

Summer 2021

POULSBO

Parks & Recreation



360-779-9898 / CityofPoulsbo.com/Register

City of Poulsbo

Dan Schoonmaker,
Parks and Recreation Director



Welcome back to Poulsbo Parks and Recreation

We are so excited to provide you with this summer brochure full of programs, summer camps, events and courses we know you are going to enjoy! Our staff may be small in numbers, but Kris, Rachel and Pat have been putting in a tremendous amount of effort to provide you a wide variety of offerings as listed in this brochure. I cannot thank them enough and appreciate every day that we have such a dedicated team with a passion for serving this great community.

I would also like to thank you for your patience. I know we have received phone calls and emails from people waiting for our summer programming. Please know that information is changing almost daily, so we wanted to ensure we had everything just right before releasing the summer programs to you.

Some COVID restrictions are still in place, but we know that we are on our way (fingers crossed) to a full reopening. With that in mind, know that we are taking your safety seriously. Staff and instructors are taking precautions and closely monitoring state guidelines to ensure you have a safe and positive experience. Since restrictions are changing frequently, you will be notified on specific restrictions prior to the start of the programs and/or courses for which you have registered. Of course, if you have questions in the meantime, please do not hesitate to contact us.

Parks Recreation and Open Spaces Plan

Thank you to everyone who took the community survey for the Parks, Recreation and Open Spaces Plan update that is currently in progress. We have received great feedback that will assist in planning our parks and recreation programming for the next five years. The survey is open through May 21, 2021, so you still have a little time to provide input. You can find the survey and updates at: <https://cityofpoulsbo.com/prosplanupdate/>

Poulsbo Events and Recreation Center (PERC)

The PERC feasibility study is still on-going. Again, we have received great feedback from the community on what the PERC could be. We plan on providing a thorough and complete feasibility study to the City Council in the fall of 2021. In the meantime, you can still provide comment through the website or future PERC surveys. Find out more information at: <https://cityofpoulsbo.com/perc/>

Dan Schoonmaker

PARKS & RECREATION STAFF

DIRECTOR

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PROGRAMMERS

Kris Goodfellow
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ADMINISTRATIVE ASSISTANT

Pat Hightower
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RECREATION DEPARTMENT HOURS

While the Recreation Center is currently closed, we are happy to help you by phone or e-mail.

Monday-Friday
8 am-4:30 pm
360.779.9898

parksrec@cityofpoulsbo.com
Facebook: @poulsboparksrec



Poulsbo Parks & Recreation...
The Heart of a Healthy Community

PARKS AND RECREATION DEPARTMENT



MISSION STATEMENT

The mission of the Parks and Recreation Department is to enrich the quality of life by serving the community's needs for quality and affordable educational and recreational programs, parks and services to all residents and visitors.

VISION STATEMENT

It is the vision of the Poulsbo Parks and Recreation Department to be the heart of a healthy community through sustainable, safe, and diverse programs and open spaces, where all residents and visitors feel inspired to live, play, learn, and thrive.

CORE VALUES

Community Enrichment

We value our community and are committed to providing parks and programs that inspire, educate, and enhance the overall quality of life for our residents and visitors. Through personal interaction and social media, we will engage our community to ensure transparency, accountability, and collaboration.

Inclusiveness & Equity

We value inclusive parks and recreation programs. We respect and honor the diversity of people, ideas, and cultures. We welcome all residents and visitors regardless of age, ability, race, ethnicity, or income level by offering accessible parks and affordable programs.

Health & Wellness

We value the health and well-being of all who visit our parks and participate in our recreation programs. We will strive to maintain the highest quality of standards of safety, function, and beauty, to create a secure environment for all to enjoy.

Stewardship & Sustainability

We value our role as the guardians of the community's open spaces and are dedicated to responsibly manage and care for our natural, cultural, and physical resources for current and future generations.



The heart of a healthy community

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How do I sign up?



1. Visit:
CityofPoulsbo.com/Register.
2. Use your e-mail address to sign in or set up an account. If that e-mail address is taken”, that means we already have an account set up for you. Call 360.779.9898 to get your login password.
3. On the Youth or Adult/Seniors tabs, find the program & session you want and add it to the cart.
4. When your done adding programs to the cart, click on the cart and check out.

Although the Recreation Center office is still closed, we are happy to help you register!

Give us a call at
360.779.9898.

Online registration is available 24/7!



**Need help? Have questions? Give us a call!
360.779.9898**



THANK YOU FOR YOUR CONTINUED SUPPORT!

The safety of our patrons and staff is our number one priority as we continue through the phases of the Healthy Washington-Roadmap to Recovery Plan. We greatly appreciate your patience and understanding as we navigate through this and the changes that arise. Our team strives to be able to offer you and your family as many programs as we possibly can in a safe manner.

To stay up to date, follow our Facebook page or sign up for our newsletter.

REGISTRATION

Registration is ongoing until programs are full or are cancelled due to low enrollment or other unforeseen reasons. Classes may be cancelled if minimum enrollment has not been met five business days before the class start date, so please do not wait to register. YOU WILL BE NOTIFIED ONLY IF THE CLASS YOU WANT IS UNAVAILABLE OR IF THERE ARE ANY CLASS CHANGES.

Please be aware that we frequently use e-mail as a means of notification, so be sure we have your current e-mail address.

CITY RESIDENT DISCOUNT

City of Poulsbo residents receive an \$8 discount on most programs.



REFUND / CREDIT POLICY

The department may cancel classes that do not meet minimum enrollment and refunds (or credits) will be issued. You may withdraw at any time up to five working days prior to the first day of the class or program. There will be no credit given to a patron who withdraws from a program with less than 5 business days unless someone else is found to take that place.

PROGRAM CANCELLATIONS

While we try to give several days notice of program cancellations, this isn't always possible due to incoming late registrations that might mean the difference between a program being cancelled or not. We encourage you to register a minimum of one week in advance when possible.

WAITLISTS

We are sometimes able to add instructors so we can add additional students to a class, or add an additional class. If the class you want is full, be sure to be added to the waitlist so we know you're interested.

INCLUSION

We value the inclusion of everyone in our programs, and are committed to promoting and encouraging positive interactions among participants with and without disabilities.

We do our best to accommodate those with special needs. Children and adults with special needs are encouraged to participate in our programs. Staff members are receptive to your needs and will do everything possible to assist you. If you are interested in participating in a program but are not certain about the accessibility of a facility or wish to discuss program details, please call the Parks & Recreation Dept. to discuss specifics.





The City of Poulsbo wants **YOU** to be part of the planning process for a regional center that will provide outdoor recreation, indoor recreation and event opportunities.

The new public facility is known as the Poulsbo Events and Recreation Center or PERC, and we want to hear your ideas!

- >> **Learn about our project.** Go to cityofpoulsbo.com/perc and sign up on our community outreach list.
- >> **Provide your input.** Look for the survey where you can provide your ideas on event, indoor recreation and outdoor recreation uses.
- >> **Sign up to stay engaged.** Public meetings and more information is coming. Join the email list at perc@cityofpoulsbo.com



This is an exciting project for the greater Poulsbo community, and we look forward to your feedback!

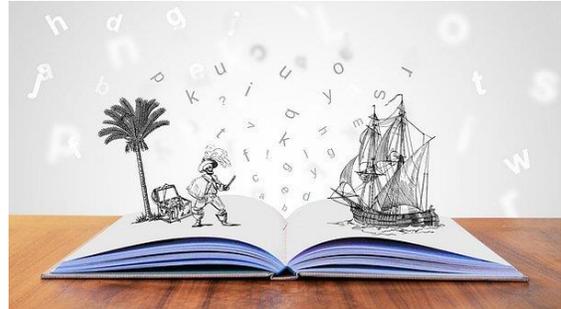
FAMILY PROGRAMS

STORYTIME IN THE PARK IN-PERSON, OUTDOOR

WEEKLY

Meg Beade, Kitsap Regional Children's Librarian. Spark your child's love of reading with an outdoor, socially-distanced storytime designed to build early literacy skills through stories, rhymes, songs and lots of full body movement. Muriel Williams Waterfront Park.

Wed Jun 23-Aug 11 10-10:30a FREE



PARK & RECREATION MONTH GEOCACHE PURSUIT IN-PERSON, OUTDOOR

July is Park and Recreation Month and to celebrate, we are hiding geocaches in three of our parks. Follow the instructions and coordinates highlighted on our web and Facebook pages and get outside and play! When you find the cache, take a small reward and leave a note in our logbook to record your success! **For this geocache adventure, there is no need to leave anything in return.**

Daily Jul 1-31 Dawn to Dusk FREE

POKÉMON GO AND POPSICLES IN-PERSON, OUTDOOR

Pokémon Go is celebrating five years of virtual outdoor fun this year with their online Pokémon Go Fest 2021 on July 17 & 18. We know you want to catch them all and there are lots of pocket monsters located in Poulsbo! Take a break from the hunt and visit our booth at the Austin-Kvelstad Pavilion at the downtown waterfront park for a free popsicle and information on upcoming Poulsbo Parks and Recreation offerings, too! Muriel Williams Waterfront Park, Poulsbo.

Sat Jul 17 3-4:30p FREE

INTRODUCTION TO RASPBERRY PI

AGES 10 & OLDER

1 CLASS

IN-PERSON, INDOOR

***Age 17 and younger must have adult participation.**

Bryce Munroe. Curious about this amazing handheld computer system, but don't know where to start? Learn more about what this remarkable device can do! Perhaps you want to use it as a desktop computer or maybe build a retro gaming system? This class will highlight the many options the Raspberry Pi provides, demonstrate one of the portable systems in action, and point you in the right direction for resources that will get you started with this perfect summer project. **While purchase of a Raspberry Pi system is not mandatory to participate in this class, students are welcome to bring their personal device.**

Recreation Center Classroom.

Wed Jun 16 6-8p \$20
Sat Aug 14 4-6p \$20

SAILING: FAMILY & ADULT

AGES 8 & OLDER

3 CLASSES

IN-PERSON, OUTDOOR

Jessica Jaeger, Sailing Director. Our sailing program is an excellent chance to learn sailing skills while enjoying our beautiful Liberty Bay and developing a passion which will be a part of your life forever! The adult program is for ages 18 & older for individuals registering on their own. If you are registering as a family, children 8 and up must register with their guardian and will still need to pass the swim and capsized test. Class will be held at the Port of Poulsbo (near the boat launch.) **A Coast Guard-approved life jacket must be worn at all times when on the dock and in the water.**

Participants must have beginner swimming skills and will need to pass a swim and capsized test on the first class. *Participants unable to pass the test will not be refunded. Please understand you must demonstrate swimming skills in Liberty Bay and be physically strong enough to right a capsized boat.* The classes will be conducted in FJ class sailboats. FJ's are approximately 14' with a beam of 5' and are an ideal sailing dinghy to teach new and old sailors the skills of boat handling and racing.

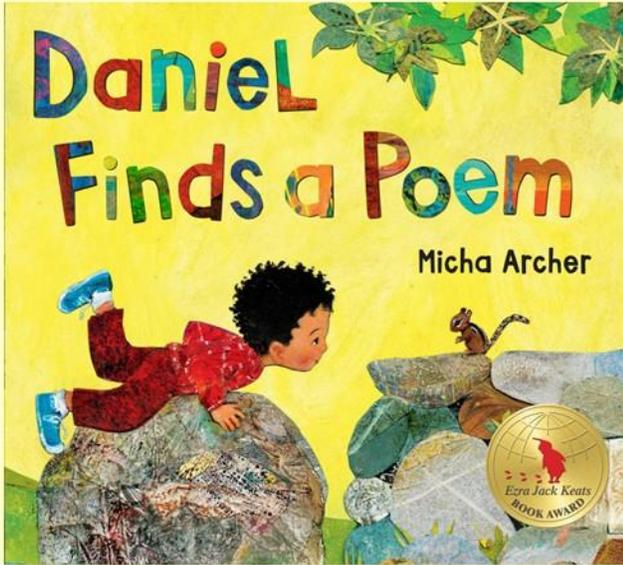
Participants will need to bring their own Coast Guard-approved life jacket, a beverage with extra bottled water, change of clothes, soft-soled closed toed footwear (something you do not mind getting wet), sunscreen, sunglasses and/or a hat, and clothing appropriate for the weather. Wetsuits can be used on inclement weather days only; bring your own if you have one. On cool days, you may need extra clothing, but please NO COTTON. If a make-up date is necessary, it will be the following Saturday from 9a-12n.

T/W/Th	Jun 1-3	5:30-8:30p	\$99*
T/W/Th	Jun 29-Jul 1	5:30-8:30p	\$99*
T/W/Th	Jul 27-29	5:30-8:30p	\$99*
T/W/Th	Aug 24-26	5:30-8:30p	\$99*





Poulsbo Parks and Recreation  KITSAP REGIONAL  Library



Stroll through the pages of a book in Poulsbo's Fish Park. After the StoryWalk®, stop by the Poulsbo branch to pick up a free take-home activity bag during open hours.

***Engage with a story**

***Experience nature**

***Explore the neighborhood park & gardens**

**June 1– 30, Poulsbo's Fish Park,
288 NW Lindvig Way, Poulsbo**

Watch for the August StoryWalk, to be held at Muriel Williams Waterfront Park!

LAUGHTER YOGA IN THE PARK

**AGES 9-ADULT
IN-PERSON, OUTDOOR**

Rachel Cornette. Laughter Yoga is an easy, fun exercise for the mind, body, and the spirit. It provides a reduction of stress and tiredness, a renewal of physical energy and greater inner calm. Participants will not need any special gear or attire; they will just need to bring a willingness to laugh! **This drop-in class requires no registration; join us for one Sunday class or all!**

Sun Jul 11-Aug 29 4-4:45p FREE



Be a Poulsbo Parks and Recreation RECREATION AMBASSADOR

Join us in the positive development of our community !

Offer your time by volunteering in our parks, recreation centers, special events, and working within programs and activities. Assist in spreading the word about all things Parks and Rec to your peers and the community at large.

Benefits of being an Ambassador:

Gain work experience	Help Others
Acquire new skills	Just Plain HAVE FUN
Community Involvement	Make lifetime friends
Stay Active	Civic Pride

Volunteering as an Ambassador is spending the precious gift of spare time out of concern and belief that we share the responsibility for others in the community.

For more information regarding the Recreation Ambassador Volunteer Program call Rachel Cornette at 360-394-9772 or email her at rcornette@cityofpoulsbo.com.



**Poulsbo Parks and Recreation:
The Heart of a Healthy Community**

Free Family Concerts Proudly
Sponsored by:



Summer Nights at the Bay

Tuesdays 6:30pm
Muriel Iverson Williams Waterfront Park, Poulsbo



July 6 *Navy Band NW

July 13 Ranger & the Re-Arrangers

July 20 WEBA

July 27 Eugenie Jones

Aug 3 Blue Rhino

Aug 10 Swantowne

Aug 17 *Navy Band NW

Poulsbo Parks and Recreation
Heart of a Healthy Community



Concert series dependent on being in Healthy Washington Phase 3. *Navy Band NW dates are subject to military approval.

GET **YOUR** GAME ON THIS SUMMER!

REGISTER TO
COMPETE IN OUR **ONLINE**
ESPORTS TOURNAMENT SERIES



COMING SOON TO A CONSOLE
NEAR YOU...

KEEP YOUR EYE ON OUR FACEBOOK
PAGE @POULSBOPARKSREC IN JUNE FOR
DATES & REGISTRATION DETAILS
OR CALL 360-779-9898
FOR MORE INFORMATION.



PRESCHOOL / YOUTH PROGRAMS

ALL CITY CHEER

GRADES K-7

4 WEEKS

IN-PERSON, INDOOR

Ginger Silfies/Tatyana Reyes Boys and girls will learn basic motions, cheers, chants, tumbling, jumps and dance moves. Class will include tumbling: rolls, cartwheels & Roundoffs. Students will combine jazz and hip hop with cheer to create a choreographed mini routine that they may perform for parents on the last day of camp. Recreation Center Gym.

K-2nd Grade

Wed	Jun 23-Jul 12	4-4:45p	\$55*
Wed	Jul 28-Aug 18	4-4:45p	\$55*

3rd-7th Grade

Wed	Jun 23-Jul 12	5-5:45p	\$55*
Wed	Jul 28-Aug 18	5-5:45p	\$55*

FAMILY GIFTS PAINTING WORKSHOP

AGES 2 ½ - ADULTS

1 CLASS

IN-PERSON, INDOOR

Artists will enjoy creating exciting unique works of art to give as a wonderful gift. Basic project instructions will be suggested as students set out on their artistic adventure to create their very own one-of-a-kind masterpieces. Children 7 and under must be accompanied by an adult as they might need a little extra help. **A supply fee of \$6* per student is payable to the instructor at the class. (Additional painting surfaces may be purchased for an extra supply fee of \$6 per each additional surface. Please let the instructor know prior to the class.)**

Father's Day Mug

Thu	Jun 9	10-10:45a	\$20
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Grandparents Day Photo Frames

Thu	Jul 7	10-10:45a	\$20
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KIDS CLUB SCIENCE: SCIENCE IN THE PARK

AGES 4-7

3 WEEKS

IN-PERSON, OUTDOOR

Denise Kilkenny-Tittle. Learn about the wonders of science in our world around us through interactive lessons. Each week, children will take a closer look at something science-related... nature up close, things that float, and more... encouraging curiosity and hands-on exploration. Enjoy stories, crafts, and engaging activities that provide opportunities to develop creativity and skills. Parents are welcome to stay and participate. Raab Park.

Tue	Jun 1-15	10:30a-12n	\$69*
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OUTDOOR VOLLEYBALL AT RAAB PARK!

AGES 7-14

4 WEEKS

IN-PERSON, OUTDOOR

Serah Peterson. All aspects of this exciting team sport will be taught through drills and exercises that focus on bumping, setting, spiking, hitting, and serving. This program is designed for the beginning to intermediate player.

Ages 7-10

Wed May 26-Jun 16 5-5:45p \$62*

Ages 10-14

Wed May 26-Jun 16 6-7:30p \$75*

PRESCHOOL ART AND PAINTING 4 WKS

AGES 2 & OLDER (WITH PARENT / GRANDPARENT / CAREGIVER)

IN-PERSON, INDOOR

Colleen Doeleman. Preschoolers (and their parent or grandparent) will enjoy creating exciting works of art using non-toxic paints. Basic project instructions will be given to the children as they set out on their artistic adventure. They will journey into the world of their own imagination as they create their very own art masterpieces. A selection of art supplies will be available so they can use their own thoughts and vision to construct many different one-of-a-kind art projects. Art time is a wonderful way to bond with your child while helping them to build confidence in everyday life. Come join in on the fun and help give your little loved one memories that will last a lifetime. **A supply fee of \$25 per student is payable to the instructor at the first class. Adults and children over age 5 are required to wear a mask. Class will meet all Healthy Washington Phase 3 guidelines.** Recreation Center Classroom.

Thu May 20-Jun 10 9:45-10:30a \$63*

R.E.C.E.S.S.

Recreation, Exercise, Crafts, Education, Social, Supervised play

AGES 5-10

3 WKS

IN-PERSON, OUTDOOR

Parks & Recreation Staff. Are your kids excited to get outside and do something different? Here is a great opportunity to give them the social interaction they are needing right now! Parks & Rec Staff will lead them in outdoor games, scavenger hunts, crafts, free play, and plenty of fun. We'll provide them with 90 minutes of supervised entertainment and give you some time to do other things. Raab Park.

Tue Jun 8-22 4-5:30p \$42*

Tue Jul 6-20 4-5:30p \$42*

Tue Jul 27-Aug 10 4-5:30p \$42*





PRESCHOOL SPORTS: T-BALL & SOCCER

AGES 3-5

IN-PERSON, OUTDOOR

Parks & Recreation Staff. This program is designed to inspire an interest and introduction to physical sports for preschoolers. Are you ready to let the kids burn some energy through games and activities? Children will have an opportunity to explore basic concepts of sports and develop skills. They will also develop social skills such as taking turns, following directions, and playing with others. **Please note, parents may be asked to participate and children exhibiting unsportsmanlike conduct may be asked to sit out. Most classes are held rain or shine, dress for the weather.** Once these classes are full, additional classes may be offered, so be sure and have your name put on a waitlist if you can't get into a class. Raab Park.

SPRING T-BALL: Age 3	4 WEEKS	
Mon May 17-Jun 14	4-4:30p	\$40*
Sat May 22-Jun 12	10-10:30a	\$40*

SPRING T-BALL: Ages 4/5	4 WEEKS	
Mon May 17-Jun 14	4:40-5:25p	\$45*
Sat May 22-Jun 12	9-9:45a	\$45*
Sat May 22-Jun 12	10:40-11:25a	\$45*
Sat May 22-Jun 12	11:30-12:15	\$45*

SUMMER T-BALL: Age 3	3 WEEKS	
Fri Jun 25-Jul 9	4-4:30p	\$32*
Tue Jun 29-Jul 13	4-4:30p	\$32*
Fri Jul 23-Aug 6	4-4:30p	\$32*
Tue Jul 27-Aug 10	4-4:30p	\$32*

SUMMER T-BALL: Age 4/5	3 WEEKS	
Fri Jun 25-Jul 9	4:40-5:25p	\$38*
Tue Jun 29-Jul 13	4:40-5:25p	\$38*
Fri Jul 23-Aug 6	4:40-5:25p	\$38*
Tue Jul 27-Aug 10	4:40-5:25p	\$38*

SUMMER SOCCER: Age 3	3 WEEKS	
Wed Jun 16-30	4-4:30p	\$32*
Wed Jul 7-21	4-4:30p	\$32*
Wed Aug 4-18	4-4:30p	\$32*

SUMMER SOCCER: Age 4/5	3 WEEKS	
Wed Jun 16-30	4:40-5:25p	\$38*
Wed Jul 7-21	4:40-5:25p	\$38*
Wed Aug 4-18	4:40-5:25p	\$38*

PRESCHOOL SPORTS SAMPLER: Age 3 (T-Ball & Soccer Combined)	3 WEEKS	
Sat Jul 3-17	10-10:30a	\$32*
Sat Jul 31-Aug 14	10-10:30a	\$32*

PRESCHOOL SPORTS SAMPLER: Age 4/5 (T-Ball & Soccer Combined)	3 WEEKS	
Sat Jul 3-17	10:40-11:25a	\$38*
Sat Jul 31-Aug 14	10:40-11:25a	\$38*

SKYHAWKS SPORTS CLASSES

AGES 4-12

4 WEEKS

IN-PERSON, OUTDOOR

Skyhawks offers several different sports classes providing countless ways for your child to grow. Our sports programs feature skill-based sports instruction with a focus on teaching life skills through sports. You can find more info on the Skyhawks webpage, at <https://www.skyhawks.com/search>. Tap in the 98370 zip to see local programs with more info. Skyhawks will be offering a variety of summer camps in our Summer activity guide coming out May 1. All classes are held at Raab Park.

SKYHAWKS BEGINNING GOLF

Participants will learn the fundamentals of swinging, putting, body positioning, etiquette and keeping score. The program is specifically designed for the entry-level player, simplifying instruction so that young players can make an easy and effective transition onto the golf course. All equipment provided.

Age 5-7

Wed May 19-Jun 9 5-5:45p \$68*

Age 7-10

Wed May 19-Jun 9 6-6:45p \$68*

SUMMERTIME PIANO LESSONS

ALL AGES WELCOME!

MOST LESSONS WILL BE VIRTUAL

Megan Hennings. We know that summer can be a busy time for people, but it is also a great time for piano, too! During the school year you've built up momentum, why give it up now? Or maybe you've never experienced formal piano instruction and would just like to "try it out" to see what it's like! We are offering summertime private lessons to students who might be interested in a flexible schedule. Maybe you would like to take lessons for a month or maybe you need just a week here or there. Please call the Recreation Center at 360-779-9898 to arrange the private lessons.

M, T, W Jul 5-Sep 2 (Thursdays may also become available depending on enrollment)

\$28 per 30-min lesson, payable prior to each lesson.

\$39 per 45-min lesson, payable prior to each lesson.

TIPPIE TOE BALLET

AGES 3-6

4 WKS

IN-PERSON, INDOOR

InMotion Performing Arts Studio Staff. Dancers will explore music and movement and be introduced to the basics of ballet. These instructor-led classes are designed to stimulate coordination skills, listening skills, balance, music interpretation, creative movement, and motor development. **Dancers should wear any colored leotard and tights with ballet shoes. Ballet shoes can be purchased at InMotion prior to class if needed. Healthy WA Phase 3 compliant; 5-yr-olds required to wear masks, and masks are recommended for all participants.** InMotion Performing Arts Studio, Poulsbo.

Fri May 21-Jun 11 11-11:45a \$58*





The Gymnastics Program has been an integral part of Poulsbo Parks & Recreation since the City took over the Recreation Center in 1995. Our gymnastics program builds the flexibility, balance, and strength that participants can use in any sport – not just gymnastics! Participants learn about perseverance, patience, trusting others, managing risk, and countless other life skills!

Our recreational gymnastics program builds confidence in its participants in an encouraging, safe, and non-competitive environment. Our recreational gymnasts learn to love the sport of gymnastics and watch their skills progress at their own paces. Recreational gymnastics classes serve everyone from parent and child classes through level four of the gymnastics progression. Classes are offered Monday through Friday. All classes are held in the Park and Recreation Center Gym.

IMPORTANT COVID information for Phase 3. Please be patient as we are reopening our building with very limited staff. We are following standard Social distancing guidelines; **masks must be worn at all times inside the building.** Anyone entering the building will need their temperature checked and will be asked to wash their hands or use hand sanitizer. Kindergym parents, please assist your child if they are uncomfortable attending class on their own. Only one adult per participant allowed in the building. Parents of Level 1 through 4 classes, please accompany your child to the main doors until the class has been let in, and then wait outside the building until the class has finished. Instructors will check in all students at the main doors and will walk students to the main doors when class is finished. All gymnastics mats will be disinfected between classes. Instructors will wear masks for the entirety of the class.

Your child will be allowed to remove their mask for balance beam work only at this time and will need to wear one for the majority of class.

Look for **PARENT TOT** and **TUMBLING TOT** (age 3) and **NINJAS** to return this Fall.

**BEGINNING KINDERGYM
AGES 4-6**

IN-PERSON, INDOOR

Leah Lovely/Ginger Silfies. Students will be introduced to basic tumbling skills, balance beam & bar work, vaulting technique, rings, and rope. Class focus is on coordination, strength, and spatial awareness. **No class on July 5.**

Spring		\$55/4 wks
Wed	10-10:45a	5/19-6/9
Thu	10-10:45a	5/20-6/10
Fri	4-4:45p	5/21-6/11

Summer		\$44*/3 wks	
Mon	4-4:45p	6/28-7/19	7/26- 8/9
Tue	10-10:45a	6/29-7/13	7/20-8/3
		8/10-8/24	
Tue	4-4:45p	6/29-7/13	7/20-8/3
		8/10-8/24	
Wed	10-10:45a	6/30-7/14	7/21-8/4
		8/11-8/25	

LEVEL 1: BEGINNING REC GYMNASTICS

AGES 6-10

IN-PERSON, INDOOR

Ginger Silfies. Students will be introduced to basic tumbling skills, balance beam & bar work, vaulting technique, rings, and rope. Class focus will be on body awareness, strength, flexibility, and confidence building. **No class on July 5.**

Spring	\$55/4 wks	
Mon 5-5:45p	5/17-6/14	\$55*/4 wks
Fri 5-5:45p	5/21-6/11	\$55*/4 wks

Summer	\$44*/3 wks	
Mon 5-5:45p	6/28-7/19	7/26-8/9
Tue 5-5:45p	6/29-7/13	7/20-8/3 8/10-8/24

LEVEL 2: INTERMEDIATE REC GYMNASTICS

AGES 6-10

IN-PERSON, INDOOR

Gymnastics Staff. Students who know how to do a cartwheel already. Skills will build on Tumbling and dance, bar work, low & high beam, and vaulting. Increased focus on strength and flexibility.

Summer	\$44*/3 wks
Tue 6-6:45p	6/29-7/13 7/20-8/3

LEVEL 3: ADVANCED

AGES 6-10

IN-PERSON, INDOOR

Gymnastics Staff. Coach approval required or prior Level 3 registration. An emphasis will be placed on skill connection and technique. Skills include glides on bars, cartwheel on the low beam, roundoff rebound, and front handsprings on the floor. **No class on May 31 & July 5.**

Spring (Combined with Level 4)	
Mon 6-7p	5/17-6/14 \$65*/4 wks

Summer	\$56/3 wks
Mon 6-7p	6/28-7/19 7/26- 8/9

MINI CAMP FOR MINI GYMNASTS

AGES 4-6

3 CLASSES

IN-PERSON, INDOOR

Gymnastics Staff. Three days of gymnastics fun! This camp is for boys and girls with little or no gymnastics experience. Camp will cover tumbling, balance beams, bars, vault, rings, and a small art project. **Campers will need their own water bottle and snack.** Recreation Center Gym.

T/W/Th 1:30-3:30p	7/13-15	\$92*
T/W/Th 1:30-3:30p	8/3-5	\$92*

Look for **PARENT TOT** and **TUMBLING TOT** (age 3) and **NINJAS** to return this Fall.







PIRANHAS SWIM TEAM

Competitive youth swimming ages 6-18

Poulsbo and Bremerton Practice Locations

TRYOUT TODAY
FOR MORE INFORMATION
WWW.TEAMUNIFY.COM/TEAM/PNSPPS/PAGE/HOME

[FIND US ON FACEBOOK](#)

Our Sponsors



TEEN VOLUNTEER INTERNS WANTED!

Poulsbo Parks and Recreation seeks dedicated teen volunteers to assist our professional instructors with youth programs.

Interns will gain valuable work experience while earning community service hours. Qualified youth will be age 13 or older, enjoy children, and have a positive and enthusiastic attitude. Applicants should have an interest in arts, crafts, sports, and other recreational activities, and be a dependable and positive role model.

Interns will need to make a time commitment that will vary depending upon the season. Fall & Winter sessions could be 1-4 hours per week for up to 5 weeks; Spring & Summer sessions could include weekly camps and a commitment of 2-20 hours for an entire week.

For more information, call Kris Goodfellow at 360-779-9898.

Applications are available at www.cityofpoulsbo.com.

**Parks & Recreation
The Heart of a Healthy Community!**



WEST SOUND ACADEMY IS STILL ACCEPTING APPLICATIONS FOR THE 21-22 SCHOOL YEAR!

WSA OFFERS A SLIDING-SCALE TUITION MODEL as well as transportation options! We are committed to equity, diversity and inclusion. Through a college preparatory education in a global community, our students are inspired and equipped to contribute responsibly to the world.

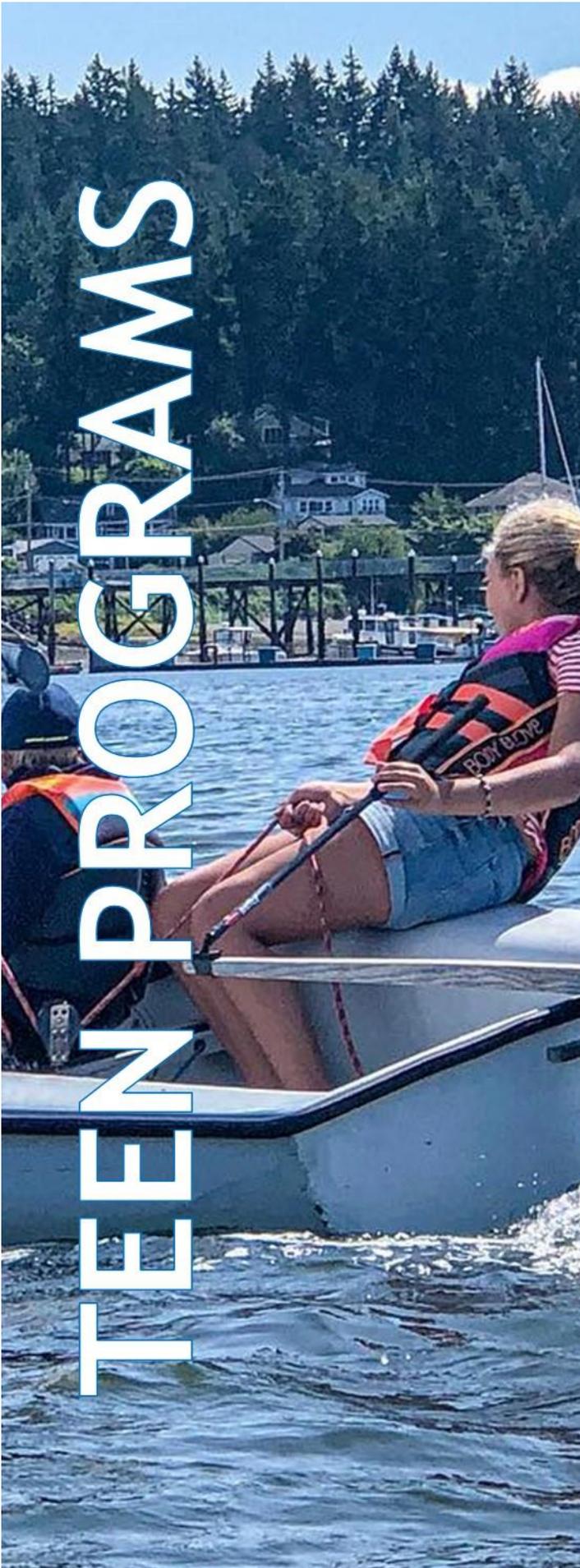
Enrolling students from all schools to our high school concentrated summer program. Students can catch up or get ahead in credits in English, History, Spanish or Math.



Visit our website for more details or to schedule a tour!



 **WESTSOUNDACADEMY.ORG | 360.598.5954 | 16571 CREATIVE DR. NE POULSBO, WA**



TEEN PROGRAMS

HANG OUT! (Outdoor Unified Teens)

AGES 13-17

MEETS WEEKLY

IN-PERSON, OUTDOOR

Rachel Cornette. Grab your friends or meet some new ones and head to the park for snacks, games, and chat during this weekly drop-in hang session! **Mask required, please bring your own water bottle.** Raab Park.

Thu	Jul 1-Aug 26	3-4p	FREE
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SELF DEFENSE WORKSHOP FOR WOMEN

AGE 13 THRU SENIORS

1 CLASS

IN-PERSON, INDOOR

Perfect for young women heading to college!

Mike Cain. Learn how to protect yourself in this informative class taught by martial arts instructor, Mike Cain. Class includes hands-on instruction in how to defend against choking, punching, grabbing, and pushing. No hard hitting or throws. You will learn about pressure points, joint locks, and practical application for self-defense. There is controlled contact as you learn the various moves. **We will work within your physical limitations.** Recreation Center Gym / Classroom.

Sat	Jun 5	10a-1p	\$39*
Sat	Jul 10	10a-1p	\$39*
Sat	Aug 7	10a-1p	\$39*

UNDERSTANDING DIGITAL PHOTOGRAPHY: BASICS

AGES 13-ADULT

1 CLASS

IN-PERSON, INDOOR / OUTDOOR

Kimberly Schofield. This class is designed for beginning DSLR photographers interested in learning the full potential of their cameras. Gain confidence to move away from shooting on auto and get creative control of your images. This hands-on class will cover the fundamentals for exposure, ISO, aperture, shutter speed, controlling depth of field, creating interesting compositions and facing specific challenging scenarios in photography. After the classroom seminar, students will break and head to Raab Park for additional outdoor skill development. **There will be no transportation available from the Recreation Center to the park. Non-driving students will need to arrange transportation for the outdoor portion of the class. Students will need their DSLR camera, and a small notepad and pen or pencil to keep in their camera bag.**

Recreation Center Classroom / Raab Park

Sat	Jun 5	2-5p	\$53*
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Recreation Center Classroom / Fish Park

Tue	Jul 13	5-8p	\$53*
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Recreation Center Classroom / Waterfront Park

Thu	Aug 12	5-8p	\$53*
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TEENS- Make sure you check out our Family and Summer Camp sections for more fun activities!

TEEN VOLUNTEER INTERNS WANTED!

See Page 18 for more information.

**JOIN THE NORTH KITSAP MOUNTAIN VIKES
MOUNTAIN BIKE CLUB!**

GRADES 6-12 COED **9 WEEKS**
IN-PERSON, OUTDOOR

We are looking for riders to join us for the fun and challenge of riding trails here in North Kitsap. All you need is a mountain bike, a helmet, and a can-do attitude and you can learn and improve your skills on the bike. Some experience is helpful - if you are comfortable riding 10-12 miles of XC trails plus throwing in some downhill runs every once in a while, you will fit right in with our club! We've teamed up with experienced coaches to provide instruction on everything from mountain bike basics to jumping, cornering, and shredding local trails. Coed club members will attend two rides per week (generally Tuesday afternoons and Saturday mornings with some flexibility) and have the opportunity to participate in trail building and maintenance at local trails in Port Gamble and Green Mountain with Evergreen Mountain Bike Alliance. Riders can also participate in race events such as the NWEpic Series and Cascadia Dirt Cup/Youth Enduro Series. We support bike events at Port Gamble like WestFest 2021 as well.

Trail work party dates are the third Saturday of each month at Port Gamble and will be posted on our website. The upcoming Ride Park development is getting underway at Port Gamble and we will be doing our part to help it get built!

We maintain groups of at least 1 coach per 5 riders on group rides and can divide into groups for rides of varying levels and abilities. In addition to riding at Port Gamble, we'll take trips to 360 Trails in Gig Harbor, Green Mountain in Bremerton, and other local trails for some variety. We encourage parents to grab a bike and join in the fun! Parent ride-leaders are welcome! We require a multi-gear mountain bike, a helmet, and eye protection. Riders are responsible for their own spare tube and showing up with their own snacks and water for each ride. More information is available on our website at www.nkmountainvikes.com. If you have further questions, please feel free to contact Coach Lew Hensley @ 206-295-5904, Coach Russ Tanner @ 360-440-2221, or email us at nkmountainvikes@gmail.com.

You can also check us out on Facebook @ North Kitsap Mountain Vikes and Instagram @nkviks_mtb!

Life is better on a mountain bike!

Fee for all riders includes coach-led rides, liability insurance with USA Cycling for all club events, and a Mountain Vikes riding shirt. **No group rides July 3 or September 4.** Locations and meeting times to be distributed weekly and posted on our calendar at the club website. Most rides will be at Port Gamble or Stottlemeyer trailhead in Poulsbo.

Summer Session

Tue/Sat Jun 29-Aug 31 Times TBA \$83*
First ride will be Tuesday, June 29th at the Stumps Trailhead at Heritage Park Port Gamble!

Fall Session

Tue/Sat Sep 7-Nov 6 Time TBA \$83*

Evergreen Mountain Bike Alliance
West Sound Chapter presents:

2021 MOUNTAIN BIKE SKILLS COURSES

Classes for
beginner to
intermediate
riders ages 8
to adult

Courses
available
April 24
through
August 11

See website
below for
schedules



evergreen
MOUNTAIN BIKE ALLIANCE
WEST SOUND CHAPTER

To view available classes visit:
evergreenmtb.org/education/classes
Under Chapter/Region select: West Sound



ACE TENNIS CAMP

AGES 7-15

5 CLASSES

IN-PERSON, OUTDOOR

Learn the game! Improve your game! Parks & Recreation Staff. Great course for the summer outdoor months!! Beautiful sunshine and a lot of fun on the courts! Beginner and Intermediate level tennis camps will be held at NKHS tennis courts this summer. The training will focus on fundamentals of the game as well as individual techniques for service, volley, and game strategy. NKHS Tennis Courts.

Beginners:	Ages 7-12	9a-10:30a
Intermediate:	Ages 9-15	10:45a-12:15p
M-F	Jun 28-Jul 2	\$89*
M-F	Jul 5-9	\$89*
M-F	Jul 12-16	\$89*
M-F	Jul 19-23	\$89*
M-F	Jul 26-30	\$89*
M-F	Aug 2-6	\$89*
M-F	Aug 9-13	\$89*

ARTISTIC CREATIVE MINDS CAMP

AGES 10 & OLDER

3 CLASSES

IN-PERSON, INDOOR OR OUTDOOR

Colleen Doeleman. Artists will explore different painting techniques on canvas using nontoxic acrylic paints. Students will be shown step-by-step how to create the project of the day and will be encouraged to vary their color pallet and design, creating a project that is truly unique to them. Art is a wonderful way to stimulate your imagination, express yourself and help build self-esteem. **A supply fee of \$30 per student is payable to the instructor at the first class.**

Recreation Center

T/W/Th	Jun 29-Jul 1	10a-12:15p	\$98*
T/W/Th	Aug 3-5	10a-12:15p	\$98*

Painting in the Park-Raab Park

T/W/Th	Aug 10-12	10a-12:15p	\$98*
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ADVENTURE THEATRE CAMP

AGES 6-14

5 CLASSES

IN-PERSON, INDOOR

Olivia Bentley and Ellie Swanson. When school is out, drama is in! Come adventure theatre with us as we lead campers in exploring different styles of theatre each day, learning about different shows and techniques. During these 90-minute sessions, campers will make new friends, learn choreography and songs, and explore their creativity in the arts. Recreation Center.

Ages 6-10

M-F	Jun 21-25	1-2:30p	\$118*
M-F	Jul 5-9	1-2:30p	\$118*

Ages 11-14

M-F	Jun 28-Jul 2	1-2:30p	\$118*
M-F	Jul 19-23	1-2:30p	\$118*



CURIOSITY CAMPS WITH TIM LOWELL!

Ages 5-10 5 CLASSES IN-PERSON, OUTDOOR

Tim Lowell. These fun camps integrate science, art, and outdoor play for an engaging summer learning experience. Campers conduct experiments, create art, build, play and have a great time with friends old and new. Having fun and introducing subjects as play fosters lifelong appreciation, curiosity, and confidence for learning. Join us this Summer for curious and fun **S.T.E.A.M.** (Science, Technology, Engineering, Art and Math) adventures at Nelson Park in Poulsbo.

Tim is an experienced teacher, camp leader and author of *Is it Gonna Blow Up?*, a guide to creating happy young Scientists, Engineers, Builders and Artists. He is a teaching member of the Bainbridge Arts in Education Consortium and has offered camps and taught in schools throughout Kitsap & King County since 2004.

EINSTEINS & PICASSOS – S.T.E.A.M. FUN LAB!

Science, Technology, Engineering, Art & Math combined with imagination = FUN! Join us in a week of creativity, experiments, and projects where you will mix, mash, fly, form, scrape, sculpt, blast, bake, expand and explode to create fascinating and fun science & art projects!

Ages 5-7

M-F Jul 5-9 9:30a-12p \$175*

Ages 7-10

M-F Jul 5-9 1-3:30p \$175*

PHYSICS & FLYING FUN – THINGS THAT MOVE!

Combine art, science, physics and fun to create fantastic things that fly, drop, roll, zip and zoom! Rockets, gliders, hot-air balloons, marble runs, mazes, catapults, and much more hands-on fun with things that move!

Ages 5-7

M-F Jul 12-16 9:30a-12p \$175*

Ages 7-10

M-F Jul 12-16 1-3:30p \$175*

POTIONS & SCIENTIFIC WIZARDRY

Chemical concoctions, radical reactions and strange changes provide a fun introduction to the joys of chemistry. Step into the Super Science lab for mega-mixology, ooze and Ahhs!

Age 5-7

M-F Jul 19-23 9:30a-12p \$175*

Age 7-10

M-F Jul 19-23 1-3:30p \$175*

KITCHEN TABLE SCIENCE

Chemistry in the kitchen? Formulas in your food? This fascinating lab uncovers amazing science using common household items and food. Discover the edible compound that is both liquid and solid! How much can you taste without smelling? Enjoy fascinating and delicious science in this fun-filled camp.

Ages 5-7

M-F Jul 26-30 9:30a-12p \$175*



CURIOSITY CAMPS WITH TIM LOWELL!

Ages 5-10

5 CLASSES

IN-PERSON, OUTDOOR

MOSAIC MASTERPIECES

Unleash your creativity! You will choose from a dazzling array of tumbled safe stained glass and more to design and create beautiful works of mosaic art. You will make and take home several projects in this fun-filled art week. All materials are included in the class fee.

Ages 7-10

M-F Jul 26-30

1-3:30p

\$195*

FABULOUS FORTS CAMP

The first part of your week will be spent creating lean-tos, tarp shelters and other creative fort projects. Later, you will make, play and work in cardboard houses, construct a life-sized cardboard box village and create a working community and economy. Building fun and friendships.

Age 5-7

M-F Aug 2-6

9:30a-12p

\$175*

Age 7-10

M-F Aug 2-6

1-3:30p

\$175*

GRAND FINALE CAMP

A final encore week of this summer's most popular science experiments, art projects, building fun and yummy kid's cooking treats! Giant bubbles, crazy cupcakes, forts, LEGO build-off and more. Endless fun!

Ages 5-7

M-F Aug 9-13

9:30a-12p

\$175*

Ages 7-10

M-F Aug 9-13

1-3:30p

\$175*

EVERGREEN SUMMER DIRT CAMP

NEW!

AGES 8-13

4 CLASSES

IN-PERSON, OUTDOOR

Spend some time with fellow riders and Evergreen coaches for some fun on your mountain bike! Classes will be focused on skill development and building confidence on the pump track and are perfect for those new or younger riders looking to develop foundational skills on the bike. **Bike, helmet, and closed toe shoes required for camp. Be sure your little shredder has a meal before camp.**

Focus: Basic skills like gearing up, braking, shifting, and body positions as well as balance exercises like bridges, skinnies, and bike games, and uphill and downhill progression to get safer and faster. Poulsbo Pump Track.

SCHOLARSHIPS AVAILABLE! Contact dirtcamp@evergreenmtb.org for more details.

T/Th	Jul 6, 8, 13, 15	6-8p	\$129*
T/Th	Jul 20, 22, 27, 29	6-8p	\$129*
T/Th	Aug 3, 5, 10, 12	6-8p	\$129*
T/Th	Aug 17, 19, 24, 26	6-8p	\$129*

MINI CAMP FOR MINI GYMNASTS

AGES 4-6

3 CLASSES

IN-PERSON, INDOOR

Gymnastics Staff. Three days of gymnastics fun! This camp is for boys and girls with little or no gymnastics experience. Camp will cover tumbling, balance beams, bars, vault, rings, and a small art project. **Campers will need their own water bottle and snack.** Recreation Center Gym.

T/W/Th	1:30-3:30p	7/13-15	\$92*
T/W/Th	1:30-3:30p	8/3-5	\$92*

KCMT MUSICAL THEATRE FOR THE LITTLES

AGES 4-7

5 CLASSES, PLUS PERFORMANCE

IN-PERSON, OUTDOOR

Kitsap Children's Musical Theatre Staff. KCMT Littles Camp is for our youngest stars. Come spend a week dancing and singing together, alongside some of KCMT's teen staff. We hope to meet you and your little one this summer!! Performance on Friday at 12:30p. **Please dress your child for the weather; bring a snack, sunscreen, and water bottle each day.** Questions can be sent to

kcmtsummercamp@gmail.com. Like KCMT on Facebook: @KCMTSummerCamps. Camp will be at Restoration Ranch, 20192 Clear Creek Rd NW, Poulsbo.

M-F	Aug 2-6	9a-12p+	\$99*
M-F	Aug 9-13	9a-12p+	\$99*



KCMT MUSICAL THEATRE WORKSHOP

AGES 8-12

5 CLASSES, PLUS PERFORMANCE

IN-PERSON, OUTDOOR

Kitsap Children's Musical Theatre Staff. Campers will have a blast while learning acting, choreography and vocal techniques as they prepare a fun-filled musical production. Camp will culminate in a full musical performance open to families and the public on Fridays, Jul 9 & 23. You will be amazed at what your camper can do in one week! For more information, go to www.kcmt.org. Join us and learn why KCMT's summer theatre camps are so popular! Additional communication will be done directly by KCMT. Please have your most current email address on file for scripts and information on camp activities and themes. **PARENTS check your email daily during the week of camp; important day of scheduling info may be emailed out each evening. Additional paperwork for KCMT is required when attending this camp and must be returned PRIOR to camp. Please dress your child for the weather; bring a sack lunch, snack, sunscreen, and water bottle each day.** Questions can be sent to

kcmtsummercamp@gmail.com. Like KCMT on Facebook: @KCMTSummerCamps. Camp will be at Restoration Ranch, 20192 Clear Creek Rd NW, Poulsbo.

M-F	Jul 5-9	9a-3p+	\$218*
M-F	Jul 19-23	9a-3p+	\$218*

+ Plus Friday performance.



LEGO®-BUILDING BRICKS 4 KIDZ® CAMPS

AGES 6-14

Bricks 4 Kidz offers extraordinarily fun STEM-based camps where kids use creativity and innovation to build with LEGO® Bricks, motors, mosaics, and crafts plus robotics, coding, and stop motion animation. All campers make and take home a custom mini-figure and photo collage of the week’s experience. Please bring a snack and water bottle. Recreation Center Classroom.

BRICKS 4 KIDZ® CAMP: STOP MOTION ANIMATION MOVIE MAKING

NEW!

AGE 9-14

5 CLASSES

IN-PERSON, INDOOR

Bricks 4 Kidz® Tacoma Staff. Lights, cameras, LEGO action! Use LEGO bricks to tell YOUR story, complete with music, special effects and all your favorite LEGO mini-figure characters! In this unique and creative camp, kids will plan, script, stage, shoot, and produce their own mini-movie using Stop Motion Animation. Working with a partner, campers will use LEGO components to build the set and props, shoot their movie using a camera, and use movie-making software to add special effects, titles, credits and more. When the movie is complete, campers will impress friends and family with a screening party on the last day of camp. Don’t miss your chance to be a movie producer!

All campers make and take home a custom mini-figure and photo collage of the week’s experience as well as a USB thumb drive with their movie files! **Please bring a snack and water bottle.** Recreation Center Classroom.

M-F Jul 12-16 9a-12p \$210*

BRICKS 4 KIDZ® CAMP: GALAXY FAR AWAY

AGES 6-12

5 CLASSES

IN-PERSON, INDOOR

Rise like a Skywalker and build with LEGO® Bricks, creating fantasy galactic fighters inspired by Star Wars®. Join us on an adventurous journey through space. We’ll also build NASA’s Redstone Rocket and Gemini Capsule brick models as well as motorized models that represent characters and rebel, empire and first order spacecraft from your favorite popular space movies. Come experience this stellar journey to a galaxy far away!

All campers make and take home a custom mini-figure and photo collage of the week’s experience. **Please bring a snack and water bottle.** Recreation Center Classroom.

M-F Jul 26-30 9a-12p \$210*

BRICKS 4 KIDZ® CAMP: ALL DAY

NEW!

AGES 6-14

5 CLASSES

IN-PERSON, INDOOR

The LEGO® building and fun don’t stop in this all-day Bricks 4 Kidz® camp! Kids will experience 2 full camps plus ½- hour early drop-off, lunch hour, and ½-hour late pick-up, all included at a discounted price. For August 9-13, in the morning kids will learn computer coding in new fun ways with coding & video game design and in the afternoon they will build motorized contraptions, brick figures, artistic mosaics, and crafts inspired by favorite video game characters. For August 23-27, build and computer program exciting robots in the morning and build motorized contraptions, brick figures, artistic mosaics, and crafts inspired by Minecraft in the afternoon.

All campers make and take home a custom mini-figure and photo collage of the week’s experience. **Please bring your own lunch, snack, and water bottle.** Recreation Center.

M-F Aug 9-13 8:30a-4:30p \$310*

M-F Aug 23-27 8:30a-4:30p \$310*



BRICKS 4 KIDZ® CAMP: CODING & VIDEO GAME DESIGN **NEW!**
AGES 6-14 **5 CLASSES** **IN-PERSON, INDOOR**

Bring LEGO® Bricks to life with Coding! Each day we will either create a program that works with robotic components or create a video game. This exciting camp is comprised of different skill levels featuring MIT's easy-to-learn Scratch programming language plus age-appropriate LEGO® WeDo 2.0 or Mindstorms EV3 robotics technology. Learn to build and computer program a robotic device, incorporating LEGO bricks, motors, and sensors, and program a video game featuring a virtual LEGO model.

All campers make and take home a custom mini-figure and photo collage of the week's experience. **Please bring a snack and water bottle.**

For an all-day option, sign up instead for the Bricks 4 Kidz: All Day Camp and get the morning Coding & Video Game Design Camp, afternoon Game On Camp, plus half-hour early drop-off, lunch hour, and half-hour late pick-up all at a discounted fee. Recreation Center Classroom.

M-F Aug 9-13 9a-12p \$210*



BRICKS 4 KIDZ® CAMP: GAME ON! **NEW!**
AGES 6-14 **5 CLASSES** **IN-PERSON, INDOOR**

For kids today, it's all about the world of online video games and apps! In this interactive summer camp, campers will use LEGO® Bricks to create and build different characters from their favorite video games. Themes such as Super Mario Bros, Roblox, Beyblades, Pokémon, and Minecraft come to life through the use of our motorized models, mosaics, and 3D art, all made out of LEGO Bricks. Don't forget classic Nintendo and SEGA themes such as Zelda, Duck Hunt, Pacman, and Sonic the Hedgehog! Each day will be a new adventure as the virtual and LEGO worlds combine.

All campers make and take home a custom mini-figure and photo collage of the week's experience. **Please bring a snack and water bottle.**

For an all-day option, sign up instead for the Bricks 4 Kidz: All Day Camp and get the morning Coding & Video Game Design Camp, afternoon Game On Camp, plus half-hour early drop-off, lunch hour, and half-hour late pick-up all at a discounted fee. Recreation Center Classroom.

M-F Aug 9-13 1-4p \$210*



BRICKS 4 KIDZ® CAMP: SPACE PIONEERS ROBOTICS **NEW!**
AGE 6-12 **5 CLASSES** **IN-PERSON, INDOOR**

Have you ever imagined what is it like to travel to and live on a planet that is different from how life is here on earth? Can you create an innovative solution that would help us to survive in the harsh and unknown environment of all the planets in the solar system? This journey into outer space will allow us to explore and to overcome all the challenges that come with colonizing new worlds. In this fun and explorative camp, campers will become space pioneers and will travel on spaceships to different planets to start colonizing new worlds. Campers will build robots that will assist them in surviving these new harsh and difficult environments. Each day, campers will build and program special robots with innovative designs to overcome all the obstacles that come with being space adventurers. And in the process, they will acquire the skills to understand the responsibilities of engineers, programmers, designers, and researchers. Join us for this space adventure this summer!

All campers make and take home a custom mini-figure and photo collage of the week's experience. **Please bring a snack and water bottle.**

For an all-day option, sign up instead for the Bricks 4 Kidz: All Day Camp and get the morning Space Pioneer Robotics Camp, afternoon Mining & Crafting Camp, plus half-hour early drop-off, lunch hour, and half-hour late pick-up all at a discounted fee. Recreation Center Classroom.

M-F Aug 23-27 9a-12p \$210*



BRICKS 4 KIDZ® CAMP: MINING & CRAFTING

AGE 6-12

5 CLASSES

IN-PERSON, INDOOR

Experience the world of Minecraft® with LEGO® Bricks in this fun camp! Minecraft is a game about placing blocks to build anything you can imagine. At night monsters come out, so make sure to build a shelter before that happens. Kids will start by crafting their shelters as well as some of the mobs, critters and tools using LEGO Bricks. Campers will face new challenges each day, building models and crafting key elements from the popular Minecraft game.

All campers make and take home a custom mini-figure and photo collage of the week's experience. **Please bring a snack and water bottle.**

For an all-day option, sign up instead for the Bricks 4 Kidz: All Day Camp and get the morning Space Pioneer Robotics Camp, afternoon Mining & Crafting Camp, plus half-hour early drop-off, lunch hour, and half-hour late pick-up all at a discounted fee. Recreation Center Classroom.

M-F Aug 23-27 1-4p \$210*

SEWING STUDIO

AGES 7-18

5 CLASSES

IN-PERSON, INDOOR

Kitsap Sewing Studio. Want to learn how to sew? Already know how? This camp is for you! Students will start with a fun sewing project at the beginning of camp and progress to more challenging projects based on their skill level and interest by the end of the week. **Sewing projects, materials and machines are provided. A \$10 supply fee is payable to Kitsap Sewing Studio at the first class.** Recreation Center Classroom.

M-F Aug 2-6 9a-12n \$98*
M-F Aug 2-6 1-4p \$98*

SKYHAWKS SOCCER CAMP

AGE 4-7

Raab Park.

M-F Jun 28-Jul 2 9a-12n \$143*
M-F Aug 16-20 9a-12n \$143*

SKYHAWKS BASEBALL CAMP

AGE 6-12

Poulsbo Middle School.

M-F Jul 12-16 9a-3p \$183*

SKYHAWKS MULTI-SPORT CAMP

Sports included are Soccer and Flag Football!

AGE 4-7

Raab Park.

M-F Jul 26-30 9a-12n \$143*

SKYHAWKS SOCCER CAMP

AGE 6-12

Poulsbo Middle School.

M-F Jul 19-23 9a-3p \$183*
M-F Aug 9-13 9a-3p \$183*

**SKYHAWKS FLAG FOOTBALL
FUELED BY USA FOOTBALL**

AGE 6-12

Poulsbo Middle School.

Tu-F Jul 6-9 9a-3p \$163*

SKYHAWKS BEACH VOLLEYBALL

AGE 6-12

Raab Park.

M-F Aug 2-6 9a-12n \$143*



POULSBO SUMMER SAILING CAMPS!!
AGES 5-16 **5 CLASSES**

IN-PERSON, OUTDOOR

Jessica Jaeger, Sailing Director with US Sailing Certified Staff. Our Sailing program is an excellent chance to learn sailing skills while enjoying our beautiful Liberty Bay and developing a passion which will be a part of your life forever! Our Youth Summer sailing program is for ages 5-16, 17 and older please see adult sailing. Camps will be held at the Port of Poulsbo (near the boat launch.) The purpose of our sailing camps is to learn basic sailing skills, boating safety, and to have fun! Please remember, however, that sailing can at times be dangerous and students must be willing to work hard each day. Capsizing for the "fun" of it will not be tolerated. **A Coast Guard-approved life jacket must be worn at all times when on the dock and in the water.**

Students must have beginner swimming skills and will need to pass a swim and capsize test by noon on Monday on the first day of camp. Campers unable to pass the test will need to be picked up by noon and camp fee will not be

refunded. Please make sure you and your child understands this prior to registering for camp. Campers must demonstrate that they are able to take instructions from certified instructors while in the water and in boats. The all-day classes will be conducted in Opti and FJ class sailboats. FJ's are approximately 14' with a beam of 5' and are an ideal sailing dinghy to teach young sailors the skills of boat handling and racing.

The Opti is used for our younger sailors, and is a more stable design, while still performing well in a breeze. Opti class sailboats have been used around the world for many years as a junior trainer.

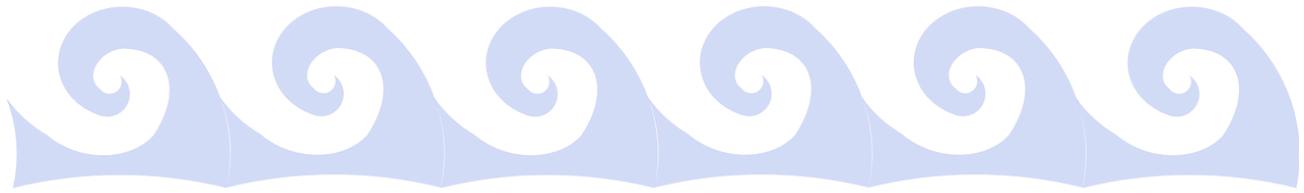
Students will need to bring their own Coast Guard-approved life jacket, a sack lunch, a beverage with extra bottled water, swimsuit, change of clothes, soft-soled closed toed footwear (something you do not mind getting wet), sunscreen, sunglasses and/or a hat, and clothing appropriate for the weather. Wetsuits can be used on inclement weather days only; bring your own if you have one. On cool days, you may need extra clothing, but please NO COTTON. For further information, call Parks and Recreation at 360-779-9898.

All camp staff are US Sailing certified, first aid and CPR certified and have a Washington State Boater Education lifetime registration card.

ALL-DAY CAMPS FOR AGES 10-16

Camps run 9a-4p, Mon-Fri, Swim and Capsize tests must be successfully completed by each sailor by noon, 1st day of camp. Campers who do not pass this test must be picked up by noon and will not be refunded. Max 12 students per class.

Mon-Fri	Jun 28-Jul 2	9a-4p	\$249*
Mon-Fri	Jul 5-9	9a-4p	\$249*
Mon-Fri	Jul 12-16	9a-4p	\$249*
Mon-Fri	Jul 19-23	9a-4p	\$249*
Mon-Fri	Jul 26-30	9a-4p	\$249*
Mon-Fri	Aug 2-6	9a-4p	\$249*
Mon-Fri	Aug 9-13	9a-4p	\$249*
Mon-Fri	Aug 16-20	9a-4p	\$249*
Mon-Fri	Aug 23-27	9a-4p	\$249*



OPTI CAMPS FOR AGES 8-10

Please be sure to read entire sailing description above. Swim and Capsize tests must be successfully completed by each sailor by noon, 1st day of camp. *Campers who do not pass this test must be picked up by noon and will not be refunded.*

Students will sail Opti boats. Max 6 students per class.

Mon-Fri	Jun 21-25	10a-3p	\$199*
Mon-Fri	Jun 28-Jul 2	10a-3p	\$199*
Mon-Fri	Jul 5-9	10a-3p	\$199*
Mon-Fri	Jul 12-16	10a-3p	\$199*
Mon-Fri	Jul 19-23	10a-3p	\$199*
Mon-Fri	Jul 26-30	10a-3p	\$199*
Mon-Fri	Aug 2-6	10a-3p	\$199*
Mon-Fri	Aug 9-13	10a-3p	\$199*
Mon-Fri	Aug 16-20	10a-3p	\$199*
Mon-Fri	Aug 23-27	10a-3p	\$199*

INTRO TO SAILING FOR AGES 5-7

We will be offering an introduction to boating to our youngest new sailors! For our 5, 6 and 7 yr olds, our intro course will include a relaxed atmosphere on the docks, with guidance and support to get them into a boat and slowly introduce them to the water. A brief swim test with life jacket on will be conducted. All students will use Opti boats. **A Coast Guard-approved life jacket must be worn at all times when on the dock and in the water.** For more information on a typical camp day, visit CityofPoulsbo.com/Register. Max 6 students per class.

Tu-Th	Jun 22-24	9-11:30a	\$99*
Tu-Th	Jun 29-Jul 1	9-11:30a	\$99*
Tu-Th	Jul 13-15	9-11:30a	\$99*
Tu-Th	Jul 20-22	9-11:30a	\$99*
Tu-Th	Aug 3-5	9-11:30a	\$99*
Tu-Th	Aug 10-12	9-11:30a	\$99*
Tu-Th	Aug 24-26	9-11:30a	\$99*

TEEN VOLUNTEER INTERNS WANTED!

Poulsbo Parks and Recreation seeks dedicated teen volunteers to assist our professional instructors with youth programs. Interns will gain valuable work experience while earning community service hours. Qualified youth will be age 13 or older, enjoy children, and have a positive and enthusiastic attitude. Applicants should have an interest in arts, crafts, sports, and other recreational activities, and be a dependable and positive role model. Interns will need to make a time commitment that will vary depending upon the season. Fall & Winter sessions could be 1-4 hours per week for up to 5 weeks; Spring & Summer sessions could include weekly camps and a commitment of 2-20 hours for an entire week. For more information, call Kris Goodfellow at 360-779-9898. Applications are available at www.cityofpoulsbo.com.





Summer Sailing Camp

360-447-8119

PoulsboSailCamp.com

Learn to Sail at Poulsbo Yacht Club

Get Close to Marine Life

Make New Friends

Did We Mention Having Fun?



Ages 10 through 15
Six Weekly Classes Starting July 5



Summer Camps

Music, Dancing, Crafts, Games
and a Final Performance!



ELEMENTARY: Ages 8-12

July 5-9 and July 19-23

9 AM - 3 PM

KCMT LITTLES: Ages 4-7

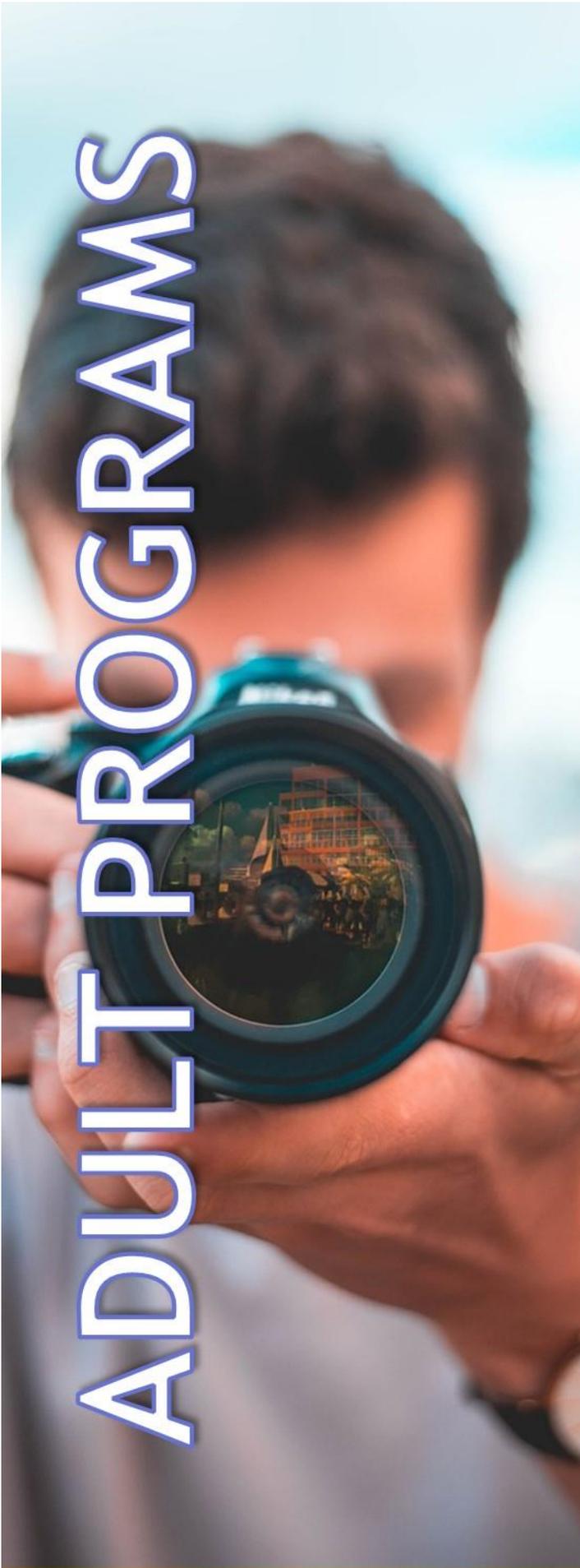
August 2-6 and August 9-13

9 AM - 12 PM

Facebook: @KCMTSummerCamps

Email: kcmtsummercamp@gmail.com

DETAILS & REGISTRATION @ cityofpoulsbo.com/register



ADULT PROGRAMS

FAMILY GIFTS PAINTING WORKSHOP

AGES 2 ½ - ADULTS

1 CLASS

IN-PERSON, INDOOR

Artists will enjoy creating exciting unique works of art to give as a wonderful gift. Basic project instructions will be suggested as students set out on their artistic adventure to create their very own one-of-a-kind masterpieces.

Children 7 and under must be accompanied by an adult as they might need a little extra help. **A supply fee of \$6* per student is payable to the instructor at the class. (Additional painting surfaces may be purchased for an extra supply fee of \$6 per each additional surface. Please let the instructor know prior to the class.)**

Father's Day Mug

Thu Jun 9 10-10:45a \$20

Grandparents Day Photo Frames

Thu Jul 7 10-10:45a \$20

FOUR SEASONS OF HARVEST FROM THE VEGETABLE GARDEN

1 CLASS

VIRTUAL CLASS

Gayle Larson. Our temperate maritime climate is perfect for growing vegetables to harvest all winter and into the early spring. And yes, June is the time to start! Topics include which crops to choose, when to start them, weather protection and when to harvest. Grab your seed catalogs and start planning for your winter garden in this 1 ½ hour online class. Zoom link will be emailed 24 hours prior to the class.

Wed Jun 23 7-8:30 PM \$10

GUIDED WALKS THROUGH POULSBO'S FISH PARK MONTHLY

IN-PERSON, OUTDOOR

Have you ever wondered how Poulsbo's Fish Park got its start? And what is there to see behind the trees you can see from Lindvig Way? If these questions have you curious, then come join some of the volunteers who have helped create this community treasure. Poulsbo's Fish Park is an urban nature park in the middle of a growing, busy city. This project began in 2002 with the purchase of 13 acres for just over \$1 million dollars. The ongoing development has been successful using city dollars, state and federal grants, property donations, various service clubs, and extensive volunteer support. Poulsbo's Fish Park citizen steering committee plans, builds, and fundraises for future park development. Come enjoy the sights and sounds of this unique place with the people who really love this now 40-acre park. **The walk is free, but please register through Poulsbo Parks and Recreation so we know how many people are coming.** All ages welcome - maximum 20 people per tour. Must be able to walk for 1/2-1 mile. Rain or shine! Poulsbo's Fish Park, 288 NE Lindvig Way.

Sat May 22, Jun 26, Jul 24, Aug 28 10-11a FREE

LAUGHTER YOGA IN THE PARK

AGES 9-ADULT

IN-PERSON, OUTDOOR

Rachel Cornette. Laughter Yoga is an easy, fun exercise for the mind, body, and the spirit. It provides a reduction of stress and tiredness, a renewal of physical energy and greater inner calm. Participants will not need any special gear or attire; they will just need to bring a willingness to laugh! **This drop-in class requires no registration; join us for one Sunday class or all!**

Sun Jul 11-Aug 29 4-4:45p FREE

THE POULSBO TREE BOARD

The Poulsbo Tree Board was established in 1997 to advise and educate the Mayor, City Council and citizens on issues pertaining to trees in the city. This includes the promoting of responsible planting of trees on public and private property; promoting public education and proper maintenance of trees; advocating trees within the city; providing for aesthetics within the city through the formulation and implementation of tree programs; developing innovative and joint funding for tree projects from a variety of sources; and providing the Mayor and the City Council with a yearly report regarding Tree Board activities. The 7-member board is a mixture of ISA Arborists, professional educators and scientists, vegetation experts, Master Gardeners, and citizens.

The Tree Board offers the following classes. Classes are free, but pre-registration is required by calling 360-779-9898 or registering online at CityofPoulsbo.com/Register.

WILDFIRE, TREES & SAFETY

1 CLASS

VIRTUAL

Terri Jones, Poulsbo Tree Board member, Registered Professional Forester-Emeritus. The window of susceptibility for a large-scale fire in the Puget Sound area is increasing. What does that mean for us? This presentation focuses on providing a fundamental understanding of fire regimes, fire spread, pre-wildfire planning and recovery, with the intention that informed action could improve personal safety, benefit ecosystems, and potentially protect our homes and their landscapes. **Class is free, but please register in advance so we can send you the meeting link.**

Mon Jun 28 12-1:30p FREE

SUMMER TREE PRUNING

1 CLASS

VIRTUAL

Bess Bronstein, Poulsbo Tree Board member, ISA Certified Arborist and Educator; Kevin McFarland, Poulsbo City Arborist. Join this remarkable team to learn about what summer pruning can do for your trees. Late summer is a great time to prune fruit trees as well as certain ornamental trees including dogwoods, magnolias, maples, and other flowering trees. If you have always wanted to learn how to keep your trees from sending up so many suckers and waterspouts, this is the class for you. **Class is free, but please register in advance so we can send you the meeting link.**

Mon Jul 12 12-1:30p FREE

FUNGAL FRIENDS: THE GOOD, THE BAD & THE EDIBLE! 1 CLASS

VIRTUAL

Dr. Jenise Bauman, Poulsbo Tree Board member, Restoration Ecologist and Professor at WWU Huxley College of the Environment on the Peninsulas. Fungi are one of the most diverse groups of organisms on our planet. Their niche includes beneficial symbionts, problematic pathogens, and important ecological decomposers. This talk reviews these intricate relationships as it pertains to plant and fungal interactions happening in our neighborhoods. **Class is free, but please register in advance so we can send you the meeting link.**

Mon Aug 9 12-1:30p FREE



RAAB PARK COMMUNITY GARDEN: (THE P-PATCH)

WELCOME GARDENERS! The Raab Park Community Garden (The P-Patch) is sponsored by the City of Poulsbo Parks and Recreation. There are still a few plots available for rent. There is a maximum allocation of two plots per household. The P-Patch has 54 sunny raised bed garden plots in three sizes:

Plot Size and Annual Fees		
<u>Non-refundable Annual Application Fee*</u>		\$18
<u>10' x 20'</u>	Resident	\$47
	Non-Resident	\$55
<u>10' x 10'</u>	Resident	\$30
	Non-Resident	\$38
<u>8' x 2' x 4' HIGH OR 8'x4' LOW</u>	Resident	\$24
	Non-Resident	\$32
<u>Clean Plot Deposit</u>	All Applicants	\$25
This is refundable if the plot is left cleaned out at the end of the season.		

RENTERS NEED TO BE PREPARED TO PLANT AND KEEP THEIR GARDEN CARED FOR WHILE STILL IN THE CURRENT PHASE . IF YOU DON'T FEEL YOU SHOULD GARDEN UNTIL EVERYTHING OPENS UP, PLEASE WAIT TO SIGN UP UNTIL WE REACH THAT PHASE. GARDENERS ABANDONING THEIR PLOTS WILL FORFEIT THEIR PLOTS AND DEPOSITS. GARDENERS MUST FOLLOW CURRENT COVID PROTOCOLS.

The gardening year runs March 1, 2021-February 28, 2022. Gardeners must use organic gardening practices, products, and materials. Information and resources on organic gardening are provided, as well as a selection of long handled tools, wheelbarrows and hoses from the lending shed. Produce may not be sold but may be shared or donated to a food bank. Participants are responsible for complying with the "Gardener's Agreement", and reading and understanding the Patch Rules, Regulations and Guidelines. They are also required to keep their plot area clean and looking good.

A Clean Plot deposit is required and will be either rolled over for continuing gardeners or refunded at the end of the gardening season for those who clean their plots and end their rental. This is a year-round garden, with water provided from April through October. **Plot fees are non-refundable.** For more information, call Parks and Recreation, 360-779-9898.

NOTE: NEW FOR 2021. Due to budget constraints, we no longer have a garden coordinator. All gardeners will need to help keep up the common areas of the garden. Thank you in advance for your help with this. If you have questions, please call us at 360.779.9898.





**WONDERFUL WORLD OF WATERCOLOR
VIRTUAL**

4 WEEKS

Donna Russell. This class is for both the absolute beginner and the more advanced painter who wants to paint in a freer style. Drawing skills are not required. (Really!) It will help you paint faster, more creatively, and have more fun. Course includes a 20-minute individual conference on Thursday mornings, if desired.

Donna was a long-time art instructor for Poulsbo Parks & Rec and was sad to leave in order to move to Kansas last spring. She is excited to continue working with students online and hopes to see some familiar faces. Handouts and materials list will be provided upon registration.

Participants will need to download the RingCentral Meetings app, a Zoom program with enhanced security for government use. Link for class will be emailed 24 hrs. prior to the class.



BOATS ON CALM WATER

Boats on lakes, calm ocean, docked boats, and row boats. If you took the previous course you may want to put people in your paintings. This course will include reflections on the water, including sunrise/sunset reflections against boat silhouettes. **No class on May 31.**
 Mon May 17-Jun 14 10a-12p \$63*

ALL ABOUT TREES

It's tough to paint a landscape without trees. This course will deal with various easy methods to get the effect you want. It will include evergreen trees, deciduous autumn trees, dead trees, stumps, and all sorts of barks and textures.
 Mon Jun 28-Jul 19 10a-12p \$63*

DOGS & THEIR PEOPLE WALKERS

Figures in motion. Paint figures of dogs and people in groups or alone. Simplify figures to show different breeds without losing your mind over detail.
 Mon Jul 26-Aug 16 10a-12p \$63*

STREAMS, ROCKS & WATERFALLS

Paint the great outdoors in a loose impressionist way, and 3-D closeups of river rocks. **No class on Sep 6.**
 Mon Aug 23-Sep 20 10a-12p \$63*

SUMMERTIME PIANO LESSONS

ALL AGES WELCOME!

MOST LESSONS WILL BE VIRTUAL

Megan Hennings. We know that summer can be a busy time for people, but it is also a great time for piano, too! During the school year you've built up momentum, why give it up now? Or maybe you've never experienced formal piano instruction and would just like to "try it out" to see what it's like! We are offering summertime private lessons to students who might be interested in a flexible schedule. Maybe you would like to take lessons for a month or maybe you need just a week here or there. Please call the Recreation Center at 360-779-9898 to arrange the private lessons.

T,W Jun 23-Sep 3 (Thursdays may also become available depending on enrollment)
 \$28 per 30-min lesson, payable prior to each lesson.
 \$39 per 45-min lesson, payable prior to each lesson.



**UNDERSTANDING DIGITAL PHOTOGRAPHY:
BASICS**

**AGES 13-ADULT 1 CLASS
IN-PERSON, INDOOR / OUTDOOR**

Kimberly Schofield. This class is designed for beginning DSLR photographers interested in learning the full potential of their cameras. Gain confidence to move away from shooting on auto and get creative control of your images. This hands-on class will cover the fundamentals for exposure, ISO, aperture, shutter speed, controlling depth of field, creating interesting compositions and facing specific challenging scenarios in photography. After the classroom seminar, students will break and head to Raab Park for additional outdoor skill development. **There will be no transportation available from the Recreation Center to the park. Non-driving students will need to arrange transportation for the outdoor portion of the class. Students will need their DSLR camera, and a small notepad and pen or pencil to keep in their camera bag.**

Recreation Center Classroom / Raab Park			
Sat	Jun 5	2-5p	\$53*
Recreation Center Classroom / Fish Park			
Tue	Jul 13	5-8p	\$53*
Recreation Center Classroom / Waterfront Park			
Thu	Aug 12	5-8p	\$53*



EXPLORE
Poulsbo's History!

Visit
Martinson Cabin
Saturdays in Nelson Park

Heritage Museum
Maritime Museum
Front Street
See website for hours

poulsbohistory.com



POULSBO
HISTORICAL SOCIETY



SUQUAMISH MUSEUM

CHIEF SEATTLE DAYS EXHIBIT

APRIL 9, 2021 THROUGH JANUARY 9, 2022



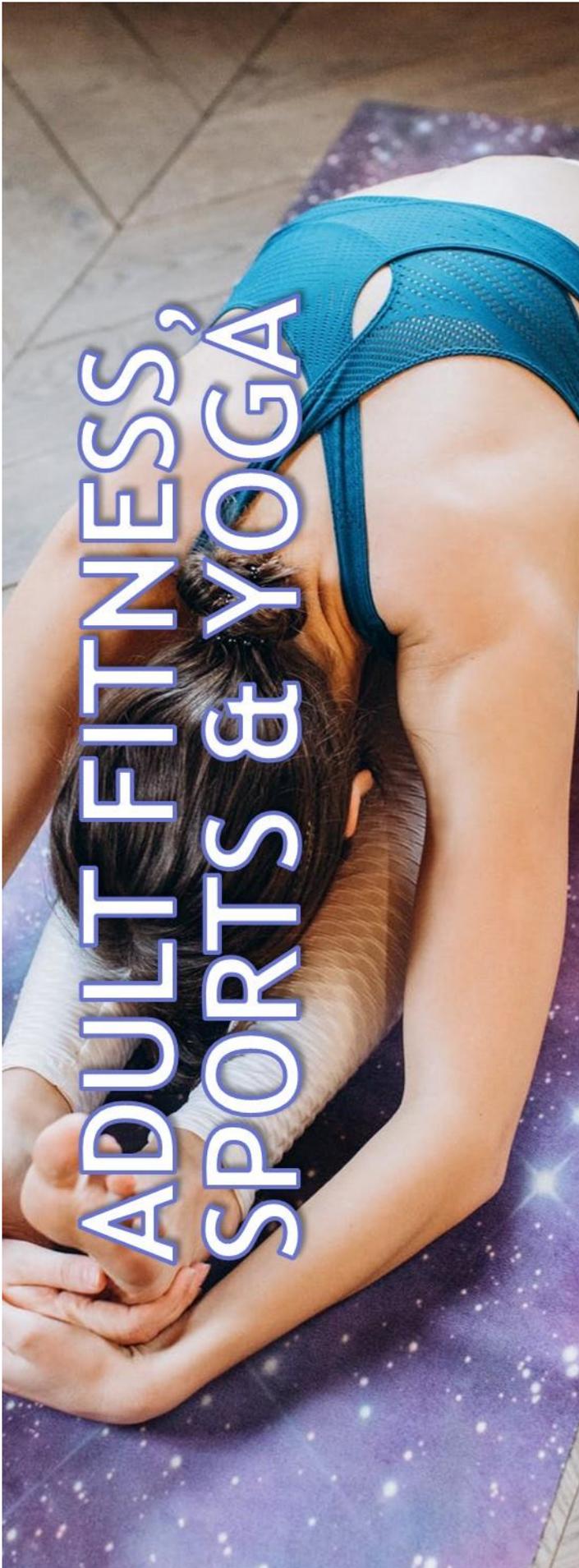
CHIEF SEATTLE DAYS CIRCA 1920'S
(CENTER) LUCY (SNYDER) MULHOLLAND,
(RIGHT) AMELIA SNEATLUM

WE ARE CURRENTLY ON A PHASED RE-OPENING PLAN TO SCHEDULE YOUR VISIT PLEASE CALL OR EMAIL:

(360) 394-7105 OR
MUSMARK@SUQUAMISH.NSN.US




@SUQUAMISHMUSEUM



ADULT FITNESS, SPORTS & YOGA

At this time, all Yoga and Fitness programs will need to operate on a session fee basis, which will require advanced registrations. Drop-ins will not be allowed for these programs.

Indoor classes will be held in the Recreation Center Gym. The Recreation Center is a great place to enjoy fitness classes. The fitness room is air conditioned with a padded floor and large mirrors. Bring a water bottle and a towel and/or exercise mat for floor work. Masks and distancing required.

YOGA BASICS **4 WEEKS** **IN-PERSON, INDOOR**

Lori Whiting, ACE. A revitalizing mind/body workout designed to increase flexibility and strength through yoga postures, using yoga blocks and straps to modify postures and focusing on proper alignment. We'll work on balance and use breathing and relaxation for stress relief. All levels welcome.

T/Th	May 25-Jun 17	8:10-9:10a	\$86*
T/Th	Jun 29-Jul 22	8:10-9:10a	\$86*
T/Th	Aug 3-26	8:10-9:10a	\$86*

YOGA **4 WEEKS** **IN-PERSON, INDOOR**

Jolene Culbertson, RYT 200. Gain greater flexibility and strength with a focus on basic yoga postures, alignment, and breath in a non-intimidating environment. This class is perfect for all levels of experience and fitness.

Thu	Jun 3-24	5-6p	\$45*
Thu	Jul 1-22	5-6p	\$45*
Thu	Jul 29-Aug 19	5-6p	\$45*

GOOD MORNING YOGA IN THE PARK **4 WEEKS** **IN-PERSON, OUTDOOR**

Jolene Culbertson, RYT 200. Gain greater flexibility and strength with a focus on basic yoga postures, alignment, and breath in a non-intimidating environment. This class is perfect for all levels of experience and fitness. Raab Park.

Mon	Jul 5-26	9:30-10:30a	\$45*
Mon	Aug 2-23	9:30-10:30a	\$45*



CHAIR YOGA: ONLINE **4 WEEKS** **VIRTUAL**

Jolene Culbertson. Come join others in a fun and educational yoga class using a chair for support. Perfect for anyone challenged by balance, flexibility, difficulty getting on or off the floor, weight issues and/or medical conditions causing weakness or tremors. Jolene Culbertson is an ARNP, RYT 500 with 40+ years of both medical and yoga experience.

Mon	Jun 28-Jul 19	5:30-6:30p	\$45*
Mon	Aug 2-Aug 23	5:30-6:30p	\$45*

LEARN TO PLAY PICKLEBALL

AGES 18 & OLDER

3 CLASSES

IN-PERSON, OUTDOOR

Helen Muterspaugh. Have you been wanting to learn how to play Pickleball, but just did not know where to begin? Designed for beginners, this class will provide instruction on the rules and allow you to learn with others who are also new to this popular sport. **Paddles and balls will be provided, but participants are encouraged to bring their own.** Recreation Center Outdoor Sports Court.

M/W	Jun 14-21	1-2:30p	\$36*
M/W	Jul 12-19	1-2:30p	\$36*

PICKLEBALL: Open Court for Beginner's Use

IN-PERSON, OUTDOOR

We have turned our outdoor sports court into a pickleball court for novice players to practice their skills. This is just an open court for practice, you will need to already know how to play, lessons and instructions are not provided. Stop by and try out a recreational sport created right here in the Northwest! Pickleball is played on a 20'X44' court, over a 36" net that is provided. Bring your own paddles and balls or borrow ours. Recreation Center Outdoor Sports Court.

Sun 6/6, 6/13, 7/18, 7/25, 8/22, 8/29 3-4:30p FREE

SELF DEFENSE WORKSHOP FOR WOMEN

AGE 13 THRU SENIORS

1 CLASS

IN-PERSON, INDOOR

Perfect for young women heading to college!

Mike Cain. Learn how to protect yourself in this informative class taught by martial arts instructor, Mike Cain. Class includes hands-on instruction in how to defend against choking, punching, grabbing, and pushing. No hard hitting or throws. You will learn about pressure points, joint locks, and practical application for self-defense. There is controlled contact as you learn the various moves. **We will work within your physical limitations.** Recreation Center Gym / Classroom.

Sat	Jun 5	10a-1p	\$39*
Sat	Jul 10	10a-1p	\$39*
Sat	Aug 7	10a-1p	\$39*

Looking for a private Self Defense class with Mr. Cain for yourself, your group or business? Give us a call to schedule one, 360-779-9898. \$145 per 3-hour class, maximum of 8 participants.

TAI CHI

4 WEEKS

IN-PERSON, OUTDOOR

Matthew Stremcha. If you can walk, you can do Tai Chi. Tai chi uses simple, low-impact movements that increase flexibility, balance, range of motion, relaxation, mental focus, strength, and overall well-being. No previous experience required. Please wear comfortable clothing. Parks and Recreation Outdoor Sports Court.

Thu	Jun 17-Jul 8	6-7p	\$45*
Thu	Jul 29-Aug 19	6-7p	\$45



BASKETBALL OPEN GYM

This program is dependent upon use of the school district's gyms. It is unknown at this time when we will be able to access them.

RACQUETBALL

Recreation Center Indoor Courts: The courts are still closed, and we don't expect them to reopen until Phase 4.



TNT – TIGHTEN ‘N TONE

**4 WEEK SESSIONS, ONE OR MORE DAYS/WEEK
IN-PERSON, INDOOR**

Lori Whiting, ACE. This class will help to define and tone muscles and speed up your metabolism using resistance bands and dumbbells. Core conditioning exercises will help shape and define your physique and strengthen back muscles. We'll finish with stretching to increase flexibility and relaxation and breathing to relieve stress. All levels welcome.

At this time, all programs will need to operate on a session fee basis, which will require advanced registrations. Drop-ins will not be allowed for these programs. Sign-up for four weeks, one day per week, two, or all three! No class May 31.

Classes will be held in the Recreation Center Gym. The Recreation Center is a great place to enjoy fitness classes. The fitness room is air conditioned with a padded floor and large mirrors. Bring a water bottle and a towel and/or exercise mat for floor work. Masks and distancing required.

Sign up for Mondays, Wednesdays, AND/OR Fridays, 8:10-9:10a.
4-week sessions are \$45* per session for **one day** per week.
Sign up for more than one day per week and your second/third sessions are only \$37 each.
Please call 360.779.9898 to register if you are signing up for more than one class.

Sessions:

- May 24-Jun 14
- Jul 7-Aug 2
- Aug 4-Aug 30

SAILING: FAMILY & ADULT

AGES 8 & OLDER

3 CLASSES

IN-PERSON, OUTDOOR

Jessica Jaeger, Sailing Director. Our sailing program is an excellent chance to learn sailing skills while enjoying our beautiful Liberty Bay and developing a passion which will be a part of your life forever! The adult program is for ages 18 & older for individuals registering on their own. If you are registering as a family, children 8 and up must register with their guardian and will still need to pass the swim and capsized test. Class will be held at the Port of Poulsbo (near the boat launch.) **A Coast Guard-approved life jacket must be worn at all times when on the dock and in the water.**

Participants must have beginner swimming skills and will need to pass a swim and capsized test on the first class. *Participants unable to pass the test will not be refunded. Please understand you must demonstrate swimming skills in Liberty Bay and be physically strong enough to right a capsized boat.* The classes will be conducted in FJ class sailboats. FJ's are approximately 14' with a beam of 5' and are an ideal sailing dinghy to teach new and old sailors the skills of boat handling and racing.

Participants will need to bring their own Coast Guard-approved life jacket, a beverage with extra bottled water, change of clothes, soft-soled closed toed footwear (something you do not mind getting wet), sunscreen, sunglasses and/or a hat, and clothing appropriate for the weather. Wetsuits can be used on inclement weather days only; bring your own if you have one. On cool days, you may need extra clothing, but please NO COTTON. If a make-up date is necessary, it will be the following Saturday from 9a-12n.

T/W/Th	Jun 1-3	5:30-8:30p	\$99*
T/W/Th	Jun 29-Jul 1	5:30-8:30p	\$99*
T/W/Th	Jul 27-29	5:30-8:30p	\$99*
T/W/Th	Aug 24-26	5:30-8:30p	\$99*



LEARN TO ROW WITH KITSAP ROWING ASSOCIATION 2021

Have you seen our boats out on Liberty Bay and wanted to try rowing? Curious about the fastest growing sport in America but weren't sure where to start? Kitsap Rowing Association (KRA) is offering Learn to Row (LTR) classes through our website for anyone who has never rowed in a 4 or 8-person shell, and who has an interest in learning about the sport.

Rowing is a non-impact lifetime sport, and our club has members ages 18 – 70+. Rowing utilizes all of the body's major muscle groups and provides for both a strength and cardio workout. The sport is team oriented and lots of fun. We have a great location at the Poulsbo Marina and row year-round both in the mornings and early evenings.

LTR participants should have no active knee or back issues and be able to lift 35 lbs. overhead. Participants must be able to get into a squat position and have enough knee and back flexibility to get in and out of a shell. In this year of the pandemic all our KRA club members will be vaccinated, because social distancing is impossible when rowing in shells with others. KRA has been in compliance, and will continue to be so with State, County, and USRowing COVID19 guidelines. Please go to our website for detailed vaccination information.

Each 12-hour class consists of 5 sessions shown below: one on-land session Wednesday PM, and 2 on-water sessions each on the following Saturday and Sunday. The goal of Kitsap's LTR is to teach you the basics of rowing so that you would be prepared to join any club and enjoy the health and social benefits of rowing as a lifetime pursuit.

As a member of the US Rowing Association, KRA supports both recreational rowing and competitive rowing. If you have rowed before or would like to cox or coach please contact us directly.

For more information, or to register, please visit: www.kitsaprowing.org.

Class 1:	\$199		
Wed	June 2	On Land:	6-8:30 pm (Session I)
Sat	June 5	On Water:	6-11 am (Sessions II & III with 30 min. break)
Sun	June 6	On Water:	6-11 am (Sessions IV & V with 30 min. break)
Class 2:	\$199		
Wed	July 14	On Land:	6-8:30 pm (Session I)
Sat	July 17	On Water:	6-11 am (Sessions II & III with 30 min. break)
Sun	July 18	On Water:	6-11 am (Sessions IV & V with 30 min. break)
Class 3:			
Wed	July 28	On Land:	6-8:30 pm (Session I)
Sat	July 31	On Water:	6-11 am (Sessions II & III with 30 min. break)
Sun	Aug 1	On Water:	6-11 am (Sessions IV & V with 30 min. break)
Class 4:			
Wed	Aug 11	On Land:	6-8:30 pm (Session I)
Sat	Aug 14	On Water:	6-11 am (Sessions II & III with 30 min. break)
Sun	Aug 15	On Water:	6-11 am (Sessions IV & V with 30 min. break)



Make Your Mark on the park!

Play
for
All
at Raab Park

Help raise funds for our new fully inclusive accessible Play for All playground at Raab Park.

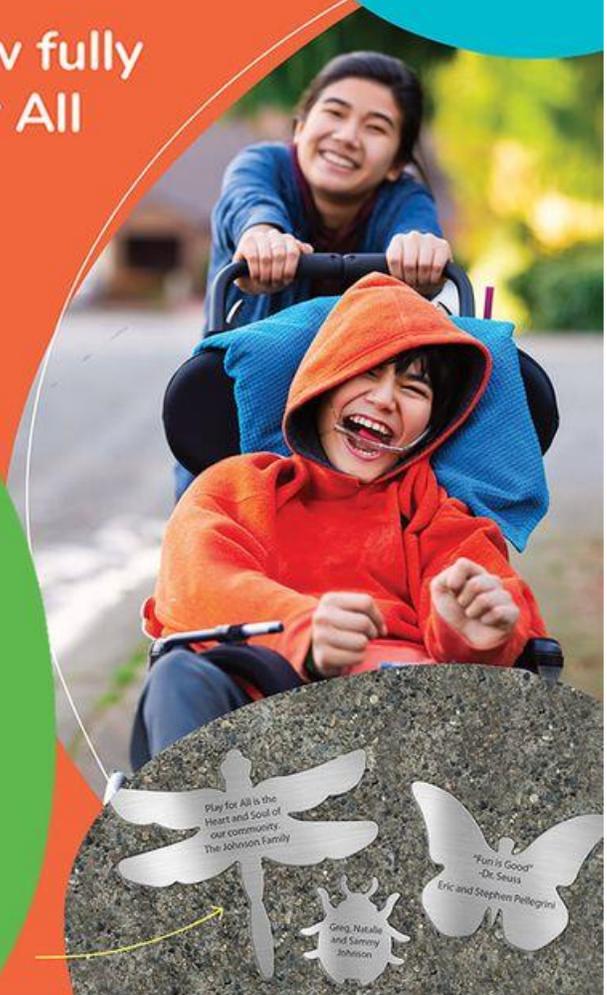
Purchase a plaque!

Dragonfly: \$1,000

Butterfly \$500

Ladybug \$250

playforallpoulsbo.org



POULSBO PARKS & RECREATION



The heart of a healthy community

FACILITY RENTALS & COMMUNITY SIGNBOARDS



The city manages two community signboards on Highway 305. Organizations may reserve the space to advertise their special events and activities.

There are three parks with facilities available to rent: The Austin-Kvelstad Pavilion at Muriel Iverson Williams Park, and the Raab Park and Nelson Park Picnic Shelters.

NOTE: WE ARE CURRENTLY IN PHASE 3 OF THE 2021 HEALTHY WASHINGTON ROADMAP TO RECOVERY, WHICH ALLOWS FOR A MAXIMUM OF 50 PEOPLE TO BE GATHERED.

Some provisions may be made for weddings and memorial services.

Sign Reservations: \$45* per week. One week maximum per event.

Park Facility Reservations: \$40* for the first 2 hours; \$10 for each additional hour for social events.

*A discount is available for events held in the city for sign reservations and for Poulsbo city residents for park facilities.

For applications, visit <https://cityofpoulsbo.com/parks-rec-facilities/>.

CALL 360.779.9898 FOR MORE INFORMATION.

CITY PARKS & TRAILS



1 COLLEGE MARKETPLACE BALL FIELDS

NW Reliance Street, 6 acres
 • Slated for future park development

2 POULSBO'S FISH PARK

288 NW Lindvig Way
 • 42.6 acres on the Liberty Bay Estuary and Dogfish Creek
 • Urban nature park including habitat restoration & interpretive signage
 • 1.5 miles of trails, boardwalk and viewing platforms
 • Monthly volunteer opportunities held the third Sunday of the month from 1-4pm

3 NELSON PARK

20296 3rd Ave NW, 11 acres
 • A picnic shelter with tables (available for private rental)
 • Restrooms, benches, BBQ grills, Playground
 • Pedestrian trail to Poulsbo's Fish Park
 • Nelson Family farmhouse (caretaker's residence)
 • The Martinson Cabin Museum, operated by the Poulsbo Historical Society

4 AMERICAN LEGION PARK

Front Street, 4 acres
 • Wooded trails with Liberty Bay views
 • A pedestrian boardwalk that links to Waterfront Park
 • Restrooms
 • Playground and picnic tables

CITY PARKS & TRAILS

5 MURIEL IVERSON WILLIAMS WATERFRONT PARK

18809 Anderson Parkway, 1.75 acres

- Austin-Kvelstad Pavilion (available for private rental)
- Restrooms, picnic areas, & great views of Liberty Bay
- A pedestrian boardwalk to American Legion Park

6 NET SHED VISTA

18500 Fjord Drive, .69 acres

- Liberty Bay viewing area
- Picnic tables and benches

7 LIONS PARK

6th Avenue & Fjord Drive, 1.2 acres

- Restrooms and picnic areas
- Two tennis courts
- Playground and open play areas

8 OYSTER PLANT PARK

17881 Fjord Dr, .22 acres

- A viewing pier and picnic tables
- Small boat launch

9 BETTY IVERSON KIWANIS PARK

20255 1st Avenue NE, 2.8 acres

- Picnic shelter and BBQs
- Open play areas
- ADA-accessible playground

10 FOREST ROCK HILLS PARK

North end of 12th Avenue NE, 3.1 acres

- Playground
- Trails and picnic areas

11 HATTALAND PARK

10th Avenue NE, 2 acres

- Open space
- Benches, ponds, open space & wetlands

12 CENTENNIAL PARK

19350 7th Ave NE, 2.5 acres

- Picnic tables, pergolas, and trails
- Footbridges over Dogfish Creek

13 WILDERNESS PARK

Caldart Ave to Hwy 305, 11.56 acres

- Wooded trails and open space

14 AUSTURBRUIN PARK

1699 NE Curt Rudolph Rd., 4.5 acres

- Playground
- Picnic areas and trails

15 FRANK RAAB PARK

18349 Caldart Avenue NE, 21 acres

- Picnic shelter (available for private rental)
- Restrooms
- Community P-Patch and youth demonstration gardens
- Playground and playfield
- Horseshoe pits
- Sand volleyball court
- Full sized basketball court
- 1/3-mile walking trail
- Leash free area for dogs
- Skate park

16 POULSBO PUMP TRACK

20523 Little Valley Rd. NE, 1.82 acres

- Bicycle pump track operated by the Evergreen Mountain Bike Alliance

17 ROTARY MORROW COMMUNITY PARK

19146 Noll Rd NE., 1.2 acres

- Slated for future park development

18 WEST SIDE PARK

19638 5th Ave NW, 3.1 acres

- Slated for future park development

Poulsbo's Fish Park



SALMON TRAILS

	PINK LOOP	.21 miles
	COHO LOOP	.17 miles
	STEELHEAD LOOP	.46 miles
	CHINOOK LOOP	.27 miles
	SOCKEYE TRAIL	.49 miles
	CHUM TRAIL	.23 miles
	CUTTHROAT TRAIL	.15 miles
	REDS PATH	.05 miles

- PLATFORM
- BRIDGE
- BENCH
- PICNIC TABLE
- LOG CLIMBING STRUCTURE