

Gymnastics

Fall 2021

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30a	Tumbling Tot <i>age 3 & 4</i>	Kindergym <i>age 4-6</i>		Tumbling Tot <i>age 3 & 4</i>		Kindergym <i>age 4-6</i>
10:00a						
10:30a	Kindergym <i>age 4-6</i>	Tumbling Tot <i>age 3 & 4</i>		Kindergym <i>age 4-6</i>		Level 1: Beg <i>age 6-10</i>
11:00a						
5:00p		Kindergym <i>age 4-6</i>		Kindergym <i>age 4-6</i>		
5:30p	Level 2: Int <i>age 6-10</i>		Cheerleading <i>age 5 & 6</i>			
6:00p		Level 1: Beg <i>age 6-10</i>		Level 1: Beg <i>age 6-10</i>		
6:30p	Level 3: Adv <i>age 6-10</i>		Cheerleading <i>age 7-10</i>			
7:00p						

IMPORTANT COVID information

Masks must be worn at all times inside the building and in class.

Participants and spectators will have their temperature checked and will be asked to their hands or use hand sanitizer prior to class beginning. All gymnastics mats will be disinfected between classes. Instructors will wear masks for the entirety of the class.

IMPORTANT GYMNASTICS INFORMATION FOR THOSE WITH CHILDREN AGES 4 & 6:

Parents, we want your child to be successful in the class you choose for them, and you are the best judge of your child's ability to focus and follow directions. Most classes have an age option, for example:

- **Tumbling Tots, Ages 3-4 and Kindergym, Ages 4-6.**
If your child is 4, has not already been introduced to a structured class, is high energy, and/or is unable to stay focused for very long, please register them for Tumbling Tots. If they are 4, are in preschool, and can stay focused on tasks, then please register them for Kindergym.
- **Kindergym, Ages 4-6 and Leveled classes, Ages 6-10.**
If your 6-year-old has never done gymnastics, is tired after being in all-day kindergarten, and/or has trouble focusing, please register them for Kindergym. The Leveled gymnastics class maybe frustrating for them.

If the class you want is Full, Please go on the wait list. Additional classes or instructors maybe added to accomidate students on the waitlist.