

Spring 2024

# POULSBO

Parks & Recreation



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360-779-9898 / CITYOFPOULSBO.COM/REGISTER



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### **RECREATION DEPARTMENT OFFICE HOURS**

**Monday-Friday**  
8 am-7 pm  
CLOSED for lunch 11 am-12 pm

**Saturday**  
9:30 am-1:30 pm

(360) 779-9898

EM: parksrec@cityofpoulsbo.com  
Facebook: @poulsboparksrec  
Instagram: poulsboparksrec

# City of Poulsbo



*Jeff Ozimek,*  
*Parks and Recreation Director*

Greetings!

Spring is nearly here, and this year's outlook has rarely looked more promising. Our Parks & Recreation team has been working diligently on several initiatives that we're excited to share with you all.

First, we are thrilled to announce our partnership with North Kitsap Fishline to implement the Recreation for All Assistance Program (RAAP). This new program is intended to offer community members of all ages and abilities the opportunity to participate in diverse and high-quality recreation programs when financial hardships may prevent the ability to pay part or all of the fees. Through these recreation programs, friendships grow, life skills are learned, and healthy community connections are formed enriching everyone's quality of life. We are proud of this partnership and Fishline's support in helping us offer such a tremendously beneficial program. Additional details about the RAAP can be found on page 9.

This spring and summer, our team has scheduled a wide variety of volunteer community work parties to improve our local parks and trails. Impressively, this includes improvements at many of our parks including Centennial Park, American Legion Park, Poulsbo's Fish Park, Raab Park, Kiwanis Park, Wilderness Park, Forest Rock Hills, Austurbruin Park, and Lions Park. It's thanks to volunteers like you who care about our local parks and trails that we can make widespread improvements and upgrades. Thank you. If you would like to learn more about or help with any community service project, please reach out to us. We'd love to see how we can collaborate.

Construction of Play for All at Raab Park is seeking to break ground by this summer. Impacts may include limited use and availability of Raab Park's picnic pavilion. Staff will be reaching out to reservation holders affected and working to accommodate towards our other picnic pavilions at Waterfront Park, Kiwanis Park, and Nelson Park if possible. We are all looking forward to seeing Play for All completed and ask for your understanding and patience regarding construction constraints.

Our beloved Summer Nights at the Bay concerts series is being supported by a new volunteer community advisory group who are diligently working to help elevate the music scene in Poulsbo. These six free community concerts are entirely supported by sponsor donations. If your business or organization would like to support the concert series, please reach out to us soon.

Hope to see you out on our trails!

*Jeff Ozimek*

**Closed in Observance of  
Federal Holidays:**

**Memorial Day: Monday, May 27**  
**Juneteenth: Wednesday, June 19**  
**Independence Day: Thursday, July 4**





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# PARKS AND RECREATION DEPARTMENT

## MISSION STATEMENT

The mission of the Parks and Recreation Department is to enrich the quality of life by serving the community's needs for quality and affordable educational and recreational programs, parks, and services to all residents and visitors.

## VISION STATEMENT

It is the vision of the Poulsbo Parks and Recreation Department to be the heart of a healthy community through sustainable, safe, and diverse programs and open spaces, where all residents and visitors feel inspired to live, play, learn, and thrive.

## CORE VALUES

### *Community Enrichment*

We value our community and are committed to providing parks and programs that inspire, educate, and enhance the overall quality of life for our residents and visitors. Through personal interaction and social media, we will engage our community to ensure transparency, accountability, and collaboration.

### *Inclusiveness & Equity*

We value inclusive parks and recreation programs. We respect and honor the diversity of people, ideas, and cultures. We welcome all residents and visitors regardless of age, ability, race, ethnicity, or income level by offering accessible parks and affordable programs.

### *Health & Wellness*

We value the health and well-being of all who visit our parks and participate in our recreation programs. We will strive to maintain the highest quality of standards of safety, function, and beauty, to create a secure environment for all to enjoy.

### *Stewardship & Sustainability*

We value our role as the guardians of the community's open spaces and are dedicated to responsibly managing and caring for our natural, cultural, and physical resources for current and future generations.

## HOW TO REGISTER

### ONLINE AT CITYOFPOULSBO.COM/REGISTER

Use your e-mail address to sign in or set up an account. If that e-mail address is "taken", that means we already have an account set up for you. Call 360.779.9898 to get your login password.

**Online registration is available 24/7!**



### BY PHONE OR IN-PERSON

Call us at 360.779-9898 or visit us at 19540 Front Street NE, Poulsbo, We are always happy to help you!

#### Office Hours:

Monday-Friday, 8 am– 7 pm  
Closed for lunch from 11 am-12 pm daily.

Saturday, 9:30 am-1:30 pm

## REGISTRATION

Registration is ongoing until programs are full or are canceled due to low enrollment or other unforeseen reasons. Classes may be canceled if minimum enrollment has not been met up to five business days before the class start date, so please do not wait to register. **YOU WILL BE NOTIFIED ONLY IF THE CLASS YOU WANT IS UNAVAILABLE OR IF THERE ARE ANY CLASS CHANGES.**

Please be aware that we frequently use e-mail as a means of notification, so be sure we have your current e-mail address.

## CITY RESIDENT DISCOUNT

City of Poulsbo residents receive an \$8 discount on programs marked \*.

## REFUNDS, CREDITS & CANCELATIONS

### REFUND / CREDIT POLICY

The department may cancel classes that do not meet minimum enrollment and refunds (or credits) will be issued. You may withdraw at any time up to five business days prior to the first day of the class or program. There will be no credit given to a patron who withdraws from a program with less than 5 business days unless someone else is found to take that place.

### PROGRAM CANCELATIONS

While we try to give several days notice of program cancellations, this isn't always possible due to incoming late registrations that might mean the difference between a program being canceled or not. We encourage you to register a minimum of one week in advance when possible.

## INCLUSION

### INCLUSION

We value the inclusion of everyone in our programs, and are committed to promoting and encouraging positive interactions among participants with and without disabilities.

We do our best to accommodate those with special needs. Children and adults with special needs are encouraged to participate in our programs. Staff members are receptive to your needs and will do everything possible to assist you. If you are interested in participating in a program but are not certain about the accessibility of a facility or wish to discuss program details, please call the Parks & Recreation Dept. to discuss specifics.

### THANK YOU FOR YOUR SUPPORT

We are a small but dedicated team who are devoted to providing our community with quality programs, special events and parks and trails for you to explore. We strive to always provide you with the best possible customer service and to be your dependable community resource. Thank you for your ongoing support!

**Need help? Have questions? Give us a call! 360.779.9898**



## SPECIAL EVENTS AND FAMILY PROGRAMS



**Saturday, May 18th 2024**

### POULSBO'S ANNUAL RUN/WALK

**A family fun road race along our scenic Poulsbo waterfront!**

**5 mile | 1 mile | Kids Dashes (4-10 yrs)**

**<https://runsignup.com/VikingFestRoadRace>**

**5 Mile: \$25**  
**1 Mile: \$15**  
**Kids Dash: FREE**  
(4-10 yrs)

ONLINE  
REGISTRATION ONLY



**T-SHIRT: \$15**

SPORTTEK 3.8-OUNCE, 100%  
POLYESTER INTERLOCK WITH  
POSICHARGE TECHNOLOGY

**Viking Fest  
Road Race**



**2024**

**Register Early**

**5 AND 1 MILE PRICES GO UP AFTER MARCH 31ST**

**Enjoy Viking Fest Weekend, May 17-19!**



**kitsap  
physical  
therapy**  
AND SPORTS CLINICS

**OUR EVENT IS  
PROUDLY  
PROVIDED BY**

**KIMMEL & YOUNG**  
Kitsap Real Estate Team





## SPECIAL EVENTS AND FAMILY PROGRAMS

### SPRING / SUMMER 2024 SPECIAL EVENTS IN POULSBO / NORTH KITSAP

Saturday, March 23	Fam Jam at BI Kids Discovery Museum
Sunday, March 31	Drive-by Easter Egg Hunt
Saturdays, Apr-Dec	Poulsbo Farmers Market
Monday, April 1	Silly Walk
Saturday, April 20	Earth Day at Fish Park
Saturday, April 27	National Arbor Day Celebration
Sunday, May 5	World Laughter Day at Waterfront Park
Saturday, May 18	Viking Fest Road Race
Fri-Sun, May 17-19	Viking Fest
Monday, May 27	VFW Memorial Day
Daily in June, July, and Aug	Story Walk with Poulsbo KRL
Saturday, June 1	National Trails Day
Saturday, June 1	Pets Walk w/ Kitsap Humane Society
Tuesday, June 11	June Tunes Concert
Friday, June 14	Bash by the Bay
Saturday, June 15	Viking Tour
Saturday, June 22	Poulsbo Sons of Norway Midsommer Celebration and Bonfire
Fri-Sun, Jun 28-30	Poulsbo Makers Faire at Waterfront Park
All month long in July	Parks & Recreation Month
Tuesday Nights July-Aug	Summer Concerts by the Bay
Tuesday, August 6	National Night Out
Wednesday, August 7	Waterfront Park Singalong with Poulsbo KRL
Tuesday, August 13	Rockaroke at Waterfront Park
Fri-Sun, Aug 16-18	Poulsbo Arts Festival



[HTTPS://CITYOFPOULSBO.COM/COMMUNITY-EVENTS-CALENDAR/](https://cityofpoulsbo.com/community-events-calendar/)



**Is your event in Poulsbo?**  
You can now submit your event on our Calendar Posting Policy and Event Submission.

**Learn what is happening in Poulsbo with our City of Poulsbo's Community Events Calendar**



**SUBSCRIBE TO CALENDAR NOTIFICATIONS BY CLICKING ON THE SUBSCRIBE BUTTON AT THE TOP RIGHT OF THE CALENDAR, AND YOU WILL AUTOMATICALLY BE ALERTED ABOUT THE LATEST EVENTS IN OUR COMMUNITY!**

**VIEW ALL EVENTS BY DAY, BY MONTH, AND BY SUMMARY.**

**SELECT TYPE OF EVENT, EVENT TYPE, AND AUDIENCE TYPE TO VIEW SPECIFIC EVENTS.**



**QUESTIONS: [LHINO@CITYOFPOULSBO.COM](mailto:LHINO@CITYOFPOULSBO.COM)**

### WANT TO BE MORE INVOLVED?

Poulsbo Parks and Recreation offers numerous opportunities to be involved with your community! Whether you just have an hour to help out, or are able to commit to a regular schedule, want to work with people or outdoors in nature, we would love to hear from you!

Some of the many opportunities to consider:

Coaching or assisting with a Basketball team,

Helping with a Special Event: Family Formal Dance, Viking Fest Race Race, Spooktacular,

Participating in citizen committees.

Heading up or joining in on Stewardship groups to maintain parks, or joining park work parties.

Teens-Becoming a Teen Volunteer intern and assisting with youth classes.

And much more!

For a Volunteer Application, visit:

<https://cityofpoulsbo.com/volunteer-opportunities/> or give us a call.

**FOR MORE INFORMATION, CALL 360.779.9898**



# Explore history... or just hang out!

We have multiple locations  
& seasonal programs for people of all ages!



POULSBO  
HISTORICAL SOCIETY



Please visit us online! **PoulsboHistory.com**



Facebook.com/poulsbohistorymuseum



Instagram.com/poulsbohistoricalsociety



## OUR AMAZING ARCHIVES AND COLLECTIONS!



The Suquamish Museum is also a research center, providing opportunities for scholars, students, and enthusiasts to engage in research activities.

### SHARE YOUR PIECE OF HISTORY

If you wish to have your object reviewed to determine if it's of Suquamish origin, we encourage you to submit it for consideration. Together, let's contribute to the preservation of our heritage and ensure the continuity of history for generations to come.



MORE INFO

[www.suquamish.nsn.us/suquamish-museum-join-support/](http://www.suquamish.nsn.us/suquamish-museum-join-support/)



360-394-7105  
6861 NE South St. Suquamish, WA 98392





KITSAP HUMANE SOCIETY'S

# PETS & WALK

PRESENTED BY  
VCA CENTRAL KITSAP ANIMAL HOSPITAL

**5K WALK/RUN & FESTIVAL**  
**JUNE 1, 2024**  
**DOWNTOWN POULSBO**



Scan the QR code to register now!  
Learn more at [kitsap-humane.org](https://kitsap-humane.org).



## YOUTH PROGRAMS

### MINI & ME SOCIALIZATION PLAYGROUP

**AGES 18-36 MONTHS**

**3 WKS**

Keary Myers. Playgroups allow both children and their parents to meet new people and have fun. Children will practice developmental skills through play, including gross and fine motor skills. They will enhance their cognitive, expressive, and receptive language and social, emotional, and adaptive abilities. For parents, playgroups give them a chance to meet other parents with young children as well as learn new and fun ways to interact with their child. Kids are welcome to attend in their pajamas. Recreation Center Classroom 2.

Wed	Apr 10-24	3:30-4:15p	\$52*
Wed	May 8-22	3:30-4:15p	\$52*

### MAKE MUSIC CLASSES

**AGES 6 MO-5 YRS**

**6 WKS**

Shyrl Kinert. Inspire Piano, LLC. A fun and engaging music class for children and their caregivers that stimulates the child's natural response to music. Activities include delightful rhymes, lullabies, floor and lap games, action songs, dances, puppets, instruments, and singing. The class helps foster a sense of a steady beat and encourages language development. The top-notch Music Rhapsody Curriculum is designed to last all year long, through every season. No class on May 24. Recreation Center Classroom 1.

### FREE INTRO CLASSES FOR NEW FAMILIES:

Fri May 3

<b>Babies &amp; Toddlers</b> (6 mo-2 yrs)	9-9:45a
<b>Toddlers</b> (Walking-3 yrs)	10-10:45a
Fri May 10-Jun 21	\$128*

### NEW CLASS FOR PRESCHOOLERS!

### FREE INTRO CLASSES FOR NEW FAMILIES:

Sat May 4

<b>Preschoolers</b> (3-5 yrs)	11-11:45a
Sat May 11-Jun 22	\$128*

**For new families:** Instructors will collect an Instrument Kit fee of \$62 (cash preferred) on the first day of class. Instruments are well-made and safe for your little one. They are yours to keep and use, both in class and at home. You will also receive a digital download access card to the songs used in class.

### RAINY DAY PLAY

**AGES 0-5**

Get out of the rain and enjoy our comfortable indoor space with your little ones for playtime. Balls, balloons, mats, bars, and various toys to play with and share in our large gym. This is not a drop-off program; parent participation is required. Recreation Center Gym.

Tue Apr 2-Jun 25 10:30a-1:30p  
\$5/child drop-in OR \$10 per family each week

[CITYOFPOULSBO.COM/REGISTER](http://CITYOFPOULSBO.COM/REGISTER)





**Fishline**  
Food Bank & Comprehensive Services



New Program!

## Recreation for All Assistance Program (RAAP)

**Need help paying for your Parks and Recreation Registration fee?**

**The Recreation for All Assistance Program may be able to help!**

**Poulsbo Parks and Recreation has partnered with Fishline to provide financial assistance with program fees for those of all ages.**

**To learn more and apply for help, please contact Fishline at 360-779-5190 to schedule a meeting with a case manager.**





**Fishline**  
Food Bank & Comprehensive Services



New Program!

## Programa de Asistencia de Recreación Para Todos

Fishline y Poulsbo Parks and Recreation se están asociando para ofrecer la Programa de Asistencia de Recreación para Todos (RAAP). RAAP brinda asistencia financiera para cubrir el costo de clases, campamentos, actividades y eventos enumerados en el folleto de Poulsbo Parks and Recreation. Este programa funcionará durante todo el año y es para personas que residen o trabajan en el Distrito Escolar de North Kitsap, Subbase Bangor o que se encuentran sin hogar.

**Contacte a un administrador de caso para obtener más información al 360-779-5190 o visite [fishlinehelps.org](http://fishlinehelps.org).**

### INTRO TO MUSICAL THEATER



# YOUTH PROGRAMS

## AGES 10-17

6 WKS

Katherine Kinert. Come sing your favorite show tunes! This course will give you a basic understanding of how to sing musical theater songs and develop your acting abilities. We will learn solos and a group number from Disney musicals that you can use to audition for local productions. Learn how to breathe properly, support your belt, and sing in the correct style for the genre. There will be a performance for parents and friends on the last day of class to show you what they have learned. Please bring a one-inch binder for music and a pencil to class. A \$5 fee for music is payable to the instructor at the first class. Recreation Center Classroom 2.

Thu May 16-Jun 20 5-6p \$128\*

## PIANO LESSONS

## WEEKLY LESSONS

### AGES 7-ADULT OR AS ARRANGED WITH INSTRUCTOR

Megan Hennings. Have you always wanted to play that certain tune? Unravel the mysteries of the piano? Now is your chance to learn! We're offering holistic music instruction with an emphasis on creating an enjoyable learning experience. Cultivation of a lifelong love of music is our highest priority. Course content tailored to suit your individual interests, with teaching goals most often including the development of independent learning skills and strong playing skills. Format: Private instruction with scheduled group lessons. 30-minute instruction once a week with 45-minute lessons available for more advanced students. The fee includes event fees for up to 4 events per year. Daytime slots are available for adult and non-traditional students. Materials not included in class fee. Recreation Center Piano Studio.

Please call the Recreation Center at 360-779-9898 to arrange lessons.

Lessons are scheduled Mondays-Fridays.  
Apr 8-Jun 21 (11 weeks)

30 min lesson fee: \$354 or \$118/mo, due 4/10, 5/1 & 6/1  
45 min lesson fee: \$516 or \$172/mo, due 4/10, 5/1 & 6/1

## SUMMERTIME PIANO LESSONS

### ALL AGES WELCOME!

Megan Hennings. We know that summer can be a busy time for people, but it is also a great time for piano, too! During the school year you've built up momentum, why give it up now? Or maybe you've never experienced formal piano instruction and would just like to "try it out" to see what it's like! We are offering summertime private lessons to students who might be interested in a flexible schedule. You can take lessons for a month or just schedule them here and there. Please call the Recreation Center at 360-779-9898 to arrange the private lessons.

M, T, W Jun 24-Aug 30 (Thursdays may also become available depending on enrollment)

\$32 per 30-min lesson, payable prior to each lesson.

\$47 per 45-min lesson, payable prior to each lesson.

## BEGINNING TO ADVANCED GUITAR

### AGES 8-ADULT

### WEEKLY LESSONS

Craig Dell. Private 30-, 45- or 60-minute acoustic or electric guitar lessons, designed for beginning, intermediate and advanced students. Scheduling and payment are done directly with Craig Dell. For more information, leave your name and number for Craig at 360-779-9898. Students must bring an acoustic or electric guitar in good working order.

## VOICE LESSONS

### AGES 6-ADULT OR AS ARRANGED WITH INSTRUCTOR

Katherine Kinert. Discover your unique voice with in-person private voice lessons for the more serious student. The voice studio is an inclusive, safe space where students will experiment with their voices and discover how to use them in all kinds of ways. Singers will learn exciting techniques and skills that help them to use their voices the way they want to. Register for four 30-minute lessons, weekly. Music will be provided for beginners; students may be asked to purchase books based on the student's specific needs and wants. Lessons will be scheduled Tue-Fri afternoons/evenings. Recreation Center.

A minimum of 24 hours' notice is required for absences. Students who fail to give 24-hour notice will automatically be charged for the lesson. If the teacher has to cancel a lesson due to illness or emergency, it will be rescheduled at the earliest opportunity.

New student introductory lesson: \$35  
4-week session: \$135\*  
Lessons must be paid for in advance.

For more information and to schedule your first lesson, call Katherine at 360-550-0587.

## DANCE WITH ME

### AGES 1-3 ½

4 WKS

InMotion Performing Arts Studio. This instructor-led class is for caregivers and children, using music, props, and instruments to explore movement. These classes are structured to stimulate coordination skills, listening skills, balance, music interpretation, creative movement, and motor development in the youngest dancers. This program is an excellent introduction to the world of dance. InMotion Performing Arts Studio, Poulsbo.

Fri Apr 19-May 10 10-10:45a \$64\*  
Fri May 31-Jun 21 10-10:45a \$64\*

## HIPPITY HOP HIP HOP DANCE CLASS

### AGES 3-5

4 WKS

InMotion Performing Arts Studio Staff. Hip hop, we don't stop! Bring your best breakdance moves and hit the floor in this energetic dance class dedicated to fun. InMotion Performing Arts Studio, Poulsbo.

Fri Apr 19-May 10 11-11:45a \$64\*  
Fri May 31-Jun 21 11-11:45a \$64\*



## YOUTH PROGRAMS

### TIPPIE TOE BALLET

**AGES 3-5**

**4 WKS**

InMotion Performing Arts Studio Staff. Dancers will explore music and movement and be introduced to the basics of ballet. These instructor-led classes are designed to stimulate coordination skills, listening skills, balance, music interpretation, creative movement, and motor development. Dancers should wear any colored leotard and tights with ballet shoes, sweatpants, a t-shirt, and ballet shoes for boys. Ballet shoes can be purchased at InMotion prior to class if needed. InMotion Performing Arts Studio, Poulsbo.

Fri	Apr 19-May 10	10-10:45a	\$64*
Fri	May 31-Jun 21	10-10:45a	\$64*

### MINI AND ME PAINTING

**CHILDREN UNDER AGE 5 WILL NEED AN ADULT PRESENT**

**1 CLASS**

Beth Daquilante. Spend the evening painting with your grown-up. A super fun activity for all, creating a super memory. All materials included. Recreation Center Kitchen/Classroom.

#### Jellyfish

Fri	Apr 12	5:30-6:30p	\$25pp
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#### Mother's Day Painting

Fri	May 10	5:30-6:30p	\$25pp
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#### Father's Day Painting

Fri	Jun 7	5:30-6:30p	\$25pp
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### KIDS' GLASSWORK

**AGES 6 AND OLDER**

**1 CLASS**

Eastern Wind Glass. Have some fun designing glass tiles with fusible glass. Each month we will have a different theme for you to make, or you can come up with your own creative ideas. All supplies will be provided; a \$5 materials fee is payable to the instructor at the beginning of each class. NOTE: Parents of younger children may need to cut the glass for their child and closely supervise their child while handling glass pieces. Recreation Center Kitchen/ Classroom.



#### Mother's and Father's Day Gifts

Design on two 5x5 tiles.

Sat	Apr 20	10-11:30a	\$25
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#### Windchime

Sat	May 11	10-11:30a	\$25
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#### Fish Catcher

Sat	Jun 1	10-11:30a	\$25
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**\*Residents of the City of Poulsbo receive an \$8 discount on most programs.**

Inspiring  
a *passion*  
for learning

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- ✓ *International Baccalaureate Curriculum*
- ✓ *Robust arts program*
- ✓ *Proven success in university*



☎ 360-598-5954  
 🌐 westsoundacademy.org  
 📷 @westsoundacademy



## Does Your Child Need Support Funding Activities?

**Students can sign-up for assistance!**

- Clothing
- Sports Equipment
- Musical Instruments
- Driver's Education
- College Application Fees
- Summer Camp
- Membership Fees
- Graduation Fees
- Specialized School Supplies
- Science Fair Projects



**Fishline**  
Food Bank & Comprehensive Services

For Students (K-12) who reside in the North Kitsap School District, Bangor Base, or are experiencing homelessness.

Families must register as clients at Fishline Food Bank & Comprehensive Services. (360) 779-5190

**Request Assistance Today!**

## ART & PLAYSCHOOL

**AGES 3-5**

**4 WKS/3 WKS**

Miss Beth & Miss Leah. Not ready to enroll in a preschool for your child? Looking for a 1-day-per-week introduction? Our play-school program is the right place for preschool-aged children to do just that, with play being the primary focus. Each class will include songs, crafts, and activities that support the theme for that session, as well as parent-provided snack time. Recreation Center Classrooms 1 & 2.

### Down On the Farm

Mon Mar 4-25 9:30-11:30a \$138\*

### Spring is All Around

Mon Apr 8-29 9:30-11:30a \$138\*

### Bugs & Butterflies

Mon May 6-20 (3 wks) 9:30-11:30a \$108\*

## FOOD EXPLORERS: CAKE POPS!!

**AGES 7-13**

**SPRING BREAK CLASS!**

**1 CLASS**

Theary Tran. Come get creative in the kitchen and learn to make two easy cakes, cream cheese frosting, two types of icing, and decorate your cake pops. Join us for a day of baking, glazing, and decorating. If you missed this in the last Food Explorers class, come and take part. You'll learn the basics of measuring, mixing, baking, and decorating, and have fun while you're at it. Our menu: cake pops & more cake pops! All supplies included. Recreation Center Kitchen.

Fri Apr 5 10:30a-12p \$58\*

## FOOD EXPLORERS: BREAKFAST FOODS

**AGES 7-13**

**3 WKS**

Theary Tran. The cooking class you've all been asking for! Are you tired of waiting for your parents to make you your favorite breakfast food or break out of that cereal rut? Well, let's learn to make new foods for the morning together. Come join us and hone your cooking and baking skills. All supplies are included. Let's Cook! Recreation Center Kitchen.

Thu May 9-23 5-6:30p \$177\*

## BRICKS 4 KIDZ: JUNIOR ROBOTICS CLASS

**AGES 6-9**

**4 WKS**

Children as young as 6-9 years of age can have fun learning robotics! Using software while working on tablets, kids will be able to program the model builds they craft using Bricks 4 Kidz® model plans and LEGO technology to create exciting dynamic robots. This 4-week class provides a hands-on learning experience that actively involves young students in their own learning process while making lasting memories. All students take home a custom LEGO® minifigure (kits are reused not taken home). Recreation Classroom Kitchen.

Wed Apr 24-May 29 5:30-6:30p \$99\*


**Join Our Silly Walk**  
**at Muriel Iverson Williams**  
**Waterfront Park** *All Month Long! April 2024*

**HA HA HA**

**ATTENTION**

**YOU HAVE ENTERED THE PATH OF THE SILLY WALK**

FROM THIS POINT FORWARD,  
YOU MUST FOLLOW THE SIGNS  
TO CORRECTLY PASS THROUGH  
THE AREA



**BEGIN THE SILLY WALKING IMMEDIATELY!**

**HA HA HA**



## YOUTH PROGRAMS



### WOLFLE ELEMENTARY SCHOOL AFTER-SCHOOL PROGRAMS

REGISTRATION REQUIRED. LIMITED SPOTS AVAILABLE.

#### BRICKS 4 KIDZ: LEGO CLASS

GRADES K-5

4 WKS

Bricks 4 Kidz® is devoted to providing an extraordinary atmosphere for children, where we learn, we build, and we play with LEGO® Bricks. Classes are designed to teach the fundamentals of S.T.E.M. (science, technology, engineering, and mathematics) education, built around our proprietary model plans, created by engineers and architects. At Bricks 4 Kidz, we believe that kids learn best through activities that engage their curiosity and creativity. Wolfle Elementary.

Wed May 8-29 3-4p \$74\*

#### DANCE PARTY! DANCE CLASS

AGES 5-10

4 WKS

InMotion Performing Arts Staff. What better way to celebrate the weekend than with a dance party? Stay after school and learn the latest hip-hop moves. Other forms of dance and movement will be explored in this fun after-school enrichment opportunity. Wolfle Elementary Gym.

Fri Apr 12-May 3 4-5p \$20  
Fri May 10-31 4-5p \$20

#### SKYHAWKS MULTI-SPORT

AGES 5-10

4 WKS

Skyhawks Staff. Multi-sport programs are designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as sportsmanship, inclusion, and teamwork. Please bring a snack for energy. The first half hour will include time to snack and some free play before instruction. Don't forget your water bottle! Wolfle Elementary.

Register for these fun Skyhawks programs at <https://register.skyhawks.com/>.

#### Indoor Sports

Wed Apr 10-May 1 3-4:30p \$85

#### Outdoor Sports

Mon May 8-29 3-4:30p \$85

# FAM JAM

AN OUTDOOR FAMILY CELEBRATION TO KICK OFF SPRING!

## SATURDAY, MARCH 23RD

### 10AM - 3PM

301 RAVINE LANE NE, BAINBRIDGE ISLAND

[WWW.KIDIMU.ORG/FAMJAM](http://WWW.KIDIMU.ORG/FAMJAM)

**FREE**

**KiDiMu**  
Kids Discovery Museum

# GATEWAY

## CHRISTIAN SCHOOLS

**GATEWAY**  
— EAGLES —

POULSBO PreK - 5th

360-779-9189

Christian Worldview in Academics  
Small Class Sizes  
Convenient Locations  
*Middle & High School Transit  
Bus Available!*



100% graduation rate  
90% attend college  
\$3 million scholarships  
awarded annually



Middle & High  
School Athletics

2022 and 2023

SCHOLASTIC CUP WINNER (IB)  
*for excellence in athletics & academics*



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**CROSSPOINT**  
— WARRIORS —

BREMERTON K - 12th

360-377-7700

## Schedule a personal tour today!

[gatewaychristianschools.org](http://gatewaychristianschools.org)  
[admissions@gatewaychristianschools.org](mailto:admissions@gatewaychristianschools.org)



## YOUTH PROGRAMS




# HAPPY BIRTHDAY

## BIRTHDAY PARTIES AT THE RECREATION CENTER!

Poulsbo Parks and Recreation offers Bricks 4 Kids® and Gymnastics Birthday Party Packages!

We also have rooms for rent if you wish to plan your own party.



For more information, call 360-779-9898.



360-779-9898 CityOfPoulsbo.com/register PoulsboParksRec

## Does Your Child Need Support Funding Activities?

**Students can sign-up for assistance!**

- Clothing
- Sports Equipment
- Musical Instruments
- Driver's Education
- College Application Fees
- Summer Camp
- Membership Fees
- Graduation Fees
- Specialized School Supplies
- Science Fair Projects



For Students (K-12) who reside in the North Kitsap School District, Bangor Base, or are experiencing homelessness.

Families must register as clients at Fishline Food Bank & Comprehensive Services. (360) 779-5190

**Request Assistance Today!**



# WORLD LAUGHTER DAY



**ALL AGES WELCOME**

**FREE**

May 5, 2024  
4-5 p.m.  
Laughter Yoga  
Waterfront Park  
For info call 360-779-9898




## ¿Su hijo necesita apoyo para financiar actividades?

**Los estudiantes pueden inscribirse para recibir asistencia.**

- Ropa
- Equipo Deportivo
- Instrumentos Musicales
- Educación de Conductor
- Tasas de Solicitud de la Universidad
- Campamento de Verano
- Las Cuotas de Afiliación
- Las Cuotas de Graduación
- Útiles Escolares Especializados
- Proyectos de Feria de Ciencias



Para los estudiantes (K-12) que viven en el Distrito Escolar de North Kitsap, Bangor Base, o se encuentra sin hogar

Las Familias deben registrarse como clientes a Fishline. (360) 779-5190

**¡Solicite Asistencia Hoy!**

# GYMNASTICS

## SPRING GYMNASTICS

### AGES 18 MONTHS-11 YEARS

#### SPRING SESSIONS ARE 4 or 5 WEEKS

The Gymnastics Program has been an integral part of Poulsbo Parks & Recreation since the City took over the Recreation Center in 1995. Our gymnastics program builds flexibility, balance, and strength needed in every sport – not just gymnastics! Participants learn about perseverance, patience, trusting others, managing risk, and countless other life skills.

Poulsbo Parks & Recreation takes pride in our gymnastics classes, instructors, and facility at the Recreation Center, providing a variety of classes for youth aged 18 months to 17 years. Please read the class descriptions below.

Our recreational gymnastics program builds confidence in its participants in an encouraging, safe, and non-competitive environment. Our gymnasts learn to love the sport of gymnastics and watch their skills progress at their own pace. Recreational gymnastics classes serve everyone from Mini and Me classes through Middle School. Classes are offered Monday through Saturday and will be held in the Recreation Center Gym.

Who's teaching? Aly Banzer, Tasha Beukema, Clara Glasgow, Ginger Silfies, Kayla Sherlock, and Jo Van Horn.

## MINI & ME GYMNASTICS

### 18 MONTHS- 3 YEARS

#### NEW LOWER PRICE!

Children and their grown-ups can work on their motor skills in a safe and playful environment. This is a loosely structured class with an instructor present for circle time, modified stretches, and ideas of things to do with your little gymnast. However, this class is child-led, allowing access to all gymnastics equipment for lots of fun and exploration. Adult participation is required, and siblings are not allowed to participate unless they are registered for the class. No class May 27 or 29.

Mon	9:30-10a	4/8-5/6	5/20-6/17 (4)
Wed	9:30-10a	4/10-5/8	5/15-6/12 (4)
4 weeks \$49*		5 weeks \$62*	

## TUMBLING TOTS

### AGES 3 & 4

Students will be introduced to the basic skills of gymnastics in a fun and fast-paced environment. The focus is on developing coordination, strength, balance, and flexibility. We will also develop social skills such as how to take turns, how to follow directions, and how to work with others. This is a fully structured class, but parent participation is encouraged if necessary. No class May 27 or 29.

Mon	10:15-10:45a	4/8-5/6	5/20-6/17 (4)
Tue	9:30-10a	4/9-5/7	5/21-6/18
Wed	10:15-10:45a	4/10-5/8	5/15-6/12 (4)
Sat	9:30-10a	4/13-5/11	6/1-6/22 (4)
4 weeks \$58*		5 weeks \$70*	

## BEGINNING KINDERGYM

### AGES 4-6

Students will be introduced to basic tumbling skills, balance beam & bar work, vaulting technique, rings, and rope. The class focuses on coordination, strength, and spatial awareness. No class May 27 or 29.

Mon	11-11:45a	4/8-5/6	5/20-6/17 (4)
Mon	5-5:45p	4/8-5/6	5/20-6/17 (4)
Wed	5-5:45p	4/10-5/8	5/15-6/12 (4)
Fri.	5-5:45p	4/12-5/10	5/24-6/21
Sat	10:15-11a	4/13-5/11	6/1-6/22 (4)
4 weeks \$68*		5 weeks \$82*	

**\*Residents of the City of Poulsbo receive an \$8 discount on most programs.**

## IMPORTANT GYMNASTICS INFORMATION FOR THOSE WITH CHILDREN AGES 4 & 6:

Parents, we want your child to be successful in the class you choose for them, and you are the best judge of your child's ability to focus and follow directions. Most classes have an age option, for example:

- **Tumbling Tots, Ages 3-4 and Kindergym, Ages 4-6.**

If your child is 4, has not already been introduced to a structured class, is high energy, and/or is unable to stay focused for very long, please register them for Tumbling Tots. If they are 4, are in preschool, and can stay focused on tasks, then please register them for Kindergym.

- **Kindergym, Ages 4-6 and Leveled classes, Ages 6-10.**

If your 6-year-old has never done gymnastics, is tired after being in all-day kindergarten, and/or has trouble focusing, please register them for Kindergym. The Leveled gymnastics class may be frustrating for them.

## LEVEL 1: BEGINNING REC GYMNASTICS

### AGES 6-10

Students will be introduced to basic tumbling skills, balance beam and bar work, vaulting technique, rings, and rope. The class focus will be on body awareness, strength, flexibility, and confidence building. No class May 27 or 29.

Mon	6-6:45p	4/8-5/6	5/20-6/17 (4)
Wed	6-6:45p	4/10-5/8	5/15-6/12 (4)
Fri	6-6:45p	4/12-5/10	5/24-6/21
Sat	11:15a-12p	4/13-5/11	6/1-6/22 (4)
4 weeks \$68*		5 weeks \$82*	



# GYMNASTICS

## LEVEL 2: INTERMEDIATE REC GYMNASTICS

### AGES 6-10

This class is for students who know how to do bridges and cartwheels and know body positions. Skills will build on tumbling and dance, bar work, low and high beam, and vaulting. Increased focus on strength and flexibility.

Instructor permission is required.

Tue	5-5:45p	4/9-5/7	5/21-6/18
Thu	5-5:45p	4/11-5/9	5/23-6/20
Sat	12:15-1:00	4/13-5/11	6/1-6/22 (4)
4 weeks	\$68*	5 weeks	\$82*

## LEVEL 3: ADVANCED GYMNASTICS

### AGES 6-11

For the serious student looking for more than just a recreation-level gymnastics class. Students will master skills learned in Level 1 and Level 2 while learning more advanced skills. An emphasis will be placed on skill connection and technique. Skills include glides on bars, cartwheels on the low beam, roundoff rebound, and back handsprings on the floor. The focus will be on building skills and routines. Participants are encouraged to register for both Tuesday and Thursday, but not required. Instructor permission is required.

Tue	6-7p	4/9-5/7	5/21-6/18
Thu	6-7p	4/11-5/9	5/23-6/20
5 weeks	\$90*		

## GIRLS MIDDLE SCHOOL GYMNASTICS

### AGES 11-14 (GRADES 6-8)

This class is excellent for older girls interested in gymnastics and don't want to be in class with elementary school-aged kids. Gymnasts will work on drills, skills, and conditioning. Learn skills needed to participate on the NK or Kingston Gymnastics teams in High School.

Tue	3:45-4:45p	4/9-5/7	5/21-6/18
5 weeks	\$90*		

## DANCE & CONDITIONING FOR HIGH SCHOOL GYMNASTICS

### AGES 13-17 (GRADES 8-11)

This class is excellent for all levels, from first-timers to current high school team members looking to improve their dance, flexibility, and strength.

Fri	3:30-4:45p	4/12-5/10	5/24-6/21
5 weeks	\$90*		

## PRIVATE LESSONS

Special one-on-one instruction. Call the gymnastics department to request your lesson day/time and instructor at 360-779-9898 or email Kris Goodfellow directly at [kgoodfellow@cityofpoulsbo.com](mailto:kgoodfellow@cityofpoulsbo.com). Instructors will then call to give details and to arrange times.

### Fees:

- \$45 / 45 minutes for the individual.
- \$60 / 60 minutes for the individual.
- Add \$5 for an extra child from the immediate family (one only)



## SPRING BREAK GYMNASTICS CAMP

### AGES 4-10

### 3 CLASSES

Gymnastics Staff. Three days of gymnastics fun! This camp is for boys and girls of all levels of experience. The camp will cover tumbling, balance beam, bars, vault, and rings. Gymnasts will need to bring a snack and a water bottle with their name on it. Recreation Center Gym.

### Mini Camp: Ages 4-6

M-W	Apr 1-3	9:30-11:30a	\$125*
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### Beginning: Ages 6-10

For those who cannot do a cartwheel and have no equipment experience.

M-W	Apr 1-3	1:30-3:30p	\$125*
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### Intermediate/Advanced:

### Level 2 and Level 3 or by permission.

M-W	Apr 1-3	4-6p	\$125*
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Is your child not quite ready for a structured gymnastics class? Our Lil' Ninjas class is a fast-paced obstacle course class for high-energy kids.



## LIL' NINJAS

### AGES 3-5

Great class for those not yet ready to focus on a more structured gymnastics class.

Parks & Rec Staff. This action-packed class has participants tackle a series of challenging obstacle courses. Work on speed, agility, and strength in this fun and physical class. Students will be challenged to push themselves to train like Ninja Warrior competitors. Class is fast-paced and great for those high-energy kids who are not ready to focus on a skills-based gymnastics class. No class May 27. Recreation Center Gym.

Mon	4:15-4:45p	4/8-5/6	5/20-6/17 (4)
Thu	4:15-4:45p	4/11-5/9	5/23-6/20
4 weeks	\$58*	5 weeks	\$70*



Registration for all Skyhawks programs is completed on the Skyhawks webpage, at <https://register.skyhawks.com/>.

## SKYHAWKS SUPERTOTS MULTI-SPORT

### AGES 2.5-5 4 WKS

Give your little superstar an awesome first step into sports with Multi-Sport Tots! This class uses age-appropriate games and activities across multiple sports to explore balance, hand/eye coordination, fitness, sports skills, and child development. \*Parent participation is required for ages 2-3.5 years. Raab Park.

#### Ages 2.5-3.5

Sat	Apr 13-May 4	10-10:45a	\$85
Wed	May 15-Jun 5	3-3:45p	\$85

#### Ages 3.5-5

Sat	Apr 13-May 4	11-11:45a	\$85
Wed	May 15-Jun 5	3-3:45p	\$85

## SKYHAWKS SUPERTOTS SOCCER

### AGES 2.5-5 4 WKS

Give your little superstar an awesome first step into soccer! This class uses age-appropriate games and activities across multiple sports to explore balance, hand/eye coordination, fitness, sports skills, and child development. \*Parent participation is required for ages 2-3.5 years. Recreation Center Gym.

#### Ages 2.5-3.5

Wed	Apr 10-May 1	3-3:45p	\$85
Sat	May 18-Jun 7	10-10:45a	\$85

#### Ages 3.5-5

Wed	Apr 10-May 1	4-4:45p	\$85
Sat	May 18-Jun 7	11-11:45a	\$85

## SKYHAWKS SOCCER

### AGES 5-10 4 WKS

Skyhawks Staff. Your young athlete will gain the technical skills and sports knowledge required for their next step into soccer. Areas of focus are dribbling, passing, shooting, and ball control. By the end of the program, your child will have learned new life skills such as teamwork and sportsmanship, made new friends, and improved their soccer skills. Don't forget your water bottle! Participants will gain confidence and learn important life lessons in a fun, positive environment. Raab Park.

#### Age 5-7

Mon	Apr 8-29	4-5p	\$85
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#### Age 7-12

Mon	Apr 8-29	5:15-6:15p	\$85
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## SKYHAWKS FLAG FOOTBALL FUELED BY USA FOOTBALL

### AGES 7-10 4 WKS

Skyhawks Staff. Experience the excitement of football with Skyhawks Flag Football Fueled by USA Football. Using a curriculum developed by experts from USA Football, coaches will teach skills like passing, receiving, kicking, and flag-pulling. Participants will gain confidence and learn important life lessons in a fun, positive environment. Raab Park.

#### Age 5-7

Tue	Apr 9-30	4-5p	\$85
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#### Age 7-12

Tue	Apr 9-30	5:15-6:15p	\$85
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## SKYHAWKS BASKETBALL

### AGES 5-10 4 WKS

Skyhawks Staff. This fun, skill-intensive program is designed for beginning to intermediate players. Using our progressive curriculum, we focus on the whole player - teaching sportsmanship and teamwork. Boys and girls will learn the fundamentals of passing, shooting, ball handling, rebounding, and defense through skill-based instruction and small-sided scrimmages. Don't forget your water bottle! Recreation Center Sports Court.

#### Age 5-7

Tue	May 14-Jun 4	4-5p	\$85
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#### Age 7-12

Tue	May 14-Jun 4	5:15-6:15p	\$85
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## SKYHAWKS MULTI-SPORT

### AGES 5-10 4 WKS

Skyhawks Staff. Multi-sport programs are designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as sportsmanship, inclusion, and teamwork. Don't forget your water bottle! Raab Park.

#### Age 5-7

Thu	May 16-Jun 6	4-5p	\$85
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#### Age 7-12

Thu	May 16-Jun 6	5:15-6:15p	\$85
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**Oh no! It's been**

We don't like cancelling classes either! Unfortunately, sometimes people wait too long to register and we have no choice.

Please remember to register early to avoid disappointment!





## YOUTH SPORTS

### SPRING BASKETBALL: SKILLS & GAMES

**AGES 4-13 6 WKS**

Henry Guterson. Children will participate in scrimmages, games, and drills meant to be fun and improve skills. Effort, sportsmanship, and teamwork will be stressed. All offerings are coached by Henry Guterson, a youth basketball coach since 2004. Basketball hoop heights will be age-appropriate (anywhere from 4' high - standard 10'!) All skill levels are welcome. Poulsbo Middle School.

#### Age 5-6

Sat Apr 13-May 18 10-10:55a \$95\*

#### Age 7-8

Sat Apr 13-May 18 11a-12p \$95\*

#### Age 9-10

Sat Apr 13-May 18 12:15p-1:15p \$95\*

#### Age 11-13

Sat Apr 13-May 18 1:30-2:30p \$95\*

**\*Residents of the City of Poulsbo receive an \$8 discount on most programs.**

### NORTH KITSAP MOUNTAIN VIKES – MOUNTAIN BIKE CLUB

**Age 6-12, COED**

**24 RIDES**

Join us for the fun and challenge of riding trails here in North Kitsap! All you need is a mountain bike, a helmet, and a can-do attitude and you can improve and learn new skills on the bike! Some experience is helpful - we typically ride as much as 10-12 miles of XC trails plus throwing in some downhill runs occasionally. Experienced coaches will provide instruction on everything from mountain bike basics to jumping, cornering, and shredding local trails. We will have at least one fundraising-type event and one work party per session, riders and coaches are expected to help at each. Riding Shirt is provided once per year. Rides are typically 5-7p on the weekdays and 10a-12:30p on weekends, the first ride on April 9 will be at the Pump Track in Poulsbo from 5-7p.

More information is available on our website at [www.nkmountainvikes.com](http://www.nkmountainvikes.com). Interested in being a volunteer coach or have additional questions? Email us at [nkmountainvikes@gmail.com](mailto:nkmountainvikes@gmail.com).

Tue/Sat (Tue/Thu after Jun 1) No ride May 25.

Apr 9-Jun 29 \$160\*

Tue/Thu (Tue/Sat after Sep 1) No rides Aug 27 or 29.  
No Tue rides in October.

Jul 16-Oct 26 \$160\*

# Inspiring a *passion* for learning

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 📷 @westsoundacademy

# SPRING BREAK AND SUMMER CAMPS



## FOOD EXPLORERS: CAKE POPS!!

**AGES 7-13** **NEW PROGRAM!** **1 CLASS**

Theary Tran. Come get creative in the kitchen and learn to make two easy cakes, cream cheese frosting, two types of icing, and decorate your cake pops. Join us for a day of baking, glazing, and decorating. If you missed this in the last Food Explorers class, come and take part. You'll learn the basics of measuring, mixing, baking, and decorating, and have fun while you're at it. Our menu: cake pops & more cake pops! All supplies included. Recreation Center Kitchen

Fri Apr 5 10:30a-12p \$58\*

## FOOD EXPLORERS CAMP: FOOD FROM AROUND THE WORLD!

**AGES 8-13** **3 CLASSES**

Theary Tran. Join Ms. Theary and make some fabulous food from various countries around the world such as Vietnam, Italy, El Salvador, and more. We'll learn to make Pupusas, Pizzas, and Vietnamese Egg Rolls. And camp is not complete if we don't have a dessert. Come join us to learn the surprise. Each day, we will practice our cooking and baking skills as well as learn the traditions of each of these cuisines. It will be a hands-on history/cooking camp. Come take part in the FUN! All supplies included. Recreation Center Kitchen.

M-W Apr 1-3 9:30a-12p \$225\*

## SPRING BREAK GYMNASTICS CAMP

**AGES 4-10** **3 CLASSES**

Gymnastics Staff. Three days of gymnastics fun! This camp is for boys and girls of all levels of experience. The camp will cover tumbling, balance beams, bars, vault, and rings. Gymnasts will need to bring a snack and a water bottle with their name on it. Recreation Center Gym.

### Mini Camp: Ages 4-6

M-W Apr 1-3 9:30-11:30a \$125\*

### Beginning: Ages 6-10

For those who cannot do a cartwheel and have no equipment experience.

M-W Apr 1-3 1:30-3:30p \$125\*

### Intermediate/Advanced:

**Level 2 and Level 3 or by permission.**

M-W Apr 1-3 4-6p \$125\*

## SKYHAWKS MULTI-SPORT SPRING BREAK CAMP

**AGES 7-12** **5 CLASSES**

Skyhawks Staff. Multi-sport programs are designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as sportsmanship, inclusion, and teamwork. Participants should bring a water bottle, two snacks, lunch (full-day camps only), sunscreen (outdoor camps only), and wear appropriate athletic attire. Every child receives an award certificate and a Skyhawks t-shirt. Vinland Elementary.

Register through the Skyhawks website at

<https://register.skyhawks.com/>.

M-F Apr 1-5 9a-12p \$185\*



## RAAB PARK LEARNING GARDEN

Join WSU Master Gardeners and Poulsbo Garden Club volunteers for fun in the garden! Come to experience many wonders of the Garden at Raab Park. Learn about the importance of our gardens, play games, make crafts to take home, do scavenger hunts, and much more to explore! 25 cents per child suggested donation to cover materials. Raab Park. The Learning Garden (formerly called the Youth Garden) is in the northwest corner of the park.

New this year, some Saturday morning programs! One or more adults must accompany each group of up to four children. For groups of 5 or more, contact Poulsbo Parks & Recreation at 360-779-9898.

### Soil, Seeds and Worms

Sat Apr 27 10a-12p FREE

### Pollinators and Insects

Sat Jun 1 10a-12p FREE

### Windsock/Windchime

Mon Jun 17 10a-12p FREE

### Power of Plants

Mon Jun 24 10a-12p FREE

### Animals in the Garden

Mon Jul 8 10a-12p FREE

### Recycle- Planting in Objects!

Mon Jul 15 10a-12p FREE

### Stepping Stone

Sat Jul 27 10a-12p FREE

**\*Residents of the City of Poulsbo receive an \$8 discount on most programs.**



# SPRING BREAK AND SUMMER CAMPS



## ROCK BAND CAMP

**AGES 10-18 4 CLASSES, PLUS PERFORMANCE**

Rupert Kettle, Jewel Box Theater. Create a band and learn music from a professional and touring musician! Guitar, bass, drums, keyboards, and vocals. All experience levels are encouraged. Set list is chosen by students, who will then spend time in a small ensemble learning music, then group for practice and performance. Students will need to bring their instruments and lunch. Don't have an instrument, or want to play one not listed? Let us know with your registration and we will coordinate. Jewel Box Theater.

M-F Jul 8-11 9a-1p \$285\*

## KCMT MUSICAL THEATRE WORKSHOP

**AGES 7-12 5 CLASSES, PLUS PERFORMANCE**

Kitsap Children's Musical Theatre Staff. Campers will have a blast while learning acting, choreography, and vocal techniques as they prepare a fun-filled musical production. Camp will culminate in a full musical performance open to families and the public on Fridays, Jul 22 & 29. You will be amazed at what your camper can do in one week!

For more information, visit [www.kcmt.org](http://www.kcmt.org). Additional communication will be done directly by KCMT. Please have your most current email address on file with Poulsbo Parks & Recreation for scripts and information on camp activities and themes. PARENTS check your email daily during the week of camp; important day of scheduling info will be emailed out each evening. Additional paperwork for KCMT is required when attending this camp and must be returned PRIOR to camp.

Please dress your child for the weather; bring a sack lunch, snack, sunscreen, and water bottle each day. Questions can be sent to [summercamps@kcmt.org](mailto:summercamps@kcmt.org). "Like" KCMT on Facebook: @KCMTSummerCamp.

Camp held at Breidablik Elementary School, 25142 Waghorn Rd NW, Poulsbo.

M-F Jul 15-19 9a-3p+ \$245\*

M-F Jul 29-Aug 2 9a-3p+ \$245\*

+ Plus Friday performance

## KCMT MUSICAL THEATRE FOR THE LITTLES

**AGES 4-6 5 CLASSES, PLUS PERFORMANCE**

Kitsap Children's Musical Theatre Staff. KCMT Littles Camp is for our youngest stars. Come spend a week dancing, singing, and making crafts together. Camp will culminate in a small performance open to friends and families on Fridays, June 28 and July 12, at 12:30 p.m. after camp. For more information, visit [www.kcmt.org](http://www.kcmt.org). Please dress your child for the weather; bring a snack, sunscreen, and a water bottle each day. Questions can be sent to: [summercamp@kcmt.org](mailto:summercamp@kcmt.org). "Like" KCMT on Facebook: @KCMTSummerCamp. Camp will be held at Breidablik Elementary School, 25142 Waghorn Rd NW, Poulsbo.

M-F Jun 24-28 9a-12p+ \$165\*

M-F Jul 8-12 9a-12p+ \$165\*

+ Plus Friday performance

## ART EXPLORERS CAMP

**4 CLASSES**

**AGES 6-12**

Theary Tran. Come join the FUN as we explore various art mediums. Embracing the arrival of summer, what better project to start with than a still-life of mother nature's bounty of fruits or vegetables? With this project, students will learn how to draw and express themselves in 3-D with shading to create form. Followed by a 3-D project of creating their very own Squishmallow (stuffed animal)! That's right, this project involves design and sewing. Other projects may include printmaking, clay, modeling clay, watercolor painting, oil pastels, and acrylics on canvas. Through these creative processes, participants will learn art history and make art pieces uniquely their own. Students develop self-expression and improve their ability to convey what they see artistically in a supportive and nurturing environment. All supplies are included. Recreation Center Kitchen.

M-Th Aug 12-15 9a-12p \$225\*

## FOOD EXPLORERS CAMP:

**FINGER FOODS FROM AROUND THE WORLD!**

**AGES 8-13 3 CLASSES**

Do you love eating food from around the world? Join us in exploring cuisine from various countries such as France, Italy, Thailand, and England, just to name a few. You'll learn many cooking and baking skills as well as the traditions of each of these cuisines. And you'll get hands-on experience in creating the dishes and eating your masterpiece afterward. Bring an apron, your empty belly, and a drink for yourself, and join us in the fun. Come and take part in the fun! All supplies are included. Recreation Center Kitchen.

TWTh Aug 20-22 9:30a-12p \$225\*



## SPRING BREAK AND SUMMER CAMPS

### HOW TO PERFORM A MONOLOGUE FOR TEENS

#### AGES 13-18 5 CLASSES, PLUS PERFORMANCE

Michelle Allen, Jewel Box Theater. Performing a monologue is a valuable skill to attain whether it is for auditions or presentations. In this course, teens will learn how to deliver monologues with confidence, conviction, and feeling, including memorization and presentation using a variety of techniques in a safe and creative environment. Jewel Box Theater.

M-F Jul 22-26 1:30-4:30p \$285\*

### IMPROV FOR TEENS

#### AGES 13-18 5 CLASSES, PLUS PERFORMANCE

Michelle Allen, Jewel Box Theater. Improv is a great exercise for thinking on your feet! Students learn the fundamentals of performing Improv in a safe and creative environment. Regardless of their background and experience, teens thrive in this imaginative space, where feeling accomplished is as simple as participating and supporting others. While many teens take Improv to have fun with their friends, other benefits include boosting self-confidence and strengthening focus, skills that are useful for success in both Improv and life. Jewel Box Theater.

M-F Jul 15-19 1:30-4:30p \$285\*

M-F Jul 29-Aug 2 1:30-4:30p \$285\*

### SUMMER CIRCUS CAMP

#### AGE 8-14 4 CLASSES

Bob Webb. Did you ever want to run away and join the circus? Campers will learn how to juggle, ride a unicycle, and walk on a large ball. Mr. Webb runs the PUNKS program and has many years of experience with the Circus arts. Register for one camp or both and build on the skills you learn! Campers will need to bring a snack and a water bottle. Bike helmets and wrist guards are recommended but not necessary. Poulsbo Elementary.

M-Th Jul 22-25 10a-12p \$145\*

M-Th Jul 29-Aug 1 10a-12p \$145\*



### POULSBO SUMMER SAILING CAMPS!!

Poulsbo Parks and Recreation has had a long-time summer sailing program that ran in our own beautiful Liberty Bay. We are hopeful to get some Opti and Intro courses running this August. Please sign up for our information list online so we can contact you once the camps are set up and we are ready to take registrations.



### SUMMER HOOPS!

#### BASKETBALL DRILLS & GAMES CAMP

#### AGES 3-12 4 CLASSES

Henry Guterson. Children will participate in scrimmages, games, and drills meant to be fun and improve skills. Effort, sportsmanship, and teamwork will be stressed. Children will be put on teams—like the “Warriors” or “Rockets”—for scrimmages. In camps for children aged nine and above, we’ll keep track of team records and play a NCAA March ‘Madness’-like tournament, with a bracket, seeds, etc. on the last day of camp, and we’ll crown a Champion. Basketball hoop heights will be age-appropriate (anywhere from 2’ high - standard 10’!). All offerings are coached by Henry Guterson, a youth basketball coach since 2004. Poulsbo Middle School.

#### Ages 3-4

M-Th Aug 5-8 9-9:50a \$85\*

#### Ages 5-6

M-Th Jul 15-18 9-9:50a \$85\*

#### Ages 7-8

M-Th Jul 15-18 10a-12p \$145\*

M-Th Aug 5-8 10a-12p \$145\*

#### Ages 9-11\*

M-Th Jul 15-18 12-3p \$145\*

#### Ages 11-13\*

M-Th Aug 5-8 12-3p \$145\*

\*It's recommended that 11-year-olds choose *one* of the two age groups—the 9- to 11-year-old group or the 11- to 13-year-old group—based on experience and skill level. However, 11-year-olds *are* eligible to do both camps too if they wish.



# SPRING BREAK AND SUMMER CAMPS

## CURIOSITY CAMPS WITH TIM LOWELL!

These fun camps integrate science, art, and outdoor play for an engaging summer learning experience. Campers conduct experiments, create art, build, play, and have a great time with friends old and new. Having fun and introducing subjects as play fosters lifelong appreciation, curiosity, and confidence for learning.

Tim is an experienced teacher, camp leader and author of 'Is it Gonna Blow Up?' A guide to creating happy young Scientists, Engineers, Builders and Artists.

Join us this Summer for curious and fun S.T.E.A.M. (Science, Technology, Engineering, Art and Math) adventures! Please bring a snack and water bottle to camp each day. Full day campers should also bring a lunch. All camps held at West Sound Academy.

## ADVENTURES IN ART & SCIENCE: S.T.E.A.M. FUN LAB 1, FULL-DAY CAMP

### AGES 6-10 3 DAYS

Conduct science experiments, create art projects, mix up and bake snacks, explore the woods & meadow, play games, make friends, and have an all-around great time!

MTW Jul 1-3 9:30a-3:30p \$288\*

## AWESOME ART & SCIENCE EXPERIMENTS: S.T.E.A.M. FUN LAB 2

### AGES 5-10 4 DAYS

Science, Technology, Engineering, Art & Math combined with imagination = FUN! Join us in a week of creativity, experiments, and projects where you will mix, mash, fly, form, scrape, sculpt, blast, bake, expand, and explode to create fascinating and fun science & art projects! Plan to cook, explore, play games, hunt for treasure, make friends, and have a great time.

**Ages 5-7**  
M-Th Jul 8-11 9:30a-12p \$195\*

**Ages 7-10**  
M-Th Jul 8-11 1-3:30p \$195\*



## SUPER SCIENCE LAB

### AGES 5-10 4 DAYS

Chemical concoctions, radical reactions, and strange changes provide a fun, non-toxic, and ooey-gooley introduction to the joys of chemistry. Step into the Super Science lab for mega-mixology, potions, and fun!

**Age 5-7**  
M-Th Jul 15-18 9:30a-12p \$195\*

**Age 7-10**  
M-Th Jul 15-18 1-3:30p \$195\*

## FANTASTIC FORTS AND CARDBOARD CITY

### AGES 5-10 4 DAYS

Join us in building lean-tos, tarp shelters and other creative fort projects. You will also be making cardboard houses, constructing a life-sized cardboard box village, and creating a working cardboard city and economy. Building fun and friendships!

**Ages 5-7**  
M-Th Jul 22-25 9:30a-12p \$195\*

**Ages 7-10**  
M-Th Jul 22-25 1-3:30p \$195\*

## EINSTEINS & PICASSOS: S.T.E.A.M. FUN LAB 3

### AGES 6-10 4 DAYS

Science, Technology, Engineering, Art & Math combined with imagination = FUN! Join us in a week of creativity, experiments, and projects where you will mix, mash, fly, form, scrape, sculpt, blast, bake, expand, and explode to create fascinating and fun science & art projects! Plan to cook, explore, play games, hunt for treasure, make friends, and have a great time.

**Ages 5-7**  
M-TH Jul 29-Aug 1 9:30a-12p \$195\*

**Ages 7-10**  
M-Th Jul 29-Aug 1 1-3:30p \$195\*

## MAKERS ENGINEERING, ART & FLYING THINGS

### AGES 5-10 4 DAYS

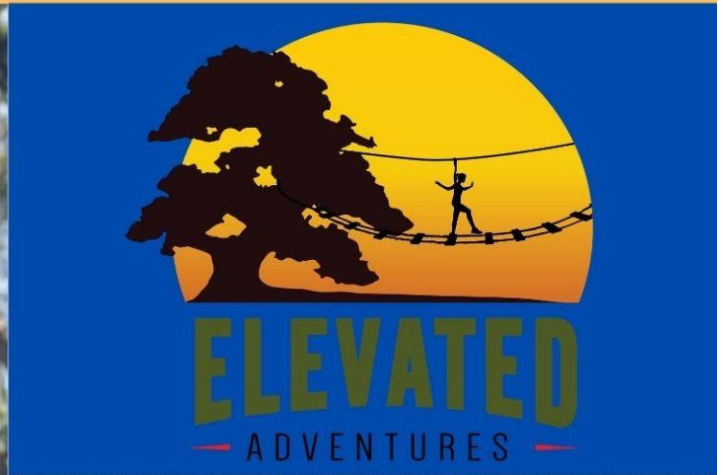
You will be combining art, science, physics and fun to make fantastic things that fly, drop, roll, zip and zoom! Rockets, gliders, arcade games, marble runs, mazes, and much more hands-on creative fun with things that move!

**Ages 5-7**  
M-Th Aug 5-8 9:30a-12p \$195\*

**Ages 7-10**  
M-Th Aug 5-8 1-3:30p \$195\*



# Open Saturdays & Sundays



## 2024 Summer Camps

- June 24-27, 1-4pm Ages 6-10
- July 8 -11, 1-4pm Ages 6-10
- July 15-18, 1-4pm Ages 11+
- July 29-Aug 1, 1-4pm Ages 6-10
- August 5-8, 1-4pm Ages 6-10
- August 12-15, 1-4pm Ages 11+

[www.elevatedadventures.com](http://www.elevatedadventures.com)

Kingston, WA



# Junior SAILING CAMPS

2024

## POULSBO YACHT CLUB

Since 1999 the Poulsbo Yacht Club has been offering its highly acclaimed sail camps, getting youth out in the great outdoors to learn the joys of sailing on Liberty Bay!  
The Junior Sailing fleet was updated in 2022 with new RS Tera dinghy sailboats!



### REGISTER NOW FOR 2024 Learn to Sail Camps:

 Camp 1: June 24 to June 28	Learn to Sail
 Camp 2: July 8 to July 12	Learn to Sail
 Camp 3: July 15 to July 19	Learn to Sail
 Camp 4: July 22 to July 26	Learn to Sail
 Camp 5: July 29 to August 2	V15 Double-Handed*
 Camp 6: August 5 to August 9	V15 Adventure Sail*

\*V15 Double-Handed & Adventure Sailing camps are designed for pre-qualified youth which builds on the beginner course's foundation.

All classes Monday-Friday 9:30am to 4:30pm

See Sailing Camp 2024 policies, discounted fees,  
and registration details at:



**PoulsboSailCamp.com**  
360-447-8119



## SPRING BREAK AND SUMMER CAMPS



Bricks 4 Kidz offers amazing STEAM-based camps where kids use their creativity and innovation to have fun building with LEGO® bricks, motors, mosaics, sculptures, and crafts or construct robots, code games, or produce videos. All campers make and take home a custom mini-figure and photo collage of the week's experience. All camps are five days and will be held at a Poulsbo location to be determined.

For an all-day option, sign up for both morning and afternoon camps and receive half-hour early drop-off, lunch hour, and half-hour late pick-up FREE.

### LEGO MASTER CHALLENGE

**AGES 6-12**

**NEW!**

Ready for a thrilling building challenge? Join The Bricks 4 Kidz Master Challenge, inspired by the dynamic LEGO® Masters® TV show! This camp is a playground for budding master builders. Each day brings exciting new challenges, where campers will learn advanced LEGO techniques, collaborate on imaginative projects, and test their creativity. From constructing towering structures to engineering moving creations, it's a journey of innovation, teamwork, and endless fun. Step into the role of a master builder and create wonders with LEGO – sign up now and let the epic building challenge begin! Bring a snack and water bottle.

M-F Jun 24-28 9a-12p \$235\*

### LEGO AMUSEMENT PARK MANIA

**AGES 6-12**

**NEW!**

Maybe you've been to Disney World, Universal Studios, Six Flags, or even LEGO Land... but have you ever built your own amusement park with LEGO® bricks? That's exactly what we'll be doing all week, and not just regular LEGO bricks... we're using axles, gears, motors, and more to make our rides really move and groove! Join us for a week of amusement park-building fun... the Bricks 4 Kidz way! Please bring a snack and water bottle.



M-F Jun 24-28 1-4p \$235\*

### LEGO JUNIOR BUILDERZ

**AGES 4-6**

Come learn, build, and play in the Bricks 4 Kidz "Junior Builder" camp! Children will be fascinated by going on an imaginary safari, an excursion under the sea, and more. Using classic, colorful LEGO® Bricks, our Junior Builders will get hands-on practice using fine motor skills to build models of exciting things that they will also learn about. Plus crafts, group activities, and more. Your eager Junior Builder won't want to miss this awesome opportunity! Please bring a snack and water bottle.

M-F Jul 8-12 9a-12p \$235\*

### JUNIOR ROBOTICS CAMP: WORLD OF WIZARDS

**AGES 6-10**

**NEW!**

Step into the *World of Wizards* at Bricks 4 Kidz, where the enchanting worlds of Harry Potter® and Fantastic Beasts® come alive through LEGO® WeDo robotics! Each day campers build wizard-themed robots with a programmable hub, motors, and sensors, use tablets to code it, and then play, experiment, and modify it or build something new. From hidden chambers to soaring dragons, each day is a new building adventure of creativity and magic. Enroll now and let the magic begin! Please bring a snack and water bottle.

M-F Jul 8-12 1-4p \$235\*

### ROBOTICS CAMP:

#### GALAXY FAR AWAY INSPIRED BY STAR WARS

**AGES 9-14**

**NEW!**

Join the Advanced Robotics in a Galaxy Far, Far Away camp, where the Star Wars® universe meets LEGO® robotics. Using the advanced LEGO Education Spike Prime kits, campers will build and program unique robots daily, drawing inspiration from the epic saga. They'll embark on a journey of discovery, mastering engineering and programming skills through builds that reflect the saga's iconic characters and themes. It's a week filled with adventure, creativity, and learning, blending the excitement of Star Wars with hands-on STEM education. May the Brick be with our young Jedi builders as they explore a galaxy of possibilities! Please bring a snack and water bottle.

M-F Jul 22-26 9a-12p \$235\*



\*Residents of the City of Poulsbo receive an \$8 discount on most programs.



## SPRING BREAK AND SUMMER CAMPS



Bricks 4 Kidz offers amazing STEAM-based camps where kids use their creativity and innovation to have fun building with LEGO® bricks, motors, mosaics, sculptures, and crafts or construct robots, code games, or produce videos. All campers make and take home a custom mini-figure and photo collage of the week's experience. All camps are five days and will be held at a Poulsbo location to be determined.

For an all-day option, sign up for both morning and afternoon camps and receive half-hour early drop-off, lunch hour, and half-hour late pick-up FREE.

### WORLD OF WIZARDS

**AGES 6-12**

**NEW!**

Step into the *World of Wizards* at Bricks 4 Kidz, where the enchanting worlds of Harry Potter® and Fantastic Beasts® come alive through LEGO® building! Young wizards will build mystical worlds, craft magical creatures, and concoct LEGO potions in a realm where imagination knows no bounds – the Bricks 4 Kidz way! From hidden chambers to soaring dragons, each day is a new building adventure of creativity and magic. Grab your wand and join this spellbinding journey where your building creations help ensure that good triumphs over evil. Enroll now and let the magic begin! Please bring a snack and water bottle.

M-F Jul 29-Aug 2

1-4p

\$235\*

### TECH CAMP: VIDEO MAKER

**AGES 9-14**

Want to make your own YouTube®-style video? Well, you've come to the right place! Working with a partner, campers will use special software to plan, script, and produce short videos to take home on a Bricks 4 Kidz thumb drive to watch on a computer, phone, or even upload to Facebook®, TikTok® or YouTube®! Kids can build and film LEGO® models and minifigures, then add dialog, sound effects, special effects, and text to create a story, reaction, video meme, funny cartoon, artistic short, or anything they can think of (G-rated of course). On the last day of camp, campers will impress friends and family with a screening party. Don't miss your chance to be a video content creator! All campers make and take home a custom mini-figure and photo collage of the week's experience as well as a USB thumb drive with their movie files. Please bring a snack and water bottle.

M-F Jul 22-26

1-4p

\$235\*



### GAME ON

**AGES 6-12**

We know you love Super Mario Bros®, Roblox®, Among Us®, Sonic®, Pac Man®, Beyblades®, Pokémon®, MineCraft® and more, and so do we! But now it's time to unplug the console and pull out the LEGO® Bricks! Get your game on as brick our way through levels of building, power up with some motor-powered LEGO models, and try to earn a few "extra lives" building mini-figures and 3D Sculptures. Each day is a new adventure as the virtual and LEGO worlds collide in the Bricks 4 Kidz way! Please bring a snack and water bottle.

M-F Jul 29-Aug 2

9a-12p

\$235\*



### MINING AND CRAFTING INSPIRED BY MINECRAFT

**AGES 6-12**

Experience the world of Minecraft® with LEGO® Bricks in this fun camp! Minecraft is a game about placing blocks to build anything you can imagine. At night monsters come out, so make sure to build a shelter before that happens. Kids will start by crafting their shelters and some of the mobs, critters, and tools using LEGO Bricks. Campers will face new challenges each day, building models and crafting key elements from the popular Minecraft game. Please bring a snack and water bottle.

M-F Aug 12-16

9a-12p

\$235\*



# SPRING BREAK AND SUMMER CAMPS



## SKYHAWKS SPORTS PROGRAMS

### AGES 5-12

Skyhawks Sports Academy Staff. Skyhawks is the country's leader in providing a safe, fun, and skill-based sports experience for kids. Poulsbo Parks & Recreation is proud to partner with them to offer the following summer camps.

**All registration is through Skyhawks.** For more information, or to register online, visit the Skyhawks webpage at <https://www.skyhawks.com/search/>. Every child receives an award certificate and Skyhawks t-shirt.

## SKYHAWKS SOCCER CAMP

### AGES 7-12

### 5 DAYS

Your young athlete will gain the technical skills and sports knowledge required for their next step into soccer. Areas of focus are dribbling, passing, shooting, and ball control. By the end of the program, your child will have learned new life skills such as teamwork and sportsmanship, made new friends, and improved their soccer skills.

#### Vinland Elementary

M-F	Jun 24-28	9a-12p	\$185
M-F	Jul 22-26	9a-12p	\$185
M-F	Aug 5-9	9a-12p	\$185

#### Wolfe Elementary

M-F	Aug 19-23	9a-12p	\$185
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## SKYHAWKS BASEBALL & BASKETBALL CAMP

### AGES 7-12

### 5 DAYS

Multi-sport programs are designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as sportsmanship, inclusion, and teamwork.

#### Poulsbo Middle School

M-F	Jun 24-28	9a-3p	\$255
M-F	Jul 8-12	9a-3p	\$255

#### Wolfe Elementary

M-F	Aug 12-16	9a-3p	\$255
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## FLAG FOOTBALL CAMP: FUELED BY USA FOOTBALL

### AGES 7-12

### 3 DAYS / 5 DAYS

Experience the excitement of football with Skyhawks Flag Football Fueled by USA Football. Using a curriculum developed by the experts from USA Football, coaches will teach skills like passing, receiving, kicking, and flag pulling. Participants will gain confidence and learn important life lessons in a fun, positive environment. Vinland Elementary.

M-W	Jul 1-3	9a-12p	\$111
M-F	Jul 15-19	9a-12p	\$185
M-F	Aug 12-16	9a-12p	\$185

## MINI-HAWK CAMP: SOCCER & BASEBALL

### AGES 5-7

### 3 DAYS / 5 DAYS

This multi-sport program was developed to give children a positive first step into athletics. Sports are taught in a safe, structured environment filled with encouragement and fun. Through exciting games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace.

#### Wolfe Elementary

M-W	Jul 1-3	9a-12p	\$111
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#### Vinland Elementary

M-F	Jul 22-26	9a-12p	\$185
M-F	8/12-8/16	9a-12p	\$185

## SKYHAWK MULTI-SPORT CAMP

### AGES 7-12

### 3 DAYS / 5 DAYS

Multi-sport programs are designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as sportsmanship, inclusion, and teamwork.

#### Soccer/Futsal & Basketball

Poulsbo Middle School			
M-W	Jul 1-7/3	9a-3p	\$153
M-F	Jul 29-Aug 2	9a-3p	\$255

#### Wolfe Elementary School

M-F	Jul 15-19	9a-3p	\$255
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#### Baseball/Futsal & Basketball

Poulsbo Middle School			
M-F	Jul 22-26	9a-3p	\$255

#### Wolfe Elementary School

M-F	Aug 5-9	9a-3p	\$255
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## SPRING BREAK AND SUMMER CAMPS

### SKYHAWKS VOLLEYBALL CAMP

**AGES 7-12**

**5 DAYS**

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun-filled program. All aspects of the game are taught through drills and exercises that focus on bumping, setting, spiking, hitting, and serving. This program is designed for the beginning to intermediate player and includes a focus on critical life skills such as leadership and teamwork.

**All registration is through Skyhawks.** For more information, or to register online, visit the Skyhawks webpage at <https://www.skyhawks.com/search/>. Every child receives an award certificate and Skyhawks t-shirt.

#### Wolfe Elementary

M-F	Jul 8-12	9a-12p	\$185
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#### Vinland Elementary

M-F	Jul 22-26	9a-12p	\$185
M-F	Aug 19-23	9a-12p	\$185



### SKYHAWKS BEGINNING GOLF

**AGES 7-12**

**5 DAYS**

Skyhawks Beginning Golf is powered by Payne Stewart Golf Experiences, the recommended entry-level golf program for PGA Junior Golf Camps. The unique, games-based play program and modified learning equipment make it easier for kids to hit the ball and experience early success. Putting, chipping, pitching, and full swing, are all taught through games, simple repetitive motions, and learning rhymes that make it easy for young kids to remember and repeat. Specially designed, age-appropriate golf equipment is provided. Vinland Elementary.

**All registration is through Skyhawks.** For more information, or to register online, visit the Skyhawks webpage at <https://www.skyhawks.com/search/>. Every child receives an award certificate and Skyhawks t-shirt.

M-F	Jul 8-12	9a-12p	\$205
M-F	Aug 12-16	9a-12p	\$205





## Fishline

Food Bank & Comprehensive Services



New Program!

## Recreation for All Assistance Program (RAAP)

**Need help paying for your Parks and Recreation Registration fee?**

**The Recreation for All Assistance Program may be able to help!**

**Poulsbo Parks and Recreation has partnered with Fishline to provide financial assistance with program fees for those of all ages.**

To learn more and apply for help, please contact Fishline at 360-779-5190 to schedule a meeting with a case manager.





## Fishline

Food Bank & Comprehensive Services



New Program!

## Programa de Asistencia de Recreación Para Todos

Fishline y Poulsbo Parks and Recreation se están asociando para ofrecer la Programa de Asistencia de Recreación para Todos (RAAP). RAAP brinda asistencia financiera para cubrir el costo de clases, campamentos, actividades y eventos enumerados en el folleto de Poulsbo Parks and Recreation. Este programa funcionará durante todo el año y es para personas que residen o trabajan en el Distrito Escolar de North Kitsap, Subbase Bangor o que se encuentran sin hogar.

**Contacte a un administrador de caso para obtener más información al 360-779-5190 o visite [fishlinehelps.org](https://fishlinehelps.org).**





**Summer Nights at the Bay**

**PRESENTED BY: PEAKS FINANCIAL**

at Poulsbo Muriel Iverson Williams Waterfront Park

SPONSORED BY: **town & country** MARKETS

**Free Family Concerts 🎵 Tuesdays @ 6:00 pm**

**SAVE THE DATES**

**July 9, 16, 23, 30**

**August 6, 20**

**August 13**

**ROCKARAOKE**

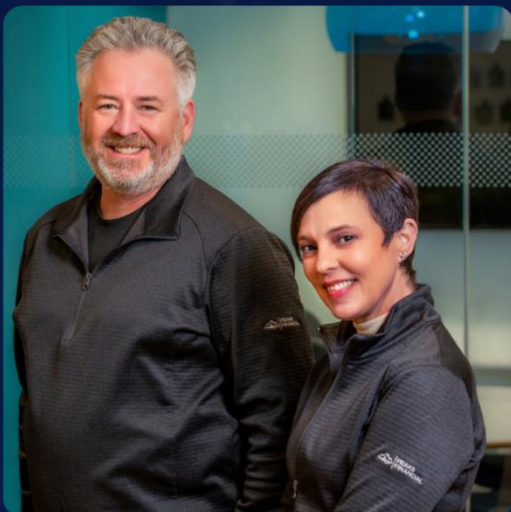
**June 28**

**STEEL MAGIC NORTHWEST**

Want to Sponsor? Contact Lin Hino | [LHINO@CITYOFPOULSBO.COM](mailto:LHINO@CITYOFPOULSBO.COM) | 360-394-9771

PRESENTING SPONSOR OF **Summer Nights at the Bay**

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Poulsbo, WA 98370

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## ADULT PROGRAMS

### VOICE LESSONS

#### AGES 6-ADULT OR AS ARRANGED WITH INSTRUCTOR

Katherine Kinert. Discover your unique voice with in-person private voice lessons for the more serious student. The voice studio is an inclusive, safe space where students will experiment with their voices and discover how to use them in all kinds of ways. Singers will learn exciting techniques and skills that help them to use their voices the way they want to. Register for four 30-minute lessons, weekly. Music will be provided for beginners; students may be asked to purchase books based on the student's specific needs and wants. Lessons will be scheduled Tue-Fri afternoons/evenings. Recreation Center.

A minimum of 24 hours' notice is required for absences. Students who fail to give 24-hour notice will automatically be charged for the lesson. If the teacher has to cancel a lesson due to illness or emergency, it will be rescheduled at the earliest opportunity.

New student introductory lesson:	\$35
4-week session:	\$135*

Lessons must be paid for in advance.

For more information and to schedule your first lesson, call Katherine at 360-550-0587.

### MORE SWING DANCE

#### AGES 15 & OLDER 4 WKS

George & Jan Bahr. Learn new dance steps that will add to your enjoyment on the dance floor. This class has steps that are no harder than Intermediate class- just different! Pearson Elem Gym.

Mon.	Apr 8-29	7-8p	\$45*
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### COUNTRY 10 STEP **NEW!** 4 WKS

George & Jan Bahr. This is a traveling country-round dance that is danced to slower-tempo music such as Cajun Moon and Achy Breaky Heart. Both dance partners do the same basic footwork. You will learn the basic steps and turns and, time permitting, we will teach fancier ways of doing the same steps. This is a very showy dance that most dancers don't know! No class May 27. Pearson Elem Gym.

Mon	May 6-Jun 3	7-8p	\$45
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### PIANO LESSONS

### WEEKLY LESSONS

#### AGES 7-ADULT OR AS ARRANGED WITH INSTRUCTOR

Megan Hennings. Have you always wanted to play that certain tune? Unravel the mysteries of the piano? Now is your chance to learn! We're offering holistic music instruction with an emphasis on creating an enjoyable learning experience. Cultivation of a lifelong love of music is our highest priority. Course content tailored to suit your individual interests, with teaching goals most often including the development of independent learning skills and strong playing skills. Format: Private instruction with scheduled group lessons. 30-minute instruction once a week with 45-minute lessons available for more advanced students. The fee includes event fees for up to 4 events per year. Daytime slots are available for adult and non-traditional students. Materials not included in class fee. Recreation Center Piano Studio.

Please call the Recreation Center at 360-779-9898 to arrange lessons.

Lessons are scheduled Mondays-Fridays.

Apr 8-Jun 21(11 weeks)

30 min lesson fee: \$354 or \$118/mo, due 4/10, 5/1 & 6/1

45 min lesson fee: \$516 or \$172/mo, due 4/10, 5/1 & 6/1

### SUMMERTIME PIANO LESSONS

#### ALL AGES WELCOME!

Megan Hennings. We know that summer can be a busy time for people, but it is also a great time for piano, too! During the school year you've built up momentum, why give it up now? Or maybe you've never experienced formal piano instruction and would just like to "try it out" to see what it's like! We are offering summertime private lessons to students who might be interested in a flexible schedule. Maybe you would like to take lessons for a month or maybe you need just a week here or there. Please call the Recreation Center at 360-779-9898 to arrange the private lessons.

M, T, W Jun 24- Aug 30 (Thursdays may also become available depending on enrollment)

\$32 per 30-min lesson, payable prior to each lesson.

\$47 per 45-min lesson, payable prior to each lesson.

### BEGINNING TO ADVANCED GUITAR

#### AGES 8+ WEEKLY LESSONS

Craig Dell. Private 30-, 45- or 60-minute acoustic or electric guitar lessons, designed for beginning, intermediate and advanced students. Scheduling and payment are done directly with Craig Dell. For more information, leave your name and number for Craig at 360-779-9898. Students must bring an acoustic or electric guitar in good working order.



**\*Residents of the City of Poulsbo receive an \$8 discount on most programs.**

## ADULT PROGRAMS

### CLOGGING

**AGES 18+**

**5 WKS/7 WKS**

Shannon Singleton. Looking for a fun way to get more exercise? Try clogging! Clogging has its origins in the folk dances of Ireland, England, Scotland, and Africa. Settlers in the American South took elements of these styles to form a unique American step dance, Appalachian clog dancing. Modern clogging has continued to evolve with influences by country-western line dancing, jazz tap, and Irish and Canadian step dance as well. Dance steps are done in time with the music, usually with the heel keeping rhythm on the downbeat. We dance in lines with a cuer calling the steps to a variety of music styles. No partner or prior dance experience is needed! No special footwear is needed to begin with but shoes with a leather bottom may be easier to dance in than tennis shoes. Join us and give your body a fun movement break. No class on Apr 3, May 15, and Jun 19. Vinland Elementary.

#### Beginning Continuing Clogging

This hour will focus on beginner-level steps and dances for those who have clogged before or have already learned some introductory steps.

Wed	Mar 20-Apr 24	6-7p	\$68*
Wed	May 1-Jun 26	6-7p	\$88*

#### Easy Intermediate Clogging

This hour will teach "easy intermediate" level dances, incorporating beginner steps into more complex combinations to take your skills to the next "level".

Wed	Mar 20-Apr 24	7-8p	\$68*
Wed	May 1-Jun 26	7-8p	\$88*

### "WELCOME SPRING" SIGN

**AGES 10+**

**1 CLASS**

Beth Daquilante. Miss Beth will lead you step-by-step in painting a unique sign to welcome Spring. A fun class to do with family or friends. A \$10 materials fee is payable to the instructor at the start of the class. Recreation Center Kitchen/Classroom.

Sat	Apr 13	10-11:30a	\$25
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### PAINT NIGHT

**AGES 10+**

**1 CLASS**

Beth Daquilante. Miss Beth will lead you step-by-step to create a masterpiece of your very own! A fun class to do with family or friends. A \$5 materials fee is payable to the instructor at the start of the class. Recreation Center Kitchen/Classroom.

#### Jellyfish

Fri	Apr 12	7-8:30p	\$25
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#### Moonlit Mountains

Fri	May 10	7-8:30p	\$25
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#### Beach House

Fri	Jun 7	7-8:30p	\$25pp
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### LANDSCAPE PAINTING

**AGES 18+**

**3 WKS**

Beth Daquilante. Come learn the fundamentals of landscape painting with acrylics. Students will work on their own 16 x 20 canvas. A materials fee of \$10, payable at the first class, includes canvas, paint, and brushes. Recreation Center Kitchen/Classroom.

#### Field of Dandelions:

Mon	Apr 8-22	12:30-1:30p	\$68*
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#### Beach Scene:

Mon	May 6-20	12:30-1:30p	\$68*
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### GLASSWORK: INTRODUCTION TO GLASS FUSING

**AGES 18+**

**1 CLASS**

Eastern Wind Glass. Learn what glass fusing is, the kinds of fusing that can be done, what glass can be used, terminology, and some design techniques. You'll also receive instruction on the use of the kiln and what kinds of kilns can be used for glass, as well as glass cutting, use of tools, and safety. A materials fee, noted below, is payable to the instructor at the beginning of each class. Checks can be made out to Eastern Wind Glass. Recreation Kitchen/Classroom.

**Garden Stake with Stand** The garden stake glass is 30" x3", stand is included. Supply fee: \$20.

Tue	Apr 16	6-9p	\$95*
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#### Mushrooms

Two beautiful glass mushrooms with brass stems for your planters or garden. Supply fee: \$10.

Tue	May 21	6-9p	\$75*
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#### Spring Design on Wavy Glass

Supply fee: \$10.

Tue	Jun 18	6-9p	\$45*
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### INTRODUCTION TO AMERICAN SIGN LANGUAGE

**ADULTS & TEENS, AGES 12+**

**4 WKS**

Leah Lovely. Learn more about this unique and ever-evolving language! Spoken in multiple countries, ASL is an essential way for people to communicate, not only for those with hearing difficulties but for those with apraxia, sensory issues, etc. Knowing how to communicate with our differently-abled community members is such an amazing skill to have. You can talk to signing friends across a crowded room or even underwater! No experience is necessary but is certainly always welcome! Recreation Center Kitchen/Classroom. No class May 27.

Mon	Apr 8-29	5:30-6:15p	\$68*
Mon	May 13-Jun 10	5:30-6:15p	\$68*



## ADULT PROGRAMS

### AMERICAN SIGN LANGUAGE: CONTINUING EDUCATION

**ADULTS & TEENS, AGES 12+**

**4 WKS**

Leah Lovely. Advance your skills in this unique and ever-evolving language! This class is designed for students who have taken a class through Parks and Recreation or community college to continue advancing their conversational skills in ASL. We will be learning how to ask questions, common answers and signs, norms of Deaf culture, and the differences between ASL grammar and spoken or signed English. Experience is necessary for this class, but we also offer a beginning level that can be taken multiple times. If you are unsure if this class is right for you, email instructor Leah at [llovely@cityofpoulsbo.com](mailto:llovely@cityofpoulsbo.com). Recreation Center Kitchen/Classroom. No class May 27.

Mon	Apr 8-29	6:30-7:30p	\$68*
Mon	May 13-Jun 10	6:30-7:30p	\$68*



### SPANISH FOR BEGINNERS

**AGES 18+**

**6 WKS**

Will Perkins. This class is designed for those with little or no previous experience in Spanish. The free online program "Duolingo" provides the basic curriculum for the class as well as the chance to practice at home. Students will also buy two books: *Easy Spanish Step-by-Step* (\$13) and an easy reader (usually \$5-10 depending on the text.) We will use stories, music, and conversation to build comfort with a new language. We address basic phonetics and grammar with abundant repetition. North Kitsap High School Classroom.

Wed	Apr 10-May 15	5-6:30p	\$92*
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*No summer classes; classes will return in the Fall.*

### INTERMEDIATE CONVERSATIONAL SPANISH

**AGES 18+**

**6 WKS**

Will Perkins. If you have studied some Spanish, this class will help you refresh your existing knowledge. We will use stories, music, and conversation to refresh memories and build new understanding. Depending on class interest, we will read stories, easy-reader novels, or plays to build vocabulary and understanding. We will purchase a book to read in this class, but it should cost less than \$20. North Kitsap High School Classroom.

Wed	Apr 10-May 15	6:45-8p	\$92*
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*No summer classes; classes will return in the Fall.*



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CHARITABLE GIVING AND  
CORPORATE SPONSORSHIP!**

Immerse yourself in the Suquamish Museum by becoming a member. Benefit from unlimited admission, guest passes, store discounts, and more.



**MORE INFO**

[www.suquamish.nsn.us/suquamish-museum-join-support/](http://www.suquamish.nsn.us/suquamish-museum-join-support/)



**360-394-7105**  
**6861 NE South St. Suquamish, WA 98392**

## ADULT PROGRAMS

### National Arbor Day Celebration with the Poulsbo Tree Board

Saturday April 27th at Poulsbo's Centennial  
Park

**Tree Planting**  
11:30a.m.-12:30 p.m

**Guided Tree Walk**  
12:30 p.m.-2 p.m.



\*Please register in advance for the Free Tree Walk  
at [www.cityofpoulsbo.com/register](http://www.cityofpoulsbo.com/register)

**RAAB PARK COMMUNITY GARDEN: (THE P-PATCH)**  
WELCOME GARDENERS! The Raab Park Community Garden (The P-Patch) is sponsored by the City of Poulsbo Parks and Recreation. The P-Patch has 54 sunny raised bed garden plots in three sizes:

<b>Plot Size and Annual Fees</b>		
<u>Non-refundable Annual Application Fee*</u>		\$25
<u>10' x 20'</u>	Resident	\$47
	Non-Resident	\$55
<u>10' x 10'</u>	Resident	\$30
	Non-Resident	\$38
<u>8' x 2' x 4' HIGH OR 8'x4' LOW</u>	Resident	\$24
	Non-Resident	\$32
<u>Clean Plot Deposit</u>	All Applicants	\$40
This is refundable if the plot is left cleaned out at the end of the season.		

**RENTERS NEED TO BE PREPARED TO PLANT, WEED, AND KEEP THEIR GARDEN CARED FOR CONSISTENTLY. GARDENERS ABANDONING THEIR PLOTS WILL FORFEIT THEIR PLOTS AND CLEAN PLOT DEPOSITS.**

The gardening year runs from Mar 1, 2024 through Feb 28, 2025. Gardeners must use organic gardening practices, products, and materials. Information and resources on organic gardening will be provided, as well as a selection of long handled tools, wheelbarrows, and hoses from the lending shed. Produce may not be sold but may be shared or donated to a food bank. Participants are responsible for complying with the "Gardener's Agreement", and reading and understanding the Patch Rules, Regulations, and Guidelines. They are also required to keep their plot area clean and looking good.

A Clean Plot deposit is required and will be either rolled over for continuing gardeners or credited/refunded at the end of the gardening season for those who clean their plots and end their rental. This is a year-round garden, with water provided from April through October. Plot fees are non-refundable. For more information, call Parks and Recreation, 360-779-9898.

Returning gardeners may renew their plots beginning in January through February 28. New gardeners will be placed on a waitlist beginning in January and will be notified in mid-March about plot availability.

NOTE: All gardeners will be required to volunteer to help keep up the common areas of the garden and for other community jobs. Thank you in advance for your help with this. If you have questions, please call us at 360-779-9898.





## ADULT PROGRAMS

### THE POULSBO TREE BOARD

The Poulsbo Tree Board was established in 1997 to advise and educate the Mayor, City Council, and citizens on issues pertaining to trees in the city. This includes the promotion of responsible planting of trees on public and private property; promoting public education and proper maintenance of trees; advocating for trees within the city; providing for aesthetics within the city through the formulation and implementation of tree programs; developing innovative and joint funding for tree projects from a variety of sources; and providing the Mayor and the City Council with a yearly report regarding Tree Board activities. The 7-member board is a mixture of ISA Arborists, professional educators and scientists, vegetation experts, Master Gardeners, and citizens.

Tree Board classes are free, but pre-registration is required by calling 360-779-9898 or registering online at [CityofPoulsbo.com/Register](http://CityofPoulsbo.com/Register).

### WALK AND TALK: SPRING HAS SPRUNG IN POULSBO!

**AGES 18+**

**1 CLASS**

Poulsbo Tree Board members. Join us in discovering the wide variety of tree species growing in Poulsbo. We will enjoy a pleasant spring walk through the city's neighborhoods and learn about significant tree species growing in our city. Flowers and emerging leaves encourage us to get out into our gardens and enjoy the beauty of Spring. Tree identification characteristics, exceptional attributes, and spring tree management will be discussed. Please pre-register for planning purposes. Poulsbo, to be determined.

Sat Apr 27 12:30-2p FREE



### SELF DEFENSE FOR WOMEN

**NEW PROGRAM!**

**AGE 18+**

**MONTHLY**

Instructor Jason Bellaconis has been teaching the martial arts for over 20 years and has taught hundreds of classes and dozens of seminars specific to self-defense for women. He holds a 4th degree black belt in Northern Jujutsu, silver gloves in boxing, and dozens of other ranks in other styles of martial arts. The class will focus on learning practical defense techniques in a safe and effective way. All equipment and gear is provided. Recreation Center Gym.

Tue	Mar 5-26	7:15-8:45p	FREE
Tue	Apr 2-30	7:15-8:45p	FREE
Tue	May 7-28	7:15-8:45p	FREE
Tue	Jun 4-25	7:15-8:45p	FREE



**Fishline**  
 Food Bank & Comprehensive Services



*New Program!*

## Recreation for All Assistance Program (RAAP)

Need help paying for your Parks and Recreation Registration fee?

The Recreation for All Assistance Program may be able to help!


Poulsbo Parks and Recreation has partnered with Fishline to provide financial assistance with program fees for those of all ages.

To learn more and apply for help, please contact Fishline at 360-779-5190 to schedule a meeting with a case manager.

GOLD SPONSOR OF **Summer Nights at the Bay**

# town & country

MARKETS



20148 10TH AVE NE  
POULSBO, WA 98370  
360.779.1881

**MARKET HOURS:**  
**DAILY 7AM TO 10PM**

## ADULT SPORTS AND FITNESS PROGRAMS

### TOTAL BODY WORKOUT: BARBELL STRENGTH TRAINING AND CARDIO

**AGES 18+**

**Various**

Lilli Jensen (*Mon/Wed*) and Dean Lancaster (*Tue/Fri*). Using light to moderate weights with lots of repetition, this fitness class gives you a total body workout. Students will progress from light to moderate to heavy weights, increasing strength and endurance. A total body workout in 60 minutes. Max 12 participants per class – space is limited! Recreation Center Upper Fitness Studio.

2-4 nights to choose from! No class on May 27.

#### **Mondays 5:30-6:30p**

Apr 1-29 \$45\*/5 wks  
May 6-20 \$31\*/3 wks  
Jun 3-24 \$38\*/4 wks

#### **Tuesdays 5:30-6:30p**

No Tuesday class in April.  
No Tuesday class in May.  
Jun 4-25 \$38\*/4 wks

#### **Wednesdays 5:30-6:30p**

Apr 3-24 \$38\*/4 wks  
May 1-29 \$45\*/5 wks  
Jun 5-26 \$38\*/4 wks

#### **Fridays 5:00-6:00p**

No Friday class in April.  
No Friday class in May.  
Jun 7-28 \$38\*/4wks

### TNT – TIGHTEN & TONE

**AGES 18+**

**SESSIONS VARY, ONE OR MORE DAYS/WEEK**

Lori Whiting, ACE. This class will help to define and tone muscles and speed up your metabolism using resistance bands and dumbbells. Core conditioning exercises will help shape and define your physique and strengthen back muscles. We'll finish with stretching to increase flexibility and relaxation and breathing to relieve stress. Classes run continuously, join at any time, and all levels are welcome. Discount for signing up for more than one class per week per month. The class is designed with senior fitness in mind, but all adults are welcome. No class on May 27. Recreation Center Gym.

#### **Mondays 8:10-9:10a**

Apr 1-29 \$45\*/5 wks  
May 6-20 \$31\*/3 wks  
Jun 3-24 \$38\*/4 wks

#### **Wednesdays 8:10-9:10a**

Apr 3-24 \$38\*/4 wks  
May 1-29 \$45\*/5 wks  
Jun 5-26 \$38\*/4 wks

#### **Fridays 8:10-9:10a**

Apr 5-26 \$38\*/4 wks  
May 3-31 \$45\*/5 wks  
Jun 7-28 \$38\*/4 wks

### ACTIVE FLOW YOGA

**AGE 18+**

**4 WKS**

Jolene Culbertson, RYT 500. This is a flow class with a more dynamic pace. A type of yoga that focuses on the connection between breath, movement, and the mind. This style of yoga is often referred to as 'flow' because it moves from one pose to another in a continuous, smooth way. Recreation Center Upper Fitness Studio.

Wed	Apr 3-24	9:30-10:30a	\$38*
Fri	Apr 5-26	9:30-10:30a	\$38*
Fri	May 3-31	9:30-10:30a	\$38*
Fri	Jun 7-28	9:30-10:30a	\$38*

### PILATES FOR CORE STRENGTH & SPINAL STABILIZATION

**AGES 18+**

**4 WKS**

Lynn Peter-Contesse Core strength is the objective of Pilates exercise. The core muscles are deep, internal muscles of the abdomen, back, and pelvis. This class integrates the application of Pilates' current evidence-based exercise science and biomechanics through a series of sequential and carefully performed core movements. The goal will be to promote postural awareness while achieving core strength and endurance, joint mobility, flexibility and balance, and coordination. Exercises will be repeated with increasing difficulty, striving for precision and flow of movement, and establishing a strong foundation that is much more efficient and less prone to future injuries. Bring a yoga mat, water bottle, and a small hand towel for head and neck support. Wear comfortable clothing for ease of movement/relaxation and have some fun! Recreation Center Upper Fitness Studio.

Tu/Th	Apr 2-25	4:30-5:30p	\$99*
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Tu/Th	May 7-30	4:30-5:30p	\$99*
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Tu/Th	Jun 4-27	4:30-5:30p	\$99*
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Drop-ins are not available at this time for Pilates.

### YOGA BASICS

**AGES 16+**

**2 CLASSES WEEKLY**

Lori Whiting, ACE. A revitalizing mind/body workout designed to increase flexibility and strength through yoga postures, using yoga blocks and straps to modify postures and focusing on proper alignment. We'll work on balance and use breathing and relaxation for stress relief. Classes run continuously, join anytime, and all levels are welcome. Recreation Center Gym.

T/Th	Apr 2-30	8:10-9:10a	\$78*/9 classes
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T/Th	May 2-30	8:10-9:10a	\$78*/9 classes
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T/Th	Jun 4-27	8:10-9:10a	\$70*/8 classes
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### CHAIR YOGA

**AGE 18+**

**IN-PERSON**

**4 WKS**

Jolene Culbertson, RYT 500. Join others in a fun and educational yoga class using a chair for support. Perfect for anyone challenged by balance, flexibility, difficulty getting on or off the floor, weight issues and/or medical conditions causing weakness or tremors. Jolene Culbertson is an RYT 500 with 40+ years of both medical & yoga experience. Recreation Center Upper Fitness Studio.

Thu	Apr 4-25	9:30-10:30a	\$45*
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Thu	May 2-23	9:30-10:30a	\$45*
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Thu	Jun 6-27	9:30-10:30a	\$45*
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**\*Residents of the City of Poulsbo receive an \$8 discount on most programs.**



## ADULT SPORTS AND FITNESS PROGRAMS

### YOGA FOR BACK CARE WORKSHOP

**AGE 18+**

**4 WKS**

Jolene Culbertson, RYT 500. Learn and practice care for our backs. Topics, techniques, and practice for osteopenia, osteoporosis, osteoarthritis, and chronic back, shoulder, neck, or hip pain. No prior experience is necessary. Bring yoga props or use ours. Bring a small blanket and two pillows of different sizes. Recreation Center Upper Fitness Studio.

Thu May 9-30 10:45-11:45a \$45\*

### ANXIETY & DEPRESSION WORKSHOP

**AGE 18+**

**1 CLASS**

Jolene Culbertson, RYT 500. Prepare for the holidays, or just life in general, by learning techniques that can help lower your anxiety and bring a calming presence to your days as they become increasingly busy and filled with demands on your time and energy. Jolene Culbertson is a psychiatric nurse practitioner and a registered yoga instructor who has spent over 30 years working with people experiencing stress, trauma, depression, and anxiety. Explore techniques of gentle movement, breath work, relaxation, and mindfulness to help you experience less stress and more relaxation in your life. The practice will take place while seated in a chair. Handouts provided. Wear comfortable clothes and bring a small blanket or a large beach towel.

Sat Apr 13 10a-1p \$38\*

Sat Jun 8 10a-1p \$38\*

### QIGONG TAI CHI

**AGE 18+**

Rodney Hitchcock. Tai Chi is an ancient exercise system utilized to promote good health and healing through gentle movement and breathing. Qigong in Chinese translates as "life energy work". While there are many schools and variations of Tai Chi and Qigong; we will together be utilizing Qigong warmups before learning and practicing the Yang style form also known as the long form. Class fee is monthly, regardless of the number of classes in the month. No class on Monday, May 27. Recreation Center Upper Fitness Studio.

M & F Apr 1-29 11:30a-12:30p \$45\*

Wed Apr 3-24 6:45p-8p \$45\*

M & F May 3-31 11:30a-12:30p \$45\*

Wed May 1-29 6:45p-8p \$45\*

M & F Jun 3-28 11:30a-12:30p \$45\*

Wed Jun 5-26 6:45p-8p \$45\*

#### Fitness Drop In

All fitness classes offer a \$10 drop as long as the class has met its minimum enrollment and is not full. Please check with the front desk before attending. Drop-in rate must be paid in advance.



### LOVELY YOGA: SLEEPYTIME STRETCHING

**ADULTS 18+**

**NEW PROGRAM!**

**YOUNGER MAY ATTEND WITH PARENT**

Leah Lovely. Enjoy a relaxing and beneficial evening yoga practice to bring flexibility and balance to your week. We will come together to ground ourselves, expanding our breath and coming into poses that increase blood flow and movements that bring fluidity. We will find our own pace and work on our personal physical journey, finding a deep relaxation in Shavasana. Regular yoga practice makes such a difference in our everyday health and can improve sleep as well, come join us! No class April 25. Recreation Center Upper Fitness Studio.

Thu Apr 4-18 6-7p \$31\*(3)

Thu May 2-30 6-7p \$45\*(5)

Thu Jun 6-27 6-7p \$38\*(4)



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*Thank You!*

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Kitsap Real Estate Team

www.realestatekitsap.com

## ADULT SPORTS AND FITNESS PROGRAMS

### FREE HEALTH AND WELLNESS FOR YOUR SOUL!

#### WALKING CLUB

##### AGE 18 +

Jolene Culbertson. Join Jolene and friends as we walk 2 miles each Monday morning around Poulsbo. According to the CDC, physical activity helps control weight, but it has other benefits. Physical activity such as walking can help improve health even without weight loss. People who are physically active live longer and have a lower risk for heart disease, stroke, type 2 diabetes, depression, and some cancers. Improving spaces and having safe places to walk can help more people become physically active. Walks are at a steady pace, rain or shine. Please register in case we need to send out a notification. No walk on May 27. Meet at the Rec Center and start your week off right.

Mon	Apr 1-29	9a-10:30a	FREE
Mon	May 6-20	9a-10:30a	FREE
Mon	Jun 3-24	9a-10:30a	FREE

#### LAUGHTER YOGA CLUB

##### AGES 9+

Rachel Cornette. Laughter Yoga is an easy, fun exercise for the mind, body, and spirit. It provides a reduction of stress and tiredness, a renewal of physical energy, and greater inner calm. Bring a willingness to laugh! No class on May 21. Recreation Center Upper Fitness Studio.

Tue	Apr 2-30	12:15-1p	FREE
Tue	May 7-28	12:15-1p	FREE
Tue	Jun 4-25	12:15-1p	FREE

#### INTRO TO TAI CHI:

#### MOVING FOR BETTER BALANCE

##### AGE 18 +

Tricia J. McMahon. Builds muscle strength, increases attentiveness and awareness, improves postural stability, and releases tension. In these classes, you will learn the 8 Tai Chi forms (derived from the traditional 24-form Yang-style) of Tai Chi: Moving for Better Balance. Come enjoy connecting with others while improving coordination, flexibility, and so much more! No experience is necessary. We will be primarily standing, but there are great benefits when seated as well. Chairs will be available. While this program is free, we ask that you register to assist in planning. Recreation Center Gym.

Thu	Apr 4-25	12:15-1:05p	FREE
Thu	May 2-30	12:15-1:05p	FREE
Thu	Jun 6-27	12:15-1:05p	FREE

### FREE SENIOR FITNESS CLASSES SPONSORED BY INMOTION PERFORMING ARTS AND THE POULSBO-NK ROTARY CLUB.

We are very grateful for the donations from InMotion and the Poulsbo-NK Rotary for funding these classes. These classes are free for seniors but please register for them so that we know how many are planning on attending, and in case we need to notify you. Thank you!

#### FSA (FREE SENIOR ACTIVITY): LIFELONG FITNESS & HEALTH SENIORS

Jolene Culbertson, RYT. This class focuses on balance, core strength and coordination to gain functional awareness in movements to facilitate daily activities and maintain independence in your life. Movements may be done seated and standing using a chair for balance. Light weights, tennis balls/core balls may be used. Relaxed breathing and short meditations may be offered. This class is proudly sponsored by InMotion Performing Arts Studio and Poulsbo-North Kitsap Rotary. Class is free for seniors, but please register in advance in case we need to notify you. Recreation Center Upper Fitness Studio.

Wed	Apr 3-24	12:15-1:15p	FREE
Wed	May 1-29	12:15-1:15p	FREE
Wed	Jun 5-26	12:15-1:15p	FREE

#### FSA (FREE SENIOR ACTIVITY): CHAIR YOGA SENIORS

Jolene Culbertson, RYT. Come join others in a fun and educational yoga class using a chair for support. Perfect for anyone challenged by balance, flexibility, difficulty getting on or off the floor, weight issues, and/or medical conditions causing weakness or tremors. No class on May 27. Recreation Center Upper gym.

Mon	Apr 1-29	12:15-1:15p	FREE
Mon	May 6-20	12:15-1:15p	FREE
Mon	Jun 3-24	12:15-1:15p	FREE

#### JOIN US FOR WORLD LAUGHTER DAY!

Rachel Cornette. Join us for World Laughter Day! Laughter Yoga is an easy, fun exercise for the mind, body, and the spirit. It provides a reduction of stress and tiredness, a renewal of physical energy and greater inner calm. Participants will not need any special gear or attire; they will just need to bring a willingness to laugh! Muriel Iverson Williams Waterfront Park.

Sun	May 5	4-5p	FREE
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#### LOOKING FOR SPONSORS!

Do you know a business or organization that would like to help support our Free Senior Fitness Classes? Please contact [kgoodfellow@cityofpoulsbo.com](mailto:kgoodfellow@cityofpoulsbo.com) for more information.



## ADULT SPORTS AND FITNESS PROGRAMS

### BEGINNING ITALIAN RAPIER

**AGE 15+**

**8 WKS**

Nathan Walker. The rapier was the deadliest dueling weapon in history. Rapier fencing is a game of control; controlling distance, controlling timing, controlling your opponent's mind. It's a deep psychological and extremely physical chess game of sorts that measures one's ability to think on their feet and adapt to constantly changing situations. No one did this more famously or dangerously than the 16<sup>th</sup>-century Italian fencing masters that we will study in this course. Bring your own equipment or use the instructors. No class May 27. Recreation Center Gym.

Mon Apr 15-Jun 10 7-9p \$60\*

### BEGINNING GERMAN LONGSWORD

**AGE 15+**

**8 WKS**

Longsword is the most popular weapon studied in HEMA (Historical European Martial Arts). It's the largest and heaviest sword we study but still quite nimble due to the use of two hands on the weapon instead of only one. The Johannes Lichtenauer tradition of longsword fighting goes back to the mid-late 14<sup>th</sup> century and spawned a number of followers. They slowly improved upon his work, creating a dynasty of German longsword fencers that lasted hundreds of years. Joachim Meyer was one of the most celebrated followers of Lichtenauer and probably the most focused on the dueling aspects of longsword combat. It is Meyer's treatise we will be studying during this course and in the process learning the foundations of both historical and competitive longsword fencing. Bring your own equipment or use the instructors. Recreation Center Gym.

Wed Apr 17-Jun 5 7-9p \$60\*

### BRITISH MILITARY SABER

**NEW PROGRAM!**

**AGE 15+**

**8 WKS**

Nathan Walker. Sabers are a somewhat late arrival in an ancient class of weaponry, that is, mid-length, curved blade, cutting swords. The saber was popular all over the world and across immense spans of time due to its convenient size, ease of carry and immense cutting capacity. It favors a flowing, call and response type of combat. One cannot think solely of striking their opponent as they will inevitably be struck in return. Instead, sabreurs must flow dynamically from defense to offense and back to defense in time to avoid the after blow, even if they've already landed their own attack. We are currently studying Roworth's British Military Saber which includes the Highland Broadsword and the Spadroon. Saber is also fantastic for those looking for modern self-defense as saber techniques and tactics translate very well to almost anything vaguely sword shaped such as batons, sticks, canes and even umbrellas. No class on May 25. Recreation Center Gym.

Sat Apr 6-Jun 1 1:30-3:30p \$60\*



### RACQUETBALL

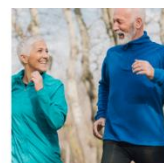
**NEW HOURS!**

The Recreation Center has two fully enclosed courts available for play on a reservation or walk-in basis. Courts may be reserved on a first-come basis two days in advance during prime-time hours, or day of play by phone or in person. Court time can be scheduled **Monday-Friday, 9a-7p (Last reservation starts at 6p) and Saturday 9:30a-1:30p (Last reservation starts at 12:30p.)** No black-soled shoes or street shoes are allowed on the courts. \$10 per hour or a 5-hour punch card for \$45. Racquets and balls available for rent for \$1 per hour.

### WALLYBALL

A fast game of volleyball on a racquetball court, this game is for 6-8 people and is gaining interest and participation in the area. Reservations are made similar to racquetball, by calling in a reservation for a court and the equipment, see hours listed above. A complete set of rules is also available. \$15 per hour.

**GOLD  
SPONSOR  
FOR**



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SPORTS, LIFE.....AT ANY AGE**

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- SILVERDALE YMCA

CALL OR VISIT US ONLINE TODAY!

**KITSAPPT.COM  
360-779-3777**

# Save the date

## May 29

## Wednesday

Free classes, programs and seminars throughout the day at Poulsbo Parks and Recreation. Schedule of activities out soon.



*"Make Fitness Your Friend for Life!"*

### ART THERAPY: ARTISTIC EXPRESSION & MINDFUL MOMENTS FOR SENIORS

Patty Velez. Discover Art Therapy for Seniors in Poulsbo! "Artistic Expression & Mindful Moments for Seniors" is your gateway to a world where creativity flows and peace of mind flourishes. Whether you're wielding a brush for the first time or revisiting a long-loved hobby, this class is the perfect blend of artistic exploration and relaxation.

What you'll experience:

- Dive into painting, drawing, and more in a supportive, welcoming environment.
- Express yourself and connect with your community through the power of art.
- Enjoy a serene space designed for reflection, creativity, and companionship.

No art experience? No problem! Join us in Poulsbo for an hour where creativity and tranquility intersect. This is more than just an art class; it's a pathway to expressing and connecting in ways that words cannot capture. A \$5 materials fee is payable to the instructor for the class. Recreation Center Kitchen.

Thu	Apr 11	10-11a	\$25
Thu	Apr 25	10-11a	\$25
Tue	May 9	10-11a	\$25
Tue	May 23	10-11a	\$25



## Recreation for All Assistance Program (RAAP)

Need help paying for your Parks and Recreation Registration fee?

The Recreation for All Assistance Program may be able to help!

Poulsbo Parks and Recreation has partnered with Fishline to provide financial assistance with program fees for those of all ages.

To learn more and apply for help, please contact Fishline at 360-779-5190 to schedule a meeting with a case manager.



# Active Adults

## 2024 Spring Newsletter



### Free Classes!

#### April

**April 2:** 10-11am  
Physician Chat

**April 9:** 1-2:30pm  
Game Time

**April 17:** 1-2pm  
Fishline Services

**April 24:** 1:15-2:15pm  
Nutrition

**April 30:** 1:30-2:30pm  
Tech Talk

#### May

**May 6:** 1:30-2:20pm  
Poulsbo Library

**May 15:** 12:15-1:15pm  
Lifelong Fitness

**May 22:** 1:30-3pm  
Potluck in the Park

**May 29:** ALL DAY!  
National Senior Health  
and Fitness Day

#### June

Exciting changes are coming this summer as we reflect on registration trends through the seasons!

**Physician Chat:** Do you have questions you feel you don't have the time to bring up to your primary care physician? Do you feel lost around medically used terms? If so, this time with a resident doctor from CHI is for you! Join us for this informational class where a resident physician will be here to talk health topics, as well as having an hour available after class for Q&A's from 11am to Noon!

#### Game Time with Lyn and Perry Ann!

We are so excited to offer some social time here at Parks and Recreation! Come join Lyn and Perry in our Kitchen area to enjoy some board games, puzzles, coffee and time for chatting!

#### Fishline Services

Are you aware of all the wonderful services Fishline provides for members of the community? Come find out and hear about our new Recreation for All Assistance Program (RAAP) to help fund your recreational needs.

#### Did you know that May is Older Americans Month?

Here at Poulsbo Parks and Recreation, we take the emotional, mental, and physical well-being of all of our patrons very seriously and our senior patrons hold a special place in our hearts! Over 25% of our population here in Poulsbo are seniors and we want to dedicate a day of activities to YOU!



"Make Fitness Your Friend for Life!"  
Join us May 29 for a full day of classes, educational opportunities, and more!

**Nutrition** Sam Rader is back to help you understand calories, protein, carbohydrates, and fiber. How much water do you need to drink?



#### Potluck in the Park ~ May 22, 2024

Bring your favorite potluck dish and enjoy the beautiful weather Spring has to offer at Raab Park in our Picnic Shelter. We will be offering grilled hot dogs, so please feel free to bring your favorite side, dessert or beverage!

#### FREE Senior Fitness Classes!

**Mondays at 12:15pm - Chair Yoga**

**Tuesdays at 12:15pm - Laughter Yoga**

**Wednesdays at 12:15pm - Lifelong Health and Fitness**

**Thursdays at 12:15 - Tai Chi Moving for Better Balance**



**Poulsbo Parks and Recreation: Heart of a Healthy Community**

Community Enrichment - Inclusiveness & Equity - Health & Wellness - Stewardship and Sustainability

Physical address: 19540 Front St. Poulsbo, WA | Mailing address: 200 NE Moe St. Poulsbo, WA 98370



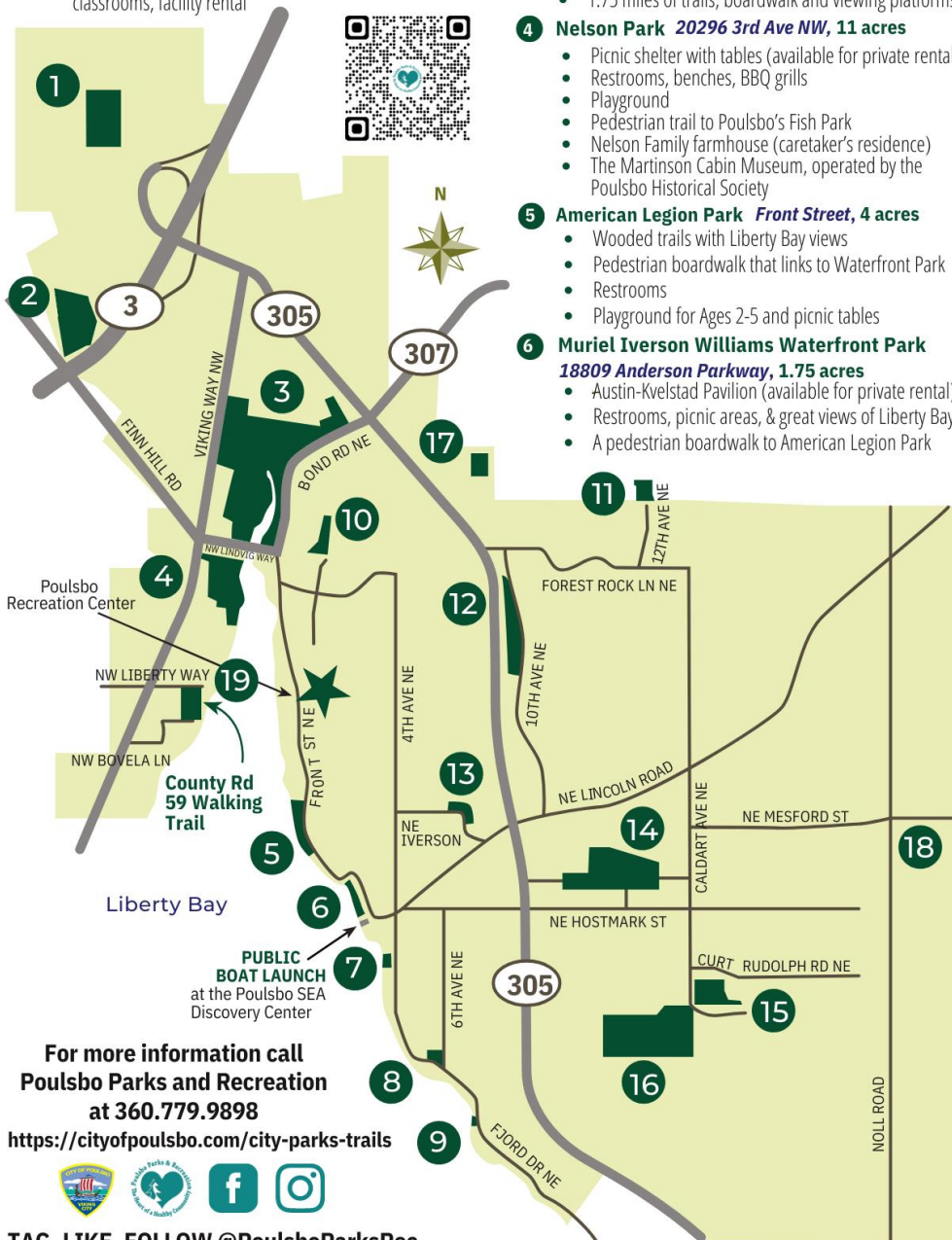


## WELCOME TO POULSBO'S PARKS

The City of Poulsbo's recreational facilities and open spaces serve as vital parts of the community's character. Poulsbo has 19 city parks totaling 146 acres, with over 5 linear miles of trails. We hope you enjoy all that our parks have to offer!

### ★ Poulsbo Recreation Center 19540 Front Street NE

- Outdoor Basketball court, racquetball, gym, kitchen, classrooms, facility rental



### 1 College Marketplace Ball Fields NW Reliance Street, 6 acres

- Slated for future park development

### 2 Catherine Edwards Park, 9.21 acres corner of NW Finn Hill Rd & Olhava Way NE

- Slated for future park development

### 3 Poulsbo's Fish Park 288 NW Lindvig Way, 40 acres

- On the Liberty Bay Estuary and Dogfish Creek
- Urban nature park including habitat restoration & interpretive signage
- 1.75 miles of trails, boardwalk and viewing platforms

### 4 Nelson Park 20296 3rd Ave NW, 11 acres

- Picnic shelter with tables (available for private rental)
- Restrooms, benches, BBQ grills
- Playground
- Pedestrian trail to Poulsbo's Fish Park
- Nelson Family farmhouse (caretaker's residence)
- The Martinson Cabin Museum, operated by the Poulsbo Historical Society

### 5 American Legion Park Front Street, 4 acres

- Wooded trails with Liberty Bay views
- Pedestrian boardwalk that links to Waterfront Park
- Restrooms
- Playground for Ages 2-5 and picnic tables

### 6 Muriel Iverson Williams Waterfront Park 18809 Anderson Parkway, 1.75 acres

- Austin-Kvelstad Pavilion (available for private rental)
- Restrooms, picnic areas, & great views of Liberty Bay
- A pedestrian boardwalk to American Legion Park

### 7 Net Shed Vista 18500 Fjord Drive, .69 acres

- Liberty Bay viewing area
- Picnic tables and benches

### 8 Lions Park 6th Avenue and Fjord Drive, 1.2 acres

- Picnic areas
- Restrooms
- Two courts: pickleball/tennis
- Playground and open play areas

### 9 Oyster Plant Park 17881 Fjord Drive, .22 acres

- A viewing pier and picnic tables
- 20 Purple Martin nests
- Small boat launch

### 10 Betty Iverson Kiwanis Park 20255 1st Avenue NE, 2.8 acres

- Picnic shelter and BBQs
- Open play areas
- ADA-accessible playground

### 11 Forest Rock Hills Park north end of 12th Avenue NE, 3.1 acres

- Playground
- Trails and picnic areas

### 12 Hattaland Park 10th Avenue NE, 2 acres

- Open space, wetlands, ponds
- Picnic table and benches

### 13 Centennial Park corner of 7th Avenue and Iverson Street, 2.9 acres

- Arboretum
- Picnic tables, pergolas and trail
- Footbridges over Dogfish Creek

### 14 Wilderness Park between Caldart Avenue & Highway 305, 11.56 acres

- Wooded trails and open space

### 15 Austurbruin Park Curt Rudolph Road, 4.5 acres

- Playground
- Picnic areas and trails

### 16 Frank Raab Park 18349 Caldart Avenue NE, 21 acres

- Restrooms
- Picnic shelter (available for private rental)
- Community P-Patch and youth demonstration gardens
- Playground and playfield
- Horseshoe pits. Sand volleyball court
- Skate park. Full sized basketball court
- 1/3 mile walking trail
- Leash free area for dogs

### 17 Poulsbo Pump Track 20523 Little Valley Rd. NE, 1.82 acres

- Bicycle pump track operated by the Evergreen Mountain Bike Alliance

### 18 Rotary Morrow Community Park Corner of Noll & Mesford St., 1.2 acres

- Slated for future park development

### 19 West Poulsbo Park 5th Avenue NW, 3.1 acres

- Slated for future park development

For more information call  
Poulsbo Parks and Recreation  
at 360.779.9898

<https://cityofpoulsbo.com/city-parks-trails>



TAG, LIKE, FOLLOW @PoulsboParksRec



### WANT TO BE MORE INVOLVED?

Poulsbo Parks and Recreation offers numerous opportunities to be involved with your community! Whether you just have an hour to help out, or are able to commit to a regular schedule, want to work with people or outdoors in nature, we would love to hear from you!

Some of the many opportunities to consider:

Coaching or assisting with a Basketball team,

Helping with a Special Event: Family Formal Dance, Viking Fest Race Race, Spooktacular,

Participating in citizen committees.

Heading up or joining in on Stewardship groups to maintain parks, or joining park work parties.

Teens-Becoming a Teen Volunteer intern and assisting with youth classes.

And much more!

For a Volunteer Application, visit:  
<https://cityofpoulsbo.com/volunteer-opportunities/> or give us a call.

**FOR MORE INFORMATION, CALL  
360.779.9898**

## View Poulsbo's Trail Maps

*Poulsbo has paved, dirt, and boardwalk trails, ranging from .05 to 2.2 miles, in our parks and around town!*

**Including:**  
**Fish Park Trail Map**  
**School Loop**  
**Forest Rock Hills Park Loop**  
**Park to Park Loop**  
**Extended Park to Park Loop**  
**Downtown Loop**

[HTTPS://CITYOFPOULSBO.COM/CITY-PARKS-TRAILS-2/](https://cityofpoulsbo.com/city-parks-trails-2/)



Check them all out  
on our website and  
QR CODE!



## PARKS AND RECREATION COMMITTEES

### PARKS & RECREATION COMMISSION:

The Parks and Recreation Commission is responsible for giving advisory recommendations to the City Council on all regulations, resolutions, plans, policies, projects and proposals relating to the city parks system, recreational facilities or open space, to promote public use and awareness of the city's park facilities and services, to hold public meetings to solicit public input for the parks and open spaces planning process, and to apprise the City Council, Public Works Department and Parks and Recreation Department of the community's park and recreational needs. The commission meets at 7 pm on the fourth Monday of Feb, Apr, Jun, Aug, Oct and Dec. Due to the holidays, the December meeting may be rescheduled for earlier in the month.

Commission Members: JoAnn Schlachter( chairperson), Mari Gregg, Joe Hulse, Justin Johnson, Stefan Keel, Kelly Michaels, Judy Morgan, Mary Swoboda-Groh, Amy Zinkhon.

### POULSBO TREE BOARD:

The Poulsbo Tree Board was established in 1997 to advise and educate the Mayor, City Council and citizens on issues pertaining to trees in the city. This includes the promoting of responsible planting of trees on public and private property; promoting public education and proper maintenance of trees; advocating trees within the city; providing for aesthetics within the city through the formulation and implementation of tree programs; developing innovative and joint funding for tree projects from a variety of sources; and providing the Mayor and the City Council with a yearly report regarding Tree Board activities. The board meets at 7 pm on the second Monday of Jan, Mar, May, Jul, Sep, and Nov.

Board Members: Jeff Philip (chairperson), Janet Brown, Jenise Bauman, Gayle Larson, Jim Leary, John Martin, one position vacant.

If you are interested in serving on a board or commission for future vacancies, please submit a completed application to the City Clerk, 200 NE Moe Street, Poulsbo, Washington 98370. Applicants must reside within the city limits of Poulsbo, with the exception of some positions on the Community Police Advisory Board, Public Library Board and Tree Board. The applicant packet can be found at <https://cityofpoulsbo.com/boards-commissions/>.



### FACILITY RENTALS & COMMUNITY SIGNBOARDS



AUSTIN-KVELSTAD PAVILION



NELSON PARK PICNIC SHELTER



RAAB PARK PICNIC SHELTER

The City of Poulsbo has three beautiful parks with facilities available to rent: The Austin-Kvelstad Pavilion at Muriel Iverson Williams Park, and the Raab Park and Nelson Park Picnic Shelters. **Reservations at the Raab Park Picnic Shelter may be limited for the summer of 2024 due to construction.**

The facilities may be rented on a first paid, first serve basis. Applications must be submitted a minimum of 2 weeks prior to the event. No refunds or credits will be given for cancellations.

A special event application must be submitted if the event is open to the public, has a direct significant impact to city services, or under the discretion of the Parks and Recreation Director. Completed special event applications, along with required documentation, must be submitted a minimum of 90 days in advance and are subject to city council approval.

Applications are available at <https://cityofpoulsbo.com/parks-rec-facilities/>.

Fees:	Social Events	\$40* for the first two hours; \$10 for each additional hour.
	Special Events	\$50 A separate special event license fee will also be due.

\*A \$10 discount off of the first two hours is available for social events only for Poulsbo city residents. There is no discount for special events.



The city manages two community signboards on Highway 305. Organizations may reserve the space to advertise their special events and community activities.

Both signs are 8' height x 12' width and must be vinyl banners that are printed on both sides, with grommets and wind flaps.

Fee: \$45\* per week. One week maximum per event.

\*A \$20 discount is available for events being held within Poulsbo city limits. No refunds or credits will be given for cancellations.

Applications are available at <https://cityofpoulsbo.com/parks-rec-facilities/>.

Poulsbo Parks and Recreation has a variety of spaces available for rent at the Recreation Center, 19540 Front Street NE, Poulsbo.

Spaces include: Fitness Room / Gym, Kitchen Classroom, two smaller classrooms, Fitness / Yoga Studio, Racquetball Court and Outdoor Sports Court. The Sports Court is lined for both basketball and pickleball.

Fees vary depending upon the space. An additional staffing fee will be charged for after-hours rentals.

We also offer gymnastics and birthday party packages and hope to offer more party packages soon.

Give us a call with the details of your event; we are happy to help you determine the best room for your needs.



## CALL 360.779.9898 FOR MORE INFORMATION.



## SPECIAL EVENTS AND SPONSORSHIP OPPORTUNITIES



# 2024 Event Sponsorship Opportunities

## CITY OF POULSBO PARKS AND RECREATION

This year our team is excited to share an updated level of service for sponsorships! Our new tiered sponsorship offerings will provide increased visibility and better value. Sponsorship allows our team to organize, host, and elevate these favorite community events.

**Our Events wouldn't be possible without community support and sponsorship**

Date	Event	Location	Attendance
Thank you to our February 17th Family Formal Community Dance Presented by Poulsbo Kiwanis Club Venue Sponsor: Poulsbo Sons of Norway & Gold Sponsors; Poulsbo Candy Shoppe & Poulsbo's Denny's			
May 18th	Viking Fest Road Race	Lions Park & Historic Downtown Poulsbo	1,200+
July – August Tuesday Nights	Summer Nights at the Bay Concert Series	Muriel Iverson Williams Waterfront Park	3,000+
August 16th	Rockaraoke at Waterfront Park	Muriel Iverson Williams Waterfront Park	500+
October 31st	Spooktacular Halloween Preschool Carnival	Poulsbo Recreation Center	250+

Scan the QR code to learn all the benefits and how to be a sponsor!



**For more information about Sponsorship Opportunities**

**Contact us:**

**Special Events Coordinator  
Lin Hino  
360-394-9771  
lhino@cityofpoulsbo.com**

We are always open to volunteers and in-kind sponsorships, so reach out if you have ideas!



## SPECIAL EVENTS AND SPONSORSHIP OPPORTUNITIES



**WE HAD A LOVELY TIME!  
THANK YOU TO ALL THE WONDERFUL FAMILIES  
THAT CAME OUT TO OUR FANCY FAMILY FORMAL!**



**This dance and all the magic would not have  
been possible without our key vendors:**

**DJ Joe Frank  
Photonatix360  
Leah Thompson Co**

**This dance was presented by  
Kiwanis Club of Greater Poulsbo**

**Thank you to our GOLD sponsors:  
Poulsbo Candy Shoppe and Poulsbo Denny's**

**THANK YOU to all the partners and  
volunteer's involved, including:  
Poulsbo Vikings, Poulsbo Princesses,  
Miss West Sound, North Kitsap Fishline,  
and Community Volunteers!**

**Check out our Facebook for the  
Family Formal Album with all the  
event pictures @PoulsboParksRec**

