA ALIVE Program.

The strong link between family violence, child abuse and child neglect cannot be ignored. Our YWCA Family Outreach Program offers multiple components working with at-risk youth, pregnant and parenting teens and families with children at-risk for neglect and abuse.

## YWCA Locations and How to Contact Us

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All programs sites are handicap accessible. If special provisions are needed, please call us at 360.479.0522 or for hearing and speech impaired, call TTY 1.800.833.6388.

### 24 Hour Crisis Line

Toll Free 1.800.500.5513 Local 360.479.1980

### YWCA Community Center

905 Pacific Avenue  
PO Box 559  
Bremerton, WA 98337  
PH: 360.479.0522 FX: 360.479.0484  
**Legal Advocates:** 360.479.0491  
Email: ywca@donobi.net  
Hours: M-F 8:30AM—4:30PM

### YWCA ALIVE Shelter

Confidentially Located  
PH: 360.479.5118 FX: 360.479.2460

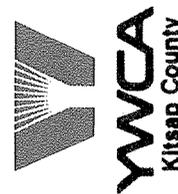
### YWCA ALIVE North Kitsap/ Bainbridge Island Domestic Violence Program

Confidentially Located  
PO Box 137  
Rolling Bay, WA 98061  
PH: 206.780.2931 or 360.551.3140  
FX: 206.855.8434

### DSHS WorkFirst/YWCA ALIVE Family Interventionist

PH: 360.478.4816 FX: 360.478.6475

stamp



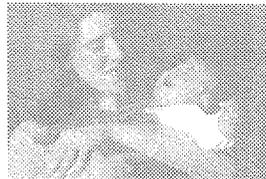
YWCA Community Center  
905 Pacific Avenue  
PO Box 559  
Bremerton, WA 98337

I want to feel  
**SAFE** - my  
current or  
former partner  
has hurt me or  
has threatened to hurt  
me.



I am  
**STRUGGLING**  
to care for  
my children  
and need  
resources.

I am a  
pregnant or  
parenting  
teen and don't know  
where to turn for **HELP**



Providing hope to Kitsap County  
families since 1948

# YWCA Services for Kitsap Families

## **YWCA ALIVE Program provides services and resources to individuals and their children affected by domestic violence in order to increase their safety.**

- The **YWCA ALIVE Emergency Shelter** provides 24 hour, 365 days a year emergency shelter for female victims of domestic violence (DV) and their children. The shelter's 17 beds are often at capacity and is handicap accessible. During their stay, residents receive advocacy-based counseling, coping skills and assertiveness training, housing, medical, and legal advocacy safety and health information and actively work on Individual Plans. **Phone: 360.479.1980; Toll Free Crisis Line: 1.800.500.5513.**

- **YWCA ALIVE Children's Support Services** serves a special need in our shelter for programs targeting children who have witnessed and/or been victims of abuse. These uprooted kids participate in video and pizza parties, arts and craft projects, birthday and holiday celebrations, field trips, and more. These activities help provide moms respite care and also allows the children to participate in safe, fun, structured activities during their stay at the shelter.

- **YWCA ALIVE Legal Advocacy** offers victims support through the criminal process with advocacy-based counseling, appearing in court with victims, help with community resources, obtaining restraining orders, anti-harassment orders, protection orders and assist with Crime Victims Compensation claims, and enroll persons in the Address Confidentiality Program. Also offered are safety planning, assistance in obtaining shelter, and community education. **Phone: 360.479.0491.**

- Our satellite program serving the north end of Kitsap County, the **YWCA ALIVE Bainbridge Island/North Kitsap Domestic Violence Program**, offers crisis response, safety planning, advocacy-based counseling, legal advocacy, community referrals, and community education. **Phone: 206.780.2931 or 360.551.3140.**

- **YWCA ALIVE Community Based Support Groups** are for women only and meet in several locations at various times in Kitsap County. These are facilitated meetings helping women discuss issues of power and control in relationships, assertiveness trainings, support and referrals for those currently experiencing DV or for survivors of DV. These are free and offer free child care. Pre-screening is required. **Phone: 206.780.2931 (Poulsbo); 360.479.5118 (Bremerton and Port Orchard).**

- **WorkFirst/YWCA ALIVE Family Interventionist Program** provides DV case management services from the DSHS Bremerton Community Services Office. Our advocate there helps WorkFirst program participants to address the issues of DV which has been identified as a major barrier to successful welfare to work transitions. **Phone: 360.478.4846.**

## **YWCA Family Outreach Program provides targeted services and resources to struggling families and at-risk youth to strengthen the foundation for a strong and healthy future.**

- The **YWCA Family Visitor Program** works with families who are struggling with making ends meet, who may need resources to improve parenting skills, who may need basic needs assistance or who may need an advocate to help them negotiate what resources are needed. Family Advocates work with families to set goals, to help work through self-esteem issues, stress management, and housing information. **Phone: 360.479.0522.**

- There are few avenues for a pregnant and parenting teen to learn about available resources, get support from peers and par-

ents or learn how to connect with other community resources. **YWCA Project Sister** is one of those avenues. Being a parent is not easy, being a teenager is often stressful. Put the two together and it can be a time of confusion, adjustment and stress. Through this program pregnant and parenting teens (this includes their partners) receive support and encouragement helping them cope with the demands and stress of raising children. **Phone: 360.479.0522.**

By providing at-risk youth with learning, support and fun opportunities we expose them to increased expectations and a safe environment. **YWCA Youth Services** currently offers **Homework Clubs** to at-risk youth grades 4-12 after school at several locations in Kitsap County. Once a month youth ages 8-12 meet at the YWCA Community Center for **YWCA Saturday Kids KAMP** to partake in fun, educational activities and field trips.