Poulsbo Parks & Recreation Newsletter

March| 2023 - Issue 3 | Volume 13



<u>Saturday, March 18th</u>

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a Health





Register NOW for an evening of family fun! Live DJ, Dancing, Fairytale Crafts, Photos & Refreshments.5-6:30p (Low Sensory) or 7:30-9p\$30 per adult & child; \$5 for each additional family memberPRE-REGISTRATION REQUIREDRegister at CityofPoulsbo.com/Register or call 360.779.9898

Focus on Fitness: Active Flow Yoga

FREE Trial Class, Fri, Mar 3, 9:30-10:30a

Get Ready for Spring Gardening!

Fruit Tree Pruning, Tue, Mar 14, 6:30-8p

Common Sense Vegetable Gardening

Fri, Mar 10-31, 9:30-10:30a, \$45

connection between breath, movement, and the mind.

ABC's of Pruning Ornamental Trees, Tue, Mar 7, 6:30-8p Pruning Ornamental Trees: Field Demo, Sat, Mar 11, 12-2p

Fruit Tree Pruning Field Demonstration, Sat, Mar 18, 12-2p.

This class is a flow class with a more dynamic pace. Focus is on the

Poulsbo Tree Board Pruning Classes- FREE, registration required

Recreation Center Updates

New Recreation Center Hours:

Center Updates Monday-Thursday: 8am-6pm Friday: 8am-5pm Closed for Lunch: Noon-1pm

Preschool Programs

Looking for fun ways to add some socialization to your little one's day? New sessions are starting soon, don't wait to register!

Babies/Toddlers Make Music Mini & Me Socialization Mini & Me Paint Skyhaw

usic Gymnastics Preschool Art Skyhawks Soccer Tots

Poulsbo Childrens Choir Ages 7-11

Does your child love to sing? During this introduction to group singing, your child will learn basic musicianship skills, and learn two choral arrangements in two parts.



Thu, Mar 16-Apr 27, 5-6p, \$52

Intro to Musical Theatre

Ages 10-17

Learn how to sing musical theatre songs and develop your acting abilities. You will learn two songs from different musicals, breathing techniques and more.

Thu, Mar 16-Apr 27, 6-7p, \$100

Spring Basketball Registration Open!

Boys and Girls, Grades 3-8 Practices and games run weekday evenings, **Mid-March to Mid-June, \$139**

Ninjas with Mr. Webb

Ages 6-10

Race against the clock as you tackle a series of challenging obstacle courses! Work on speed, agility and strength in this fun and physical class.

Wed, Mar 8-29, 5-5:45p, \$65

Join the fun on Facebook and Instagram @PoulsboParksRec Class Registration: 360.779.9898, Fax: 360.779.5917, Online: CityOfPoulsbo.com/Register Open: Mon-Thurs, 8am-6pm, and Fri, 8am-5pm (Closed for lunch 12pm-1pm) Physical address: 19540 Front St. Poulsbo, WA | Mailing address: 200 NE Moe St. Poulsbo, WA 98370

 \$18/class OR \$75/all 5 classes
Intro: The Garden as Ecosystem, Tue, Mar 7, 2-4p
Planning and Preparation, Tue, Mar 14, 2-4p
Planting: Direct Seeding Vs. Transplanting, Tue, Mar 21, 2-4p
Growing: Fertilizing, Watering & Problem Management, Tue, Mar 28, 2-4p

American Sign Language (ASL) Ages 12-Adult

Learn about this unique and ever-evolving language! ASL is an essential way for people to communicate, not just those with hearing difficulties but those with apraxia, sensory issues, etc

Beginners: Wed, Mar 8-Apr 5, 6:30-7:15p, \$57 Continuing: Thu, Mar 9-Apr 13, 6:30-7:30p, \$68

Lucky Leprechaun Hunt?

Our leprechaun friend lost eight of his treasures in the park. Gan you help him find them? Use the clues posted to our Facebook and Instagram pages to see if you can locate them all!

> Poulsbo's Fish Park March 1–17

