

POULSBO DISTRIBUTION SCHEDULE

RESOLUTION NO. 2023-03

SUBJECT: Amending City Wellness Program

CONFORM AS TO DATES & SIGNATURES

- Filed with the City Clerk: 04/25/2023
- Passed by the City Council: 05/03/2023
- Signature of Mayor
- Signature of City Clerk
- Publication: _____
- Effective: _____

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Kati Diehl
Deputy City Clerk

05/04/2023
Date

RESOLUTION NO. 2023-03

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF POULSBO, WASHINGTON, AMENDING RESOLUTION 90-04, ESTABLISHING A CITY EMPLOYEE WELLNESS PROGRAM AND IMPLEMENTATION POLICIES.

WHEREAS, pursuant to Resolution No. 90-04 adopted April 18, 1990, the Poulsbo City Council approved the establishment of a City Employee Wellness Program and

WHEREAS, the City Council of the City of Poulsbo recognizes that employee health is related to lifestyle decisions and many illnesses and injuries can be prevented by positive individual health practices, and

WHEREAS, the City Council of the City of Poulsbo further recognizes that improvements to employee health, achievable through active workplace health promotion programs and activities, can result in better morale, reduced absenteeism, and enhanced productivity and performance, and

WHEREAS, the City Council wishes to implement a City Employee Wellness Program aimed at preventing illnesses and injuries and promoting better morale, reducing absenteeism, and enhanced productivity and performance among City employees, now, therefore,

THE CITY COUNCIL OF THE CITY OF POULSBO, WASHINGTON, HEREBY RESOLVES AS FOLLOWS:

Section 1. ADOPTION AND PURPOSE STATEMENT. The City of Poulsbo hereby adopts a City Employee Wellness Program. The purpose of the City Employee Wellness Program is to develop, promote, and carry out those policies, programs, and activities that improve the health

and well-being of City employees, contribute to a healthful work environment and provide employees with sufficient information to make informed lifestyle decisions.

Section 2. VOLUNTARY PARTICIPATION. Any participation in the programs and activities of the City Employee Wellness Program will strictly be on a voluntary basis.

Section 3. PROGRAM COORDINATOR. In order to ensure coordination within the City Employee Wellness Program, a Program Coordinator is necessary and, therefore, an elected representative will serve in that capacity. The Program Coordinator under the supervision of the Parks & Recreation Director will direct the City Wellness Team, which shall be comprised of a volunteer representative from each City department. The elected Program Coordinator will serve a term of approximately two years, as staffing needs allow.

Section 4. CITY WELLNESS TEAM. Initially, each Department Head is requested to notify the Program Coordinator of the voluntary department representative who will serve as a member of the City Wellness Team.

Section 5. MEETINGS. To promote active participation in the City Employee Wellness Program, the Program Coordinator will schedule a regular monthly meeting of the City Wellness Team. At this monthly meeting, the City Wellness Team may plan programs and activities, perform evaluations of ongoing programs and activities, provide departmental employee input, and prepare an annual budget for presentation to the City Council for program support.

Section 6. RESOURCES. Existing resources within the city, which are available to the general public, such as the North Kitsap Parks and Recreation facilities, programs and activities, will be considered for utilization by the City Wellness Team in preparing their plans.

Section 7. PROGRAM SUPPORT. The City Council, through their annual review of the City's Wellness Team's proposals and adoption of the Team's annual budget request as presented or as amended, will allocate funding to the Program. The Parks & Recreation Director will oversee and make all determinations as to the programs and activities for the City Employee Wellness Program.

RESOLVED this 3rd day of May 2023.

APPROVED:

DocuSigned by:

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MAYOR, BECKY ERICKSON

ATTEST/AUTHENTICATED:

DocuSigned by:

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CITY CLERK, RHIANNON FERNANDEZ

FILED WITH THE CITY CLERK: 04/25/2023
PASSED BY THE CITY COUNCIL: 05/03/2023