Housing, Health and Human Services Committee
Agenda--Regular Meeting

This meeting will be held virtually. The public is welcome to join

https://us02web.zoom.us/j/82507849124

Next Meetings: August 4 and September 1

Subject	Meeting Agenda	Date	July 7, 2021
Recorder	Kim Hendrickson	Start Time	4:00 PM
Committee Chair	Councilmember Lord	End Time	5:00 PM
Committee Members	Councilmembers Britt Livdahl, Connie Lord, David Musgrove		
Staff Expected	Mayor Erickson, Kim Hendrickson, Director, Housing, Health and Human Services		

Agenda

No.	Topic		Action/Recommendation/Discussion
1.	**Administrative**		
A	Questions and Concerns of Committee		
B	Agenda Review		
C	Committee Minutes June 16, 2021		
D	Mayor, Department Head Reports		
2.	**Agenda Items**		
A	Update: Nordic Cottage project, HOME funding application		
B	County consideration of "one tenth" sales tax for affordable housing, relevant state laws, example of local ordinance		
C	Council request to consider case manager for older adults as part of the budget process (ARPA behavioral health funds)		
D	Press release, Poulsbo Fire CARES program		

Future Agenda Items

Item(s)	Responsibility	Meeting Date
Grant request, 2022 Poulsbo Fire CARES Program	Kim	August 4

The Housing, Health and Human Services Committee meets the 1st Wednesday of each month at 4:00pm. The Committee shall consider matters related to the health and well being of Poulsbo residents, with an emphasis on vulnerable populations. The Committee discusses City initiatives, programs and partnerships that address four community needs: (1) affordable and transitional housing, (2) low barrier behavioral health services, (3) public health and equitable access to health services and (4) services for individuals with low and limited income across age groups, with a focus on our youth and seniors.

Public comment is welcomed at the discretion of the chair not to exceed five minutes.The committee may add and discuss other items not listed on the agenda. To request an alternative format of the printed agenda, contact the City Clerk's office at 360.394.9880.

Para solicitar un formato alternativo de la agenda impresa, comuníquese con la oficina del City Clerk at 360 394 9880.

Housing, Health and Human Services Committee
Virtual Meeting Minutes
Meeting Video: *https://vimeo.com/566405652*

Subject	Meeting Minutes	Date	June 16, 2021
Recorder	Kim Hendrickson	Start Time	3:00 PM
Committee Chair	Councilmember Livdahl	End Time	3:55 PM
Committee Members	Councilmembers Britt Livdahl, Connie Lord, David Musgrove		
Staff Expected	Mayor Erickson, Kim Hendrickson, Director, Housing, Health and Human Services		
Public Present	Kathi Forsee, Poulsbo Chamber		

Agenda

No.	Topic		Action/Recommendation/Discussion
1.	**Administrative**		
A	Questions and Concerns of Committee		☒ Discussed (at :20) - *none*
B	Agenda Review		☒ Discussed (at :30) – *no changes*
C	Committee Minutes June 2, 2021		☒ Approved (at :42)
D	Mayor, Department Head Reports		(at 1:03) Mayor discussed new law allowing Councilmanic action to pass a one tenth of one percent tax for affordable housing; will create a funding stream of around 425,000 per year. Discussed in context of equity as defined by Puget Sound Regional Council. (at 10:59) Kim discussed COVID vaccination numbers, remaining balance from vaccine equity grant, attending PED meeting on 6/23.
2.	**Agenda Items**		

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Housing, Health and Human Services Committee
Virtual Meeting Minutes
Meeting Video: *https://vimeo.com/566405652*

A	Committee Business: New Chair Appointment, Meeting Schedule, Updated H3 Committee Description		☒ Discussed (at 18:05) Councilmember Lord unanimously chosen as new Chair; term begins in July. Chair Livdahl commended for work as Chair this year. Committee unanimously agreed to change to a once a month meeting schedule in July; Committee will continue to meet the first Wednesday of each month. Committee unanimously agreed to new Committee description; revised version will be presented to Council during department head comments.
B	6 month reports from Nelson House and Kitsap Homes of Compassion		☒ Discussed (at 35:50) **Nelson House** program has housed and assisted 7 youth in 2021. Cost to City: utilities (water, sewer, storm, sold wase, electricity) **KHOC** has housed and assisted 10 adults in 2021 and 4 children. Cost to City: $1500 (of $6000 City commitment). Councilmember Musgrove requested an estimated utility cost to the City-and publicity for these housing efforts.
C	Nordic Cottage Memo		☒ Discussed (at 44:01) Updates provided: Gateway Board has formally approved partnership with City for NC project; possibility of providing housing for 12 individuals.
D	Committee Proposal: Case Manager Specialist		☒ Discussed (at 48:20) Proposal for funding a case manager to work with older adults discussed; will be presented to Council as part of 6 month Fire CARES presentation 7/7.
E	Extended Agenda Review		☒ Discussed (at 52:09)

Future Agenda Items

Item(s)	Responsibility	Meeting Date
Grant request, Nordic Cottage Project	Kim	July 7
Grant request, 2022 Fire CARES Program	Kim	July 7

The Housing, Health and Human Services Committee meets the 1st Wednesday of each month at 4:00pm and on the 3rd Wednesday of each month at 3pm. The Committee shall consider matters related to the health and well-being of Poulsbo residents, with an emphasis on affordable housing, public health, and behavioral health care issues (mental health, substance use disorders).

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Housing, Health and Human Services Committee
Virtual Meeting Minutes
Meeting Video: *https://vimeo.com/566405652*

Public comment is welcomed at the discretion of the chair not to exceed five minutes.

The committee may add and discuss other items not listed on the agenda.

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City of Poulsbo

Housing, Health and Human Services

The Housing, Health and Human Services Committee meets the 1st Wednesday of each month at 4:00pm. The Committee considers matters related to the health and well-being of Poulsbo residents, with an emphasis on vulnerable populations. The Committee discusses City initiatives, programs and partnerships that address four community needs:

- Affordable and transitional housing
- Low barrier behavioral health services (mental health, substance use disorders)
- Public health and equitable access to health services
- Services for individuals with low and limited income across age groups, with a focus on our youth and seniors.

The Housing Health and Human Services Committee works closely with other Council Committees to serve Poulsbo residents. Conversations here are often held at a conceptual level and may serve as starting point for other Committees' deliberations. The Committee frequently coordinates with local social service organizations and welcomes opportunities for collaboration.

COMMITTEE MEMBERS

- Connie Lord – (Chair)
- Britt Livdahl
- David Musgrove

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City of Poulsbo

Housing, Health and Human Services

M E M O R A N D U M

DATE: July 7, 2021

TO: Housing, Health and Human Services Committee

FROM: Kim Hendrickson

RE: 2021 HOME Application, Nordic Cottage Project

On July 1, 2021, the Kitsap County Department of Human Services issued a request for proposals for Home Investment Partnership (HOME) funds. HOME is a federal program designed to expand the supply of affordable housing in local communities. Housing, Health and Human Services, under the direction of Mayor Erickson, would like to apply for HOME funds to support the Nordic Cottage Project.

Project Description. The City of Poulsbo, working with private and public partners, envisions the use of City property at 609 NE Lincoln ("the triangle") for deeply affordable, transitional rental housing. We propose building three small duplexes (600-900 square feet) called "Nordic Cottages" suitable for women and families in need of transitional, low-cost housing.

A total of twelve bedrooms with six bathrooms is proposed. A small rent will be required from individuals staying in the Cottages (we estimate $200-$300 per month) which will defray the costs of utilities, maintenance, and case management/counseling services. We anticipate housing will be provided for 12-18 months for residents.

The total budget of the Nordic Cottage Project is $750,000-$800,000. With the Committee's approval, we will be requesting $300,000 to help defray the costs of site development and construction. HOME grants have a 25% match requirement, and we anticipate $75,000 in project costs to be funded by City 1406 funds and/or a new affordable housing tax. The City's contribution of land, for this project, may be included in the match requirement.

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Local Affordable Housing Tax Relevant Laws and Purpose

Kim Hendrickson-*Housing, Health and Human Services*

Poulsbo City Council July 7, 2021

Washington Laws Relating to Local Affordable Housing Tax

RCW 82.14.530 (2015) Gives ***Counties*** authority to pass 0.1% sales and use tax for affordable housing and related services. ***Cities*** may impose the tax if County has not done so by September 2020.

HB 1590 (passed 2020): voter approval of affordable housing tax is optional; ***County*** or ***City*** legislators may pass by simple majority.

ESHB 1070 (passed 2021) expands the uses of the affordable tax…

What can the Affordable Housing Tax Pay For?

Construction, operations & maintenance, acquisition of property or land.

Operation, delivery, or evaluation of certain services.

Housing and services provided to people at or below 60% or below of the median income of County who are (1) seniors or veterans (2) have disabilities, (3) are at risk of homelessness, or are (4) victims of domestic violence.

How is this Different than SHB 1406?

- In 2019, the Washington State Legislature passed an **affordable housing sales tax credit** to encourage local efforts to increase affordable housing. Funds may be used for acquiring, rehabilitating, and constructing affordable housing, operations and maintenance, and-in small Counties and Cities-funds can be used for rental assistance.

- Participating Counties and Cities are given a tax credit—with no effect on tax rate to consumers

- City of Poulsbo passed Ordinance 2019-15 in November 2019; tax credit revenue of around $20,000 per year.

Why a Local Tax?

The City of Poulsbo Affordable Housing Tax Force **unanimously recommended** the passage of a City 0.1% affordable housing tax in its February 2020 report to City Council.

Housing Action Plan—internal draft released March 2021—identifies a present and increasing need for more affordable homes in Poulsbo. Plan references declining housing affordability, people with critical skills that can't afford housing, increase in people who are homeless and unsheltered, growing elderly population and the needs for those aging in place.

County Commissioners currently considering an Affordable Housing Tax

- If passed, Poulsbo residents will pay 0.1% and County officials will make housing decisions; a local tax ensures more local control.

NEWS

Kitsap County considering sales tax that could raise millions for affordable housing

Christian Vosler Kitsap Sun
Published 2:20 p.m. PT Jun. 23, 2021

View Comments

Kitsap County's board of commissioners is considering a new sales and use tax to fund affordable housing efforts across the county.

Poulsbo Ordinance *July 14 City Council Agenda*

ORDINANCE NO 2021-___.

AN ORDINANCE OF THE CITY OF POULSBO, WASHINGTON, IMPOSING AN ADDITIONAL SALES AND USE TAX OF ONE-TENTH OF ONE PERCENT FOR HOUSING AND RELATED SERVICES AS AUTHORIZED BY RCW 82.14.530; ADDING A NEW CHAPTER 3.23 TO THE POULSBO MUNICIPAL CODE; PROVIDING FOR SEVERABILITY AND ESTABLISHING AN EFFECTIVE DATE.

Tax in effect xx, 2021

Estimated revenue $425,000 per year

Considerations if Ordinance Passes: who can the City partner with to create more affordable units? Should we form our own housing authority? What code changes are needed to move forward with the Nordic Cottage project?

POULSBO CITY COUNCIL AGENDA SUMMARY

MEETING DATE: 07/14/2021

AGENDA ITEM:	Use of ARPA Funds to Assist Aging and Vulnerable Adults
EXHIBITS:	(Resolution, Use of ARPA Funds for Aging and Vulnerable Adults)
STAFFED BY:	Director of Housing, Health and Human Services Kim Hendrickson
CATEGORY:	Business Agenda
MAYOR OK/Initial:	

SUMMARY STATEMENT:

In January of 2021, The City of Poulsbo entered into a partnership with Poulbso Fire to launch the Poulsbo Fire CARES program. Poulsbo Fire CARES works with individuals using 911 and other emergency services to address needs relating to mental health disorders and the misuse of drugs and alcohol. In the first six months of service, approximately 50% of the individuals Fire CARES responded to were 65 or older.

One of the early lessons of the Fire CARES program is the high need for case management for older adults experiencing mental health, substance use, and physical health issues. The City of Poulsbo, compared to the rest of Kitsap County, has a high percentage of residents who are 65 and older (22% compared to the County's 16%). This number--and the needs of this population--will rise as life expectancies expand and individuals age in place in Poulsbo.

H3 recommends that $55,000 in American Rescue Plan Act funds be used to support a case manager specializing in the needs of older adults in 2022. The case manager will be hired and supervised by Kitsap County Aging and Long Term Care. Total cost for this position is $110,000. Remaining funds will be requested from the County's Treatment Tax as part of the 2022 Fire CARES program application.

☐ Additional Staff Report Attached

COMMITTEE RECOMMENDATION:

07/07/2021	Committee	Recommended

IMPACTS:

Expenditure Required? ☑ Yes ☐ No	Included in Budget? ☑ Yes ☐ No Amount: $ 55,000

RECOMMENDED ACTION:

Include an Aging and Long Term Care case manager as part of City Council's 2021-2022 budget deliberations and assign $55,000 in ARPA funding for this purpose.

SAMPLE MOTION:

I propose that we discuss an Aging and Long Term Care case manager as part of our 2021-2022 budget deliberations and recommend $55,000 in ARPA funding for this purpose.

POULSBO FIRE CARES

SEMI-ANNUAL REPORT

January-June 2021

Prepared by Project Manager Kim Hendrickson July 2021

How many referrals did the CARES team respond to Jan-June?	122 from Fire 21 self initiated 10 from police 3 from school personnel 1 other source
How many individuals did the team assist each month?	January-5 February-14 March-27 April-41 May-44 June-26 157 individuals assisted Jan-June
Who is being helped-and how assisted?	Of the 157 individuals assisted • around half 65 or older (77 individuals) • vast majority live in Poulsbo (110 individuals) • vast majority have had contact with Fire in the last year (126 individuals) • over half report receiving mental health treatment over the past year (85 individuals) • around half report being hospitalized over the past year (66 individuals) • very few homeless or unsheltered (12 individuals) Most individuals assisted in their homes (127 individuals) Teams frequently work with family and caregivers (for 59 individuals) Many received ongoing case management (62 individuals)

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POULSBO FIRE CARES

SEMI-ANNUAL REPORT

January-June 2021

Prepared by Project Manager Kim Hendrickson July 2021

What agencies did the team meet with to promote collaboration and collective impact?	The team spent considerable time January-June "meeting and greeting" with behavioral health care and social service agencies to promote successful referrals and care coordination. Multiple virtual and in person meetings were held with staff at: • Adult Protective Services • Aging and Long Term Care • Coffee Oasis • Fishline • Kitsap Homes of Compassion • Kitsap Mental Health outpatient/crisis • Kitsap Recovery Center • Knight of Columbus • Molina • PCHS • Suquamish Tribe Wellness Center • Then team works closely with North Kitsap and Kingston School staff and several requests were made to assist students.

How many individuals were referred to mental health services this quarter and how many were connected to services?	52 people were referred to mental health services. We are aware of 28 successful connections.
How many individuals were referred to substance use disorder services this quarter and how many were connected to services?	23 people were referred to substance use disorder services. We are aware of 11 successful connections.
How many individuals were referred to support services this quarter and how many were connected to services?	50 people referred to support services (Aging and Long Term Care, youth, victim's, veterans, etc) We are aware of 25 successful connections.

How many trips to the emergency room were diverted because of the team's presence in the field?	8 diversions in the field. Estimated cost savings of ambulance transfer and one-day stay in the ED: $2,500 per patient, or $20,000 total

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POULSBO FIRE CARES

SEMI-ANNUAL REPORT

January-June 2021

Prepared by Project Manager Kim Hendrickson July 2021

Success stories and challenges	The team's most dramatic success story, of late, was their ability to find a new home and sense of stability for a woman in Poulsbo who-within the space of a few months-witnessed her husband's suicide, discovered that she was the victim of financial fraud, and attempted to take her own life. The team has worked with "Barbara" to access mental health services (outpatient and inpatient) and legal services, bring her home from the hospital, and to facilitate a move to a new apartment where her needs can be better met. **In terms of challenges**, the CARES team does not have the ability to provide long term case management to all of the elderly individuals requesting their assistance; we would like to bring on a case manager for aging and vulnerable adults as part of next year's program. We would like to see more fire and police referrals being made from outside of Poulsbo Fire and Poulsbo PD. Will continue educating first responders about the program in Q3.

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City of Poulsbo

Housing, Health and Human Services Department

PRESS RELEASE
For Immediate Release

Poulsbo City Council Receives 6 Month Report on Fire CARES Program; Over 150 Individuals Assisted.

July 7—The Poulsbo City Council received a 6-month report about the Poulsbo Fire CARES Program this evening. The Program has assisted 157 individuals in Poulsbo and the surrounding area since being launched in January, mostly through home outreach, case management, and care coordination. Around half of those assisted are older adults (65+) who use 911 to address issues such as depression, cognitive decline, and the misuse of alcohol and medication. More than half of those assisted over the last six months report using emergency services (Fire or hospital) at least once during the past year.

"This has been a really interesting 6 months in terms of lessons learned," says the City's Housing, Health and Human Services Director Kim Hendrickson. "We knew there were seniors in our community who rely on 911 for help but we didn't know how common this is. There is a clear need for home based, non emergency assistance to help older adults in our community who are struggling with behavioral health and cognitive issues, and this need is going to be even greater as our residents live longer and age in place."

Tonight's presentation was made by the Fire CARES team which consists of Firefighter/Crisis Intervention Officer David Musselman and Community Support Specialist Renee Miller. Director Hendrickson provided information about numbers served and types of service connections.

Fire CARES (Community Assistance, Referral, and Education Service) is a partnership between Poulsbo Fire, the City of Poulsbo, and Olympic Peninsula Community Clinic that provides mobile services to individuals struggling with mental illness, mental health distress, substance use, and other behavioral health issues. The intent is to prevent medical emergencies and break the cycle of reliance on emergency systems for people experiencing behavioral health symptoms.

According to Community Support Specialist Renee Miller, who has provided counseling and coaching for individuals for 18 years, "this is a really effective way to help people who, for whatever reason, have trouble asking for help and accessing mental health and medical services. Dave and I are engaged in a slow and steady process and we are committed to that process. It is such an honor when the folks we help allow us to enter their lives in a meaningful way."

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The Kitsap County Commissioners awarded the City of Poulsbo $305,000 for the 12-month Fire CARES program. Funding is from the County's one-tenth of one percent "treatment tax" fund that has funded mental health and substance use disorder programs since 2015. Poulsbo Fire CARES services are available throughout North Kitsap and Bainbridge Island through the end of December, and the City of Poulsbo and Poulsbo Fire are applying for funds to continue the program in 2022.

If you have any questions please contact Kim Hendrickson, Housing Health and Human Services Director at kimberlyh@cityofpoulsbo.com

360-394 9794

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