MURIEL IVerson williams
WATERFRONT PARK
TUESDAYS, 6:30P

JULY 9
Funaddicts – Great 50’s classics through today’s hits

JULY 16
Lee Pence Trio – Contemporary Smooth Jazz

JULY 23
Community Showcase – West Sound Academy’s Music Ensemble & Poulsbo Orchestra’s Viking Brass

JULY 30
Craig Alden Dell – Traditional Spanish Guitar

AUGUST 6 - NATIONAL NIGHT OUT!
Betsy and the Boys – Honky Tonk Blues

AUGUST 13
Navy Band NW – a summer tradition

Proudly sponsored by:
Registration begins March 25, 2019 and will continue until classes are full or are canceled due to low enrollment or other unforeseen reasons.

Classes may be canceled if minimum enrollment has not been met five business days before class start date. YOU WILL BE NOTIFIED ONLY IF THE CLASS YOU WANT IS UNAVAILABLE OR IF THERE ARE ANY CLASS CHANGES.

CITY RESIDENT DISCOUNT
City of Poulsbo residents receive an $8 discount on most classes.

REFUND/CREDIT POLICY
The department may cancel classes that do not meet minimum enrollment and refunds (or credits) will be issued. You may withdraw at any time up to five working days prior to the first day of class or program. There will be no credit given to a patron who withdraws from a program with less than 5 business days unless someone else is found to take that place.

FACILITY RENTALS AND COMMUNITY SIGN BOARDS
The City manages two community signboards on Highway 305. Organizations may reserve the space to advertise their special events and activities.

There are three parks with rentable facilities: The Austin-Kvelstad Pavilion at Muriel Iverson Williams Waterfront Park, Nelson Park and Raab Park all have picnic shelters for rent.

The Recreation Center also has rooms to rent for parties, classes, and events. Call 360-779-9898 for more information.

RECREATION CENTER HOURS
The building is located at 19540 Front Street NE in Poulsbo.

Monday-Thursday: 8am-6:30pm
Friday: 8am-5pm

If weather is questionable, please call the Recreation Center at 360-779-9898 before traveling to a Parks & Recreation sponsored program.
ROUND UP FOR RECREATION
This is a fee-reduction/scholarship program, which you, the community, can support with donations.

Any time you register for a program and want to give a little back to those in need, just “round up” your payment amount and we’ll put it into the fund. When you register online, click the DONATION box to donate. If you’re in the office, just ask the receptionist.

For instance, if a gymnastics class costs $35, you could round up the payment to $40. $5 would then go into the Round Up for Recreation fund. Thank you for helping.

POULSBRO PARKS & RECREATION STAFF

360.779.9898

Parks & Recreation Director
Mary McCluskey

Administrative Assistant
Pat Hightower

Recreation Programmers
Joe Schiel & Kris Goodfellow

Preschool Coordinator
Andrea Austin

Preschool Assistant
Pam Raymond, Heidi Allen

Receptionists
Shawna Casey, Jami Sipila

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FACILITY RENTALS

The Parks and Recreation Center has two rooms available for rent. Prices range from $10-$25 per hour plus sales tax, and are available around the recreation class schedule. Please give us a call at 360-779-9898 for more information.
1  COLLEGE MARKETPLACE BALL FIELDS
NW Reliance Street, 6 acres
- Slated for future park development

2  POULSBO’S FISH PARK
288 NW Lindvig Way
- 42.6 acres on the Liberty Bay Estuary and Dogfish Creek
- Urban nature park including habitat restoration & interpretive signage
- 1.5 miles of trails, boardwalk and viewing platforms
- Monthly volunteer opportunities held the third Sunday of the month from 1-4pm

3  NELSON PARK
20296 3rd Ave NW, 11 acres
- A picnic shelter with tables (available for private rental)
- Restrooms, benches, BBQ grills, Playground
- Pedestrian trail to Poulsbo’s Fish Park
- Nelson Family farmhouse (caretaker’s residence)
- The Martinson Cabin Museum, operated by the Poulsbo Historical Society

4  AMERICAN LEGION PARK
Front Street, 4 acres
- Wooded trails with Liberty Bay views
- A pedestrian boardwalk that links to Waterfront Park
- Restrooms
- Playground and picnic tables

City parks are open year-around, dawn to dusk. For information about the parks, including rentals and facilities available, call Poulsbo Parks and Recreation at 360-779-9898.
CITY PARKS & TRAILS

5 MURIEL IVERSON WILLIAMS WATERFRONT PARK
18809 Anderson Parkway, 1.75 acres
- Austin-Kvelstad Pavilion (available for private rental)
- Restrooms, picnic areas, & great views of Liberty Bay
- A pedestrian boardwalk to American Legion Park

6 NET SHED VISTA
18500 Fjord Drive, .69 acres
- Liberty Bay viewing area
- Picnic tables and benches

7 LIONS PARK
6th Avenue & Fjord Drive, 1.2 acres
- Restrooms and picnic areas
- Two tennis courts
- Playground and open play areas

8 OYSTER PLANT PARK
17881 Fjord Dr, .22 acres
- A viewing pier and picnic tables
- Small boat launch

9 BETTY IVERSON KIWANIS PARK
20255 1st Avenue NE, 2.8 acres
- Picnic shelter and BBQs
- Open play areas
- ADA-accessible playground

10 FOREST ROCK HILLS PARK
North end of 12th Avenue NE, 3.1 acres
- Playground
- Trails and picnic areas

11 HATTALAND PARK
10th Avenue NE, 2 acres
- Open space
- Benches, ponds, open space & wetlands

12 CENTENNIAL PARK
Corner of 7th Ave & Iverson Street, 2.5 acres
- Picnic tables, pergolas, and trails
- Footbridges over Dogfish Creek

13 WILDERNESS PARK
Caldart Ave to Hwy 305, 11.56 acres
- Wooded trails and open space

14 AUSTURBRUIN PARK
Curt Rudolph Road, 4.5 acres
- Playground
- Picnic areas and trails

15 FRANK RAAB PARK
18349 Caldart Avenue NE, 21 acres
- Picnic shelter (available for private rental)
- Restrooms
- Community P-Patch and youth demonstration gardens
- Playground and playfield
- Horseshoe pits
- Sand volleyball court
- Full sized basketball court
- 1/3-mile walking trail
- Leash free area for dogs
- Skate park

16 POULSBO PUMP TRACK
20523 Little Valley Rd. NE, 1.82 acres
- Bicycle pump track operated by the Evergreen Mountain Bike Alliance

17 MORROW MANOR PARK
Corner of Noll & Mesford St., 1.2 acres
- Slated for future park development

18 WEST SIDE PARK
5th Avenue NW, 3.1 acres
- Slated for future park development
NEW CLASS IN PARTNERSHIP WITH SEA DISCOVERY CENTER!

SEA Discovery Center is dedicated to inspiring a deeper sense of understanding and stewardship of the marine environment. SEA offers marine science education to people of all ages from preschool to adult. Our programs include:

- An Aquarium (free, open to the public)
- Academic field trips (Pre-K-12)
- Enrichment programs such as KNOW, GEMS, STEM, Super Saturday, Discovery Days, summer camps, and science clubs
- Adult Workshops & Trainings
- Community Outreach at public events
- Our programs are taught by experienced SEA educators and supported by dedicated SEA volunteers. Come experience what we have to offer!

PRESCHOOL SCIENCE CLUB: EXPLORE SEA CREATURES
AGES 3-5
Julie Leung, Robin Muir, or Mary Zabinski. Each week, children will take a closer look at sea animals and plants, encouraging curiosity and hands-on exploration. Through interactive lessons, preschoolers will learn more about the underwate wonders, large and small, around Kitsap Peninsula. Stories, crafts, and engaging activities will provide opportunities to develop creativity and skills. Parents welcomed to stay and participate.

SEA Discovery Center.

Tue Apr 9-30 2-3:30p $30*
Wed Apr 10-May 1 10-11:30a $30*
Tue May 7-28 2-3:30p $30*
Wed May 8-29 10-11:30a $30*

DANCE WITH ME
AGES 1-3 ½
4 WKS
InMotion Performing Arts Studio. This instructor-led class is for parents and children, using music, props, and instruments to explore movement. These classes are structured to stimulate coordination skills, listening skills, balance, music interpretation, creative movement, and motor development in the youngest dancers. This program is an excellent introduction to the world of dance. InMotion Performing Arts Studio, Poulsbo.

Tue Apr 30-May 21 10-10:45a $54*+
+Session includes 1 free child’s ticket to see InMotion’s Studio Showcase Memorial Day weekend.

TIPPIE TOE BALLET
AGES 3-6
4 WKS
InMotion Performing Arts Studio. Dancers will explore music and movement and be introduced to the basics of ballet. These instructor-led classes are designed to stimulate coordination skills, listening skills, balance, music interpretation, creative movement, and motor development. InMotion Performing Arts Studio, Poulsbo.

Tue Apr 30-May 21 10:45-11:30a $54*+
+Session includes 1 free child’s ticket to see InMotion’s Studio Showcase Memorial Day weekend.

OPEN DOORS DRAMA: PLAYMATES NEW CLASS!
AGES 3-5
4 WKS/3 WKS
Katherine Beddoe. An introductory drama group perfect for the theatre-curious. In early years groups, children will use their imaginations to develop original theatre through creative play, ending with a celebratory sharing of our work for their families on the last day of class. Throughout the course, participants’ confidence will be encouraged using exploration of their interests. The class environment is low-pressure, inclusive, and playful! No class July 3. InMotion Performing Arts Studio, Poulsbo.

Mon Apr 22-May 6 4-5p $60*
Mon May 13-Jun 3 4-5p $60*

DISCOVERY CLUB
AGES 3-5
3 WKS
Andrea Austin. Are you getting ready for this year’s Summertime Discovery Camps? Get a glimpse into summer camp fun this spring! During these classes, preschoolers will preview of the summer themes by enjoying a craft, reading, songs or cooking activities. Preschool Coordinator Andrea Austin will lead your child in these engaging activities, providing opportunities to develop creativity and skills. Sign up for one or both 3-week sessions. No class on May 27. Recreation Center Preschool Room.

Mon Apr 22-May 6 $60*
Mon May 13-Jun 3 $60*
PRESCHOOL DRAWING WITH YOUNG REMBRANDTS

AGES 3-5

Young Rembrandts Staff. Young Rembrandts teaches preschool children the skills necessary to draw more complex images. As preschoolers learn to draw and color with our step-by-step method, they develop observation skills, increase their fine motor skills, handwriting readiness and attention to detail. The weekly program prepares them as learners, so they will be successful in kindergarten. Classes are fun, engaging, and affordable. Participating in Young Rembrandts’ creative and encouraging classes helps young children learn to follow directions, hold and use a pencil, and stay on task.

Recreation Center Classroom.

PRESCHOOL ART AND PAINTING

AGES 2 & OLDER (WITH PARENT / GRANDPARENT / CAREGIVER)

Colleen Doeleman. Preschoolers (and their parent or grandparent) will enjoy creating exciting works of art using non-toxic paints. Basic project instructions will be given, and children will be encouraged to journey into the world of their own imagination as they create their very own art masterpieces. Creating art helps your child to build confidence, while creating a bond and memories to last a life. The first session will include a Mother’s Day gift; the second will include a Father’s Day gift. A supply fee of $25 per student is payable to the instructor at the first class. (Additional gifts for Grandma and Grandpa may be made for an additional small supply fee.) Recreation Center Classroom.
Our goal at Learn and Grow Preschool is to provide your child with an environment in which he/she feels comfortable, safe, and nurtured while learning. We do this through a variety of hands-on activities through both organized and free play. We offer daily crafts, music, story time and many opportunities for your preschooler to learn the necessary tools that they will need when they enter Kindergarten.
FAMILY ART AND PAINTING NEW CLASS!
AGES 3-100 (WITH PARENT / GRANDPARENT / CAREGIVER FOR CHILDREN UNDER 7) 3WKS
 Artists of all ages will enjoy creating exciting works of art using non-toxic paints and other supplies. Basic project instructions will be given, and families will be encouraged to journey into the world of their own imaginations to create very own art masterpieces. A selection of supplies will be available, enabling the artist to use their own vision to construct a unique art project during each class. Creating art helps build confidence, while forming a bond and memories to last a lifetime.
A supply fee of $25 per student is payable to the instructor at the first class.
Recreation Center Classroom.
Fri Jun 14-28 10-11a $58*
Fri Jul 19-Aug 2 10-11a $58*

SIGN AND PLAY: AMERICAN SIGN LANGUAGE FOR TODDLERS
AGES 9 MO-2 YEARS 5 WKS
Nicole Smith, Signing Time Academy Instructor.
These “parent and me” classes are designed to share the love of language through voice, sign language and play. Using music, books, nursery rhymes and crafts, we will learn sign language for everyday objects, actions and more! Weekly lessons cover new vocabulary and signing tips to create communication earlier and eliminate frustrations. Group classes build a supportive community with signing experiences, successes, and challenges. Come sign with us! Recreation Center.
Going Outside, Weather, Seasons, and More!
Tue Apr 16-May 14 11a-12n $50*
My Neighborhood, Helpers and Heroes, PNW Wildlife, and More!
Tue May 21-Jun 18 11a-12n $50*
Animals, Wildlife, and Pets
Mon Jul 29-Aug 26 9:30-10:15a $50*

LITTLE LEARNERS: AMERICAN SIGN LANGUAGE FOR PRESCHOOLERS
AGES 2-4 5 WKS
Nicole Smith, Signing Time Academy Instructor.
Looking for something to start working on skills at home with your little ones? Are you wanting to prepare for Preschool or Kindergarten? Do you want to avoid the summer slip? Come play while learning! Focusing on our manual alphabet and counting skills, we will feature one letter a week, one color, a sensory activity or game, a book, and craft to associate our learning! Adult participation is recommended. Recreation Center Classroom.
Tue Apr 16-May 14 12:30-1:20p $60*
Tue May 21-Jun 18 12:30-1:20p $60*
Mon Jul 29-Aug 26 10:30-11:30a $60*

SPANISH FOR PRESCHOOLERS NEW CLASS!
AGES 3-5 6 WKS
Leah Lovely. Give your listening learners a start in Español! Preschoolers will get their wiggles out while listening to tunes and playing games. Students will also listen to stories and discover the world around them in a new language. No class May 16. Adult participation is recommended. Recreation Center Classroom.
Thu May 2-Jun 13 11-11:45a $40*

STORYBOOK COOKING
AGES 3-5 3 WKS
Heidi Allen. Children will enjoy exploring the world of cooking through storybooks. Each week the students will listen to a fun story and then use the story’s theme to create a cooking project. In addition to cooking, cooks will also do a craft and a game or activity. This is a great way to introduce your child to cooking without having to worry about cleaning up your kitchen. Class includes all food and supplies. Please let us know well in advance if your child has food allergies. Recreation Center Kitchen.
Fri Apr 19-May 3 10-11a $68*
Fri May 24-Jun 7 10-11a $68*
PRESCHOOL PROGRAMS

**NINJA WARRIOR**  NEW CLASS!

**AGES 3-5**  4 WKS

Recreation Center Staff. This action-packed class has participants race against the clock to tackle a series of challenging obstacle courses. Work on speed, agility, and strength in this fun and physical class. This is a class for those looking to get in great shape and have fun doing it. Students will be challenged to push themselves to train like Ninja Warrior competitors. **No class on May 27.**

- Recreation Center Gym.
- Mon Apr 15-May 6  3:45-4:15p  $42*
- Mon May 20-Jun 17  3:45-4:15p  $42*

**T-BALL**

**AGE 3**

- Tue Apr 16-May 7  4:10-4:40p  $40*
- Tue May 21-Jun 11  4:10-4:40p  $40*
- Tue Jun 25-Jul 9  4:10-4:40p  $32*
- Tue Jul 23-Aug 6  4:10-4:40p  $32*
- Tue Aug 20-Sep 3  4:10-4:40p  $32*

**AGE 4/5**

- Tue Apr 16-May 7  4:50-5:35p  $48*
- Tue May 21-Jun 11  4:50-5:35p  $48*
- Tue Jun 25-Jul 9  4:50-5:35p  $42*
- Tue Jul 23-Aug 6  4:50-5:35p  $42*
- Tue Aug 20-Sep 3  4:50-5:35p  $42*

**SOCCER**

**AGE 3**

- Wed Apr 17-May 8  4:10-4:40p  $40*
- Wed May 22-Jun 12  4:10-4:40p  $40*
- Wed Jun 26-Jul 17  4:10-4:40p  $32*
- Wed Jul 24-Aug 7  4:10-4:40p  $32*
- Wed Aug 21-Sep 4  4:10-4:40p  $32*

**AGE 4/5**

- Wed Apr 17-May 8  4:50-5:35p  $48*
- Wed May 22-Jun 12  4:50-5:35p  $48*
- Wed Jun 26-Jul 17  4:50-5:35p  $42*
- Wed Jul 24-Aug 7  4:50-5:35p  $42*
- Wed Aug 21-Sep 4  4:50-5:35p  $42*

**ALL-CITY PRESCHOOL CHEER & DANCE**  NEW CLASS!

**AGES 3-5**  6 WKS

Caytie Johnson & Nick Soboleski. Children will be introduced to the popular sport of cheer in a fun and creative way. They will learn all about cheerleading jumps, tumbling, and how to show that little spirit. Participants may participate in the Viking Fest Parade on May 18. **Class fee includes an All-City Cheer T-shirt and pom poms.** Recreation Center Gym.

- Fri Apr 19-May 24  4-4:30p  $55*

**PRESCHOOL SPORTS: SOCCER, T-BALL AND A MIX OF BOTH!**

**AGES 3-5**  4 WKS / 3 WKS

Coaches Julian & Ashlyn. This program is designed to inspire an interest and introduction to physical sports for preschoolers. Are you ready to let the kids burn some energy through games and activities? Children will have an opportunity to explore basic concepts of sports and develop skills. They will also develop social skills such as taking turns, following directions, and playing with others. Please note, parents may be asked to participate and children exhibiting unsportsmanlike conduct may be asked to sit out. Most classes are held rain or shine, dress for the weather. Once these classes are full, additional classes may be offered, so be sure and have your name put on a waitlist if you can’t get into a class. **No class on July 3.** Raab Park.

**NINJA WARRIOR**  NEW CLASS!

**AGES 3-5**  4 WKS

Recreation Center Staff. This action-packed class has participants race against the clock to tackle a series of challenging obstacle courses. Work on speed, agility, and strength in this fun and physical class. This is a class for those looking to get in great shape and have fun doing it. Students will be challenged to push themselves to train like Ninja Warrior competitors. **No class on May 27.**

- Recreation Center Gym.
- Mon Apr 15-May 6  3:45-4:15p  $42*
- Mon May 20-Jun 17  3:45-4:15p  $42*

**T-BALL**

**AGE 3**

- Tue Apr 16-May 7  4:10-4:40p  $40*
- Tue May 21-Jun 11  4:10-4:40p  $40*
- Tue Jun 25-Jul 9  4:10-4:40p  $32*
- Tue Jul 23-Aug 6  4:10-4:40p  $32*
- Tue Aug 20-Sep 3  4:10-4:40p  $32*

**AGE 4/5**

- Tue Apr 16-May 7  4:50-5:35p  $48*
- Tue May 21-Jun 11  4:50-5:35p  $48*
- Tue Jun 25-Jul 9  4:50-5:35p  $42*
- Tue Jul 23-Aug 6  4:50-5:35p  $42*
- Tue Aug 20-Sep 3  4:50-5:35p  $42*

**SOCCER**

**AGE 3**

- Wed Apr 17-May 8  4:10-4:40p  $40*
- Wed May 22-Jun 12  4:10-4:40p  $40*
- Wed Jun 26-Jul 17  4:10-4:40p  $32*
- Wed Jul 24-Aug 7  4:10-4:40p  $32*
- Wed Aug 21-Sep 4  4:10-4:40p  $32*

**AGE 4/5**

- Wed Apr 17-May 8  4:50-5:35p  $48*
- Wed May 22-Jun 12  4:50-5:35p  $48*
- Wed Jun 26-Jul 17  4:50-5:35p  $42*
- Wed Jul 24-Aug 7  4:50-5:35p  $42*
- Wed Aug 21-Sep 4  4:50-5:35p  $42*

**PRESCHOOL SPORTS SAMPLER**

(T-BALL & SOCCER COMBINED)

**AGE 3**

- Sat Apr 20-May 11  10-10:30a  $40*
- Sat Jun 1-22  10-10:30a  $40*
- Sat Jul 6-20  10-10:30a  $32*
- Sat Aug 3-17  10-10:30a  $32*

**AGE 4/5**

- Sat Apr 20-May 11  10:40-11:25a  $48*
- Sat Jun 1-22  10:40-11:25a  $48*
- Sat Jul 6-20  10:40-11:25a  $42*
- Sat Aug 3-17  10:40-11:25a  $42*

www.cityofpoulsbo.com
PRESCHOOL PROGRAMS

SPRING HOOPS! BASKETBALL DRILLS AND GAMES!
AGES 2 1/2-10 6 WKS
Coach Henry Guterson. Positive, inclusive, fun environment for children to get better at basketball. They’ll improve individual skills and 5 on 5 play through games, drills, and scrimmages. Effort, sportsmanship, and teamwork will be stressed! Sessions are coached by Henry Guterson, a youth basketball coach since 2004! No class May 11 & 25. Held at Poulsbo Middle School. (See youth section for basketball for ages 7-10.)
AGES 2 1/2-4
Sat May 4-Jun 22 10:30-11:20a $79*
AGES 5-6
Sat May 4-Jun 22 11:30a-12:25p $79*

SPRING BREAK BASKETBALL CAMP
AGES 4-7 YRS
Coach Guterson. Held At Poulsbo Middle School (See youth section for camps for older ages)
AGES 4-5
M-Th Apr 1-4 9a-10a $65*
AGES 6-7
M-Th Apr 1-4 10a-12:30p $89*

Kindergarten through Fifth Grade Half-day and Full-day Kindergarten Small Class Sizes
We’re just across the bridge
8553 NE Day Road • Bainbridge Island
206-842-0400
ThelsIslandSchool.org

To our many community Sponsors, partners & volunteers at Poulsbo Parks & Recreation!

Spooktacular
Central Market | WB Properties | Navy Federal Credit Union

Viking Fest Road Race
Kitsap Physical Therapy
Poulsbo Running | Sport Haus
Maxx Nutrition | Tuna Graphics
KitsapSun / Fusion Creative Works
Jerry Cooper | West Sound Cycling

Easter Candy Hunt
Poulsbo Lions Club | Hill Moving Services
WB Properties | North Kitsap Fishline

Summer Nights on the Bay
Western Wa University | Port of Poulsbo | InMotion Performing Arts Studio | West Sound Academy

Poulsbo Park Projects
Poulsbo Lions Club | Poulsbo-NK Rotary Club | Poulsbo’s Fish Park Steering Committee | WWU-Huxley College | Poulsbo-BI Trout Unlimited | Stendahl Ridge neighbors | RandyKan | American Building & Roofing | Windermere-Poulsbo
Tim Ryan Construction | Puget Sound Energy | Scott’s Tree Service | Westerland Tree Service | Waag Tree Service | Freddie Mac | Scouts Daniel Sheriff, Tim Lara | Volunteers

Senior Trip Volunteers
Diann Hebert | Carol Salo | Doug & Lin Murray | Moe O’Rourke | Christine Salo | Jill Anderson | Lisa Lane
### Summertime Discovery

**Ages 3-6**
3 Classes
Andrea Austin, Pam Raymond, Heidi Allen.

Young children love to discover and try new things. The Summertime Discovery program is the right place for preschoolers to do just that, with mini-camps that are geared for children ages 3-6 years. Each class will include songs, crafts, and activities that support the theme for that week, as well as snack time. All classes will be held at the Recreation Center, except for Preschoolers in the Park classes, which will be held at local Poulsbo parks (Parents will need to transport their children to and from the park each day).

#### All About Me Art

The focus of this camp will be on creating artful pieces that will be personalized to each preschooler. Every day, students will enjoy story time, sing songs and participate in games and activities that will encourage them to want to explore their creative side. **Please dress your child appropriately for getting messy.**

- **T/W/Th Jun 25-27** 9:30am-12pm  $68*

#### Sensory Camp—Exploring Our Five Senses

This camp will be geared towards engaging the five senses. The children will focus on one or more of their senses each day. Crafts, stories, activities, and snacks will be used to reinforce the senses that are explored.

- **T/W/Th Jul 9-11** 9:30am-12pm  $68*

#### Science Art

Let’s combine the world of science and the world of art! Students will have fun using different scientific elements to create art. Some of our activities will include painting magnets and exploring how certain liquids react when combined with others. **Please dress your child appropriately to get messy.**

- **T/W/Th Jul 16-18** 9:30am-12pm  $68*

#### Kids in the Kitchen

During this camp, your child will learn about the importance of kitchen safety while creating yummy foods to eat. The daily crafts, songs, and activities will all be about having fun with food. **Please dress your child appropriately for cooking. **

- **T/W/Th Jul 23-25** 9:30am-12pm  $68*

### Gardening

Does your child enjoy getting his/her hands dirty? Does your child enjoy insects? If so, this is the week for them! Students will spend the week learning about the process of growing fruits, vegetables, and flowers and the importance of certain insects to our gardens. **Please dress your child appropriately for gardening activities.**

- **T/W/Th Jul 30-Aug 1** 9:30am-12pm  $68*

### Preschoolers in the Park

Let’s have fun exploring some of our parks right here in Poulsbo! This is an opportunity for preschoolers to spend some time learning what some of our local parks have to offer while parents get a few things done on their to-do lists. We will meet at a different park each day and go for a walk to explore. The children’s safety is our #1 priority, so before signing up for this camp, please consider whether your child is able to follow outdoor safety rules and being in a public setting in a group activity. They will need to understand the importance of following directions from the teachers. We want to have fun while staying safe! The parks will be announced in July, along with any additional information you will need to have for the week. **Please dress appropriately for outdoor play such as closed-toed shoes and comfortable clothing.**

- **T/W/Th Aug 6-8** 9:30am-12pm  $68*

### Itty Bitty Bakers

Children will bake some yummy treats while also learning the importance of being safe in the kitchen. This is a preschool-aged course, and while our main focus will be on what we are preparing for that day, the children will also enjoy story time, crafts, games, and activities that are geared towards having safe fun in the kitchen.

- **T/W/Th Aug 13-15** 9:30am-12pm  $68*

### Hippity Hop Dance Club

**Ages 3-5**
4 Classes
InMotion Performing Arts Staff.

Hip hop, we don’t stop! Bring your best breakdance moves and hit the floor in this energetic dance camp dedicated to fun. InMotion Performing Arts Studio, Poulsbo.

- **M-Th Aug 12-15** 9:30-11:30am  $95*

Register by Jul 29, pay only $85*!
PRESCHOOL CAMPS

PRESCHOOL BALLET CAMP
AGES 3-5  4 CLASSES
InMotion Performing Arts Studio Staff. Join us for dance mania! Our days will be filled with the Creative Movement class, introducing the fundamentals of ballet along with guest performers and snack time. So, grab your best ballerina/ballet dancer clothes and come join in. Space is limited, so don’t wait to enroll, we expect to fill up! Each camper should bring their own snack and water bottle. What to wear: Girls- tights, leotard & ballet shoes are recommended—not color or style specific; Boys- t-shirt and sweatpants or athletic shorts & ballet shoes are recommended.

Disney Theme
M-Th Jul 22-25  9:30-11:30a $95*

Nutcracker Theme
M-Th Aug 19-22  9:30-11:30a $95*

Register 2 weeks prior, pay only $85*!

KCMT FOR THE LITTLES
AGES 4-6  5 CLASSES
Lisa Logdahl. KCMT is doing Summer Drama camp for the smallest members for the KCMT family, and anyone else who wants to join in the fun. Campers will sing and dance and have lots of fun learning all about the stage and performing. Camp also includes some crafts and a snack. There will be a performance at 11a on Friday. Breidablik Elementary School.

M-F Jul 22-26  9:30-11:30a $99*

Register by Jul 8, pay only $89*!

SIGN AND PLAY: AMERICAN SIGN LANGUAGE CAMP!
AGES: 9 MO-2 YEARS  4 CLASSES
Nicole Smith, Signing Time Academy Instructor. This week-long camp is designed to share the love of language through voice, sign language and play. Using music, books, nursery rhymes and crafts, we will learn sign language for the theme of the week! Adult participation is required. InMotion Performing Arts Studio, Poulsbo.

Animals! Pets, Zoo, Farm and Underwater
M-Th Jul 8-11  9:30-10:15a $45*

Picnic! Food and Drink, Manners, and More!
M-Th Jul 15-18  9:30-10:15a $45*

NATURE DAY CAMP FOR PRESCHOOLERS
AGES 4-6  4 CLASSES
Parks & Recreation Staff. Experience the outdoors by learning about birds, insects, spiders, and mammals while we explore the ponds, meadows, forests, and streams. Children will learn about bird adaptations, discover the life cycle of insects and amphibians, and investigate predator/prey relationships of mammals. Play games, make crafts, and go on adventures. Camp will be held at Poulsbo’s Fish Park.

M-Th Aug 5-8  1-3p $94*
Register by Jul 22, pay only $84*!
NOTE: Nature Camp for ages 6-8 is offered in the Youth Camp section.

MINI CAMP FOR MINI GYMNASTS
AGES 4-6  3 CLASSES
Gymnastics Staff. Three days of gymnastics fun! This camp is for boys and girls with little or no gymnastics experience. Camp will cover tumbling, balance beams, bars, vault, rings, and a small art project. A snack will be provided. Please make sure we are aware in advance of campers with special needs or food allergies. Sign up for one or both camps. Recreation Center Gym.

T/W/Th Jul 16-18  1:30-3:30p $88*
T/W/Th Aug 13-15  1:30-3:30p $88*
Register 2 weeks prior, pay only $78*

MINI CAMP FOR MINI GYMNASTS
AGES 4-6  3 CLASSES
Gymnastics Staff. Three days of gymnastics fun! This camp is for boys and girls with little or no gymnastics experience. Camp will cover tumbling, balance beams, bars, vault, rings, and a small art project. A snack will be provided. Please make sure we are aware in advance of campers with special needs or food allergies. Sign up for one or both camps. Recreation Center Gym.

T/W/Th Jul 16-18  1:30-3:30p $88*
T/W/Th Aug 13-15  1:30-3:30p $88*
Register 2 weeks prior, pay only $78*

LITTLE LEARNERS: CAMP!
AGES 2-4  4 CLASSES
Nicole Smith, Signing Time Academy Instructor. A week-long camp designed for the little learners in your life! Using stories, songs, crafts, sensory play, and more we will learn about our world with a curriculum designed just for them! Adult participation is optional. InMotion Performing Arts Studio, Poulsbo.

Flower Fair
M-Th Jul 8-11  10:30-11:30a $55*

What is a Rainbow
M-Th Jul 15-18  10:30-11:30a $55*

NINJA WARRIOR CAMP
AGES 3-5  3 CLASSES
Parks & Recreation Staff. In this action-packed class, students will race against the clock to tackle a series of challenging obstacle courses. Work on speed, agility and strength in this fun and physical camp. This is a camp for those looking to get in great shape and have fun doing it. Campers will be challenged to push themselves to train like Ninja Warrior competitors. Recreation Center Gym.

T/W/Th Jul 30-Aug 1  12:30-1:30p $55*

Register Online! CityOfPoulsbo.com/register

360.779.9898 SPRING/SUMMER 2019 | 13
FAMILY ACTIVITIES

RAAB PARK YOUTH GARDEN
MONDAYS, 10A-12P
Join WSU Master Gardeners and Poulsbo Garden Club volunteers for fun in the garden! Plant, water, harvest and make a garden related craft to take home (while supplies last; clean-up begins at 11:45a) and listen to a garden-themed story (11:45a-12n)!

One or more adults must accompany each group of children and a $1 donation per child is requested. For groups of 5 or more, please contact Poulsbo Parks & Recreation at 360-779-9898 in advance.

The Youth Garden at Raab Park began in 1997 by the combined efforts of the City of Poulsbo, individual Master Gardeners, and service organizations with funding from grant sources. The continued improvement of the garden and success of the Children’s Program is supported by the work of WSU Master Gardeners and community involvement.

The purpose of the garden is to involve children, families, and the public in learning about sustainable gardening. In addition to crafts, learning and fun, the food harvested by the children goes to Fishline Food Bank in Poulsbo.

We are proud of the 2018 Season! A total of 640 children and 371 adults participated in the Children’s Program. They helped plant, water, weed and harvest crops. 884 pounds of produce were donated to Fishline.

Thanks to our local supporters for the Raab Park Youth Garden; City of Poulsbo Parks and Recreation, WSU Kitsap County Extension Office, The Master Gardener Foundation of Kitsap County, Master Gardeners of Kitsap County, Poulsbo Garden Club, Rotary, Home Depot, Valley Nursery, United Way “Day of Caring”, and several fantastic Eagle Scouts.


The program runs on Mondays from 10a-12p. The Raab Park Youth Garden is located at 18349 Caldart Ave NE, Poulsbo, at the south end of Caldart.

JUN 24- STEPPING STONES & PLANTING SEEDS
Bring a disposable cake or pie pan to make your own garden stepping-stone. Explore the “library”, play Tic Tac Toe or Hopscotch and plant seeds in the garden. Meet our new garden mascot!

JUL 1- BUTTERFLIES & LADYBUGS
Go on a bug safari… learn how insects help our garden. Release ladybugs! Make butterfly & ladybug art! Help tend the garden, water, and harvest.

JUL 8- SOIL, WORMS & SPROUTING SEEDS
Find out what is in a seed; look at a sprouted seed. Make a “Seed Bomb” to take home. Construct a newspaper pot. Find Mr. Worm in the worm box!

JUL 15- “BRING YOUR OWN” UNBELIEVABLE CONTAINER
What can you do with an old boot or garden glove? We can show you how to grow a plant in it! Bring something fun to plant in and we will provide the rest!

JUL 22- HERBS & HOW WE USE THEM
See, smell & touch herbs in the garden. Make a lavender sachet. Sip mint “sun” tea & taste herb shortbread. Pound a flower and create a garden banner. Allergy Alert: Wheat Gluten

JUL 29- SUNFLOWERS, BIRDS & GARDEN WILDLIFE
Be a Garden Detective. Look for evidence of birds & animals in the garden. Make a bird feeder and create sunflower art to take home. Allergy Alert: Peanut Butter

AUG 5- PACIFIC NORTHWEST PLANTS & THEIR USES
Learn about traditional uses of native plants and how they are used today. Make a necklace & garden critter to take home, using natural materials. Stamp with wild berry juice “Ink”!

AUG 12- WONDERFUL MESSY ART DAY
Celebrate another garden season with art in the garden. Make a paper hat & beaded necklace to take home. Spritz colored water onto fabric to make a garden flag! Have fun with bubbles.
FAMILY ACTIVITIES

POULSBO LIBRARY CHILDREN’S AND FAMILY PROGRAMS

The Poulsbo Branch of Kitsap Regional Library is located at 700 Lincoln Rd NE, Poulsbo. For more information on their programs, call them at (360) 779-2915 or visit their website at http://www.krl.org/. All programs are free. The library will be closed on May 27, Jul 4, and Sep 2.

The Kitsap Regional Library offers several storytimes to provide babies, toddlers, and preschool children, along with their families or caregivers, opportunities to build early literacy skills. Summer Learning runs Jun 1-Aug 31. Read 10 hours to receive a free book and read 100 hours to receive a free t-shirt. (While supplies last.)

STORYTIMES


Baby (1-18 mo) Tue 1p
Toddlers (18mo-3 yrs) Wed 10:30a
Preschool (3-5 yrs) Tue 10:30a
Bilingual Spanish (0-6 yrs)* Mon 5:30p
*Spring only.

SUPER SATURDAYS AT SEA DISCOVERY CENTER

Open for youth Pre-K through 2nd grade and their families. Learn more about our local sea creatures in this series of enrichment programs led by instructors from the SEA Discovery Center. Programs will be held at the SEA Discovery Center in downtown Poulsbo.

Mollusks
Sat Apr 13 10a-12n
Crustaceans & Crabs
Sat May 11 10a-12n
Ocean Tools
Sat Jun 8 10a-12n

SUMMER LEARNING

Come experience special performances at the library for all ages to enjoy!

Jeff Evans, Magician
Tue Jul 2 6p
Show Brazil (music)
Tue Jul 30 6p

Explore the fascinating story of the U.S. Navy heritage, operations, and science in the depths of the world’s oceans.

www.NAVALUNDERSEAMUSEUM.org
1 GARNETT WAY, KEYPORT, WA 98345

FREE education programs throughout the year!
GYMNASTICS

PLEASE READ THE DESCRIPTIONS CAREFULLY AS MANY CLASSES HAVE CHANGED. FOR YOUR CHILD TO BE SUCCESSFUL IN CLASS, PLEASE PLACE THEM APPROPRIATELY.

PROGRAM GOALS: The Gymnastics Program has been an integral part of Poulsbo Parks & Recreation since the City took over the Recreation Center in 1995. Our gymnastics program builds the flexibility, balance, and strength that participants can use in any sport – not just gymnastics! Participants learn about perseverance, patience, trusting others, managing risk, and countless other life skills!

Poulsbo Parks & Recreation takes pride in our gymnastics classes, instructors, and facility at the Recreation Center and at Breidablik Elem. Classes are offered to youth as young as 18 months up to 18 years old, providing a variety of classes for your child’s needs. Please read the class descriptions below.

Our recreational gymnastics program builds confidence in its participants in an encouraging, safe, and non-competitive environment. Our recreational gymnasts learn to love the sport of gymnastics and watch their skills progress at their own paces. Recreational gymnastics classes serve everyone from parent and child classes through level four of the gymnastics progression. Classes are offered Monday through Thursday!

New this Spring, Poulsbo Parks & Recreation will offer new classes modeled after USA Gymnastics Xcel program, a program designed to offer a broad-based, affordable competitive experience outside the traditional Jr. Olympic Program to attract and retain a diverse group of athletes. We are excited to explore the possibility of a competitive gymnastics program for the future.

WHO’S TEACHING? Gymnastics supervisor and coach Kris Goodfellow has over 22 years of coaching experience. Kris is the North Kitsap High School head gymnastics coach, and the North Kitsap School District’s 2002 & 2014 Coach of the Year and the 2010 and 2014 WSGCA Coach of the Year. She is safety certified by USA Gymnastics and is also a Kinder Accredited Teacher through USA Gymnastics. Kris will coach classes held at Breidablik Elem and in the mornings at the Recreation Center. Also coaching classes are NKHS gymnasts Junko Ketch, Kelli Stevens, Ashlyn Allen and Nicholas Soboleski and returning this summer Cassidy Cloward and Keiko Ketch!
GYMNASTICS

PARENT-TOT GYMNASTICS AGES 18 MO-3 YEARS
Children and their parents will work on their motor skills in a safe and playful environment. This class is child-led and loosely structured, allowing parents and tots access to all gymnastics equipment for lots of fun and exploration. Parent participation is required, and siblings are not allowed to participate unless they are registered for the class. No class on July 3.

Tue 9:30-10a 4/16-5/7 5/21-6/11 $39*/4 wks
Wed 9:30-10a 4/17-5/8 5/22-6/12 $39*/4 wks
Wed 9:30-10a 6/26-7/17 8/7-8/21 $29*/3 wks

TUMBLING TOTS AGES 3 & 4
Students will be introduced to the basic skills of gymnastics in a fun and fast paced environment. Focus is on developing coordination, strength, balance, and flexibility. We will also develop social skills such as how to take turns, how to follow directions and how to work with others. This is a fully structured class, but parent participation is encouraged if necessary. No class on July 3.

Tue 10:15-10:45a 4/16-5/7 5/21-6/11 $43*/4 wks
Wed 10:10-10:40a 4/17-5/8 5/22-6/12 $43*/4 wks
Wed 10:10-10:40a 6/26-7/17 8/7-8/21 $32*/3 wks

BEGINNING KINDERGYM AGES 4-6
Students will be introduced to basic tumbling skills, balance beam & bar work, vaulting technique, rings, and rope. Class focus is on coordination, strength, and spatial awareness. No class on June 13 or July 3.

Tue 4:45-5:30p 4/16-5/7 5/21-6/11 $55*/4 wks
Wed 4:45-5:30p 4/17-5/8 5/22-6/12 $55*/4 wks
Thu 4:45-5:30p 4/18-5/9 5/23-6/20 $55*/4 wks
Wed 10:45-11:30a 6/26-7/17 8/7-8/21 $44*/3 wks

HOT SHOTS (ADVANCED KINDERGYM) AGES 4-6
For students who have completed beginning Kindergym and have been placed by the instructor. Class will expand gymnastics work and is for kids ready to focus on skill technique. No class on May 27 or June 13. Monday class will be held at Breidablik Elem; Thursday class will be held at the Recreation Center.

Mon 4:45p-5:30p 4/14-5/6 5/20-6/17 $55*/4 wks
Thu 4:45p-5:30p 4/18-5/9 5/23-6/20 $55*/4 wks
Mon 4:45p-5:30p 7/1-7/22 8/5-8/26 $55*/4 wks

LEVEL 1: BEGINNING REC GYMNASTICS AGES 6-11
Students will be introduced to basic tumbling skills, balance beam & bar work, vaulting technique, rings, and rope. Class focus will be on strength, flexibility, and confidence building. No class July 3. Recreation Center Gym.

Tue 5:40-6:30p 4/16-5/7 5/21-6/11 $55*/4 wks
Thu 5:40-6:30p 4/18-5/9 5/23-6/13 $55*/4 wks
Tue 5:40-6:30p 6/25-7/16 7/30-8/20 $55*/4 wks
Thu 5:40-6:30p 6/27-7/25 8/8-8/29 $55*/4 wks

LEVEL 2: INTERMEDIATE REC GYMNASTICS AGES 6-11
This is a continuation of our Level 1 class. Students will master basic gymnastics skills and acquire new skills such as handstand, back hop circles, pivot turns on the beam, standing backbend to bridge, bridge kickover, and backward roll to pike stand on the floor. No class July 3. Recreation Center Gym.

Thu 6-6:50p 4/18-5/9 5/23-6/13 $55*/4 wks
Thu 6-6:50p 6/27-7/25 8/8-8/29 $55*/4 wks
GYMNASTICS

LEVEL 3: ADVANCED GIRLS AGES 6-11
Kris Goodfellow. Classes will be held in the High School Gymnastics Team Gym at Breidablik Elementary for the serious student looking for more than just a recreation level gymnastic class. Students will master skills learned in Level 1 and Level 2, while learning more advanced skills. An emphasis will be placed on skill connection and technique. Skills include glides on bars, cartwheel on the low beam, roundoff rebound, and back handsprings on the floor. Focus will be on building skills and routines that may lead to competition. No class May 27.
Mon 5:30-6:30p 4/15-5/6 5/20-6/17 $65*/4 wks+
Wed 4-5p 4/17-5/8 5/22-6/12 $65*/4 wks+
+ Register for both Mon & Wed in the same session and pay only $122*/session.
Mon 5:30-6:30p 7/8-22 8/12-26 $55*/3 wks

LEVEL 4: (FORMERLY ALL-STARS) AGES 6-11
Kris Goodfellow. Classes will be held in the High School Gymnastics Team Gym at Breidablik Elementary for the serious student looking for more than just a rec level gymnastic class. This class continues to work on advanced gymnastics skills including hurdle to front handspring on the vault, glide kip, cartwheel and roundoff dismount on beam, front walkover, and roundoff back handsprings. Focus will be on building skills and routines that may lead to competition.
Wed 5-6p 4/17-5/8 5/22-6/12 $65*/4 wks
Wed 5-6p 7/10-7/24 8/14-8/28 $50*/3 wks

MIDDLE/ HIGH SCHOOL GYMNASTICS AGES 12-18
This class is excellent for all levels, from first timers to those just wanting to keep up their skills for the high school team. Drills, skills and conditioning will be monitored by NK senior gymnasts Kelli Stevens & Junko Ketch. Class coached by NKHS coach Kris Goodfellow after May 28 due to WIAA rules. Classes will be held at Breidablik Elementary in the High School Gymnastics Gym.
Wed 6-7:30p 4/17-5/8 5/22-6/12 $65*/4 wks
Wed 6-7:30p 7/10-7/24 8/7-8/21 $50*/3 wks

PRIVATE GYMNASTICS LESSONS
For any young gymnast who would like one-on-one instruction, we offer private lessons! Private lessons are a great way for your gymnast to get personal instruction on specific skills, or even to get that extra push to advancing levels. Private lessons are available for ages 6-18. Please call Poulsbo Parks and Recreation at 360-779-9898 to request scheduling. Please include the instructor you would like the lesson from, day, date and time that you prefer. That instructor will email you with a conformation. Please note that registrations are not final until you receive a confirmation from us.

MINI CAMP FOR MINI GYMNASTS
AGES 4-6 3 CLASSES
Gymnastics Staff. Three days of gymnastics fun! This camp is for boys and girls with little or no gymnastics experience. Camp will cover tumbling, balance beams, bars, vault, rings, and a small art project. A snack will be provided. Please make sure we are aware in advance of campers with special needs or food allergies. Sign up for one or both camps. Recreation Center Gym.
T/W/Th Jul 16-18 1:30-3:30p $88*
T/W/Th Aug 13-15 1:30-3:30p $88*
Register 2 weeks prior, pay only $78*
PRIVATE PIANO LESSONS
AGES 7-ADULT OR AS ARRANGED WITH THE INSTRUCTOR.
Megan Hennings. Have you always wanted to play that certain tune? Unravel the mysteries of the piano? Now is your chance to learn! We’re offering holistic music instruction with an emphasis on creating an enjoyable learning experience. Cultivation of a life-long love of music is our highest priority. Course content tailored to suit your individual interests, with teaching goals most often including development of independent learning skills and strong playing skills.

Format: private instruction with scheduled group lessons. Half-hour instruction once per week with 45-minute lessons available for more advanced students. Lessons are held on Tue, Wed, Thu and Fri. Fee includes event fees for up to 4 events per year. Daytime slots available for adult and non-traditional students as well. Materials are not included in class fee.

Please call the Recreation Center at 360-779-9898 to arrange lessons. Recreation Center Piano Studio.

SPRING QUARTER:
Tue-Fri Apr 9-Jun 21 (11 wks)
30 min lessons:
$280 or $94 per month (due Apr 9, May 1, Jun 1)
45 min lessons:
$410 or $136 per month (due Apr 9, May 1, Jun 1)

Fees will be prorated if student begins mid-session.

SUMMERTIME PIANO LESSONS: ALL AGES WELCOME!
Megan Hennings. We know that summer can be a busy time for people, but it is also a great time for piano too! During the school year you’ve built up momentum, why give it up now? Or maybe you’ve never experienced formal piano instruction and would just like to “try it out” to see what it’s like! We are offering summertime private lessons to students who might be interested in a flexible schedule. Maybe you would like to take lessons for a month or maybe you need just a week here or there. Please call the Recreation Center at 360-779-9898 to arrange the private lessons.
T,W,Th Jun 25-Aug 29
$25 per 30-min lesson, payable prior to each lesson.
$36 per 45-min lesson, payable prior to each lesson.

Easter Candy Hunt
Saturday, April 20
at Raab Park.
The fun starts at 1pm

YOUTH PROGRAMS

Age divisions begin at 5 minute intervals:
Ages 1-2 ... starts at 1:05p
Ages 3-4 ... starts at 1:10p
Ages 5-6 ... starts at 1:15p
Ages 7-8 ... starts at 1:20p
Ages 9-11 ... starts at 1:25p

Proudly Sponsored by:
Poulsbo Lions Club,
Hill Moving, WB Properties,
And NK Fishline

Please consider bringing a food donation for NK Fishline
YOUTH PROGRAMS

SEA Discovery Center Aquarium

Spring Hours
Oct 1-Jul 2
Thu-Fri: 10a-2p
Sat-Sun: 12-4p

Summer Hours
Jul 3-Labor Day
Tue-Thu: 10a-5p
Fri-Sat: 11a-4p


Come explore our touch tank and aquarium exhibits that feature native marine life from the Salish Sea, freshwater trout and a tropical tank. Spend time in our theater or the children's activity area.

SEA Discovery Center Film Festival

Submission
Inspire our community to discover marine life and ecosystems! Create and submit a short film (1-3 minutes long) on the theme of Sea Discovery via Film Freeway at: filmfreeway.com/SEADiscoveryFilmFestival
Submissions accepted until Jun 3, 2019.
Submittal fee: $5

Awards and Prizes
- Film submissions undergo an initial screening and finalists are selected by an internal committee
- Finalists' films are premiered during the SEA Discovery Center's Summer Film Festival (free and open to the public) on Jul 3 from 6:30-8:30p for community votes
- Prizes are awarded by category (elementary, secondary, college and non-student/indie/professional)

Rules
- Films must be rated for general audiences (G)
- Submitters retain all creative rights to their work
- Submitters agree to allow use of their film by SEA Discovery Center in their auditorium, online and in promotional materials

SEA Discovery Center Film Festival Event
Wed Jul 3 6:30-8:30p

Meet the Author: Joseph Gaydos
Wed Mar 27 6:30p

Low Tide Beach Walks
Come explore Liberty Bay Beach during low tide. Meet at the gazebo at Poulsbo Waterfront Park. Look for leaders in green SEA t-shirts with neon orange vests. Please wear closed-toed tie shoes or boots that can get wet and muddy. Discover what animals and plants are to be found living in the sub-tidal ecosystem.

Low tide -3.4 at 12:10p – open to the public
Wed Jul 3 11a-1p Free

Low tide -2.3 at 10:21a – open to grades K-5 plus guardian for $10 (Discovery Days – register at www.edu/SEA)
Tue Jul 30 10a-12p $10

Low tide -2.1 at 10:48a – open to the public
Thu Aug 29 10a-12p Free

www.cityofpoulsbo.com
YOUTH PROGRAMS

SEA Discovery Center’s Enrichment Programs
6-9p. $20. Register at www.edu/SEA.

KNOW (Kids Night Out @ Western)
Enjoy a well-deserved date night while your kids have a fun evening. Students in grades K-5 explore hands-on, inquiry-based science and end the evening with a movie, guided tour of the aquarium or arts activities.

Water Wonders
Sat Mar 23

Intruder Alert
Sat May 4

GEMS Night Out (Girls in Engineering, Math and Science)
Enjoy a fem-powered evening exploring the motivating fields of engineering, math and science at GEMS Night Out at SEA Discovery Center. Girls in grades 6-8 explore hands-on, inquiry-based science and end the evening with a movie, guided tour of the aquarium or arts activities.

Engineer My Heart
Fri Apr 12

Sensational Seaweed – Gardens of the Sea
Fri May 10

STEM Night Out (Science, Technology, Engineering and Math)
Enjoy a fun-filled evening exploring the motivating fields of science technology engineering and math at STEM Night Out at the SEA Discovery Center. Students in grades 6-8 explore hands-on, inquiry-based science and end the evening with a movie, guided tour of the aquarium or arts activities.

Microplastics in the Marina
Sat Apr 27

FoldScopes (held at Poulsbo Library)
Fri May 3 Free

Runaway Runoff
Sat June 1

Super Saturday (In partnership with Kitsap Regional Library, Poulsbo)
Enjoy story time, learning through exploration and discovery and craft projects to take home. Each second Saturday of the month is a different topic. Grades Pre-K-2, plus guardian. Free. 10a-12p.

Magnificent Molluscs!
Sat Apr 13

Curious about Crustaceans & Crabs
Sat May 11

Terrific Tools!
Sat Jun 8

Academic Field Trips
Are you interested in a marine science field trip for your class? Oct-Jun.

Early Childhood (Grades Pre-K-2)
Elementary (Grades 3-5)
Middle School (Grades 6-8)

For more information, email SEAeducation@wwu.edu

Science Clubs and Classes
(Leadership with Poulsbo Parks & Recreation)

Preschool Science Club: Explore Sea Creatures
Ages 3-5. Children take a closer look at sea animals and plants. Through interactive lessons, preschoolers learn more about the underwater wonders, large and small, around Kitsap Peninsula. Stories, crafts and engaging activities provide opportunities to develop creativity and skills. Parents welcomed to stay and participate. $30/youth. Register through Poulsbo Parks & Recreation.

Afternoon: Tue, 2-3:30p
Session 1: Apr 9, 16, 23, 30
Session 2: May 7, 14, 21, 28

Morning: Wed, 10-11:30a
Session 1: April 10, 17, 24, May 1
Session 2: May 8, 15, 22, 29

Elementary Science Club: Dive Deep into Earth and Marine Science
Grades 3-5. Take a deep dive into the three biospheres and marine science topics through hands-on investigations and experiments. Explore questions like: What phenomena occur in the three biospheres? What unique animals live in the biospheres? Why is water so important and unique to the world? How can we use a microscope to discover more about our surroundings? $60/youth. Register through Poulsbo Parks & Recreation.

Thu, 5:30-7:30p
Session 1: April 11, 18, 25, May 2
Session 2: May 9, 16, 23, 30

Middle School Science Club: Explore the Mysteries of Water and Marine Science
Grades 6-8. Is your child fascinated by marine science and the mysteries of water? With hands-on explorations, they begin to identify and understand the aquatic world around us in Liberty Bay and beyond. Experiment with the unique properties of water and examine this molecule’s multiple roles on our planet. Learn how important water is for human health and how sea creatures live and thrive in marine environments. $60/youth. Register through Poulsbo Parks & Recreation.

Tue, 5:30-7:30p
Session 1: April 9, 16, 23, 30
Session 2: May 7, 14, 21, 28
YOUTH PROGRAMS

BEGINNING GUITAR
AGES 8-ADULT  6 WKS
Miss Patrice. Private lessons are 1/2 hour and designed to have an emphasis on music theory, tablature, and fun. This course will teach you the fundamentals of acoustic or electric guitar. We start off with the absolute basics, including parts of the guitar, how to read music, simple strumming patterns, open chords & power chords. Each lesson is individualized to how the student learns best, and progress depends much on home practice. Please come to class with a smile and a guitar in good working order. A $15 materials fee is payable to the instructor at the first lesson and includes guitar picks and book. No credit will be given for missed lessons. Recreation Center Preschool Room.

Tue or Wed May 7-Jun 12  $145*
Tue or Wed Jul 9-Aug 14  $145*
½ hour pre-arranged private lessons between 4 & 6 pm.

BEGINNING TO ADVANCED GUITAR
AGES 8-ADULT  MONTHLY (4 LESSONS/MO)
Craig Dell. Private 30,45 or 60-minute acoustic or electric guitar lessons, designed for beginning, intermediate and advanced students. Lessons will be tailored to the student’s level and will include reading music notation, tablature, basic chords, and strumming techniques. Lessons will be scheduled between 1p and 8p on Mondays. Students must bring an acoustic or electric guitar in good working order. Music will be provided for beginning students; Intermediate/Advanced students will be asked to purchase specific books. Recreation Center Music Room. Lessons are offered in 4-week sessions. Participants register and pay prior to the first lesson. Continuing students will need to pay for the next 4 weeks prior to it beginning in order to hold their lesson time. Missed lessons may or may not be made up at the discretion of the instructor for a maximum of 2 lessons, provided 24-hour cancellation notice has been given.

60-minute lessons  $216/4 wks
45-minute lessons  $168/4 wks
30-minute lessons  $108/4 wks

FORTNITE® DANCE CLASS
AGES 6-10  3 WKS
Parks & Recreation Staff. Get ready to jump off the battle bus! Students will learn the epic dance moves in their favorite video game Fortnite®. Dances will include the Floss, Orange Justice, the wiggle, and many more! Recreation Center Gym.

Fri  Apr 19-May 3  6:30-7:30p  $49*
Fri  May 31-Jun 14  6:30-7:30p  $49*

ALL-CITY CHEER & DANCE TEAM  6 WKS
Caytie Johnson & Nick Soboleski, InMotion Performing Arts Staff. Boys and girls will learn basic motions, tumbling, jumps and dance moves. They will also spend time learning to tumble, do cartwheels, handstands, back bends and back handsprings. Class will also combine jazz and hip hop with cheer to create a choreographed mini routine that may be performed in the Viking Fest Parade. Class cost includes an All City T-shirt and pom poms.

Grades K-5 Recreation Center
Fri  Apr 19-May 24  4:45-6p  $88*

Grades 6-8 Poulsbo Middle School
Wed  Apr 17-May 22  2:45-4p  $88*

Grades 6-8 Kingston Middle School
Thu  Apr 18-May 23  2:45-4p  $88*

Katharine Beddoe (Poulsbo local and WWU grad) specializes in facilitating participatory arts for young people. She recently returned from a theatre internship in the U.K., which inspired her to offer similar work on her own doorstep.

OPEN DOOR DRAMA: JUNIORS & SENIORS
GRADES K-8  4 WKS/3 WKS
Katherine Beddoe. These Junior and Senior sessions are perfect for imaginative students who want to try drama. Participants will develop original theatre driven by their current interests, practice performance skills, and play games. The last day of class ends with a low-pressure sharing of their work. The supportive environment is a great place to play and be curious. We welcome kids interested in acting, dancing, writing, improv, design, and much more! No class July 3. Recreation Center Gym.

Juniors: Grades K-5
Wed  Apr 17-May 8  4:10-5:10p  $52*
Wed  May 22-Jun 12  4:10-5:10p  $52*
Wed  Jun 26-Jul 17  4:10-5:10p  $42*
Wed  Jul 31-Aug 14  4:10-5:10p  $42*

Seniors: Grades 6-8
Wed  Apr 17-May 8  3-4p  $52*
Wed  May 22-Jun 12  3-4p  $52*
Wed  Jun 26-Jul 17  3-4p  $42*
Wed  Jul 31-Aug 14  3-4p  $42*
YOUTH DRAWING CLASS WITH YOUNG REMBRANDTS  3 WKS

Young Rembrandts.  A Different Kind of Learning.  A Powerful Kind of Fun...Welcome to Young Rembrandts! We teach drawing with a see - touch - do method that all kids can succeed with, learn from and love! Our elementary age curriculum is designed to teach basic to advanced drawing skills, art techniques, and vocabulary. Recreation Center Classroom.
Wed Apr 17-May 1  4-5p  $44*

CARTOONING WITH YOUNG REMBRANDTS  3 WKS

Young Rembrandts' cartoon classes are based on their original, top quality curriculum with the additional excitement of cartooning. Lessons teach children how to create original cartoon characters and draw action and expression to convey moods. While cartooning is fun and engaging, your child will gain mastery in a unique drawing style and improve their core learning skills. Young Rembrandts strives to inspire a child's imaginative spirit and boosts classic learning skills. Don’t miss out, enroll now! Recreation Center Classroom.
Fri Jun 14-28  10-11a  $58*
Fri Jul 19-Aug 2  10-11a  $58*

FAMILY ART AND PAINTING NEW CLASS!
AGES 3-100 (WITH PARENT / GRANDPARENT / CAREGIVER FOR CHILDREN UNDER 7)
Artists of all ages will enjoy creating exciting works of art using non-toxic paints and other supplies. Basic project instructions will be given, and families will be encouraged to journey into the world of their own imagination to create their very own art masterpieces. A selection of supplies will be available, enabling the artist to use their own vision to construct a unique art project during each class. Creating art helps build confidence, while forming a bond and memories to last a lifetime. A supply fee of $25 per student is payable to the instructor at the first class. Recreation Center Classroom.
Wed May 15-29  4-5p  $44*
YOUTH PROGRAMS

Kids Fair!

Saturday, June 1
10a - Noon
Poulsbo Library
700 NE Lincoln Rd.

Looking for things to keep the kids busy this summer? Join organizations from around Kitsap County who offer great activities for kids to do this summer. FREE!

Mondays @ Raab Park Youth Garden

ALL CLASSES ARE 10a-12n!

June 24:
Stepping Stones & Planting Seeds

July 1:
Butterflies & Ladybugs

July 8:
Soil, Worms & Sprouting Seeds

July 15:
“Bring Your Own” Unbelievable Container

July 22:
Herbs & How We Use Them

July 29:
Sunflowers, Birds & Garden Wildlife

August 5:
Pacific Northwest Plants & Their Uses

August 12:
Wonderful Messy Art Day

Brought to you by the WSU Extension Office and Master Gardeners, Poulsbo Garden Club, and City of Poulsbo.
YOUTH PROGRAMS

CULINARY ADVENTURE
AGES 6 & OLDER 4 WKS
Parks & Recreation Staff. Let the cooking extravaganza begin! Create delicious food inspired by cuisine from around the world. Culinary adventurers will have a blast learning to cook by being introduced to the very basic concepts of cooking; mix, measure, beat, chop and whip. Students will gain the confidence to take their new skills and knowledge home to cook for family and friends. Classes will include meal planning, food prep, cooking and of course eating! All food and materials included. Please let staff know at registration if your child has any food allergies.

Recreation Center Kitchen.
Mon Apr 22-May 13 4:30-5:30p $79*  
Mon Jun 3-24 4:30-5:30p $79*

NEW CLASS IN PARTNERSHIP WITH SEA DISCOVERY CENTER!
SEA Discovery Center is dedicated to inspiring a deeper sense of understanding and stewardship of the marine environment. SEA offers marine science education to people of all ages from pre-school to adult. Our programs include:

• An Aquarium (free, open to the public)
• Academic field trips (Pre-K-12)
• Enrichment programs such as KNOW, GEMS, STEM, Super Saturday, Discovery Days, summer camps, and science clubs
• Adult Workshops & Trainings
• Community Outreach at public events
• Our programs are taught by experienced SEA educators and supported by dedicated SEA volunteers.

Come experience what we have to offer!

ELEMENTARY SCIENCE CLUB: DIVE DEEP INTO EARTH & MARINE SCIENCE
GRADES 3-5 4 WEEKS
Evona Cole, Lesley Cashon, and Audrey Slane. Join us at the SEA Discovery Center for Elementary Science Club! Take a deep dive into the three biospheres and marine science topics through hands-on investigations and experiments. Explore questions like: What phenomena occur in the three biospheres? What unique animals live in the biospheres? Why is water so important and unique to the world? How can we use a microscope to discover more about our surroundings? What do YOU want to discover? Students are encouraged to sign up for one or both sessions. SEA Discovery Center.
Thu Apr 11-May 2 5:30-7:30p $60*  
Thu May 9-30 5:30-7:30p $60*

MIDDLE SCHOOL SCIENCE CLUB: EXPLORE THE MYSTERIES OF WATER AND MARINE SCIENCE
GRADES 6-8 4 WEEKS
Julie Leung and Carolyn Strandridge. Are you fascinated by marine science and the mysteries of water? With hands-on explorations, you will begin to identify and understand the aquatic world around us in Liberty Bay and beyond. Experiment with the unique properties of water and examine this molecule’s multiple roles on our planet. Learn how important water is for human health. Discover how sea creatures live and thrive in marine environments. We will start small and we will ask big questions. Bring your curiosity and problem-solving abilities to SEA Discovery Center! Students are encouraged to sign up for one or both sessions. SEA Discovery Center.
Tue Apr 9-30 5:30-7:30p $60*  
Tue May 7-28 5:30-7:30p $60*
BABYSITTER BOOT CAMP

AGES 12-17  1 CLASS
Linda Chandler. Babysitting is usually a teenager’s first attempt at building and running a small business. The Child and Babysitting Safety (CABS) course uses an easy to follow magazine-format guide designed to engage and inform the aspiring babysitter. It gives teenagers everything they need to know, from getting started, to dealing with parents and children, to key safety, caregiving, and first aid tips. The CABS course gives teenagers essential information, but it doesn’t read like a textbook. We’ve broken childcare and babysitting down into sections, combining practical information with graphics and images designed to pull teenagers in and keep them engaged. Participants will receive a certification card good for 2 years. Recreation Center Classroom.

Sun  Apr 28  1-4p  $68*
Sun  Jun 23  1-4p  $68*

TEEN VOLUNTEER INTERNS WANTED!
Poulsbo Parks and Recreation seeks dedicated teen volunteers to assist our professional instructors with youth programs. Interns will gain valuable work experience while earning community service hours. Qualified youth will be age 13 or older; enjoy children; have a positive and enthusiastic attitude; have an interest in arts, crafts, sports, and other recreational activities; be dependable and a positive role model. Interns will need to make a time commitment that will vary depending upon the season. Fall & Winter session could be 1-4 hours per week for up to 5 weeks; Spring & Summer session could include weekly camps and a commitment of 2-20 hours for an entire week. For more information, call Kris Goodfellow at 360-779-9898. Applications are available at www.cityofpoulsbo.com.

Look at all the opportunities to grow and perform at InMotion Performing Arts

Exciting Summer Session Classes
♦ All Studio Waterfront Performance

The 2019/20 Season
♦ The Nutcracker Ballet
  Thanksgiving Weekend performed at NK Auditorium
  Auditions Required
♦ All Studio Holiday Show
♦ Viking Fest Parade
♦ All Studio Showcase in May performed at NK Auditorium

Want to learn more?
InMotion Performing Arts
20101 Front Street, Poulsbo
www.inmotionperformingarts.com
info@inmotionperformingarts.com
360-779-7090
YOUTH PROGRAMS

POULSBORO LIBRARY Tween & Teen Programs
The Poulsbo Branch of Kitsap Regional Library is located at 700 Lincoln Rd NE, Poulsbo. For more information on their programs, call them at (360) 779-2915 or visit their website at http://www.krl.org/. All programs are free. The library will be closed on May 27, Jul 4, and Sep 2.

MiddleMakers: Writer’s Café & Open Mic - Grades 4-8. Enjoy warm drinks, grow your skill with writing teacher Margaret Nevinski and share at the open mic.
Sat Mar 30 2-4p

MiddleMakers Breakerspace Art Studio - Grades 4-8. Turn old electronics and household objects into art in this 3-week studio series. Materials and tools provided.
Wed Apr 3, 10, 17 2-4p

MiddleMakers: Breakerspace Art Gallery - All ages welcome. Come and explore our art gallery for works created from old electronics and household objects by Poulsbo Youth.
Wed Apr 17 4-6p

STEM Night - Grades 6-8. Join us and the SEA Discovery Center to explore, problem-solve, and design in fun ways. Did you know that you can build a powerful paper microscope? Come experience Foldscopes. Assemble and use a FoldScope paper microscope to examine samples from the world around us. Each participant gets to take home a Foldscope!
Fri May 3 6-9p

Camp Create - Grades 5-8. Meet new friends and hang out with an incredible crew of local educators as you take part in daily hands-on projects and experiments.
M-F Jul 8-12 12:30-5p

Teen Space - Grades 6-12. Play games, create art, do amazing projects, try out new tech, or just hang out with friends. Every Friday from 3:30-5p, except for the third Friday of the month (4/19, 5/17, 6/21, 7/19, 8/16).

Poulsbo Teen Advisory Board - Grades 6-12. Join TAB, a leadership group for teens to help shape the Library. Express your interests, develop leadership skills, help plan and implement special events and earn volunteer credit for school. Plus, there will be snacks. Every third Friday from 3:30-5p (4/19, 5/17, 6/21, 7/19, 8/16).

InMotion Non-Profit Dance Companies Season Finale Show Dance Ensemble Northwest “Tribute to the Great Gatsby” Momentum Performing Group: Award winning competition season pieces with dancers ages 3 to 18 Tuesday, April 30th ~FREE of Charge~

Auditions for both Dance Ensemble Northwest & Momentum Performing Group for the upcoming 2019/20 season happen in June.

Want to learn more?
InMotion Performing Arts www.inmotionperformingarts.com info@inmotionperformingarts.com 360-779-7090
NINJA WARRIOR
AGES 6-10  4 WKS
Recreation Center Staff. This action-packed class has participants race against the clock to tackle a series of challenging obstacle courses. Work on speed, agility, and strength in this fun and physical class. This is a class for those looking to get in great shape and have fun doing it. Students will be challenged to push themselves to train like Ninja Warrior competitors. No class on May 27. Recreation Center Gym.
Mon  Apr 15-May 6  4:30-5:15p  $55*
Mon  May 20-Jun 17  4:30-5:15p  $55*

SHO-REI-SHOBU-KAN OKINAWAN GOJU-RYU KARATE-DO
AGES 8-ADULT  4 WKS
Charles Todd. This is a traditional Okinawan style of Karate as referenced in the Karate Kid movies. Instructor will work with students at all levels. Students will learn self-discipline as an effective means of self-defense. Focus on building strength, discipline, and moral character. Students will learn basic techniques associated with this karate style. Learn how to deescalate an awkward situation and be more aware of your surroundings. A great way to get in shape, fun for the whole family!

Students will need to purchase a Gi (karate uniform); information for purchase will be available from the instructor at the first class. Charles Todd is a 4th degree black belt and a certified instructor under the Sho-Rei-Shobu-Kan organization. Mr. Todd has been active in Karate for over 35 years. No class May 25. Recreation Center Gym.

Wednesday  6:45p-7:45p
Saturday  10a-12n
Saturday & Wednesday  $85* per 4-week session
Saturday only  $55* per 4-week session
Students must register by the Wednesday PRIOR to class start date.

SPRING
Session 1  Apr 3-27
Session 2  May 1-Jun 1

SUMMER- SATURDAYS ONLY
Session 4  Jun 8-29
Session 5  Jul 6-27
Session 6  Aug 3-24

Where students THRIVE
IB World School for Grades 6-12
Applications are being accepted as space allows
Call for a tour—360-598-5954
www.westsoundacademy.org
VIKING BOYS & GIRLS TENNIS CAMP  4 CLASSES
Boys & Girls going into grades 7-10 in Sept 2019. If you are interested in playing tennis, or learning more about it, the North Kitsap Varsity Tennis Coach, Jay DeVries, will be holding a 4-day camp after school in early June. There will be basic instruction, skill work, games and chances to compete in matches against other athletes at your skill level. The camp will be limited to the first 24 athletes that sign up. Register at Poulsbo Parks and Recreation. NKHS Tennis courts.
M-Th  Jun 3-6  3-5p  $79*

SPRING HOOPS! BASKETBALL DRILLS AND GAMES!
Ages 2 ½-10  6 wks
Coach Henry Guterson. Positive, inclusive, fun environment for children to get better at basketball. They’ll improve individual skills and 5 on 5 play through games, drills, and scrimmages. Effort, sportsmanship, and teamwork will be stressed! Sessions are coached by Henry Guterson, a youth basketball coach since 2004!
No class May 11 & 25.

POULSBO BASKETBALL AT POULSBO MIDDLE SCHOOL!
2 ½ -4 yrs old:  10:30-11:20a
5-6 yrs old:  11:30a-12:25p
7-8 yrs old:  12:30-1:30p
9-10 yrs old: 1:30-2:30p
Sat  May 4-Jun 22  $79*

ARCHERY
AGES 8 & OLDER  4 WKS/3 WKS
Laura Christman. This archery class will be geared towards teaching beginning archers in a safe environment. Students will learn the fundamentals of archery, including the nine steps to the ten ring and parts of the bow and arrow. The class will also strive to promote ideas that are important in life as well as archery, such as good sportsmanship, safety, and a desire to better oneself in whatever one does. Continuing archery students are encouraged to register and our rangemaster will work with the student, so they are continuing to build on their skill and accuracy. Bow, arrows, and a wrist guard will be provided but students are welcome to bring their own if they own one. No class on July 4.
Recreation Center Indoor Range.
Thu  Apr 11-May 2  5-5:50p  $56*
Thu  Apr 11-May 2  6-6:50p  $56*
Thu  May 16-Jun 6  5-5:50p  $56*
Thu  May 16-Jun 6  6-6:50p  $56*
Thu  Jun 20-Jul 11  5-5:50p  $45*
Thu  Jun 20-Jul 11  6-6:50p  $45*
Thu  Jul 25-Aug 8  5-5:50p  $45*
Thu  Jul 25-Aug 8  6-6:50p  $45*

POULSBO ARCHERY
AGES 8 & OLDER  4 WKS
Laura Christman. This archery class will be geared towards teaching beginning archers in a safe environment. Students will learn the fundamentals of archery, including the nine steps to the ten ring and parts of the bow and arrow. The class will also strive to promote ideas that are important in life as well as archery, such as good sportsmanship, safety, and a desire to better oneself in whatever one does. Continuing archery students are encouraged to register and our rangemaster will work with the student, so they are continuing to build on their skill and accuracy. Bow, arrows, and a wrist guard will be provided but students are welcome to bring their own if they own one. No class on July 4.
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Thu  Apr 11-May 2  6-6:50p  $56*
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Thu  May 16-Jun 6  6-6:50p  $56*
Thu  Jun 20-Jul 11  5-5:50p  $45*
Thu  Jun 20-Jul 11  6-6:50p  $45*
Thu  Jul 25-Aug 8  5-5:50p  $45*
Thu  Jul 25-Aug 8  6-6:50p  $45*
YOUTH SPORTS

KINGSTON BASKETBALL AT GORDON ELEMENTARY!
7-8 yrs old: 5:30-6:30p
9-10 yrs old: 6:30-7:30p
Tue
Apr 23-May 28 $79*

SESSION 2
Sat/Wed
Jun 15-Jul 27
$49
Returning riders: New riders: $129/rider, includes class, membership with Evergreen Mountain Bike Alliance, and a safety check.

SPRING BREAK BASKETBALL CAMP
Coach Guterson. Held at Poulsbo Middle School.
4-5 yrs old: 9a-10a $65*
6-7 yrs old: 10a-12:30p $89*
8-10 yrs old: 12:30p-3p $89*
Mon-Thu
Apr 1-4

JOIN THE NORTH KITSAP MOUNTAIN VIKES MOUNTAIN BIKE CLUB!
GRADES 7-12
We are looking for riders to join us for the fun and challenge of riding trails here in North Kitsap. All you need is a mountain bike, a helmet, and a can-do attitude and you can learn and improve your skills on the bike. We’ve teamed up with the Evergreen Mountain Bike Alliance and Silverdale Cyclery to provide expert instruction on everything from mountain bike basics to jumping, cornering, and shredding local trails.

Club members will participate in two rides per week and will have the opportunity to participate in trail building and maintenance with Evergreen Mountain Bike Alliance. Work party dates are May 18 and June 15. Riders of all skill levels are welcome! We encourage parents to grab a bike and join in the fun. Club members will receive a membership with the Evergreen Mountain Bike Alliance, a bike safety check, a water bottle and tire tube. We require a multi gear mountain bike, a helmet, and eye protection. Contact Coach Hensley @ 206-295-5904, or Coach Tanner @ 360-440-2221 if you have questions. Life is better on a mountain bike!

SESSION 1
Sat/Wed
Apr 20-Jun 8
Times/locations TBD
$129/rider, includes class, membership with Evergreen Mountain Bike Alliance, and a safety check.

SESSION 1 INTRO CLASS
Sat
Apr 20
10a
Location TBD
This is your training class and first ride! Please go to Silverdale Cyclery prior to April 20 for your safety check and water bottle!

BASKETBALL: SPRING COUNTY RECREATIONAL
GIRLS AND BOYS, GRADES 3-8
Poulsbo Parks and Recreation is taking registrations for all athletes, with teams hitting the courts as they form. Games will start mid-April. Spring basketball games will be jointly conducted with SKYAA, a South Kitsap youth organization. There will be divisions for boys and girls in 3/4th, 5/6th and 7/8th grades. Officiated games are played during weekday evenings in NK and SK gyms.

Weekday practices will begin in late March/early April. Weekday games in the evenings; mid-April-early June.
Fee: $99*
NK Reversible Jersey, if needed: Fee: $25.

COACHES, COACHES, COACHES!
It’s never been more important! Families, community, and individuals joining together for our young people.

In order to be successful, youth sports programs need caring, compassionate adults who are willing to devote some of their limited time to the kids. You don’t have to be an expert on the sport of choice! We have lots of helpful resources, including people that are willing to help you help our kids enjoy themselves.

This is quality time for our young people. They are practicing physical and mental skills, interacting with their peers and adults in a healthy atmosphere, and learning the ability to compete towards a goal as a team and as an individual. Call Joe at Parks and Rec, 360-731-1938, for more information on this valuable opportunity.

Recycle previously purchased Purple and Gold Jerseys!
If you have a purple and gold jersey used in the Parks and Rec basketball program that is still in good condition (no tears, numbers clearly visible, and clean), you can turn them in for a $5.00 credit. Also, if you wish to purchase a used jersey, the cost is $5.00!

Interested in being a Basketball Official?
For all people interested in refereeing youth basketball, please contact Joe Schiel at 360-731-1938.

JOIN THE NORTH KITSAP MOUNTAIN VIKES MOUNTAIN BIKE CLUB!
GRADES 7-12
We are looking for riders to join us for the fun and challenge of riding trails here in North Kitsap. All you need is a mountain bike, a helmet, and a can-do attitude and you can learn and improve your skills on the bike. We’ve teamed up with the Evergreen Mountain Bike Alliance and Silverdale Cyclery to provide expert instruction on everything from mountain bike basics to jumping, cornering, and shredding local trails.

Club members will participate in two rides per week and will have the opportunity to participate in trail building and maintenance with Evergreen Mountain Bike Alliance. Work party dates are May 18 and June 15. Riders of all skill levels are welcome! We encourage parents to grab a bike and join in the fun. Club members will receive a membership with the Evergreen Mountain Bike Alliance, a bike safety check, a water bottle and tire tube. We require a multi gear mountain bike, a helmet, and eye protection. Contact Coach Hensley @ 206-295-5904, or Coach Tanner @ 360-440-2221 if you have questions. Life is better on a mountain bike!

SESSION 1
Sat/Wed
Apr 20-Jun 8
Times/locations TBD
$129/rider, includes class, membership with Evergreen Mountain Bike Alliance, and a safety check.

SESSION 1 INTRO CLASS
Sat
Apr 20
10a
Location TBD
This is your training class and first ride! Please go to Silverdale Cyclery prior to April 20 for your safety check and water bottle!
YOUTH SPORTS

VOLLEYBALL: SPRING AND FALL GIRLS INTRAMURAL TRAINING PROGRAM!

GIRLS YOUTH, GRADES 2-4
Here is your start into volleyball!! This is an 8-week session, practicing Mondays and Wednesdays, 5:15-6:45, Vinland, geared to introduce and train your young player in volleyball skills! Our goal; create a love of the game and give the girls the basic skills to compete in match play. We use reduced height nets and volleylites through the training. Skills and internal scrimmages will be worked on throughout the session. Registration can be completed online on the city’s website or call 360-779-9898 for more information. No class May 27.

Spring Session
M/W Apr 8-May 29 5:15-6:45p
Fall Session
M/W Sep 16-Nov 6 5:15-6:45p
$119/session, includes a team jersey!

VOLLEYBALL: SPRING AND FALL GIRLS RECREATIONAL

GIRLS: YOUTH LEAGUE, GRADES 5-9!
Coaches and Interested Adults needed! To our community adults that have played volleyball in the past – each spring, we put together a volleyball league much like our recreation basketball program. We need you, the adults, with some volleyball experience and energy to help teach our young ladies this exciting sport. Games will be officiated by regulation officials. Practices and games will be weekdays, Mon-Fri.

This builds on our fall season; the continued exposure for the girls will benefit the athletes for years to come! We are offering volleyball through Poulsbo Parks and Recreation, drawing players from the NK, BI, and CK areas. For the 5-9th graders, there will be 6 matches per team from late April – first week of June, followed by a min of 2 matches in a playoff situation! There will be some travel required to gyms in Central Kitsap and BI. Registration forms will be online or call 360-779-9898 for more information. Open gyms available at the start of season. Team practices will start 2-3 weeks after season start, or as soon as your team forms! NK, CK, Bainbridge Island gyms.

Spring session
Weekday evenings, Mar 11-Jun 8
Fall session
Weekday evenings, Sep 9-Nov 9
$139/session, includes team tee!

BASKETBALL: FALL COUNTY RECREATIONAL

GIRLS & BOYS, GRADES 3-8!
Registration starts in August!
Poulsbo Parks and Recreation is taking signups for all athletes, with teams hitting the courts as they form after school starts. Officiated games will start in late Sept. Fall basketball games will be jointly conducted with SK-YAA, a South Kitsap youth organization. There will be 3/4th, 5/6th, and 7/8th divisions for both boys and girls! NK and SK gyms.

Weekday evenings Sep-Nov 8 $99*
NK Reversible Jersey, if needed: Fee: $25

SPRING BREAK CAMP
SPRING BREAK BASKETBALL CAMP: AGES 4-10 YRS
At Poulsbo Middle School!
Monday thru Thursday, April 1st thru 4th
4-5 yrs old: 9a-10a $65*
6-7 yrs old: 10a-12:30p $89*
8-10 yrs old: 12:30p-3p $89*

NEW CAMPS!
Curiosity Camps with Tim Lowell! These fun camps integrate science, art and outdoor play for an engaging summer learning experience. Campers conduct experiments, create art, build, play and have a great time with friends old and new. Having fun with art, science and nature fosters lifelong appreciation and curiosity for learning. Tim is the author of “Is it Gonna Blow Up?” Guide to creating happy young Scientists, Engineers, Builders and Artists. He is a teaching member of the Bainbridge Arts in Education Consortium and has taught in schools throughout Kitsap County and Seattle. Accommodations may be made for siblings in the same camp, approval from Tim required prior to registering. Please call and ask. Parents, you are the best judge of your 7-year-old’s personality, please register them for the camp that best fits their maturity and academic level.

FABULOUS FORTS CAMP
5 CLASSES
Tim Lowell. We will make houses and construct a cardboard box village, create lean-tos, tarp shelters and other creative fort projects. Building fun and friendships. West Sound Academy.

AGES 5-7
M-F Jun 24-28 9:30a-12n $163*
M-F Aug 5-9 9:30-12n $163*

AGES 7-10
M-F Jun 24-28 1-3:30p $163*
M-F Aug 5-9 1-3:30p $163*
SUMMER CAMPS

POTIONS AND SCIENTIFIC WIZARDRY 5 CLASSES
Tim Lowell. Chemical concoction, radical reactions and strange changes provide a fun introduction to the joys of chemistry. West Sound Academy.
AGES 5-7
M-F Jul 8-12 9:30a-12n $163*
AGES 7-10
M-F Jul 8-12 1-3:30p $163*

STEAM FUN LAB – PHYSICS AND FLYING FUN 5 CLASSES
Tim Lowell. Science, technology, engineering, art and math combined with imagination = FUN! Discover and investigate things that float, fly, roll, fall, combine, make noise, change colors and splat! West Sound Academy.
AGES 5-7
M-F Jul 15-19 9:30a-12n $163*
AGES 7-10
M-F Jul 15-19 1-3:30p $163*

SNACK SCIENCE & BAKING BOSS 5 CLASSES
Tim Lowell. Culinary adventurers will make pizzas, cakes, cupcakes, snacks, and savories while learning about the science of ‘taste’ and creating new, surprising treats! Includes camp fun and awesome cooking. Recreation Center Kitchen.
AGES 5-7
M-F Aug 19-23 9:30a-12n $163*
AGES 7-10
M-F Aug 19-23 1-3:30p $163*

STEAM FUN LAB: EINSTEINS & PICASSOS 5 CLASSES
Tim Lowell. Budding scientists and young artists will mix, mash, fly, form, scrape, sculpt, blast, bake, expand and explode to create fascinating and fun science & art projects! West Sound Academy.
AGES 5-7
M-F Jul 22-26 9:30a-12n $163*
AGES 7-10
M-F Jul 22-26 1-3:30p $163*

BUILD & TAKE APART 5 CLASSES
Tim Lowell. Construct whatever you can imagine while exploring architecture, engineering, and art. Use hand tools to take apart familiar items to see how they work! West Sound Academy.
AGES 5-7
M-F Jul 29-Aug 2 9:30a-12n $163*
AGES 7-10
M-F Jul 29-Aug 2 1-3:30p $163*

GAME ON! 5 CLASSES
Tim Lowell. From marble runs and capture the flag to cardboard arcade games and handmade board games, create whatever games you can imagine while exploring physics, engineering and magnetism. West Sound Academy.
AGES 5-7
M-F Aug 12-16 9:30a-12n $163*
AGES 7-10
M-F Aug 12-16 1-3:30p $163*

HIP HOP DANCE CLUB
AGES 6-8
InMotion Performing Arts Staff. Hip hop, we don’t stop! Bring your best breakdance moves and hit the floor in this energetic dance camp dedicated to fun. InMotion Performing Arts Studio, Poulsbo.
M-Th Aug 12-15 9:30-11:30a $95*
Register by Jul 29, pay only $85*!

ALL-CITY CHEER & DANCE CAMP 4 CLASSES
Caytie Johnson & Nick Soboleski, InMotion Performing Arts Staff. Boys and girls will learn basic motions, cheers, chants, tumbling, jumps and dance moves. Class will include tumbling: cartwheels, handstands, back bend and back handsprings. Students will combine jazz and hip hop with cheer to create a choreographed mini routine that may be performed on Aug 23 in Waterfront Park at 6pm. Camp fee includes T-shirt but not pom poms. InMotion Performing Arts Studio, Poulsbo.
GRADES 5-6
M-Th Aug 19-22 1-3p $98*
GRADES 6-8
M-Th Aug 19-22 1-3p $98*
Register by Aug 5, pay only $88*!

GRAND FINALE CAMP 5 CLASSES
Tim Lowell. A final encore week of this summer’s most popular science experiments, art projects, building fun and yummy kid’s cooking treats! Giant bubbles, crazy cupcakes, forts, LEGO build-off and more. Endless fun! Recreation Center Kitchen.
AGES 5-7
M-F Aug 26-30 9:30a-12n $163*
AGES 7-10
M-F Aug 26-30 1-3:30p $163*

SNACK SCIENCE & BAKING BOSS 5 CLASSES
Tim Lowell. Culinary adventurers will make pizzas, cakes, cupcakes, snacks, and savories while learning about the science of ‘taste’ and creating new, surprising treats! Includes camp fun and awesome cooking. Recreation Center Kitchen.
AGES 5-7
M-F Aug 19-23 9:30a-12n $163*
AGES 7-10
M-F Aug 19-23 1-3:30p $163*

IN MOTION PERFORMING ARTS STUDIO, POULSBO
SUMMER CAMPS

BALLET CAMP
AGES 6-9 4 CLASSES
InMotion Performing Arts Studio Staff. Join us for dance mania! Our camp will introduce the fundamentals of ballet and dance, so grab your best ballerina/ballet dancer clothes and come join in. Dancers will be grouped by experience level. Space is limited so don’t wait to enroll, we expect to fill up! Each camper should bring their own snack and water bottle. What to wear: Girls- tights, leotard & ballet shoes are recommended-not color or style specific; Boys- t-shirt and sweatpants or athletic shorts & ballet shoes are recommended. InMotion Dance Studio, Poulsbo.

DISNEY THEME
M-Th Jul 22-25 9:30-11:30a $95*
NUTCRACKER THEME
M-Th Aug 19-22 9:30-11:30a $95*
Register 2 weeks prior, pay only $85*!

DRAMA CAMP
AGES 6-10 4 CLASSES
InMotion Performing Arts Staff. Singing, acting, and dancing to build Musical Theatre skills. Campers will play games, sing songs, dance, and have fun as they prepare to "Hit the Stage". Camp will end with a special performance for friends and family on the last day. Space is limited so don’t wait to enroll, we expect to fill up! Each camper should bring their own snack and water bottle. InMotion Performing Arts Studio, Poulsbo.

M-Th Aug 5-8 9:30-11:30a $95*
Register by Jul 22, pay only $85*!

KCMT MUSICAL THEATRE WORKSHOP
AGES 7-12 5 CLASSES, PLUS PERFORMANCE
Kitsap Children’s Musical Theatre Staff. Two different camps back to back this summer for one or two weeks of drama. Register for one or both. This camp fills up fast, so please don’t wait to register, space is limited! Campers will have a blast while learning proper stage acting, movement, choreography, and vocal techniques as they prepare a fantastic musical production. Camp will culminate in a full musical performance open to families and the public on Fridays, July 12 & 19. You will be amazed at what your camper can do in one week! For more information, go to www.kcmt.org. Join us and learn why KCMT’s summer theatre camp is so popular! Additional communication will be done directly by KCMT. Please have your most current email address on file for scripts and information on camp activities and themes. PARENTS check your email daily the week of camp. Additional paperwork for KCMT is required when attending this camp and must be returned PRIOR to camp. Please dress your child for the weather; bring a sack lunch, snack, sunscreen, and water bottle each day. Questions can be sent to kcmtsummercamp@gmail.com. Like KCMT on Facebook: @KCMTSummerCamps. Breidablik Elementary School.

M-F Jul 8-12 9a-3p $187*
M-F Jul 15-19 9a-3p $187*

ARTISTIC CREATIVE MINDS
AGES 10-16 3 CLASSES
Colleen Doeleman. Artists will explore different painting techniques on canvas using nontoxic acrylic paints. Students will be given step-by-step direction on the day’s project and will be encouraged to vary their color palette and design creating a project that is truly unique to them. Art is a wonderful way to stimulate your imagination, express yourself and help build self-esteem. A supply fee of $30 per student is payable to the instructor at the first class. Recreation Center Classroom.

T/W/Th Jul 30-Aug 1 9:45a-12p $95*
Register by Jul 16, pay only $85*!

SEWING STUDIO
AGES 7-18 5 CLASSES
Kitsap Sewing Studio. Want to learn how to sew? Already know how? This camp is for you! Students will start with a fun sewing project at the beginning of camp and progress to more challenging projects based on their skill level and interest by the end of the week. Students’ work will be shown for family & friends the last 30 mins of camp on Friday as a Studio Art/Fashion Show! Sewing projects, materials and machines are provided. If you have your own machine and want to learn how to use it for your own projects, bring it to camp! A $10 supply fee is payable to Kitsap Sewing Studio. Recreation Center Classroom.

Sewing projects, materials and machines are provided. If you have your own machine and want to learn how to use it for your own projects, bring it to camp! A $10 supply fee is payable to Kitsap Sewing Studio. Recreation Center Classroom.

M-F Aug 5-9 9a-12n $78*
M-F Aug 5-9 1-4p $78*
Register 2 weeks prior, pay only $68*!

QUILTING CAMP
AGES 8-18 4 CLASSES
Kitsap Quilters. Have you always wanted to create your own quilt or small wall hanging? Now is your chance! Students will learn how to sew and make a few crib / lap-size quilts. Quilt kits will have pre-cut pieces to be sewn together and quilters will take home their finished pieces at the end of the week. Students will need to provide their own sewing machine with an empty bobbin. A $10 supply fee is payable to Kitsap Quilters. Recreation Center Classroom.

M-Th Jul 8-11 10a-3p $58*
### SUMMER CAMPS

#### LEGO®-BUILDING BRICKS 4 KIDZ® CAMP
**AGES 5½ -12**  
2 CLASSES  
Bricks 4 Kidz® offers campers loads of learning fun using LEGO® bricks! We keep the pace fast and varied with guided projects and challenges as well as time for free play. Camps are specially designed for kids between the ages of 5 ½ & 12 and are built around themes kids love! Registration deadlines will be one week prior to the start date of each camp. LEGO®, Minecraft®, and Pokémon® are registered trademarks which do not sponsor, authorize, or endorse these programs.  
All camps will be held at West Sound Academy, Poulsbo.

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<tr>
<th>Camp Name</th>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td>Pocket Brick Monsters Camp</td>
<td>T/W Jul 16-17</td>
<td>1-4p</td>
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<tr>
<td>Brick City Engineers Camp</td>
<td>T/W Jul 30-31</td>
<td>1-4p</td>
<td>$84*</td>
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<tr>
<td>Mining &amp; Crafting Camp</td>
<td>T/W Aug 13-14</td>
<td>1-4p</td>
<td>$84*</td>
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#### CULINARY ADVENTURES CAMP
**AGES 6 & OLDER**  
3 CLASSES  
Parks & Recreation Staff. Let the cooking extravaganza begin! Create delicious food inspired by cuisine from around the world. Culinary adventurers will have a blast learning to cook by being introduced to the very basic concepts of cooking: mixing, measuring, beating, chopping, and whipping. They will gain the confidence to take these new skills and knowledge home to cook for their families and friends. Themed classes will include meal planning, food prep, cooking and of course, eating!  
**Please let us know at registration if your child has any food allergies.** Recreation Center Kitchen.

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<tbody>
<tr>
<td>Culinary Adventures Camp</td>
<td>T/W/Th Jul 16-18</td>
<td>10-11:30p</td>
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#### NATURE DAY CAMP
**AGES 6-8, MUST HAVE COMPLETED 1ST GRADE**  
4 CLASSES  
Parks & Recreation Staff. Explore the outdoors by learning about birds, insects, spiders, and mammals as we explore the ponds, meadows, forests, and streams. Campers will learn about bird adaptations, discover the life cycle of insects and amphibians, and investigate predator/prey relationships of mammals. Campers will need to bring a lunch. Meet at Poulsbo’s Fish Park. Camp will be held at Nelson Park and Poulsbo’s Fish Park.  
**Register by Jul 22, pay only $129*!**

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<th>Camp Name</th>
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<tbody>
<tr>
<td>Nature Day Camp</td>
<td>M-Th Aug 5-8</td>
<td>9a-12p</td>
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#### MARINE DETECTIVES KIDS CAMP
**GRADES K-2**  
3 CLASSES  
SEA Early Childhood Educators. What lives in the Puget Sound and the marine water all around us? Put on your detective cap and come explore as we discover clues on how life works in this watery world! Through stories, crafts, and engaging activities, evidence will arise to solve this underwater mystery.  
**SEA Discovery Center.**

<table>
<thead>
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<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Marine Detectives Camp</td>
<td>T/W/Th Aug 6-8</td>
<td>9a-12n</td>
<td>$60*</td>
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#### PLANET PROTECTORS: EARTH & WATER CAMP
**AGES 6-12**  
5 CLASSES  
Earthright Insight. Are you creative and love nature? Expect to be amazed as we investigate nature each day. Campers will take nature walks to learn about the forest and create awesome nature journals. Learn about creatures that live in our Earth’s waters and what you can do to keep them safe and plentiful. This camp will incorporate fun games, crafts, and hands-on science experiments with a focus on conservation and protection. Investigate creatures, learn their purpose, and develop respect for their importance in our Pacific Northwest ecosystem. Campers will spend Friday at M. Williams Waterfront Park in Poulsbo. Offered by Earthright Insight.org with certified teachers. West Sound Academy/ Poulsbo waterfront.

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<th>Camp Name</th>
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<th>Fee</th>
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<tbody>
<tr>
<td>Planet Protectors: Earth &amp; Water</td>
<td>M-F Jun 24-28</td>
<td>9a-3p</td>
<td>$210*</td>
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</table>
EVERYDAY CHEMISTRY
AGES 9-12  4 CLASSES
Earthright Insight. Spark your interest in chemistry! Campers will conduct laboratory experiments to promote critical thinking and expand their knowledge of chemistry. Chemistry concepts will be applied to things students observe in their daily world. What exactly is a chemical change? Campers will learn about breaking of bonds between atoms in the reactants and the rearrangement and re-bonding of these atoms to make products. Students will investigate reactions that produce a gas, form a precipitate, and cause color changes. Students will look deeply into the structure of the atom and play games to better understand the relationship between protons, neutrons, and electrons, in atoms. Offered by Earthright Insight.org with certified teachers. West Sound Academy Chemistry Lab.
M-Th Aug 12-15 9a-12p $187*

SUMMER CIRCUS CAMP
AGES 8-14  4 CLASSES
Bob Webb. Did you ever want to run away and join the circus? Campers will learn how to juggle, ride a unicycle, and walk on a large ball. Mr. Webb runs the RATS program and has many years of experience with the Circus arts. Register for 1 camp or both! Camper will need to bring a snack and a water bottle. Bike helmets and wrist guards are recommended but not necessary. Pouslbo Elementary.
M-Th Jul 29-Aug 1 9a-12n $95*
M-Th Aug 12-15 9a-12n $95*
Register 2 weeks prior, pay only $85*!

NINJA WARRIOR CAMP
AGES 7-11  4 CLASSES
Bob Webb. This action-packed camp has you race against the clock to tackle a series of challenging obstacle courses. Work on speed, agility and strength in this fun and physical camp. This is a camp for those looking to get in great shape and have fun doing it. Campers will be challenged to push themselves to train like Ninja Warrior competitors. Camper will need to bring a snack and a water bottle. Poulsbo Elementary.
M-Th Jul 22-25 10a-12n $88*
Register by Jul 8, pay only $78*!

VIKING BOYS & GIRLS TENNIS CAMP
AGES 7-10  4 CLASSES
BOYS & GIRLS GOING INTO GRADES 7-10
IN SEPT 2019.
If you are interested in playing tennis, or learning more about it, the North Kitsap Varsity Tennis Coach, Jay DeVries, will be holding a 4-day camp after school in early June. There will be basic instruction, skill work, games and chances to compete in matches against other athletes at your skill level. The camp will be limited to the first 24 athletes that sign up. Register at Poulsbo Parks and Recreation. NKHS Tennis courts.
M-Th Jun 3-6 3-5p $79*

SUMMER HOOPS! BASKETBALL DRILLS AND GAMES!
AGE 2 ½-10  4 CLASSES
Coach Henry Guterson. Children will improve individual skills and 5 on 5 team play thru games, drills, and scrimmages. Effort, sportsmanship, and teamwork will be stressed. Children will be placed on teams-like the “Warriors” or “Lakers” – for scrimmages. For the 7-8 and 9-10-yr-old “Madness” camps, we’ll keep track of team records and play a NCAA March “Madness” like tournament – with a bracket, seeds, etc. – on the last day of camp. Camps are led and coached by Henry Guterson, a youth basketball coach since 2004. Camps will be held at Poulsbo Middle School.

2 ½ -3 YEARS
M-Th Jul 8-11 9-10a $69*

4-5 YEARS
M-Th Jul 8-11 12:30-1:30p $69*
M-Th Aug 12-15 9-10a $69*

6-7 YEARS
M-Th Jul 8-11 10a-12:30p $95*
M-Th Aug 12-15 10a-12:30p $95*

8-10 YEARS
M-Th Aug 12-15 12:30-3p $95*
VOLLEYBALL SKILLS TRAINING
GIRLS GRADES 5-8  4 CLASSES
This summer training session will provide training and skills development for the coming season! Course will include 4 days of training, to get the most jump for your buck! North Kitsap area gyms. Levels may combine based on skills and numbers of girls signed up.
M-Th Jul 15-18  6-8p  $99*

SUMMER VOLLEYBALL MIDDLE SCHOOL TRYOUT PREP CAMP
GIRLS GRADES 6-8  4 CLASSES
Parks and Rec will run this summer training session to prep for school volleyball or start your skills development for next season! Course will include 4 days of training geared towards skills and atmosphere to compete for tryouts. Poulsbo Middle School. Instructors may divide the class into two groups, depending on numbers and range of skills.
M-Th Aug 12-15  6-8p  $99*

ACE TENNIS CAMP
LEARN THE GAME! IMPROVE YOUR GAME! AGES 7-15

Parks & Recreation Staff. Great course for the summer outdoor months!! Beautiful sunshine and a lot of fun on the courts! Beginner and intermediate level tennis camps will be held at NKHS tennis courts this summer. The training will focus on fundamentals of the game as well as individual techniques for service, volley, and game strategy. All classes held at the NKHS tennis courts.

Beginners:
Ages 7-12    9a-10:30a
W/Th/F/M/Tu
Jun 26-Jul 2  $89*
M-F    Jul 8-12  $89*
M-F    Jul 15-19 $89*
M-F    Jul 22-26 $89*
M-F    Jul 29-Aug 2 $89*
M-F    Aug 5-9  $89*
M-F    Aug 12-16 $89*

SUMMER SAILING
ADULT & YOUTH CLASSES
@ Port of Poulsbo
If you’ve always wanted to learn how to sail or perhaps improve your skills and gain confidence, we have a class for you!

Poulsbo Parks & Recreation
360.779.9898 | CityOfPoulsbo.com/Register
SUMMER CAMPS

TEEN VOLUNTEER INTERNS WANTED!
Poulsbo Parks and Recreation seeks dedicated teen volunteers to assist our professional instructors with youth programs. Interns will gain valuable work experience while earning community service hours. Qualified youth will be age 13 or older; enjoy children; have a positive and enthusiastic attitude; have an interest in arts, crafts, sports, and other recreational activities; be dependable and a positive role model. Interns will need to make a time commitment that will vary depending upon the season. Fall & Winter session could be 1-4 hours per week for up to 5 weeks; Spring & Summer session could include weekly camps and a commitment of 2-20 hours for an entire week. For more information, call Kris Goodfellow at 360-779-9898. Applications are available at www.cityofpoulsbo.com.

POULSBO SUMMER SAILING CAMPS!!
AGES 5-16
Is there anything better than summer sun on Liberty Bay? Our sailing program is an excellent chance to enjoy our beautiful area as well as learn a passion which will be a part of you for life! Our programs are for ages 5-16 and will be held at the Port of Poulsbo (near the boat launch.)

Students must have beginner swimming skills and provide their own Coast Guard-approved life jackets. The all-day classes will be conducted in Opti and FJ class sailboats. FJ’s are approximately 14’ with a beam of 5’ and are an ideal sailing dinghy to teach young sailors the skills of boat handling and racing. The Opti class is a self-righting dinghy that was developed especially for junior training, and will be used in both the All-Day and Intro camps. The Opti is used for our younger sailors, and is a more stable design, while still performing well in a breeze. Opti class sailboats have been used around the world for many years as a junior trainer.

The purpose of our sailing camps is to learn sailing skills, boating safety, and to have fun! Please remember, however, that sailing can at times be dangerous and students must be willing to work hard each day. Capsizing for the “fun” of it will not be tolerated. A Coast Guard-approved life jacket must be worn at all times when on the dock and in the water.

Students will need to bring a sack lunch, a beverage with extra water for hot days, swimsuit, change of clothes, soft-soled footwear (something you do not mind getting wet), sunscreen, sunglasses and/or a hat, and clothing appropriate for the weather. Wetsuits will be used on inclimate weather days only; bring your own if you have one. On cool days, you may need extra clothing. For further information, call Parks and Recreation at 360-779-9898.

ALL-DAY SAILING
AGES 8-16
Mon-Fri, 9a-4p, except as noted

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<tr>
<th>Session</th>
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<tr>
<td>W/Th/F/M/Tu Jun 26-Jul 2</td>
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<tr>
<td>Mon-Fri Jul 8-12</td>
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<td>Mon-Fri Jul 15-19</td>
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<td>Mon-Fri Jul 22-26</td>
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<td>Mon-Fri Jul 29-Aug 2</td>
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<td>Mon-Fri Aug 5-9</td>
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<td>Mon-Fri Aug 12-16</td>
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<td>Mon-Fri Aug 19-23</td>
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<td>Mon-Th Aug 26-29</td>
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INTRO TO SAILING
AGES 5-7
For youth ages 5-7, our intro course will include a relaxed atmosphere on the docks, with guidance and support to get them into a boat and slowly introduce them to the water.

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<tr>
<th>Session</th>
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<tr>
<td>Tu/W/Th, 9a-11:30a</td>
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<tr>
<td>Tu/W/Th Jul 9-11</td>
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<td>Tu/W/Th Jul 23-25</td>
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<td>Tu/W/Th Aug 13-15</td>
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<td>Tu/W/Th Aug 20-22</td>
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SUMMER CAMPS

SKYHAWKS SUMMER CAMPS!

Skyhawks offers several different sports camps in the North Kitsap area, providing countless ways for your child to grow. Their sports camps and programs include traditional weeklong summer day camps for ages 7-12, and some shorter, half day programs for ages 5-7!

You can find more info on the Skyhawks webpage, at https://www.skyhawks.com/search; tap in the 98370 zip code for location-specific information.

SKYHAWKS SOCCER CAMP
Mon-Fri Jul 8-12
Poulsbo Middle School Multipurpose Field
Ages 5-7  9a-12n  $125*
Ages 7-12  9a-3p  $165*

SKYHAWKS BASEBALL CAMP
Mon-Fri Jul 15-19
Poulsbo Middle School Field #1
Ages 7-12  9a-3p  $165*

SKYHAWKS BASKETBALL CAMP
Mon-Fri Jul 22-26 OR
Mon-Fri Aug 5-9
Poulsbo Middle School
Ages 5-7  9a-12n  $125*
Ages 7-12  9a-3p  $165*

SKYHAWKS MULTI-SPORT CAMP
Ultimate Frisbee, Kickball, Capture the Flag, and Dodgeball! Poulsbo Middle School
Mon-Fri Jul 29-Aug 2
Ages 7-12  9a-3p  $165*

Poulsbo Yacht Club
Summer Junior Sailing Program
Ages 10-15
Six 1 week camps - Mon - Fri
From 9:45 am to 4:30 pm daily
July 8 through Aug 16, 2019

Beginner Sailing:
July 8, July 15, July 22 & Aug. 5
Double handed: July 29
Adventure Sail: Aug 12

US Sailing Certified Instructor
Register at: poulsboyachtclub.org/
(under Events & Activities tab)
or, call: 206.372.5908
SUMMER CAMPS

SEA Discovery Center’s Discovery Days
Discovery Days runs this summer from Jul 9-Aug 27. Every Tue from 10a-12p, children ages 5-12 and their guardians enjoy story time, learning through exploration and discovery and craft projects to take home. Each Tuesday is a different topic, so join us for one or more. $10/family. Register at wwu.edu/SEA.
Salmon Day
Tue Jul 9 10a-12p $10
Sensational Seaweed
Tue Jul 16 10a-12p $10
Microscopic Life
Tue Jul 23 10a-12p $10
Low Tide Beach Walk
Tue Jul 30 10a-12p $10
Octopus’ Garden
Tue Aug 6 10a-12p $10
What’s in a Shell?
Tue Aug 13 10a-12p $10
Who Eats Who: Marine Food Chains
Tue Aug 20 10a-12p $10
Adaptable Fish
Tue Aug 27 10a-12p $10

Summer Camps
SEA Elementary Marine Science Camp
Grades 3-5. Come explore the creatures and stories of the sea. We’ll study orcas and octopuses, salmon and sea cucumbers, tiny plankton and towering kelp. Participants marvel at the mysteries beneath the water’s surface and enjoy hands-on explorations with marine plants and animals large and small. Have your child bring their questions and detective skills as we expand our knowledge and ponder puzzles. What challenges do sea creatures experience? What can we do to help these amazing organisms? Dress for adventures: we are learning outdoors during low tide at Liberty Bay. Creative time in art and writing each day helps us celebrate and share our knowledge of the sea. 9a-4p. Register at wwu.edu/SEA.
Mon-Fri Jul 15-19 $150

SEA Middle School Marine Science Camp
Grades 6-8. What is happening in Liberty Bay? Explore, discover and get wet! With Liberty Bay just outside our back door, marine life comes alive with science based hands-on field investigations, activities and crafts. A week at SEA Discovery Center provides a window into the connections between the tiniest plankton to the largest whales and everything in between. This program is led by experienced middle school and NaVSEA educators with a focus on fun, wonder and marine science. 9a-4p. Register at wwu.edu/SEA.
Mon-Fri Jul 29-Aug 2 $150

SEA Family Marine Explorations Camp
Entire family (up to 5 members) – must have at least one adult (18 years or older). Get the family together to explore Liberty Bay and the marine life at SEA! Learn about the Pacific Northwest marine environment and what amazing things live here. Prepare for some excitement (and mud) during our low tide beach excursion. 10a-3p. Register at wwu.edu/SEA.
Mon-Wed Aug 12-14 $75

SEA Marine Detectives Kids Camp
Grades K-2. What lives in the Puget Sound, the marine water all around us? Participants put on their detective caps to explore and discover clues on how life works in this watery world. Through stories, crafts and engaging activities evidence arises to solve this underwater mystery. 9a-12p. Register at wwu.edu/SEA.
Tue-Thu Aug 6-8 $60
PRIVATE PIANO LESSONS
AGES 7-ADULT OR AS ARRANGED WITH THE INSTRUCTOR.

Megan Hennings. Have you always wanted to play that certain tune? Unravel the mysteries of the piano? Now is your chance to learn! We’re offering holistic music instruction with an emphasis on creating an enjoyable learning experience. Cultivation of a life-long love of music is our highest priority. Course content tailored to suit your individual interests, with teaching goals most often including development of independent learning skills and strong playing skills.

Format: private instruction with scheduled group lessons. Half-hour instruction once per week with 45-minute lessons available for more advanced students. Lessons are held on Tue, Wed, Thu and Fri. Fee includes event fees for up to 4 events per year. Daytime slots available for adult and non-traditional students as well. Materials are not included in class fee.

Please call the Recreation Center at 360-779-9898 to arrange lessons. Recreation Center Piano Studio.

Spring quarter: Tue-Fri Apr 9-Jun 21
(11 wks)
30 min lessons: $280 or $94 per month (due Apr 9, May 1, Jun 1)
45 min lessons: $410 or $136 per month (due Apr 9, May 1, Jun 1)

Fees will be prorated if student begins mid-session.

SUMMERTIME PIANO LESSONS: ALL AGES WELCOME!

Megan Hennings. We know that summer can be a busy time for people, but it is also a great time for piano too! During the school year you’ve built up momentum, why give it up now? Or maybe you’ve never experienced formal piano instruction and would just like to “try it out” to see what it’s like! We are offering summertime private lessons to students who might be interested in a flexible schedule. Maybe you would like to take lessons for a month or maybe you need just a week here or there. Please call the Recreation Center at 360-779-9898 to arrange the private lessons.

Tue or Wed May 7-Jun 12 $145*
Tue or Wed Jul 9-Aug 14 $145*
½ hour pre-arranged private lessons between 4 & 6 pm.

BEGINNING GUITAR
AGES 8-ADULT 6 WKS
Miss Patrice. Private lessons are 1/2 hour and designed to have an emphasis on music theory, tablature, and fun. This course will teach you the FUNDamentals of acoustic or electric guitar. We start off with the absolute basics, including parts of the guitar, how to read music, simple strumming patterns, open chords & power chords. Each lesson is individualized to how the student learns best, and progress depends much on home practice. Please come to class with a smile and a guitar in good working order. A $15 materials fee is payable to the instructor at the first lesson and includes guitar picks and book. No credit will be given for missed lessons. Recreation Center Preschool Room.

Tue or Fri May 7-Jun 21 $145
Tue or Fri Jul 9-Aug 14 $145
½ hour pre-arranged private lessons between 4 & 6 pm.

BEGINNING TO ADVANCED GUITAR
AGES 8-ADULT MONTHLY (4 LESSONS/MO)
Craig Dell. Private 30,45 or 60-minute acoustic or electric guitar lessons, designed for beginning, intermediate and advanced students. Lessons will be tailored to the student’s level and will include reading music notation, tablature, basic chords, and strumming techniques. Lessons will be scheduled between 1p and 8p on Mondays. Students must bring an acoustic or electric guitar in good working order. Music will be provided for beginning students; Intermediate/Advanced students will be asked to purchase specific books. Recreation Center Music Room.

Lessons are offered in 4-week sessions. Participants register and pay prior to the first lesson. Continuing students will need to pay for the next 4 weeks prior to it beginning in order to hold their lesson time. Missed lessons may or may not be made up at the discretion of the instructor for a maximum of 2 lessons, provided 24-hour cancellation notice has been given.

60-minute lessons $216/4 wks
45-minute lessons $168/4 wks
30-minute lessons $108/4 wks
POULSBO COMMUNITY ORCHESTRA 2018-2019 SEASON
Now in its 6th year, the Poulsbo Community Orchestra (PCO) is made up of local musicians from the Puget Sound region. Maestro Mario Alejandro Torres leads the orchestra. No audition is necessary. The 2019-2020 season began last September and continues into June. Seating is limited. To apply for PCO membership visit www.poulsbocommunityorchestra.org and select “Membership Application”. The application requests personal information and includes rehearsal and performance dates, plus other important details. Participation fees are $27 for Poulsbo residents and $35 for non-residents per season and will be billed by the City of Poulsbo upon application acceptance. Questions may be directed to personnel@poulsbocommunityorchestra.org.

Rehearsals are Monday nights, 7-9 pm, September 17th thru June 8th in Poulsbo’s North Point Church.

Concerts are performed at North Kitsap Community Auditorium.

Classical Pops Concert is on Sunday, June 14th at 3 pm. Admission is free!

EDUCATED FEET
DANCE CLASSES IN POULSBO!

A LITTLE BIT COUNTRY 4 WKS
Take both classes and you’ll have all tempos covered!

COUNTRY SWING
This simple “4 count Swing” style is very versatile! Easy walking footwork and steady four count patterns make it popular with not only Country but all types of current music and any tempo you can comfortably keep up with. Many Swing dancers love the arm-work involved with swinging, wrapping, and turning their partners.
Thu Apr 18-May 9 6:30-7:30p $48*
COUNTRY 2 STEP
Often called the “Texas Two-Step” or simply the “Two-Step,” this is a lively and popular dance style with plenty of turns! Travels counterclockwise around the dance floor and is usually danced to Country music but fits other genres as well. Dance medium-fast tempos in this smooth version using a “Quick, Quick, Slow, Slow” rhythm.
Thu Apr 18-May 9 7:30-8:30p $48*

GEORGE & JAN BAHR ARE OFFERING DANCE CLASSES AT PEARSON ELEMENTARY!

TANGO BASICS 4 WKS
George & Jan Bahr. This is the class to start with for the American style Tango. This is one of the easier Latin dances to learn! You will learn the basic steps and turns that will prepare you for the dance floor and for taking additional classes. Pearson Elem Gym.
Mon Apr 1-22 7-8p $39*

WEST COAST SWING 4 WKS
George & Jan Bahr. This is a different dance than the East Coast Swing. West Coast Swing is generally danced to slower music and can be a very fun and sexy dance. This session will consist of 2 beginning and 2 intermediate lessons. It is recommended that you have a partner and some previous dance instruction/experience. Pearson Elem Gym.
Mon Apr 29-May 20 7-8p $39*

MORE WEST COAST SWING 4 WKS
George & Jan Bahr. For those with West Coast Swing experience, this session will continue with intermediate dance moves and practice. This is a different dance than the East Coast Swing. West Coast Swing is generally danced to slower music and can be a very fun and sexy dance. It is recommended that you have a partner and some previous dance instruction/experience. Pearson Elem Gym.
Mon Jun 3-24 7-8p $39*
ADULT PROGRAMS

IMPROVISATIONAL THEATRE
AGES 16-ADULT  3 WKS
Sandi Spellman. All levels welcome! This series will cover the concepts, foundations, and practice of improvisational theater. After an introduction and overview, we will dive in and PLAY! Each week will build on the previous class(es) to teach a basic tool-kit of improv skills. The focus will be on “doing” rather than watching...the only way to understand improv is to be willing to jump in and participate! Improvisational theater IS true theater and while the magic created may well be funny, the goal is to explore the truth of the human experience in a positive and supportive environment. Hand-outs will be provided to outline each class (no time wasted with note-taking!) InMotion Performing Arts Studio, Poulsbo.
Sun Apr 28-May 12  3-5p  $56*
Sun Jun 2-16  3-5p  $56*

PASTEL PORTRAIT PAINTING & DRAWING  6 WKS
Julia Turk. For all levels, beginners upward. Learn to draw life-like portraits of family, friends, and other people, working from photographs. Students will discover how to use pastels effectively to create a portrait that will be admired with pleasure. The shape of the face, placement of features and other identifying characteristics will enable students to draw a portrait, as the possibilities are endless with a little creativity and imagination. Materials list will be provided at registration; students may also supplement their colors with Julia’s pastels. Recreation Center Classroom.
Wed May 22-Jun 26  9:30a-12p  $116*

PAINTING WITH WATERCOLOR  8 WKS
Julia Turk. Oils on canvas are very rewarding and not difficult to apply, and the results are amazing and will last a lifetime. Landscapes, portraits, still life and pets are some of the subjects that Julia can help you paint, whether you are a beginning or intermediate student. Developing your own unique style is the key! We hope you will join us to continue your journey into oil painting! No class May 27. Recreation Center Classroom.
Mon May 20-Jul 15  6-8:30p  $149*

OIL PAINTING  8 WKS
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Mon May 20-Jul 15  6-8:30p  $149*

Julia Turk specialized in Life Drawing at the Ruskin School of Art, Oxford University. She also studied at St Martins School of Art, Soho, London, the Rhode Island School of Design, and six months at the Leighton Portrait Studio in San Francisco under Margery Lester. Julia attended photography college at the London School of Printing, and she is a qualified Sign painter. Julia has exhibited her oil paintings at the following locations - The Ariel Gallery, New York; the Fusion Gallery in Miami during “Art Basil” month; the Chalk Farm Gallery in Santa Fe, New Mexico; the Roby-King Gallery in Bainbridge Island and several other smaller galleries. Julia is a member of Poulsbo Art League and exhibits locally. She recently added to her oil painting skills and pastel portrait knowledge by studying advanced watercolor techniques with John Adams here in Poulsbo.

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PR OWNER: JENNY WICKHAM
360.779.9898

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ADULT PROGRAMS

FAST AND LOOSE WATERCOLORS:
PAINTING THE PACIFIC NORTHWEST 4 WKS
Donna Russell. This class is for both the absolute beginner and the more advanced painter who wants to paint in a freer style. Drawing skills are not required. (Really!) It will help you paint faster, more creatively, and have more fun. Donna is a member of the Poulsbo Artist League and the Bremerton Art Guild; her art hangs throughout Kitsap County. Students will need to purchase their own materials; a materials list will be provided upon registration. No class May 16. Recreation Center Classroom.

PAINTING THE PACIFIC NW I – FOREST
Thu May 2-30 6-8p $78*

PAINTING THE PACIFIC NW II – THE COAST
Thu Jun 6-27 6-8p $78*

WATERCOLOR WORKSHOPS
1 CLASS
Donna Russell. These classes are for true beginning watercolor students or for those who want to learn different techniques with watercolor. Participants will have the opportunity to work on paintings they have brought from home or start new projects with the instructor. Donna is a member of the Poulsbo Artist League and the Bremerton Art Guild; her art hangs throughout Kitsap County. Students will need to purchase their own materials; a materials list will be provided upon registration. Recreation Center Classroom.

PAINT YOUR PET
Wed Apr 17 6-9p $38*
Mon Jul 22 10a-1p $38*

DEER, ELK & MOOSE WITH AN ASIAN FLAVOR
Mon Jul 1 10a-1p $38*
Thu Aug 15 6-9p $38*

PAINTING POULSBO
Mon Jul 15 10a-1p $38*
Thu Aug 22 6-9p $38*

SMALL LIFE (PLANTS & INSECTS)
Mon Jul 29 6-9p $38*

WATER, SKY & MOUNTAINS
Mon Aug 12 12-3p $38*

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www.cityofpoulsbo.com
ADULT PROGRAMS

ACRYLIC PAINTING WORKSHOPS  3 WKS
Lauiann Atlee. Acrylics are a popular medium that is very versatile and easy for beginning artists to use. Learn how to work with acrylic paints on canvas. Students will explore different techniques and master new skills working in this medium. More specific series information will be available online. Students will finish several paintings. Recreation Center Classroom.

Wed  Apr 17-May 1  1-3p  $124*
Wed  May 15-29  1-3p  $124*
Tue  Jun 25-Jul 9  6-8p  $124*
Tue  Jul 30-Aug 13  6-8p  $124*

ACRYLICS-AN INTRODUCTION TO KNIFE PAINTING
Lauiann Atlee. Paint using blended brush techniques and artist knives. Instruction and practice of loading, strokes and techniques with brushes, artist knives and palette knives. Participants will leave with a completed piece of art. Paint and canvas included. Recreation Center Classroom.

Tue  Apr 23  6-9p  $44*
Thu  May 28  6-9p  $44*
Tue  Jul 16  6-9p  $44*

PAINT SWIPING: FLUID ACRYLIC ART- A NEW STYLE
Lauiann Atlee. Learn the art of swiping using fluid acrylic paints. This technique creates cells that are unique and fun to watch emerge! Students may complete more than one canvas in this class. Paint and canvas included. Recreation Center Classroom.

Tue  May 14  6-9p  $49*
Tue  Jun 11  6-9p  $49*
Tue  Aug 20  6-9p  $49*

DRAWING ON THE RIGHT SIDE OF THE BRAIN  4 WKS
DRAWING UNPLUGGED: TRICK YOUR INNER ART CRITIC- YOU CAN DRAW!
Deborah Simon. How about a drawing class for those who don’t know how to draw, believe they can’t draw, or want to improve their skills without appearing inadequate in a room full of artists? Judgment and reason are important brain functions, but they can easily overtake the quieter creative risk-taking that is invaluable in any problem-solving situation. Nurturing the sensitive, free-thinking spirit in this skill has to be done in a way that circumvents reason and tricks judgment into silence. This class features drawing lessons that will teach students to find that risk-taking part of their brains and learn how to give it a voice. Once that voice is allowed to speak, students not only see that they CAN draw, they learn how to make that subtle switch from reason to creativity in other areas of life. This is the real and lasting skill and accomplishment in drawing and art. Activities will cover perspective, positive and negative space, still life, and portrait drawing. A materials list will be available at registration. Recreation Center Classroom.

Sat  Apr 20-May 11  12-2pm  $78*

UNDERSTANDING DIGITAL PHOTOGRAPHY: BASICS  1 CLASS
Crista Dougherty. This class is designed for beginning DSLR photographers interested in learning the full potential of their cameras. Gain confidence to move away from shooting on auto and get creative control of your images. This hands-on class will cover the fundamentals for exposure, ISO, aperture, shutter speed, controlling depth of field, creating interesting compositions and facing specific challenging scenarios in photography. Students will need their DSLR camera, and a small notepad and pen or pencil to keep in their camera bag. Please bring a lunch. Recreation Center Classroom.

Thu  Jul 11-Aug 8  6-8p  $69*

UNDERSTANDING DIGITAL PHOTOGRAPHY: INTERMEDIATE  5 WKS
Crista Dougherty. This in-depth course focuses on refining your creative and technical photography skill. Through weekly assignments and group discussions, you’ll dig into making powerful compositions and learn to see the world photographically. Topics include using design elements and principles, controlling light and focus, making portraits, color theory, learning from iconic artworks and developing a personal style. Come with an understanding of exposure and basic camera controls, bring an SLR camera, and get ready to shoot great photos. Recreation Center Classroom.

Thu  Jul 11-Aug 8  6-8p  $69*
CALLIGRAPHY AND HAND-LETTERING  1 CLASS
Crista Dougherty. This class will start with the basics, covering the tools and strokes that make up modern and traditional hand-lettering styles, using calligraphy pens and brushes. You will learn letter structures and how to build on these forms to create your own alphabets. While calligraphy takes practice, it’s not as difficult as it first appears. This class will leave you with a solid understanding for the modern copperplate style. Wonderful for Do-It-Yourself Wedding invitations and Holiday Cards! Please bring a pencil, a ruler, a pad of watercolor paper, and a calligraphy pen with a pointed nib and ink to class. Recreation Center Classroom.
Sun  May 5  1-3:30p  $35*
Sat  Aug 17  10a-1:30p  $35*

PROSE, POETRY, SIZZLE & POP  5 WKS
Amy Genova. Whether an experienced poet or a beginner, students will have fun learning to put some POP in their poetry. Consider poetry the crème fraiche of literature; sprinkle in tasty bites heavy with jam. As Alexander Pape declared, “All the best words in all the best order”. Come jump off the deep end where there is only write and no wrong. Together, students will write, laugh, cry, and share a few craft lessons. Your writing and speaking will be better for it. Please bring your own writing supplies. North Kitsap High School.
Tue  Apr 23-May 21  7-8:30p  $72*

WRITING LIFE STORIES - THOUGH YOUR EYES  8 WKS
Heidi Thorsen. Capturing Memories. Reflecting on Experiences. Leaving Your Legacy. Through Your Eyes is an 8-week course in writing stories of your life. Each week a life theme is explored through activities and priming questions to help guide your writing. A two-page story is written during the week by each class member and shared with classmates the following session. Participants gain a growing appreciation of their own lives and the lives of others while documenting personal life stories. Whether for personal reflection or for families or friends, these stories become a treasure. This course will be taught by Heidi Thorsen, a career educator, a certified Guided Autobiography instructor, and core council board member of the Birren Center for Autobiographical studies in Los Angeles, CA. For additional information and resources, check out her website at tyememoirs.com. After a dynamic 8-week session, you will have definitely stretched — backward and forward. Class will be at the instructor’s home studio, located at 21205 Stottlemeyer Rd. NE, Poulsbo. Wed  May 8-Jun 26  10a-12n  $125*

Spanish instructor Will Perkins has taught Spanish from beginning through literature for many years. He has some experience teaching ESL, plus a touch of French and Latin. He has spent lots of time in Seville, Spain, and some time in different parts of Mexico. Will is offering two levels of Spanish classes this spring.

EASY SPANISH FOR BEGINNERS!  6 WKS
Will Perkins. This class is designed for those with little or no previous experience in Spanish. We will use stories, music, and conversation to build comfort with a new language. We address basic phonetics and grammar with abundant repetition. Supplemental readings and grammar exercises will be found online. There is no textbook nor materials fee, but you will need internet access to get the most out of class. No class Nov 27. NKHS classroom.
Wed  Apr 10-May 15  5-6:30p  $89*
Wed  Sep 18-Oct 23  5-6:30p  $89*
Wed  Oct 30-Dec 11  5-6:30p  $89*

INTERMEDIATE CONVERSATIONAL SPANISH  6 WKS
Will Perkins. If you have studied some Spanish, this course should help you refresh existing knowledge. We use stories, music, and conversation to shake off the cobwebs and to build new understanding. Supplemental readings and grammar exercises will be found online. There is no textbook nor materials fee, but you will need internet access to get the most out of class. No class Nov 27. NKHS classroom.
Wed  Apr 10-May 15  5-6:30p  $89*
Wed  Sep 18-Oct 23  5-6:30p  $89*
Wed  Oct 30-Dec 11  5-6:30p  $89*

FRENCH LESSONS OFFERED BY MYRIAM DESAUNOIS-MULLEN. Orientation meetings, open for drop-in anytime, 5-6:30p, to discuss with your instructor your language needs. Spring sessions, Mon, April 8th, 5-5:45p, Recreation Center, Poulsbo.

L’AVENTURE FRANÇAISE  10 WKS
Myriam Desaunois-Mullen. Are you planning a trip to a French speaking country in the distant future? If so, this will be the class for you! During this 10-week period you will learn travel-related vocabulary and conversational skills. No class May 17. Recreation Center Classroom.
Fri  Apr 19-Jun 28  5-6:15p  $109*

www.cityofpoulsbo.com
**ADULT PROGRAMS**

**L’AVENTURE FRANÇAISE 10 WKS CONVERSATION FOR TRAVEL: CONTINUING BEGINNERS/INTERMEDIATE**

Myriam Desaunois-Mullen. Would you like to continue this lovely language? This is a conversational class where you will strengthen your skills and be able to discuss topics with other students. **No class May 27.**

NKHS classroom.

Mon Apr 15-Jun 24 5-6:30p  $129*

**L’AVENTURE FRANÇAISE 10 WKS CONVERSATION FOR TRAVEL: ADVANCED**

Myriam Desaunois-Mullen. Now you are at the top! You have mastered the understanding of this language including grammar, vocabulary, and conversational skills. This class will provide more challenging topics that will make you feel like you are in a French speaking country. **No class May 27.**

NKHS classroom.

Mon Apr 15-Jun 24 6:35-8:05p  $129*

**RESTART – A NUTRITIONAL WORKSHOP FOR ALL AGES AND BODY TYPES**

Carly Michaelson, Nutritional Therapy Practitioner (NTP). Are you ready for increased energy, enhanced cognitive performance, better, more restful sleep, decreased anxiety, stabilized moods, and balanced hormones? Reboot your system with real food and balance blood sugar in this course. **RESTART is a 5-week program**—part nutrition class, part sugar elimination, part support group—an empowering combination! This program is perfect for all body types, whether your body needs a quick reset, or you’re embarking on a whole new health journey. This class is the perfect place to start.

A supply fee of $30 for cookbooks and journals is payable to the instructor at the first class. Recreation Center Classroom.

**WEEK 1** — How to prepare for your real food sugar detox challenge

**WEEK 2** — Learn about macronutrients and proper digestion.

**WEEK 3** — Learn about cravings, sugar stress and proper blood sugar balance.

**WEEK 4** — The skinny on fats and why they are vital to optimal health.

**WEEK 5** — Tools and tips on how to move forward, as well as a celebration of your successes!

Tue May 7-Jun 4 6:30-8p  $195*

**RAAB PARK COMMUNITY GARDEN: (THE P-PATCH)**

The Raab Park Community Garden (The P-Patch) is sponsored by the City of Poulsbo Parks and Recreation. The P-Patch has 51 sunny garden plots in three sizes: 10’ x 20’ plot for $55 per year, 10’ x 10’ plot for $38 per year and the 8x4x2’ plots for $32 per year. (Fee covers from March 1 through February 28 of each year). Poulsbo city residents receive an $8 discount. There is a maximum allocation of two plots per household.

Gardeners must use organic gardening practices, products and materials. Information and resources on organic gardening are provided, as well as many hand tools, water, compost, seeds and hands-on gardening expertise. Produce may not be sold but may be shared or donated to a food bank. Participants are responsible for signing a “Gardener’s Agreement”, and reading and understanding the Patch Rules, Regulations and Guidelines. They are also required to keep their plot area clean and looking good.

Winter gardening is encouraged for those renters who have a plot to start the winter gardening process in August.

**SPRING / SUMMER 2019 GARDENING**

New gardeners, please call now to rent a plot for 2019. For more information, call Parks and Recreation, 360-779-9898.
ADULT PROGRAMS

THE POULSBO TREE BOARD

The Poulsbo Tree Board was established in 1997 to advise and educate the Mayor, City Council and citizens on issues pertaining to trees in the city. This includes the promoting of responsible planting of trees on public and private property; promoting public education and proper maintenance of trees; advocating trees within the city; providing for aesthetics within the city through the formulation and implementation of tree programs; developing innovative and joint funding for tree projects from a variety of sources; and providing the Mayor and the City Council with a yearly report regarding Tree Board activities. The 7-member board is a mixture of ISA Arborists, professional educators and scientists, vegetation experts, Master Gardeners, and citizens.

TREE WALK! IT’S SPRING IN POULSBO’S URBAN FOREST

Poulsbo Tree Board members. Join us in discovering the wide variety of tree species growing in Poulsbo. We will enjoy a pleasant spring evening walk through the city’s neighborhoods and learn about significant tree species growing in our city. Flowers and emerging leaves encourage us to get out in our gardens and enjoy the beauty of Spring. Tree identification characteristics, exceptional attributes and spring tree management will be discussed. We will meet in Poulsbo, site to be announced.

Tue May 7  7-8:30p  FREE

WHAT’S WRONG WITH MY TREE?

Bess Bronstein, ISA Certified Arborist and Poulsbo Tree Board member. Do you often ask yourself if there is something wrong with your tree? Why is your tree’s foliage turning red in July? And what are those bugs coating the leaves and stems? Are the new flowers supposed to turn brown the day after they appear? Learn how to examine trees for signs to help identify problems due to insects and diseases versus those caused by poor plant management or climate issues. We will meet in Poulsbo for this hands-on field class, site to be announced.

Sat Jun 1  10a-12n  FREE

TREE WALK! SUMMER’S HERE IN POULSBO’S URBAN FOREST

Poulsbo Tree Board members. It’s finally summer, and trees are fully leafed out. We will enjoy a pleasant summer evening walk through the city’s neighborhoods and learn about significant tree species growing in our city. Discover trees with summer interest to grow in your own garden or landscape! Tree identification characteristics, exceptional attributes and summer tree management will be discussed. We will meet in Poulsbo, site to be announced.

Tue Jun 25  7-8:30p  FREE

SUMMER TREE PRUNING

City Arborist Kevin McFarland and Poulsbo Tree Board members. Join this remarkable team to learn about what summer pruning can do for your trees. Late summer is a great time to prune fruit trees as well as certain ornamental trees including dogwoods, magnolias, maples, and other flowering trees. If you have always wanted to learn how to keep your trees from sending up so many suckers and waterspouts, this is the class for you. We will meet outside, rain or shine. Site to be determined (in Poulsbo). Class is free, but fills quickly, so don’t wait to register.

Sat Jul 13  10a-12n  FREE
Joe Seals is a degreed horticulturist whose experience includes that of marketing director with the largest seed companies in the world, director of the horticulture program for LMUSD, board member for botanical gardens, All-America Selections judge, nursery owner and manager, and an editor and writer for Sunset Books and Magazine. He’s taught for various colleges including UCLA and has spoken to professional and trade horticulture groups in the US and in Europe. Joe has published one book “Essentials of Gardening,” and is currently finishing his latest book “Back to the – NEW – Basics of Gardening.” He also happens to be Poulsbo’s newest Tree Board member and has been a passionate hands-in-the-dirt gardener for more than 50 years. Mr. Seals offers the following gardening classes this spring. Please register early, as the classes fill quickly!

VEGETABLE GARDENING-A BEGINNER’S GUIDE 1 CLASS
Joe Seals. This class starts with the basics of location, timing and whether to use seeds or plants. Then we’ll cover the best ways to build a better soil and onto the “intensive” practices of raised beds, close spacing, interplanting, succession and relay planting, vertical gardening, no-till mulching and rotation. Along with a few tips on pest management. All in 2 ½ hours; bring a fast pencil. Recreation Center Classroom.
Wed Apr 10 6:30-9p $15

A CHEF’S GARDEN 1 CLASS
Joe Seals. Special fruits, herbs, nuts and vegetables for the PNW gardener who also loves to cook and wants to kick their edible garden up a few notches. Covers “better” varieties of common edibles along with the more uncommon types; all suited to the Puget Sound. Recreation Center Classroom.
Wed Apr 24 6:30-9p $15

BIRD & BUTTERFLY GARDENING 1 CLASS
Joe Seals. A beautiful slide show illustrates how to add the components – plants and otherwise – necessary to turn your landscape into a magnet for these flying beauties. Recreation Center Classroom.
Wed May 8 6:30-9p $15

WEEDS! 1 CLASS
Joe Seals. A full-on approach to overcoming the biggest complaint in gardening. Why weeds are weeds and what to do to minimize them from even happening. Recreation Center Classroom.
Wed May 22 6:30-9p $15

INTRODUCTION TO BACKYARD BIRD WATCHING
Gene and Sandy Bullock, Kitsap Audubon. Bird watching is one of America’s fastest-growing hobbies. According to surveys by the U.S. Fish and Wildlife Service, bird watching is now second only to gardening as our favorite outdoor pasttime. It even outranks hunting and fishing. Bird watching and related businesses generate some $107 billion a year in U.S. revenues. Birds are a beautiful and endlessly fascinating window on wildlife and a wonderful way to connect your family with nature, starting in your own backyard. But identifying birds from a U.S. field guide with more than 800 species can be overwhelming. There are easier ways to jump-start your bird identification skills. We’ll offer tips for beginning bird watchers and introduce some of the bird families you are most likely to see in your neighborhood. Recreation Center Classroom.

Gene & Sandy have been avid bird watchers and field trip leaders for about 40 years. For six years they traveled nearly full time in an RV, from Belize to the Arctic Circle, planning every year around bird watching. Gene is Education Chair of Kitsap Audubon and has edited the Kitsap Audubon newsletter for 12 years. Sandy has served three terms as President of Kitsap Audubon.
Thu Apr 25 6:30-8:30p $10pp/$15 per family

CANINE MASSAGE CLASS 2 WKS
Janice Hill and Alice Cramer. Bring your dog and your significant other to classes for hands-on massage techniques. Come and learn the basics of providing soothing and healthy massage for your pets. This class will teach you the basics of Swedish massage strokes for use on cats and dogs. Massaging your cat or dog can improve their circulation, help with their immune system, balance their muscles, improve their muscle strength, help avoid injury, lower blood pressure, and deepen your relationship with your animal. Learn when to massage and when not to massage, what signals your animal is giving you, and how to read their feedback during the massage. You can choose to not bring your dog and work with our “demo dog” if you would like. Students will learn how to adapt techniques for cats, but please do not bring cats to class. Participants will need to bring a towel or pad for your dog to lie on. Recreation Center Classroom.
Fri Apr 26 & May 3 7-8:30p $45*
ADULT PROGRAMS

GIFTED 101 & GIFTED EDUCATION
Do you have (or work with) a child who:
• is wise beyond their years (sometimes with everything but their schoolwork)
• can crumble into sobs, glow with intense happiness, or break down into a tantrum all within the space of a few hours
• doesn’t hear, see, or respond to anything but the narrow focus of what they are working on at the time (usually with anything except housework)?

They may be gifted. Add to that an inability to read, organize themselves, and/or near OCD behavior at times, and they may even be twice-exceptional (yes, it is possible to be gifted AND have a learning disability at the same time). Beyond labeling, applying the words gifted or twice-exceptional to these intense little humans will help both them and us learn to cope with who they are. After all, a gifted child doesn’t stop being gifted when they leave school for the day or when they grow up. It’s who they are and how they see the world.

GIFTED 101
Deborah Simon. Come learn about giftedness and twice-exceptionality (2e) and how the gifted/2e mind works. We’ll talk about raising gifted/2e kids, being a gifted/2e kid, and how gifted/2e kids grow up to be gifted/2e adults (and parents!). We’ll explore intensities, quirks, and characteristics. And you’ll leave with resources, ideas, and assurances that you’re not alone in this journey. Recreation Center Classroom.
Tue Apr 9 6:30-8:30p $20 per class+ +Register for both Gifted 101 and Gifted Education and pay $35 for both.

GIFTED EDUCATION 1 CLASS
Deborah Simon. Teaching gifted/2e kids is more than just deciding what classes they will take in which school program. Will (can) you homeschool? What about online classes/schools? Or mentoring? We’ll talk about lifelong options for gifted/2e students, and investigate avenues for these amazing little learners. You’ll leave with resources, ideas, and a renewed sense of excitement for your role in your student’s life.
Tue Apr 30 6:30-8:30pm $20 per class+ +Register for both Gifted 101 and Gifted Education and pay $35 for both.

Kitsap Humane Society’s
PETS WALK
Presented by Poulsbo Animal Clinic
June 22, 2019 | Downtown Poulsbo
Registration opens April 22!
Go to kitsap-humane.org
USING ART TO TAKE POUNDS OFF!  1 CLASS
Dr. Sandra Cross. A terrific spring workshop to explore a new way to involve ourselves with a focus on our creativity to get more fit.

This is a three-hour workshop to introduce, review, explore, & discuss using bestselling author Julia Cameron’s (The Artist’s Way books) brilliant approach to weight loss. Our workshop will center on her book, The Writing Diet, as well as research from: Geneen Roth (When Food is Love, & Feeding the Hungry Heart), & Barbara Edelstein, M.D. (The Woman Doctor’s Diet for Women Only). In addition, we will begin looking at other creative activities as tools. Come and see if this may be a key to gain “access to your own creativity and shed pounds as a result.” (Christiane Northrop, M. D.) Class held at 19829 Hamilton Ct. NE, Poulsbo; studio above garage.
Sat May 11 1-4p $40*

JUST FOR YOU: FULLY RIPE LIVING!  4 WKS
Dr. Sandra Cross. A great summer class to renew, restore, and revive! The class is based on research of women living ripe, full, delicious lives. Each week will offer a combination of presentations, activities, meditations, discussions, & sharing times to help each of us go deeper into what makes our lives abundant, juicy, & rewarding. Topics will focus on: Nurturing your relationship with Nature; Expanding Your Imagination & Creativity; Falling in Love with Your Life through an Open-Heart Approach; and Integrating Gratitude through Mindfulness, Blessings, & Celebration of the Everyday. Class held at 19829 Hamilton Ct. NE Poulsbo; studio Office above garage.
Thu Jul 11-Aug 1 6-8p $139*

HOW TO BUILD A FREE WEB SITE & BLOG!!  2 CLASSES
Jami Sipila, owner of local video production & media company, LondonBLUE Studios. In this class, you will learn how to set up an account with Wix.com, learn basic navigation of the editor and how to work within templates. We will create “Home”, “Contact”, “About” and “Blog” pages to make it a functional web site for you or your business. You will also learn about adding different types of content including text, pictures, and video. Some computer and internet knowledge are required. Information will be taught as a class, not on a one-on-one basis, so please be prepared for a small classroom environment. It is recommended that you plan to take notes through the lesson. You should bring a laptop & have an email account (any provider) to follow along but are welcome to come and take notes if you don’t. For class questions, please feel free to contact Jami directly by emailing her at LondonBlueStudios@gmail.com. (See LondonBlueStudios.com & MickeysMagicalAdventures.com for examples). Recreation Center Classroom.
Thu Apr 18 & 25 12-2:30p $92*
Tu/W Jul 23 & 24 7-9:30p $92*

Marilyn M. Miller is a registered investment adviser, dba Federal Benefits Advisors, in the State of Washington. She is licensed for life, annuities, long term care, final expenses and disability insurance in WA.

SOCIAL SECURITY: WHAT YOU SHOULD KNOW BEFORE YOU RETIRE.
Marilyn Miller. As if navigating Social Security isn’t daunting enough; employees at Social Security are not trained or allowed to give advice on the numerous benefit options available. There are 2,728 rules for Social Security benefits as well as 567 ways to claim benefits. All the changes put into law Nov 2015 will be discussed. With life expectancy increasing, retirees outliving their income is a major concern. With the number of claiming options that can impact an applicant’s income, it is critical to have somewhere to turn for guidance. This seminar will provide the information for making informed decisions. As a follow up to the course, if requested, attendees will be provided with a written report of their options. Course includes workbook materials. There is no cost for the report, but attendee will need to schedule a time to meet with Marilyn in her Poulsbo office for review. Recreation Center Classroom.
Thu Apr 18 6:30-7:30p $25
Sat May 11 10-11a $25
Tue Jun 18 6:30-7:30p $25

360.779.9898
ADULT PROGRAMS

Don Soderquist, CMFC, Financial Advisor with Waddell & Reed, is offering the following financial and investment classes to the community this spring and summer. For questions regarding the workshops, please contact him at (360) 613-7030. Everyone who attends will receive a free full-color workbook.

YOUR RETIREMENT – WHAT TO EXPECT AND HOW TO PLAN
As retirement nears, create a plan designed to ensure your income will last as long as you do. We will help you know what to expect in retirement and guide you through the steps so you can head confidently into the future. Parks & Recreation Classroom.

Tue  Apr 16  6-7:30p  $10

LONG-TERM CARE
This presentation discusses the ins and outs of long-term care, the reasons it is needed and how to plan for it financially. Careful financial planning can help protect you and your family from debilitating bills associated with long-term care. Parks & Recreation Classroom.

Mon  May 13  6-7:30p  $10

YOUR RETIREMENT INCOME – MAKING IT LAST AND ENJOYING IT
As you stand at the eve of your retirement, feel confident that your assets can last as long as you do and that you are positioned to enjoy the retirement you’ve always envisioned. Parks & Recreation Classroom.

Wed  Jun 26  6-7:30p  $10

MONEY MANAGEMENT: IDENTIFYING ISSUES AND OPPORTUNITIES
Planning for a sound financial future starts with basic money management. This seminar covers money management basics, managing financial risks, retirement funding and how to begin the financial planning process. Parks & Recreation Classroom.

Mon  Aug 5  6-7:30p  $10

ARBOR DAY
April 13, 11 am
Centennial Park
2019 ANNUAL TREE-PLANTING DAY
CityOfPoulsbo.com/parks-recreation-poulsbo-tree-board/

Register Online!
CityOfPoulsbo.com/register
Breathtaking Tours & Adventures!

See orcas, humpbacks, and tour the San Juan Islands on our family-run boats. Four-hour and daylong cruises from Port Townsend. **We guarantee you'll see whales or your next trip is free!**

**Guaranteed Whale Sightings**

San Juan Island Whale Watching Tours
Four Hour Whale Watching Tours
Gray Whale Tours
Bird Migration Cruises
Custom / Specialty Cruises

**Reserve online** PugetSoundExpress.com | 360-385-5288

Point Hudson Marina, 227 Jackson Street, Port Townsend, WA 98368
ADULT PROGRAMS

SEA Discovery Center's Summer Lecture Series
All welcome. Each week, experts speak about issues and research investigations relevant to the marine environment in the Puget Sound and greater Salish Sea. Possible topics include the health of Liberty Bay or the Salish Sea, ocean acidification, microplastics and Olympia Oyster restoration. The final session features SEA Discovery Center interns presenting on their research.

Wed  Jul 10-Aug 28  6p  Free

Academy for Lifelong Learning on the Peninsulas
Short, university-level courses in the fine arts, humanities, current events and politics, as well as natural and social sciences. Make new friends and better your brain in an energizing environment. There are no entrance requirements, tests or grades; this is learning simply for the joy of learning. Classes are held in variety of locations and led by engaging instructors, recruited from a diverse pool of current and retired faculty as well as professionals and scholars from the community and taught in a style that encourages interdisciplinary exploration, discussion and exchange of ideas.

ALL courses are offered year-round and convene for three to six weeks, mainly on weekdays. Class sessions are 60-90 minutes in length. Interested adults from all facets of life, working or retired, are welcome to participate. For more information, please visit www.edu/ALLPeninsulas.

Western Lecture Series
Engaging speakers and scholars deliver talks on a variety of academic subjects and world affairs. Presentations are designed to expand your knowledge base, provoke thought, enhance understanding and inspire creativity. Every lecture introduces a distinct and interesting topic. Offered throughout the year in a variety of locations, Western Lecture Series is free and open to the public. Registration is not required. For more information, please visit ee.wwu.edu/WLS.
The Recreation Center is a great place to enjoy fitness classes. The fitness room is air conditioned with a padded floor and large mirrors. Locker rooms and limited showers are available. Bring a water bottle and a towel and/or exercise mat for floor work. Purchase a punch card for use in all classes: 10 classes - $56; 15 classes - $72. Drop In: $8. City residents receive an $8 discount on punch cards.

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<tr>
<td>8:10-9:10am</td>
<td>TNT: Tighten &amp; Tone (Lori)</td>
<td>Yoga Basics (Lori)</td>
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**YOGA BASICS**
Lori Whiting, ACE. A revitalizing mind/body workout designed to increase flexibility and strength through yoga postures, using yoga blocks and straps to modify postures and focusing on proper alignment. We’ll work on balance and use breathing and relaxation for stress relief. All levels welcome.

**TNT – TIGHTEN ‘N TONE**
Lori Whiting, ACE. This class will help to define and tone muscles and speed up your metabolism using resistance bands and dumbbells. Core conditioning exercises will help shape and define your physique and strengthen back muscles. We’ll finish with stretching to increase flexibility and relaxation and breathing to relieve stress. All levels welcome.

**YOGA**
Drew Kunz. Explore and strengthen the body through alignment, breath, and mindfulness to help develop a healthy, sustainable Yoga practice. Casual and slow paced with lots of time to dive deep, transform and unfold. Ideal for beginners, those with injuries and/or those just wanting to deepen their practice.

**CHAIR YOGA NEW CLASS! 6 WKS**
Jolene Culbertson. Come join others in a fun and educational yoga class using a chair for support. Perfect for anyone challenged by balance, flexibility, difficulty getting on or off the floor, weight issues and/or medical conditions causing weakness or tremors. Jolene Culbertson is a ARNP, RYT 500 with 40+ years of both medical and yoga experience. No class May 10, 24, and 31; or Aug 23. Recreation Center.

**YOGA**
Jolene Culbertson, RYT 200. Gain greater flexibility and strength with a focus on basic yoga postures, alignment, and breath in a non-intimidating environment. This class is perfect for all levels of experience and fitness.

**Brazilian Jiu-Jitsu & Yoga**

**Warrior Buddha**
Your First Class Is On Us!
20301 Bond Rd NE Ste. 100 & 200, Poulsbo, WA
WarriorBuddhaBJJ.com | @WarriorBuddhaBJJ
ADULT FITNESS & SPORTS

WEIGHT ROOM
The Recreation Center offers separate weight room and cardiovascular equipment for the community’s use. There are various weight lifting machines including a Hoist V-5 multi-station machine with leg press attachment; a Powertec multi-station machine using free weights, and a Parabody Safety Squat Rack with Lat and Row attachments. We also have a Precor Elliptical. Youth 16 years or older may use the weight room with a waiver signed by their parent. $29* / mo for individuals / $5 drop in. $49* / family per month.

RACQUETBALL
The Recreation Center has two fully enclosed courts available for play on a reservation or walk-in basis. Courts may be reserved on a first come basis two days in advance during prime-time hours, or day of play by phone or in person. Court time can be scheduled from 8a-6:30p Mon-Thu and 8a-5p on Fridays. No black-soled shoes or street shoes are allowed on the courts. $8 per hour or a 10-hour punch card for $70. Racquets and balls available for rent for $1 per hour.

WALLYBALL
A fast game of volleyball on a racquetball court, this game is for 6-8 people, and is gaining interest and participation in the area. Reservations are made similar to racquetball, by calling in a reservation for a court and the equipment. Court time can be scheduled from 8a-6:30p Mon-Thu and 8a-5p on Fridays. A complete set of rules is also available. $10 per hour or a 10-hour punch card for $85.

PICKLEBALL!
Stop in and tryout a recreational sport created right here in the Northwest! Pickleball is played on a 20’X44” court, over a 36” net. We will use a drop-in fee on site, cash only, to cover expenses for the gym. Bring your own paddles and balls or rent a pair of paddles and a ball for a buck! Kingston Middle School gym. Sundays 3:30-5:30p $3 drop-in Fees are paid at the gym.

BASKETBALL: ADULT OPEN GYMS
Do you have time for Sunday evening basketball? Our Open Gyms are geared for our 30+yr-olds, but those 18 years & older may participate. Everyone plays! Good sportsmanship is required. Poulsbo Middle School Gym. Sundays 6-8p $3 drop-in Fees are paid at the gym.

SELF DEFENSE WORKSHOP FOR WOMEN
PERFECT FOR YOUNG WOMEN HEADING TO COLLEGE!
AGE 13 THRU SENIORS 1 CLASS
Mike Cain. Learn how to protect yourself in this informative class taught by martial arts instructor, Mike Cain. Class includes hands-on instruction in how to defend against choking, punching, grabbing, and pushing. No hard hitting or throws. You will learn about pressure points, joint locks, and practical application for self-defense. There is controlled contact as you learn the various moves. We will work within your physical limitations. Great for young women headed to college. Recreation Center Gym/Classroom.
Fri May 10 10a-1p $38* Sat Jun 29 10a-1p $38* Sat Aug 10 10a-1p $38* Sat Sep 28 10a-1p $38* Looking for a private Self Defense class with Mr. Cain for yourself, your group or business? Give us a call to schedule one, 360-779-9898. $145 per 3-hour class, maximum of 8 participants.

SHO-REI-SHOBU-KAN OKINAWAN GOJU-RYU KARATE-DO
AGES 8-ADULT 4WKS
Charles Todd. This is a traditional Okinawan style of Karate as referenced in the Karate Kid movies. Instructor will work with students at all levels. Students will learn self-discipline as an effective means of self-defense. Focus on building strength, discipline, and moral character. Students will learn basic techniques associated with this karate style. Learn how to deescalate an awkward situation and be more aware of your surroundings. A great way to get in shape, fun for the whole family! Students will need to purchase a Gi (karate uniform); information for purchase will be available from the instructor at the first class. Charles Todd is a 4th degree black belt and a certified instructor under the Sho-Rei-Shobu-Kan organization. Mr. Todd has been active in Karate for over 35 years. No class May 25. Recreation Center Gym.
Wednesday 6:45p-7:45p Saturday 10a-12n Saturday & Wednesday $85* per 4-week session Saturday only $55* per 4-week session Students must register by the Wednesday PRIOR to class start date.

SPRING Session 1 Apr 3-27 Session 2 May 1-Jun 1
SUMMER- SATURDAYS ONLY Session 4 Jun 8-29 Session 5 Jul 6-27 Session 6 Aug 3-24

www.cityofpoulsbo.com
ADULT FITNESS & SPORTS

Kickboxing instructor Russ Middleton was a student at the Evolving Body Mind Kung Fu Academy of Oakland CA (EBM) www.kungfu.net for over 20 years. Russ is an expert in San Shou, Hsing I and Northern Shaolin. Russ began his training at EBM with Northern Shaolin under David Tircuit, then became the first San Shou competitor on the Oakland San Shou Team under Brent Hamby. As a San Shou fighter in the 80-kilo class, Russ holds several titles including USAWKF National Champion and has competed in professional San Shou in China and has served as a US San Shou Team member in 2003 and 2005 in Macau and Hanoi. Russ is one of the very few non-Chinese fighters to win a pro San Shou fight in China.

TRADITIONAL CHINESE KICKBOXING NEW CLASS!

Russell Middleton. In this class you will learn the fundamentals of San Shou style kickboxing. San Shou is a style of kickboxing that originates in China. The focus of San Shou is free standing kickboxing techniques; kicks, knees, elbows and punches, while incorporating take-downs and throws. The dynamic interplay of kickboxing with wrestling and grappling moves make it a unique and powerful form of self-defense. Emphasis will be placed on safety, instructing proper technique, and developing strength and flexibility. Class Materials/Attire: The instructor will provide kicking and punching pads. Participants are required to bring their own boxing gloves. 14-16-ounce gloves are recommended and there are many affordable gloves online. Recommended attire is loose fitting shorts and a comfortable t-shirt. Shoes are not worn. Recreation Center Gym.

M/W Jun 3-24 7-9p $99*
M/W Jul 1-22 7-9p $99*
M/W Aug 5-26 7-9p $99*

SLOWPITCH SOFTBALL: ADULT MIXED TEAMS!
Modified USSSA Slowpitch on North Kitsap fields. This a great recreational league, bringing many fun people out for sport. USSSA mixed rules apply; even numbers of women and men must be on the field at all times. Capable kids can play with their parents. Some practice and scrimmage dates will be available starting Jun 17. NO smoking. NO alcohol. Good Sportsmanship. 20 teams, 12 games minimum. Games will be double-headers and will be played weekday evenings until dark. North Kitsap Softball Fields. Deadline to register June 21st!
Weekday games: Mon, Jul 8, thru Aug 16
Team fee: $650
Individuals seeking a team, we’ll build a team: $65

SAILING COURSES FOR THE ADULTS!!
AGE 17 AND OLDER 3 CLASSES
US Sailing Certified Instructors. Find new opportunities to enjoy the waterways of Puget Sound by learning how to sail in a fun and responsive centerboard dinghy. All courses are taught by U.S. Sailing Instructors and are for adult sailors ages 17 and older.

All dinghy classes will include a swim test and capsize recovery practice using an F. J. or similar class centerboard dinghy. Register early, as class size is limited. Participants must provide their own Coast Guard approved lifejackets. Minors must have a waiver signed by their parent before participating. Classes will be held at the Port of Poulsbo (near boat ramp).

2-MAN DINGHY SAILING
Mandatory swim test/capsize drill first day. Bring a change of clothes!
Port of Poulsbo, by the boat ramp

SESSION 1:
Tu/W/Th Jul 16, 17, 18
5:30-8:30p $99*
Sat, Jul 20 is makeup date 9a-12n

SESSION 2:
Tu/W/Th Jul 30, 31, Aug 1
5:30-8:30p $99*
Sat, Aug 3 is makeup date 9a-12n

SESSION 3:
Tu/W/Th Aug 13, 14, 15
5:30-8:30p $99*
Sat, Aug 17 is makeup date 9a-12n
LEARN TO ROW WITH KITSAP ROWING ASSOCIATION

Have you seen our boats out on Liberty Bay and wanted to try rowing? Curious about the fastest growing sport in America, but weren’t sure where to start? Kitsap Rowing Association (KRA) is offering Learn to Row (LTR) classes for anyone who has never rowed in a 4- or 8-person shell before, and has an interest in learning the sport. Rowing is a non-impact lifetime sport, and our club has members ages 18 – 70+. Rowing utilizes all of the body's major muscle groups and provides for both a strength and cardio workout. The sport is team oriented and lots of fun. We have a great location at the Poulsbo Marina and row year-round both in the mornings and early evenings. LTR Participants should have no active knee or back issues, be able to lift 30 lbs. overhead, do a squat, and have knee and back flexibility to get in and out of a shell. Each 12-hour class consist of 3 sessions: one on-land and 2 on-water sessions. The goal of the LTR is to teach you the basics of rowing in preparation to join our regular rowing sessions.

As a member of the US Rowing Association, KRA supports both recreational rowing and competitive rowing. If you have rowed before or would like to cox or coach, please contact us directly. For more information please visit: www.kitsaprowing.org.

SESSION 1  $199*
Wed Apr 10 On Land: 6-8:30p
Sat Apr 13 On Water: 6-11a
Sun Apr 14 On Water: 6-11a

SESSION 2  $199*
Wed May 8 On Land: 6-8:30p
Sat May 11 On Water: 6-11a
Sun May 12 On Water: 6-11a

SESSION 3  $199*
Wed Jun 5 On Land: 6-8:30p
Sat Jun 8 On Water: 6-11a
Sun Jun 9 On Water: 6-11a

SESSION 4  $199*
Wed Jul 17 On Land: 6-8:30p
Sat Jul 20 On Water: 6-11a
Sun Jul 21 On Water: 6-11a

SESSION 5  $199*
Wed Aug 21 On Land: 6-8:30p
Sat Aug 24 On Water: 6-11a
Sun Aug 25 On Water: 6-11a

SESSION 6  $199*
Wed Sep 18 On Land: 6-8:30p
Sat Sep 21 On Water: 6-11a
Sun Sep 22 On Water: 6-11a

HIKING 101 WITH JANET SEDY
AGES 16 YRS+ (AGES 12-15 MAY PARTICIPATE WITH PARENT/LEGAL GUARDIAN ENROLLED)

Have you been wanting to go hiking, but have never been and don’t know how to start? This course will teach you all the basics needed and allow you to experience three guided hikes with increasing challenge. When you complete this course, you will have the knowledge and skills necessary to day hike on your own. The course will feature 2 classroom sessions and 3 hikes. The first classroom session will cover: Equipment and the Ten Essentials, Safety, Leave No Trace, Trail Etiquette, and Resources. The second classroom session will be conducted outside and cover Map and compass skills and Trail First Aid. Hikes will be scheduled on Saturdays. There will be a small materials fee for handouts, paid to instructor first class. Instructor prefers students wait until after first class to make purchases.

Classroom dates/locations:
1st class: Recreation Center Classroom
Mon Jun 17 7-8:30p

2nd class: Raab Park Pavilion
Mon Jul 22 7-8:30p

Hikes: All participants are responsible for their passes and transportation to/from start point

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<td>Steam Donkey, Estimated time – 3 hours</td>
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<tr>
<td>Sat 13 July</td>
<td>Green Mountain, Estimated time – 4 hours</td>
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<td>Sat 27 July</td>
<td>Lower Lena Lake, Estimated time – 6 hours</td>
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Course fee: $129*
SENIOR PROGRAMS

SMART PHONE 101
Crista Dougherty. Is your phone smarter then you?
In this class, students will learn the basics about Smart Phones. Phone settings, apps, contacts, photos, text messaging, maps and of course, using it as a phone. Bring your phone and your questions. Recreation Center Classroom.
Mon Apr 15 1-3p $15
Mon May 20 3-5p $15
Mon Jun 17 1-3p $15

SENIOR TRIPS AND EXCURSIONS
Poulsbo Parks and Recreation and Martha and Mary Health Services (MMHS) are pleased to be providing Senior Trips and Excursions for the community! This partnership will utilize MMHS’s comfortable, 16-passenger mini bus, while Parks and Recreation will continue to plan and implement fun, day-long excursions throughout the Northwest. We will also be using NW Passage Charters & Tours busses for some of the trips, as noted in the trip description (NWPCT). We will continue to utilize and enjoy the senior trip driver volunteers that you have gotten to know over the years, along with a few new ones. If you are interested in driving or chaperoning these trips, please call Mary at 360-779-9898.

To reserve a space on a trip, you may register online, come to the Recreation Center, or mail in your registration as soon as you receive your brochure. Fees usually include transportation and ferry, with admission and lunch on your own. Trips fill up quickly, so get your reservation in soon. Waiting lists will be formed for all trips filled. No credit will be issued prior to the trip UNLESS your place can be filled.

The departure and return point for all trips is the Recreation Center. Most of these trips are in a 16-passenger mini bus. We have 5 trips that utilize a 24 passenger charter bus. Typically, there is a minimum of 12-20 participants per trip.

Please be aware that sometimes our trips run a little behind schedule due to traffic issues, ferry schedules and other uncontrollable situations. Please plan accordingly. Also, these trip descriptions are as up-to-date as possible as of the print date of this catalog. Occasionally something will change slightly – a menu item, a ferry departure, and the like. We will alert passengers if we feel like the change will modify the trip in any way; otherwise, we will go with any minor changes.

** We are looking for additional volunteer drivers with a CDL and a valid DOT medical exam certificate to drive some of these Senior Trips and Excursions. Please call Mary at 360-394-9772 if you are qualified and interested. **

Walking Assessment:
1) Limited walking, but most is on flat terrain or indoors.
2) Medium walking, including some outdoor situations or possible uneven ground.
3) Quite a bit of walking, but most should be on hard surfaces.

THE ”NEW” NORDIC MUSEUM AND BALLARD LOCKS
Thu, Apr 11 7:30a-5p $57*
sales tax $5.13 Total $62.13
The Nordic Museum in Ballard is an internationally recognized museum and cultural center where people of all backgrounds are welcomed to be inspired by the values, traditions, art, and spirit of the Nordic peoples. Dedicated to collecting, preserving, and educating since its founding in 1980, the Nordic Museum is the largest museum in the United States to honor the legacy of immigrants from the five Nordic countries: Denmark, Finland, Iceland, Norway, and Sweden. Today we will have a docent-led tour of this new museum that opened in May 2018. This is the last week for the exhibition The Vikings Begin. Based on the latest research conducted on both historic and recent discoveries of Viking-era artifacts by Uppsala University in Sweden, The Vikings Begin tells the story of the Vikings of early Scandinavia (Sweden, Denmark, and Norway). After stopping for lunch, we will stop by the Hiram Chittenden Locks to see boats maneuvering between the Sound and the fresh waters of the ship canal. The grounds also feature a fish ladder and the Carl S. English Jr. Botanical Garden — one of the most beautiful park settings in Seattle. We’ll venture over there today and hope to see fall Chinook and Coho in the fish ladders. Fee includes transportation and guided tour; lunch is on your own. (MMHS Bus)

FLOWER WORLD, MALTBY FARMERS MARKET, AND THE MALTBY CAFE
Tue, Apr 16 7:45a-5p $39*
sales tax $3.51 Total $42.51
Have you ever heard of Maltby? If not (or if so) then this will be a great visit on a spring day. First, we will stop at Flower World, a 15-acre retail nursery. Try not to be overwhelmed, but instead enjoy what April brings. They grow 90% of their own plants, which means that they are fresh from the growers. Next, we’ll head over to the Maltby Café, located in the lower portion of an old schoolhouse which was built in 1937. Known for its homemade country flavor, huge portions and super
staff, the Maltby Café is consistently on or near the top of many "best of" lists in the Seattle area. The menu has a full variety of breakfast or lunch meals. After lunch we will head over to the Maltby Produce Market, where local farmers are dedicated to growing fresh fruit and vegetables for your family. Everything is locally produced. Their free-range chickens and ducks live at the market and produce fresh eggs that are for sale. They also sell cider, vinegar, dried herbs, jam, apple chips, and fruit wines. Fee includes bus transportation; shopping and lunch are on your own (MMHS bus).

SKAGIT VALLEY TULIP FESTIVAL

Sat, Apr 24
7:30a-5:45p
$82*
sales tax $7.38
Total $89.38

Everything is coming up tulips! It is time to head north to one of the premier spring events in the northwest. We will first stop at the Roozengaarde Display Garden with its 3.5-acre display. A division of Washington Bulb Co., Inc., the largest flower bulb grower in the U.S. with 1000+ acres of Skagit Valley tulip, daffodil, and iris fields. Owned by the Roozen family — tulip growers in Holland and the United States since the early 1700’s. Great photo opportunities abound. Lunch will be at the Kiwanis Salmon BBQ at a cost of $15 adult or $12 senior plate. If you are not a salmon eater, please feel free to bring a brown bag lunch. After lunch, we will drive north to Snow Goose Produce Market, an outdoor country market located on Fir Island. They offer the best in organic produce and local fare such as fresh and smoked seafood, baked breads, artisan cheeses and carefully selected wines. Fee includes bus transportation and ferry. Admission to the garden ($7) and lunch is on your own. Please bring exact change for garden admission and lunch, as the chaperone will be collecting the cash for easier entrance (NWPCT Bus).

COUGAR MOUNTAIN ZOO AND SNOQUALMIE FALLS

Sat, May 9
7:30a-5p
$61*
sales tax $5.49
Total $66.49

Established in 1972, the primary focus of the Cougar Mountain Zoo is on endangered species and education. Many of the Zoo animals have been born or raised at the Zoo and have developed a self-assured attitude toward humans, enabling visitors to take a deep glimpse into the beauty and mysteries of other life forms. Today we’ll start out with a late breakfast/early lunch before hitting the zoo. We’ll have a guided tour and enjoy a tiger tunnel encounter. We’ll visit beautiful Snoqualmie Falls before driving around Highway 18. Fee includes transportation, ferry, zoo admission and tour. Lunch is on your own. (MMHS bus).

WHITNEY GARDENS, HAMA HAMA OYSTERS AND ALDERBROOK RESTAURANT

Tue, May 14
9a-4p
$28*
sales tax $2.52
Total $30.52

A fan favorite! Come visit the majestic 7-acre gardens at the foot of the Olympic Mountains. This is the perfect time to see the most beautiful array of rhododendron hybrids and species in the Northwest. You will also see an abundance of azaleas, magnolias, maples, conifers, kalmias, camellias, perennials, trees, shrubs, and ground cover. We’ll enjoy our visit there before heading south on Highway 101 and a stop at the Hama Hama Oyster Farm to see where oysters come from. We’ll be on our way before too long, stopping in Union for lunch at the Alderbrook Resort. Only the spectacular view of the Olympic Mountains, Hood Canal’s glistening waters, and surrounding landscape of Alder, Evergreen and Cedar trees remain the same! We’ll enjoy lunch at The Restaurant, where the interior setting takes its inspiration from the outdoors with warm colors of chocolate brown and sage green representing the gardens and lawn of the resort. Floor-to-ceiling windows and multi-levels amplify views of the brilliant shore and snow-capped peaks of the Olympic Mountains. Fee includes transportation. Lunch is on your own. (MMHS bus).

CARNATION FARMS AND ROADHOUSE RESTAURANT

Thu, May 30
7:45a-4:30p
$54*
sales tax $4.86
Total $58.86

Join the group as we head over to the City of Carnation (east King County), where we will enjoy a tour at Carnation Farms. Since its founding in 1908, Carnation Farms has gone through a few transitions. The Stuart family sold the company and the farm to Nestle in January of 1985. Nestle ran the farm until 2008 when a non-profit bought it. The family repurchased the farm in 2010. Inspired by older generations, family members founded a new non-profit called Carnation Farms. The new mission aims to go back to the farm’s roots. They intend to share the 818-acre organic farm with the community. The mission is to promote environmentally sustainable practices that connect people and communities to the land through farm based and culinary education. It is hoped that these efforts will inspire healthy and balanced lifestyles and an appreciation of the history of past generations of the Carnation valley. We’ll enjoy a tour, including a visit with farm animals and learning about sustainable farming and everyone’s role in a healthy food system. After our farm visit, we’ll enjoy lunch at the Roadhouse Restaurant in Falls City. Fee includes transportation, ferry, and tour. Lunch is on your own. (MMHS Bus).
and shopping are on your own. (MMHS Bus)

Fee includes transportation and cruise. Lunch
Dramamine (or something similar), please bring some.
be prepared that boat rides can be 'rolly – if you need
bor for shopping, island cuisine, and sightseeing. Please
We will have a stop in the popular town of Friday Har-
naturalist, and a tour of the beautiful San Juan Islands.
This classic trip never gets old! Come join us as we take
sales tax $11.61 Total $140.61

A world away, but only a 30-minute ferry ride from Port Townsend, city-escapees will reunite with a laid-back visit to Whidbey Island. The Whidbey Island Scenic Isleway is painted with lovely seaside towns, famous Penn-cove mussels, art galleries and deluxe accom-
odations. Here, it’s easy to forget the sound of traf-
cell phones. Isleway communities have worked hard to maintain their rural historic charm with turn-
of-the-century military outposts, lighthouses, historic working farms, Victorian homes, bald eagles, and the sights, sounds and aroma of the sea. We’ll take the Port Townsend Ferry over to the island, and drive through Ft.
Casey, on to Deception Pass bridge, back to Coupeville for lunch and shopping, and to Langley if there is time. Fee includes transportation and ferry; lunch and shopping are on your own. (NWPCT Bus)

WHALE WATCHING VIA THE PUGET SOUND EXPRESS 3
Thu, Jun 13 7:45a-6p $129*
sales tax $11.61 Total $140.61

This classic trip never gets old! Come join us as we take a daylong cruise on the Redhead out of Port Townsend. This tour combines orca watching with an on-board naturalist, and a tour of the beautiful San Juan Islands. We will have a stop in the popular town of Friday Har-
air conditioning system, as well as an onboard head, and
the cabin’s roof is mostly glassed to allow for the best possible visibility. A 14-foot open aft deck also allows passengers to enjoy the tour from outside. As you cruise the glacier-fed Diablo Lake, you’ll learn about the surrounding wildlife habitat and enjoy views of snow-clad mountain peaks, islands, and waterfalls. Experience parts of the lake that are hidden from view when traveling the highway or trails. Your tour will come alive with stories about the early explorers and settlers in the area and the challenges of building the three Skagit River Hydroelectric Project dams and powerhouses in a very remote location. The tour ends with a delicious, organic and locally-sourced lunch at the North Cascades Environmental Learning Center on the shores of Diablo Lake. Fee includes bus transportation, ferry, tour, and lunch (NWPCT Bus).

MUSEUM OF FLIGHT – DESTINATION MOON! 2
Tue, Jun 18 9a-4p $75*
sales tax $6.75 Total $81.75

We have a little of everything today. First, we will start with a guided tour of the Great Gallery and the evolution of aviation, followed by a self-guided tour of DESTINATION MOON! Relive humankind’s most historic achievement during its 50th anniversary year! The spacecraft flown on humankind’s first journey to the Moon is the centerpiece of the Museum’s special ex-
hibition. Destination Moon: The Apollo 11 Mission, pre-
sented in partnership with the Smithsonian Institution, celebrates that historic flight. The challenge of putting the first steps on the Moon moved a nation during the 1960s, Apollo’s legacy now inspires today’s spaceflight adventurers. The exhibition takes you back with original Apollo 11-flown objects, interactives, and unique arti-
facts from the Space Race. You too will feel reason to celebrate the beginning of today’s New Space Age. Fee includes transportation, ferry and guided mu-
seum tour and Moon exhibit. Lunch is on your own. (MMHS Bus)

DIABLO LAKE AND LUNCH BOAT 2
Thu, Jul 11 6a-7:15p $129*
sales tax $11.61 Total $140.61
We have chartered a bus for this trip! Come be a part of Skagit history! Seattle City Light has been offering the popular Diablo Lake Boat Tour for more than 80 years, and now in partnership with North Cascades Institute, the tradition continues on. You will learn about the area’s natural history, biodiversity and geology, as well as the unique relationship between the North Cascades environment and the Skagit River Hydroelectric Project, which provides clean, low-cost, renewable power to the citizens of Seattle. The adventure begins by boarding the Alice Ross IV – a brand-new boat designed especially for Skagit Tours. The boat features a heating and air conditioning system, as well as an onboard head, and

22ND ANNUAL SEQUIM LAVENDER WEEKEND 2
Fri, Jul 19 9a-5p $28*
sales tax $2.52 Total $30.52

U-Pick. U-Tour. U-Free. Experience the lavender farms as part of the festival that has made Sequim world famous for 20 years. The founders of the Lavender Festival began with a vision of rolling purple fields to replace fallow dairy pasture, restoring the agricultural base of the fertile Sequim Prairie. Since then, cultivation of lavender in the Sequim-Dungeness Valley has grown into a strong, environmentally sound, agri-business. Over 110,000 lavender plants are grown each year in the area. With its myriad uses beyond sheer fragrance – cosmetic, culinary, medicinal, craft, decorative – the
magical herb has fostered dozens of small, creative ventures across the Olympic Peninsula and beyond. This tour features 8 stunning iconic lavender farms, though our goal is to stop at 4 of these farms. Each farm is a beautiful destination and a festival within itself. We will also visit the Street Faire in Sequim. Fee includes transportation. Lunch is on your own. (MMHS Bus)

LUNCH AT CRYSTAL MOUNTAIN 3
Wed, Jul 24 8:30a-5p $89*
sales tax $8.01 Total $97.01
And you thought that Crystal Mountain was only for skiing! Not so! Join us as we venture up to Crystal Mountain via a scenic gondola ride to the summit to enjoy lunch at Summit House, Washington’s highest restaurant. At 6,856’ you’ll dine with breathtaking views of Mt. Rainier and the Cascade Range. Walk the trails and take in the views. Enjoy some free time before we head home. Fee includes NWPCT transportation and gondola ride. Lunch is on your own at the Summit Restaurant (or bring a sack lunch). (NWPCT bus).

DECEPTION PASS BOAT TOUR AND LACONNER 2
Wed, Aug 7 7:45a-5:30p $89*
sales tax $4.05 Total $93.05
Deception Pass is one of the most photographed and visited places in Washington State! Join us today as we head over on the Pt. Townsend ferry to Whidbey Island to experience a natural wonder of our area. Take a unique ride on a seated open deck boat and enjoy a 360-degree unobstructed view as we pass through the waters of Deception Pass. Captain Brett is a U.S. Coast Guard certified captain who loves to share this exciting and picturesque setting with you. Look for wildlife such as bald eagles, seals, porpoises and maybe an occasional whale. Learn the tales of characters who navigated these waters and the splendor of this National Historic Landmark. Before this landmark was built, travelers had to cross on an unscheduled ferry. To summon the ferry, passengers would simply hit a mallet against a metal lumberjack saw which sounded the “BOING” to the operator. This indicated they were ready to cross, and the first woman ferry boat captain in Washington would pick them up. We’ll first visit the seaside town of Laconner, where you can stroll and enjoy lunch. Fee includes bus transportation, ferry, and boat tour. Lunch is on your own. (NWPCT bus).

LAKE CRESCENT LODGE 2
Tue, Aug 20 9a-4p $30*
sales tax $2.70 Total $32.70
As the summer winds down, there is still time to enjoy an outing in our closest national park. In the midst of trees and water, historic Lake Crescent Lodge sits. Historic Lake Crescent Lodge, built in 1916 as Singers Tavern in Olympic National Park, serves as an ideal base camp for the variety of recreational activities in the park, while allowing you to experience the charm of a turn-of-the-century resort. It is located west of Port Angeles, and in the heart of the park. We’ll drive leisurely to the park and enjoy lunch in their restaurant. A ½ mile hard-packed trail leads from the lodge parking lot through old growth forest to Barnes Creek for those who wish to walk off their lunch. We’ll also stop by SunnyFarms in Sequim. Fee includes transportation. Lunch is on your own. (MMHS Bus).
North Kitsap Community Pool
1881 NE Hostmark St. Poulsbo, WA. 98370
www.nkpool.com (360) 396-3285

Swimming Lessons
We offer an array of lessons starting at 6 months to adult. Our classes have a low instructor to student ratio. Preschool classes have a 1 to 4 ratio and youth classes have a 1 to 6 ratio. Preschool classes are for ages 3yrs to 5 yrs and youth classes are for ages 6yrs to adult. Private and Semi-private lessons are also available by request. For more information or to register please call us at (360) 396-3285.

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Morning Lessons
Spring

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Summer (Mon. through Thu. 2 week sessions)

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Swim Camp
We offer Swim Camp during non-school weekdays and school breaks. Swim Camp includes a swim lesson (2 lessons for full day camp), supervised free swim, crafts, snacks and much more! Register early to save your spot or drop in if room is available. Swim Camp is for children ages 5 to 10. The morning session is from 7:30am to 12:30pm, and the afternoon session is from 12:30pm to 5:30pm or our full day is from 7:30am to 5:30pm.

Price
- $135.00 Half Day Punch Card (5 punches)
- $220.00 Full Day Punch Card (5 punches)
- $33.00 Half Day Drop-In
- $55.00 Full Day Drop-In

Spring Dates
March 27-29 & Spring Break April 1-5.

Summer Dates
Every week during the summer starting June 24 and ends August 30.

Water Aerobics/Aquacise
Our Aquacise program is offered 6 days per week Monday– Saturday. It is an impact free form of exercise that can help improve strength, flexibility, and endurance. Aquacise classes are open to all ages. There is no registration required, drop-ins are always welcome.

We offer classes Monday through Friday from 6:30am to 7:30 am and 10:30am to 11:30 am. Tuesdays and Thursdays we have an evening AquaZumba class from 7:05pm to 8:05pm. Saturdays we have a class from 8:30am to 9:30am. Please call for more information.

Lap Swim
Lap swim availability varies from day to day and throughout each day. Please call ahead for lane availability.

Pricing
Drop-ins: Adult $5.00, Youth/Senior $4.00, Aquacise $5.25 and Family $14.50
Punch Cards (12 swims): Adult $50.00, Youth/Senior $40.00 and Aquacise $52.50
We also offer 1 month, 3 month, 6 month and 1 year passes.

The North Kitsap Community Pool is owned and operated by the North Kitsap School District
Looking for things to keep the kids busy this summer? Join organizations from around Kitsap County who offer great activities for kids to do this summer. FREE!

Viking Fest Road Race
Saturday, May 18th, 2019
Join us for our 42nd annual race!
5 mile: $19 starts at 9a
1 mile: $9 starts at 9:05a
Kids Dashes: $2 starts at 10:15a

Register for 1 & 5 mile races at GetMeRegistered.com. Register online now through Wed, May 15 at midnight. Late registration starts Thu, May 16.