

# City of Poulsbo

Office of Mayor Rebecca Erickson



August 1, 2017

## **FOR IMMEDIATE RELEASE:**

City of Poulsbo, Mayor's Office  
200 NE Moe Street, Poulsbo, WA 98370  
360.394.9880  
[www.cityofpoulsbo.com](http://www.cityofpoulsbo.com)

## **City of Poulsbo Cooling Station**

**Poulsbo** –Mayor Becky Erickson announced that due to the heat forecasted for today, Wednesday, and Thursday, the City of Poulsbo will utilize the City Hall Council Chambers, located at 200 NE Moe Street, as a cooling center. Water bottles will be provided. Cooling station hours are below:

- Tuesday, August 1, 2017: 8:00am-4:30pm
- Wednesday, August 2, 2017: 8:00am-8:00pm
- Thursday, August 3, 2017: 8:00am-4:30pm

### *Tips to follow during the high heat:*

- Drink plenty of water.
- If outdoors, wear light-colored clothing and take frequent breaks in the air conditioning or shade.
- Please check on relatives, neighbors, and friends, especially the elderly, during the extreme heat of summer.
- Never leave children or pets unattended in a car. This is extremely hazardous and frequently causes serious health issues and can very easily cause death.
- Do not leave pets outside unattended during the day. Animals sweat by panting when they are extremely hot, so they need to be kept indoors when temperatures reach extreme levels.

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