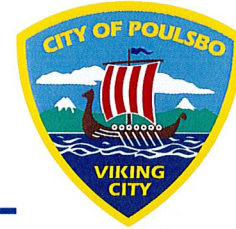


City of Poulsbo

Office of Mayor Rebecca Erickson



PROCLAMATION

- WHEREAS,** Mental Health Month has been observed since 1949 to raise awareness of mental health conditions and the importance of mental health; and
- WHEREAS,** we are all affected by mental health; one in five Washingtonians experience mental health conditions or substance use disorders, or both each year; and
- WHEREAS,** 50% of all people with mental health conditions experience them by age 14, and 74% by age 24; and
- WHEREAS,** increased focus on the prevention of mental health conditions and substance use disorders among children and adolescents through screening and early intervention helps improve lives; and
- WHEREAS,** people with lived experience of mental illness and/or substance use disorders get better, live in recovery, and provide invaluable knowledge of how to improve and transform systems of care; and
- WHEREAS,** greater trauma informed care and peer support services are needed to support and facilitate recovery; and
- WHEREAS,** the stigmas against mental health conditions remains one of the greatest barriers to improving the lives of all Washingtonians through better mental health; and
- WHEREAS,** Washington is dedicated to becoming the healthiest state in the nation by ending stigma and focusing on the integrated role of mental health in all our lives;

NOW THEREFORE, I, Rebecca Erickson, Mayor of the City of Poulsbo, Washington, hereby proclaim May 2019 as:

MENTAL HEALTH MONTH

in the City of Poulsbo and encourage all citizens to join me in this special observance.

DATED this 30th day of April, 2019.




Rebecca Erickson, Mayor