

Winter 2026

# Poulsbo

## Parks & Recreation



Registration begins on December 12!

**360-779-9898 / [CITYOFPOULSBO.COM/REGISTER](https://CITYOFPOULSBO.COM/REGISTER)**



# City of Poulsbo

*Jeff Ozimek, Parks and Recreation Director*



Ho Ho Ho,

As we head into winter and the upcoming holidays, our team is thankful for the tremendous support we received from the community throughout the year. It was a year of milestones and ribbon cuttings. We celebrated an incredible three new park openings - Rotary Morrow Park, Raab Park's Play for All, and the newly rebuilt Raab Park Skate Park. Hundreds of community members came out to support and enjoy these new parks and amenities. It's wonderful to see them in use every day.

We also passed a milestone with our popular free senior programs. These programs have continued to grow at such a pace that staff are working on finding larger meeting areas for classes. This is due, in part, to the success of our new community Senior Connections newsletter. The recently released second edition is reaching more seniors than ever before, in collaboration with an ever-expanding partner network. We're thankful to our partners as together we can achieve so much more in serving our community.

The Poulsbo Pollinator Program (P3) officially kicked off this year. This program aims to create sustainable pollinator corridors throughout the city, with an emphasis on restoring predominantly native habitat in Poulsbo's more developed areas. These corridors will link habitats together while also beautifying our city for many years to come. A very big thank you to our numerous volunteers and partners supporting this program, including Pearson Elementary's Anchored 4 Life student leaders.

Lastly, we had an incredible turnout at our beloved annual Spooktacular event for preschoolers and families. Nearly 400 people came to celebrate with their little ones, participating in carnival games, crafts, and a new glow-in-the-dark dance party. We're deeply appreciative of our sponsors who support this event. Thank you to the Greater Poulsbo Kiwanis, Pickleball Kingdom, Suquamish Museum and Town and Country Markets.

Thank you all for your support. We can't wait to show you what is to come for 2026.

Wishing you a happy and warm holiday season,

Jeff Ozimek, CPRE  
Parks & Recreation Director  
City of Poulsbo



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**Poulsbo Parks & Recreation...**  
**The Heart of a Healthy**  
**Community**

## **PROGRAM SPECIALISTS**

(360) 779-9898

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### MISSION STATEMENT

The mission of the Parks and Recreation Department is to enrich the quality of life by serving the community's needs for quality and affordable educational and recreational programs, parks, and services to all residents and visitors.

### VISION STATEMENT

It is the vision of the Poulsbo Parks and Recreation Department to be the heart of a healthy community through sustainable, safe, and diverse programs and open spaces, where all residents and visitors feel inspired to live, play, learn, and thrive.

### CORE VALUES

Community Enrichment \* Inclusiveness & Equity \* Health & Wellness \* Stewardship & Sustainability

### RECREATION DEPARTMENT OFFICE HOURS

**Monday-Friday**  
8 am-7 pm

CLOSED for lunch  
from 12:30-1:30 pm

**Saturday**  
9:30 am-1:30 pm

**Special Hours:**  
**Friday, December 12:**  
**8:00 am - 5:30 pm**

**Wednesday, December 24 &**  
**Wednesday, December 31:**  
**8:00 am - 12:00 pm**

**Phone:** (360) 779-9898

**E-mail:** parksrec@cityofpoulsbo.com

**Facebook:** @poulsboparksrec

**Instagram:** poulsboparksrec

**Closed in Observance of  
Federal Holidays:**

**Christmas**  
Thu, Dec 25

**New Years Day**  
Thu, Jan 1

**Martin Luther King, Jr Day**  
Mon, Jan 19

**President's Day**  
Mon, Feb 16





## HOW TO REGISTER

### ONLINE AT CITYOFOULSBO.COM/REGISTER

Use your e-mail address to sign in or set up an account. If that e-mail address is "taken", that means we already have an account set up for you. Call 360.779.9898 to get your login password.

Online registration is available 24/7!



### BY PHONE OR IN-PERSON

Call us at 360.779.9898 or visit us at 19540 Front Street NE, Poulsbo, We are always happy to help you!

#### Office Hours:

**Monday-Friday, 8:00 am-7:00 pm**  
Closed for lunch from 12:30-1:30 pm daily.

**Saturday, 9:30 am-1:30 pm**

### REGISTRATION

Registration is ongoing until programs are full or are canceled due to low enrollment or other unforeseen reasons. Classes may be canceled if minimum enrollment has not been met up to five business days before the class start date, so please do not wait to register. YOU WILL BE NOTIFIED ONLY IF THE CLASS YOU WANT IS UNAVAILABLE OR IF THERE ARE ANY CLASS CHANGES.

**Please be aware that we frequently use e-mail as a means of notification, so be sure we have your current e-mail address.**

### CITY RESIDENT DISCOUNT

City of Poulsbo residents receive an \$8 discount on programs marked \*.

## REFUNDS, CREDITS & CANCELATIONS

### REFUND / CREDIT POLICY

The department may cancel classes that do not meet minimum enrollment. Refunds will be processed back to the individual's debit or credit card. Cash and check payments will be refunded by check.

Participants may withdraw at any time up to five business days prior to the first day of the class or program. Beginning January 1, 2026, a \$10 administrative charge will be implemented for all withdrawals, and the difference will be refunded back to the individual's debit or credit card, or by refund check if payment was made by cash or check. There will be no refund given to a patron who withdraws from a program with less than 5 business days. The administrative fee will not be charged if the department cancels a program.

### PROGRAM CANCELATIONS

While we try to provide several days notice of program cancellations, this isn't always possible due to incoming late registrations that might mean the difference between a program being canceled or not. We encourage you to register a minimum of one week in advance when possible.

## INCLUSION

### INCLUSION

We value the inclusion of everyone in our programs, and are committed to promoting and encouraging positive interactions among participants with and without disabilities.

We do our best to accommodate those with special needs. Children and adults with special needs are encouraged to participate in our programs. Staff members are receptive to your needs and will do everything possible to assist you. If you are interested in participating in a program but are not certain about the accessibility of a facility or wish to discuss program details, please call the Parks & Recreation Dept. at 360.779.9898 to discuss specifics.

### THANK YOU FOR YOUR SUPPORT

We are a small but dedicated team who are devoted to providing our community with quality programs, special events, and parks and trails for you to explore. We strive to always provide you with the best possible customer service and to be your dependable community resource. Thank you for your ongoing support!

**Need help? Have questions? Give us a call! 360.779.9898**



# Fishline

Food Bank & Comprehensive Services



## Fishline is in the House!

We are pleased to host a representative from Fishline at the Recreation Center twice a month to provide information on their services, including scholarship programs for our classes!

### January 2026

Wed, Jan 14, 4:30-7:30p

Wed, Jan 28, 11:30a-1:30p

### February 2026

Wed, Feb 11, 4:30-7:30p

Wed, Feb 25, 11:30a-1:30p

### March 2026

Wed, Mar 11, 4:30-7:30p

Wed, Mar 25, 11:30a-1:30p

## Programa de Asistencia de Recreación Para Todos

Fishline y Poulsbo Parks and Recreation se están asociando para ofrecer la Programa de Asistencia de Recreación para Todos (RAAP). RAAP brinda asistencia financiera para cubrir el costo de clases, campamentos, actividades y eventos enumerados en el folleto de Poulsbo Parks and Recreation. Este programa funcionará durante todo el año y es para personas que residen o trabajan en el Distrito Escolar de North Kitsap, Subbase Bangor o que se encuentran sin hogar.

**Contacte a un administrador de caso para obtener más información al 360-779-5190 o visite [fishlinehelps.org](https://fishlinehelps.org).**

## Recreation for All Assistance Program (RAAP)

Need help paying for your Parks and Recreation Registration fee?

The Recreation for All Assistance Program may be able to help!

Poulsbo Parks and Recreation has partnered with Fishline to provide financial assistance with program fees for those of all ages.

**To learn more and apply for help, please contact Fishline at 360-779-5190 to schedule a meeting with a case manager.**

## Senior Information

Eric Andersen is an Information and Assistance Case Manager for Kitsap County's Division of Aging and Long Term Care. He currently holds office hours at Fishline on Tuesdays and Fridays, and can answer questions about issues of aging ranging from Alzheimer's to Medicaid.

**Contact him at 360-337-5700 or [EAndersen@kitsap.gov](mailto:EAndersen@kitsap.gov).**



# Community Enrichment

You are capable of amazing things

The mission of the Parks and Recreation Department is to enrich the quality of life by serving the community's needs for quality and affordable educational and recreational programs, parks, and services to all residents and visitors.

It is the vision of the Poulsbo Parks and Recreation Department to be the heart of a healthy community through sustainable, safe, and diverse programs and open spaces, where all residents and visitors feel inspired to live, play, learn, and thrive.

**We are pleased to provide these enrichment programs to the community at little or no cost.**

## GETTING YOUR ESTATE PLAN IN ORDER

**AGES 18+ NEW! 1 CLASS**  
Tolman, Hinson & McKeeman. The four documents everyone should have: Will, Directive, General Durable Power of Attorney, Healthcare Power of Attorney- what do they mean, and why should I have them? Recreation Center Kitchen/Classroom.

Thu	Mar 12	5-6p	FREE
Tue	Mar 31	5-6p	FREE

## SELF DEFENSE FOR WOMEN

**AGE 18+ MONTHLY**  
Instructor Jason Bellaconis has been teaching martial arts for over 20 years and has taught hundreds of classes and dozens of seminars specific to self-defense for women. He holds a 4th-degree black belt in Northern Jujutsu, silver gloves in boxing, and dozens of other ranks in other styles of martial arts. The class will focus on learning practical defense techniques in a safe and effective way. All equipment and gear is provided.

Recreation Center Gym.

Tue	Jan 6-27	7:15-8:45p	\$10
Tue	Feb 3-24	7:15-8:45p	\$10
Tue	Mar 3-31	7:15-8:45p	\$10

## VETERANS YOGA PROJECT – GENTLE YOGA

**AGES 18+**  
Delores Leverett, RYT 200. Experience the calming benefits of Gentle Yoga, a slower-paced practice with fewer standing poses and minimal strain on the wrists and knees. This class is *free* for Veterans, Active-Duty Service Members, First Responders, and their Families. All others are warmly welcome to join with a donation, which goes directly to support Veterans Yoga Project. Please bring a yoga mat, water bottle, and any gear that helps you feel comfortable during practice. A limited number of blankets and blocks will be available. Class size is limited to 12 participants; **pre-registration is required.** Recreation Center Upper Fitness Studio.

Thu	Jan 8-29	6-7p	FREE
Thu	Feb 5-26	6-7p	FREE-
Thu	Mar 5-26	6-7p	FREE

## CPR & AED CERTIFICATION

**AGES 16 & OLDER (12-15 WITH A PARENT)**

The Poulsbo Fire Department and Parks & Recreation are offering the HSI CPR/ AED training program to help participants develop lifesaving skills in CPR and AED usage for adults, children, and infants. Through hands-on practice, scenario-based exercises, and the latest guidelines from the American Heart Association, this course builds proficiency in responding to medical emergencies. Gain vital knowledge that could help you save a life by enrolling today. Youth ages 12-15 must attend with a parent. Course fee provides certificate documentation acceptable for many agency requirements. Poulsbo Fire Department Conference Room.

Sat	Jan 10	9a-12p	\$15
Sat	Feb 14	9a-12p	\$15
Sat	Mar 14	9a-12p	\$15

## SENIOR COFFEE CLUB & CLASS

Each week a speaker or an activity is planned for senior participants to enjoy, free of charge. Topics and dates are **listed on pages 33 and 34.** All programs are for one class only unless otherwise stated. We'd love to see you! Recreation Center Kitchen/Classroom unless otherwise noted. Most classes begin at 10:30a, however a few do start early at 10a. Please register in advance so we know how many to expect. Classes with low registration maybe canceled.

Wed	Jan 7-Mar 25	10:30-11:30a	FREE
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## LIFELONG HEALTH AND FITNESS

**SENIORS MONTHLY**

Regular physical activity is one of the most important things older adults can do for their health. It can prevent or delay many of the health problems that seem to come with age. It also helps your muscles grow stronger so you can keep doing your day-to-day activities without becoming dependent on others. Recreation Center Gym.

M/W/F	Jan 7-28	12:15-1:15p	FREE
M/W/F	Feb 4-25	12:15-1:15p	FREE
M/W/F	Mar 4-25	12:15-1:15p	FREE



# Community Enrichment

You are capable of amazing things

## KITSAP HUMANE SOCIETY ANIMAL EDUCATION

Presented by the Kitsap Humane Society.

### KITTEN DEVELOPMENT AND CARE **NEW!**

Kittens grow from being totally dependent on mom to little purring whirlwinds of activity! This class will teach you how to assess a kitten's age and developmental stage, provide basic care, and help you understand what to do if you find an orphan kitten in your community. Whether you're considering becoming a foster parent or just want to know more about how kittens grow into cats, this class will provide you with a great foundation of knowledge.

Fri Jan 16 5:30-6:30p FREE

### BOTTLE BABY BOOT CAMP **NEW!**

During the summer months, hundreds of kittens and puppies under 4 weeks old end up in area shelters. These fragile animals need care around the clock, and people comfortable with bottle feeding can be difficult to find. With this class you'll learn the essentials of bottle feeding kittens and puppies, how to make an emergency supply kit, and what to do if you find an orphan kitten in your community.

Sat Feb 21 10-11:30a FREE

### FOSTER FOUNDATIONS **NEW!**

Ready to get involved in saving lives? This course will walk you through how to become a foster parent with Kitsap Humane Society, what a day in the life of a foster parent looks like, and how you can foster even if you work full time or have a busy schedule. Whether you're ready for overnight care as a bottle feeder or just want a dog to hang out with over a long holiday weekend, there is a foster opportunity for you.

Fri Mar 13 5:30-6:30p FREE

### MAKING ROOM FOR POLLINATORS IN YOUR OWN BACKYARD

**AGES 18+ NEW! 1 CLASS**

Kathryn Owen is an Ambassador for the Xerces Society for Invertebrate Conservation, an international non-profit that protects the natural world through conservation of bees, butterflies, and other invertebrates & their habitats.

Learn how to make your garden and yard more appealing and beneficial to our native pollinators like bees, beetles, butterflies, and moths. Even small areas can provide important food sources and nesting sites. We'll talk about the value of native pollinators, learn about their life cycles and habitat needs, and share resources for learning more about these wonderful - and threatened - creatures. By the end of the session, you'll have a plan for creating or enhancing your own pollinator garden. Recreation Center Kitchen / Classroom.

Thu	Jan 15	5-7p	\$25
Sat	Jan 24	10a-12p	\$25
Thu	Feb 19	1-3p	\$25

## RAINY DAY PLAY

**AGES 0-5**

Get out of the rain and enjoy our comfortable indoor space with your little ones for playtime. Balls, tumbling mats, and various toys to play with and share in our large gym. **This is not a drop-off program; parent participation is required.**

Thu Jan 15-Mar 26 9:30a-11:30a  
\$5/child drop-in OR \$10 per family each week

## THE POULSBO TREE BOARD

The Poulsbo Tree Board was established in 1997 to advise and educate the Mayor, City Council and citizens on issues pertaining to trees in the city. The Tree Board offers the following classes. Classes are free, but pre-registration is required by calling 360-779-9898 or registering online at [CityofPoulsbo.com/Register](http://CityofPoulsbo.com/Register). Pre-registration is required.

### THE ABC'S OF PRUNING ORNAMENTAL TREES

Presented by Poulsbo Tree Board members. Understanding tree structure, growth, and response is as important for successful pruning as knowing how to make proper pruning cuts. Learn the basics of tree growth and structure, types of pruning cuts, and what responses to expect from your cuts. Recreation Kitchen/Classroom.

Tue Mar 3 6:30-8p FREE

### PRUNING ORNAMENTAL TREES: FIELD DEMONSTRATION

Presented by Poulsbo Tree Board members. Join Poulsbo Tree Board members and ISA Certified Arborists as they demonstrate the proper pruning techniques used for pruning ornamental trees. Tools and sharpening will also be covered. Location TBD.

Sat Mar 7 12-2p FREE

### FRUIT TREE PRUNING

Presented by Poulsbo Tree Board members. Knowing how and when to prune fruit is much different than pruning an ornamental tree. Learn about the different approaches for different fruit types, including training and timing. Learn tips on how to increase fruit production, improve branch structure, and renovate older, non-productive trees. If you have a home orchard, this class is for you! Recreation Kitchen classroom

Tue Mar 10 6:30-8p FREE

### FRUIT TREE PRUNING: FIELD DEMONSTRATION

Presented by Poulsbo Tree Board members. Join Poulsbo Tree Board members and ISA Certified Arborists as they demonstrate the proper pruning techniques used for pruning a variety of fruit trees. Tools and sharpening will also be covered. Location TBD.

Sat Mar 14 12-2p FREE

## RAINY DAY PLAY

### AGES 0-5

Get out of the rain and enjoy our comfortable indoor space with your little ones for playtime. Balls, tumbling mats, and various toys to play with and share in our large gym. **This is not a drop-off program; parent participation is required.**

Thu Jan 15-Mar 26 9:30a-11:30a  
\$5/child drop-in OR \$10 per family each week

## MAKE MUSIC CLASSES

### AGES 6 MO- 5 YEARS

6 WKS

Shyrl Kinert, Inspire Piano, LLC. This fun and engaging music class for toddlers and their caregivers encourages your child's natural response to music through delightful rhymes, lullabies, floor and lap games, action songs, dances, puppets, instruments, and singing. The activities help foster a sense of a steady beat and encourage language development. Top-notch Music Rhapsody Curriculum is designed to last all year long, through every season. No classes on April 8 and 10. Recreation Center Classroom.

### ALL MAKE MUSIC CLASSES:

For new families: Instructors will collect an Instrument Kit fee of \$62 (cash preferred) on the first day of class. Instruments are well-made and safe for your little one. They are yours to keep and use, both in class and at home. In the kit, you will also receive a digital download access card to the songs used in class.

## BABIES/TODDLERS MAKE MUSIC

### AGES 6 MO-2 YEARS

6 WKS

Fri	Jan 9	9:30-10:15a	FREE
Fri	Jan 16-Feb 20	9:30-10:15a	\$128*
Fri	Mar 6	9:30-10:15a	FREE
Fri	Mar 13-Apr 24	9:30-10:15a	\$128*

## TODDLERS MAKE MUSIC

### AGES 1.5-3 YEARS

6 WKS

Fri	Jan 9	10:30-11:15a	FREE
Fri	Jan 16-Feb 20	10:30-11:15a	\$128*
Fri	Mar 6	10:30-11:15a	FREE
Fri	Mar 13-Apr 24	10:30-11:15a	\$128*

For planning purposes, pre-registration is required for the FREE demo classes.



**Snow days:** If the North Kitsap School District closes due to weather conditions, all classes will be canceled for the day. All classes beginning before 10 am will be canceled if North Kitsap Schools are on a 2-hour delay. Classes that get canceled due to weather may be made up if the session dates allow.

## PIANO LESSONS

### AGES 7-ADULT OR AS ARRANGED WITH INSTRUCTOR WEEKLY LESSONS

Jill Vernarsky. Have you always wanted to play that certain tune? Unravel the mysteries of the piano? Now is your chance to learn! We're offering holistic music instruction with an emphasis on creating an enjoyable learning experience. Cultivation of a lifelong love of music is our highest priority. Course content tailored to suit your individual interests, with teaching goals most often including the development of independent learning skills and strong playing skills. Format: Private instruction with scheduled group lessons. 30-minute instruction once a week with 45-minute lessons available for more advanced students. The fee includes event fees for up to 4 events per year. Daytime slots are available for adult and non-traditional students. Materials not included in class fee. Recreation Center Piano Studio.

Please call the Recreation Center at 360-779-9898 to arrange lessons.

Lessons are scheduled on Mondays.

Jan 12-Mar 30 (10 lessons)

30 min lesson fee: \$327 or \$109/mo

45 min lesson fee: \$459 or \$153/mo

Monthly payments are due Jan 1, Feb 1 and Mar 1.

## KINDER PIANO BASICS

### AGES 5-6

**NEW!**

8 WKS

Mrs. Shyrl from Inspire Piano LLC is offering a fun "Intro to Piano" group class for ages 5-6. Students learn all the piano basics like finger numbers, groups of two and three, beat vs. rhythm, location of notes on piano, 5 steps of sound, intro to cord playing, as well as learning seven familiar songs. The last class will include a mini recital where students can perform their favorite songs. Space is limited, with a maximum of five students per class. Attendance at a Free Info Session, and early sign-ups are highly recommended! Parents are required to stay and help their child during the class. Students will need access to a piano or keyboard at home and are expected to practice 15 minutes per day. The instructor will collect a \$10 lesson book fee at the first class (cash preferred).

Wed Jan 14- Mar 4 4-4:40p \$200

## FREE INFO SESSION \*MUST REGISTER TO ATTEND

Wed	Dec 10	3:30p	FREE
Wed	Jan 7	3:30p	FREE



## INTRO TO MUSICAL THEATER

**AGES 7-10** **NEW INSTRUCTOR!** **4 WKS**

Shannon Leigh. Step into the spotlight! This fun and engaging class introduces young performers to the world of musical theater through singing, acting, and storytelling. Students will learn how to express characters, build confidence on stage, and work together as an ensemble while performing songs from favorite musicals. No experience needed - just bring your voice, imagination, and enthusiasm!

Wed	Jan 28-Feb 18	5-5:45p	\$65*
Wed	Mar 4-25	5-5:45p	\$65*

## BROADWAY BOOT CAMP

**AGES 10-13** **NEW INSTRUCTOR!** **4 WKS**

Shannon Leigh. Bring your character to life! This workshop is perfect for young performers who want to grow their singing and acting skills in a supportive, creative environment. Students will practice vocal technique, character development, and stage presence while performing songs and short scenes from well-loved musicals. Whether you're new to performing or looking to strengthen your skills, this class helps students find their voice and shine on stage.

Wed	Jan 28-Feb 18	6-6:45p	\$65*
Wed	Mar 4-25	6-6:45p	\$65*

## TINY TUTUS

**AGES 2-3** **5 WKS**

Jo Van Horn. Introduce your little one to the joy of dance with this "mini and me" dance class. Class is designed for caregivers and dancers, ages 2-3. This class focuses on creative movement, rhythm, and artistic progression in a fun and whimsical environment. No experience is required. Potty training is preferred, but not mandatory. Upper Fitness Room.

Thu	Jan 15-Feb 12	11-11:30a	\$64*
Sat	Jan 17-Feb 14	1-1:30p	\$64*
Thu	Feb 26-Mar 26	11-11:30a	\$64*
Sat	Feb 28-Mar 28	1-1:30p	\$64*

## PRESCHOOL DANCE

**AGES 4-5** **5 WKS**

Jo Van Horn. This preschool dance class is full of movement, dancing, and playing as we explore creative dance concepts such as SIZE, SPEED, SHAPE, and more! These classes emphasize creativity, social and emotional growth, movement, and fun! Exposing children to creativity and movement not only exercises little bodies but also nurtures big imaginations. Upper Fitness Room.

Thu	Jan 15-Feb 12	12-12:45p	\$75*
Sat	Jan 17-Feb 14	12-12:45p	\$75*
Thu	Feb 26-Mar 26	12-12:45p	\$75*
Sat	Feb 28-Mar 28	12-12:45p	\$75*

## KINDERGYM & PRESCHOOL DANCE COMBO!

**AGES 4-5** **5 WKS**

Combine our Kindergym class (description on page 16) and the Preschool Dance class on Saturdays for almost two hours of fun! Kindergym will run from 11-11:45a, followed by a 15-minute snack break, then the Preschool Dance class from 12-12:45p.

Sat	Jan 17-Feb 24	11a-12:45p	\$156*
Sat	Feb 28-Mar 28	11a-12:45p	\$156*

## INTRO TO DANCE

**AGES 6-10** **5 WKS**

Jo Van Horn. An introduction to various dance forms including ballet, jazz, and hip hop. Building basic skills in coordination, strength, flexibility and creativity, dancers learn basic barre work, positions, and combinations. Students will build dance vocabulary and explore movement, gaining exposure to turns and leaps across the floor. Dancers are introduced to performance techniques and work toward a greater understanding of spatial and body awareness. Through music, fun and games, instructors challenge each dancer to explore movement and creativity in a variety of styles. Upper Fitness Room.

Sat	Jan 17-Feb 14	10:45-11:45a	\$82*
Sat	Feb 28-Mar 28	10:45-11:45a	\$82*

## INTRO TO DANCE & LEVEL 1 GYMNASTICS COMBO!

**AGES 6-10** **5 WKS**

Combine our Intro to Dance and Level 1 gymnastics classes (description on page 17) for almost two hours of fun! Intro to Dance will run from 10:45-11:45a, followed by the Level 1 gymnastics class from 12-12:45p.

Sat	Jan 17-Feb 24	10:45a-12:45p	\$156*
Sat	Feb 28-Mar 28	10:45a-12:45p	\$156*

**SILVERWOOD SCHOOL**  
Where every child is known, supported and celebrated for who they are!

- K - 8 independent education
- Rooted in nature
- Multi-age learning
- Hands-on, project-based programs

[silverwood.school](https://silverwood.school)  
360-697-7526

**Schedule your tour today!**



## MINI AND ME PAINTING CHILDREN UNDER AGE 5 WILL NEED AN ADULT PRESENT 1 CLASS

Beth Daquilante. Spend the evening painting with your grown-up. A super fun activity for all, creating a wonderful memory. All materials included. Recreation Center Kitchen/Classroom.

### Wintery Snowman

Fri Jan 16 5:30-6:30p

### Sunset Mountains

Fri Feb 13 5:30-6:30p

### Tulips and Trolls

Fri Mar 20 5:30-6:30p  
\$28 per person, per session



## PAINT NIGHT (Daytime classes, too!)

### AGES 10-ADULT 1 CLASS

Beth Daquilante. Miss Beth will lead students step-by-step to create their very own masterpiece! Fun class to do with family or friends. A \$5 materials fee is payable to the instructor at the start of the class. Recreation Center Kitchen/Classroom.

### Wintery Snowman

Fri	Jan 16	7-8:30p	\$28pp
Tue	Jan 27	10:30a-12p	\$28pp

### Sunset Mountains

Fri	Feb 13	7-8:30p	\$28pp
Tue	Feb 17	10:30a-12p	\$28pp

### Tulip and Troll

Fri	Mar 20	7-8:30p	\$28pp
Tue	Mar 31	10:30a-12p	\$28pp

## INTRODUCTION TO DRAWING

### AGES 10-ADULT 5 WKS

Mariah Ordonez, MAT, NBCT. Did you know that drawing is a skill that can be learned? In this introductory drawing course, participants will learn techniques, observation, hand-eye coordination, and the use of basic drawing tools and materials with a gentle and experienced educator and artist. The goal of this course is to equip beginners with the skills to represent objects and scenes onto a two-dimensional surface while also inspiring them with exciting and thought-provoking projects. We will progress to shading, perspective, and composition as participants develop their ability to see the world like an artist and translate that vision into art and illustration. Each week participants will learn a new skill to build on the prior week as they progress through the course. Artists who have taken this class before are welcome to join again to continue to build their drawing skills! Please bring a sketchbook, blank paper, pencils, and erasers to class. Recreation Center Classroom.

Tue	Jan 13-Feb 10	10-11a	\$98*
Tue	Feb 24-Mar 24	10-11a	\$98*

## WATERCOLOR OPEN STUDIO

### AGES 10 & OLDER

### 5 WKS

Mariah Ordonez, MAT, NBCT. Learn essential watercolor techniques within the safety of a small group setting and with the support of an experienced arts educator and artist. Each class will focus on a different watercolor skill so that you can feel confident creating in this delicate medium. This course is a journey of creative exploration, and you will be encouraged to find your own creative voice as you reflect on what inspires you. Each session will feature new watercolor techniques, color theory, composition, and self-expression opportunities as students find their individual voice and style within this delicate medium. Open to all levels of learners. Materials list provided with registration. Recreation Center.

Tue Feb 24-Mar 24 11:30-12:30p \$108\*

## INTRODUCTION TO CERAMICS

### AGES 9-ADULT

### 5 WKS

Mariah Ordonez, MAT, NBCT. Get ready for an adventure as we craft with clay! Students will dive into the ancient world of working with clay and learn how to make amazing creations using their hands. Let your imagination run wild as we design cool functional pieces and artistic masterpieces. We'll explore exciting challenges that will put your creativity to the test while building your skills with every project. Plus, we'll experiment with fun surface designs and colorful glazes to make your pieces truly one-of-a-kind! All materials and exciting projects are provided, so come ready to create and release your inner artist. A \$25 materials fee is payable to the instructor at the start of the first class to cover clay, firing fees, and glaze. Recreation Center Kitchen Classroom.

Tue Jan 13-Feb 10 11:30a-1p \$138\*

### MATERIALS FEES FOR ART CLASSES

Some art classes have a supply fee in addition to the program registration fee. These fees must be paid to the instructor at the beginning of the first class of the session. Fees must be paid in cash. Please call us at 360-779-9898 prior to the class start date if you have questions.

## VALENTINE'S HOLIDAY ART CARDS

### AGES 8-12

### 1 CLASS

Cathy Johnson. Using various media, participants will create a Valentine's Day card to give to their special someone! Recreation Center Kitchen/Classroom.

Fri Feb 13 5-5:45p \$20

## CREATE A DREAMCATCHER

### AGES 12+

### NEW!

### 1 CLASS

Cathy Johnson. Have you ever wanted to learn how to make a dreamcatcher? Learn how to assemble and decorate a dreamcatcher to take home and hang up in your room! All materials included. Recreation Center Classroom.

Sat Feb 7 7-8p \$38



Welcome new instructor, Beverly Jewett! Beverly is a prolific painter, art explorer, instructor, and creative mentor whose work celebrates the joy of connection. Beverly is a full-time instructor at the community makerspace, Ann Grace Hub in Bremerton. Explore the basics of watercolor painting technique from an encouraging and supportive full time professional artist/art instructor.

### BEGINNER WATERCOLOR

**AGES 8-ADULT**

**3 WKS**

Beverly Jewett. We will start with a transfer technique that anyone can use. (Good for those with early and emerging drawing skills) Students will work with a variety of quality levels of paint and papers to get a good grasp on what they prefer. We will also try out metallic pens to lightly embellish your work. Each class features a different nature-inspired design. Supplies provided. Recreation Center Kitchen/Classroom.

Thu Jan 15-29 10a-12p \$73\*



### MIXED MEDIA/COLLAGES ACCORDION BOOK

**AGES 8-ADULT**

**3 WKS**

Beverly Jewett. Unfold your creativity! In this exploration of paper and glue, paint and pen, stickers and stamps, your experienced instructor will guide you in composition, color theory, contrast, and telling a story with art. These three weekly sessions will end with the assembly of your own ultra-unique accordion art book. All supplies included. (Bring photocopies of any personal images you want to include.) Recreation Center Classroom.

Thu Feb 5-19 10a-12p \$108\*

### INTRO TO PAPER QUILLING

**AGES 8-ADULT**

**3 WKS**

Beverly Jewett. Paper quilling is delicate and versatile with many beautiful applications. The intricacy looks difficult to master, but these designs can be learned with just a few basic skills. We will learn tight and open coils, Marquis, teardrop, slug, diamond, square, triangle, and the use of straight and curved lines, applied to a stable background. Each session features a different design and builds in complexity. All supplies and tools provided. Recreation Center Classroom.

Thu Mar 12-26 10a-12p \$108\*

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📍 16571 Creative Dr NE, Poulsbo



## DIY WOODEN LASER-CUT ART MAGNETS

**AGES 8-12** **NEW!** **1 CLASS**

Cathy Johnson. Get ready to get crafty with your very own hand-decorated, wooden laser-cut art magnets! Students will have four designs within four themes to choose from to decorate and take home: Winter, Ocean, Nature, or Fantasy. A \$10 supply fee is due to the instructor at the start of the class. Recreation Center Kitchen/Classroom.  
Sat Jan 17 9-10a \$38

## DIY WOODEN LASER-CUT ART OCEAN CREATURE BOX

**AGES 8-12** **NEW!** **1 CLASS**

Cathy Johnson. Get ready to get crafty with your very own hand-decorated, wooden laser-cut art! Students will have several ocean-themed designs to choose from to decorate and take home: Octopus, Crab, Jellyfish, Porpoise, Seahorse, Nautilus. A \$10 supply fee is due to the instructor at the start of the class. Recreation Center Kitchen/Classroom.

Sat Jan 31 9-10a \$38

## TINY TALES THEATER

**AGES 3-5** **NEW!** **4 WKS**

Shannon Leigh. Does your 3-5-year-old LOVE make-believe and to act out stories? Drama uses theatrical skills (voice, body, imagination and cooperation) to experience story and character and to explore the world and specific details of the story. Favorite stories of good literary quality are told by the instructor and dramatized by the students. Does this sound like fun? Just ask your kids! Shannon Leigh is a Drama Teacher with over 10 years of teaching experience with children of all ages. Recreation Center classroom.

Wed Jan 28- Feb 18 10-10:45a \$65\*

Wed Mar 4- Mar 25 10-10:45a \$65\*

## ACTING ADVENTURES: INTRO TO DRAMA

**AGES 5-8** **NEW!** **4 WKS**

Shannon Leigh. Does your child have an interest in music and drama? This class is the perfect time for them to shine! Each session will include easy games that teach the fundamentals of theater. These instructor-led classes are meant to inspire the youngest of theater kids to find their spotlight and gain the basic skills that can be used in other theater programs around the community. Come join us this fall to find your inner performer! No class on February 16. Recreation Center Kitchen/Classroom.

Mon Jan 26- Feb 23 5-5:45p \$65\*

Mon Mar 9- Mar 30 5-5:45p \$65\*

## ITTY BITTY BAKERS

**AGES 3-5** **3 WKS**

Beth Daquilante. Itty Bitty Bakers will explore the basics of baking through hands on activities. From mixing and measuring to decorating and tasting, each week brings a new kid-friendly recipe. All supplies provided. Adult participation is required if your student is three years old. No class on Jan 19. Recreation Center Kitchen.

Mon Jan 12-Feb 2 1-1:45p \$82\*

Mon Feb 9-23 1-1:45p \$82\*

Mon Mar 9-23 1-1:45p \$82\*

[CITYOPOULSBO.COM/REGISTER](http://CITYOPOULSBO.COM/REGISTER)

## BABYSITTING CERTIFICATION

**AGES 11-16** **1 CLASS**

Ginger Silfies / Jo Van Horn. Give your child the skills and confidence to be a great babysitter! The SafeSitter® curriculum is designed for children, and covers important topics such as, general safety, childcare skills, first aid, choking rescue, and life and business skills. This babysitting course is fun and interactive, with hands-on demonstrations and skills practice using soft-bodied dolls and medical manikins. Students will learn and practice diapering, the Heimlich Maneuver, infant choking rescue techniques, and more! A \$20 workbook, a babysitting certification card, and a babysitter reference form are all included in the cost of the class. Recreation Center.

Fri Jan 30 (No-school day) 12:30-4:30p \$98\*

Sat Feb 21 11a-3p \$98\*

Fri Mar 6 (Early dismissal) 11:30a-3:30p \$98\*

## SAFE AT HOME

**AGES 8-12** **1 CLASS**

Ginger Silfies / Jo Van Horn. Participants are certified through the SafeSitter® program. Students will learn how to practice safe habits, prevent unsafe situations, and what to do when faced with dangers such as power failures or weather emergencies. Students are also introduced to the SafeSitter® First Aid Chart and will learn a system that helps them to assess and respond to injuries and illnesses. The program is designed to prepare students for their first steps toward independence. A \$20 Safe@Home student booklet and completion certificate are included in the cost of the class. Recreation Center Classroom 2.

Fri Feb 13 4:30-6p \$75\*

## LEGOS JUNIOR ROBOTICS

**AGES 6-9** **6 WKS**

Bricks 4 Kidz® Staff. Using software while working on tablets, kids will be able to program the model builds they craft using Bricks 4 Kidz® model plans and LEGO technology to create exciting dynamic robots. Each session features different robots and lessons so sign up for either or both sessions. All students take home a custom LEGO® minifigure (kits are reused, not taken home). No class on April 8. Recreation Center Classroom.

Wed Jan 14-Feb 18 5:30-6:30p \$105\*

Wed Mar 4-Apr 15 5:30-6:30p \$105\*

Wed Apr 22-May 27 5:30-6:30p \$105\*

## After-School Programs



### WOLFLE AFTER-SCHOOL ENRICHMENT

#### PICKLEBALL

**GRADES 3-5** **NEW!** **4 WKS**

Pickleball Kingdom Staff. Get ready for some fun on the court! Each week, kids will learn and practice pickleball skills like serving, rallying, and teamwork through exciting drills and mini games. The focus is on learning new skills, building confidence, and having a great time staying active with friends. No experience is needed, and all equipment is provided. Wolfle Elementary School.

Tue Jan 13-Feb 3 4-5p \$75\*

360-779-9898

**NATURE ART****GRADES K-5****NEW!****4 WKS**

Cathy Johnson. Explore the outdoors and get creative in this fun, hands-on art class! Each week, kids will use natural materials like leaves, rocks, sticks, and flowers to create unique art projects inspired by nature. Students will learn about the beauty of the world around them while expressing their creativity through painting, building, and crafting. Dress for the weather - we'll be spending time both inside and outside! Wolfle Elementary School.

Wed Jan 14-Feb 4 3-4p \$68\*

*Nature Art***PE PLAY****GRADES 2-5****NEW!****4 WKS**

Jack Valdez. Get moving and have fun after school in this instructor-led, action-packed class! Each week features new games like Sharks and Minnows, Mushroom Tag, and other playground favorites that keep kids active and engaged with little to no equipment needed. The hour-long class begins with a snack break, followed by high-energy games that build teamwork, coordination, and confidence - all while having a blast! Wolfle Elementary School.

Wed Feb 18-Mar 11 3-4p \$68\*

**SAFE AT HOME****GRADES 4-5****1 CLASS**

Ginger Silfies. Participants are certified through the SafeSitter® program. Students will learn how to practice safe habits, prevent unsafe situations, and what to do when faced with dangers such as power failures or weather emergencies. Students are also introduced to the SafeSitter® First Aid Chart and will learn a system to help them assess and respond to injuries and illnesses. The program is designed to prepare students for their first steps toward independence. A \$20 Safe@Home student booklet and completion certificate are included in the cost of the class. Wolfle Elementary School.

Wed Mar 25 3-4p \$75\*

**BRICKS 4 KIDZ****GRADES K-4****5 WKS**

Bricks4Kidz® Staff. Learn the fundamentals of S.T.E.A.M (science, technology, engineering, art, and mathematics) in an extraordinary atmosphere for children, where we learn, we build, and we play with LEGO® bricks! Using proprietary model plans created by engineers and architects, Bricks 4 Kidz® believes that kids learn best through fun activities that engage their curiosity and creativity. Each class uses models and curriculum that are different from session to session, as well as year to year. All students take home a custom minifigure (kits are reused, not taken home). Wolfle Elementary School.

Wed Apr 15-May 13 3-4p \$89\*

[CITYOPOULSBO.COM/REGISTER](http://CITYOPOULSBO.COM/REGISTER)

**SUQUAMISH AFTER-SCHOOL ENRICHMENT****PE PLAY****GRADES 2-5****NEW!****4 WKS**

Jack Valdez. Get moving and have fun after school in this instructor-led, action-packed class! Each week features new games like Sharks and Minnows, Mushroom Tag, and other playground favorites that keep kids active and engaged with little to no equipment needed. The hour-long class begins with a snack break, followed by high-energy games that build teamwork, coordination, and confidence - all while having a blast! Suquamish Elementary School.

Wed Jan 14-Feb 4 3-4p \$68\*

**PICKLEBALL****GRADES 3-5****NEW!****4 WKS**

Pickleball Kingdom Staff. Get ready for some fun on the court! Each week, kids will learn and practice pickleball skills like serving, rallying, and teamwork through exciting drills and mini games. The focus is on learning new skills, building confidence, and having a great time staying active with friends. No experience is needed, and all equipment is provided. Suquamish Elementary School.

Tue Feb 17-Mar 10 4-5p \$75\*

**NATURE ART****GRADES K-5****NEW!****4 WKS**

Cathy Johnson. Explore the outdoors and get creative in this fun, hands-on art class! Each week, kids will use natural materials like leaves, rocks, sticks, and flowers to create unique art projects inspired by nature. Students will learn about the beauty of the world around them while expressing their creativity through painting, building, and crafting. Dress for the weather - we'll be spending time both inside and outside! No class on March 4. Suquamish Elementary School.

Wed Feb 18-Mar 18 3-4p \$68\*

**BRICKS 4 KIDZ****GRADES K-4****5 WKS**

Bricks4Kidz® Staff. Learn the fundamentals of S.T.E.A.M (science, technology, engineering, art, and mathematics) in an extraordinary atmosphere for children, where we learn, we build, and we play with LEGO® bricks! Using proprietary model plans created by engineers and architects, Bricks 4 Kidz® believes that kids learn best through fun activities that engage their curiosity and creativity. Each class uses models and curriculum that are different from session to session, as well as year to year. All students take home a custom minifigure (kits are reused not taken home). Suquamish Elementary School.

Wed Feb 25-Mar 25 3-4p \$89\*





## **GORDON AFTER-SCHOOL ENRICHMENT**

### **BRICKS 4 KIDZ GRADES K-4**

**5 WKS**

Bricks4Kidz® Staff. Learn the fundamentals of S.T.E.A.M (science, technology, engineering, art, and mathematics) in an extraordinary atmosphere for children, where we learn, we build, and we play with LEGO® bricks! Using proprietary model plans created by engineers and architects, Bricks 4 Kidz® believes that kids learn best through fun activities that engage their curiosity and creativity. Each class uses models and curriculum that are different from session to session, as well as year to year. All students take home a custom minifigure (kits are reused not taken home). Gordon Elementary School.

Wed Jan 14-Feb 11 3-4p \$89\*



**REGISTRATION FOR WINTER BREAK CAMPS IS  
OPEN NOW!!**

### **KCMT WINTER WONDERLAND MUSICAL THEATER CAMP!**

**AGES 7-12 NEW-JUST ADDED! 2 OR 3 DAYS**

Campers will have a blast singing songs, learning choreography, perfecting their acting skills, and making wintry crafts to get into the holiday spirit! Camp will culminate in a small performance at 3:30pm on the last day of each camp, open to friends and family. PARENTS, check your email each day during the week of camp; important day of scheduling info may be emailed out each evening. Additional paperwork for KCMT is required when attending this camp and must be returned to the camp. Paperwork can be sent to [summercamps@kcmt.org](mailto:summercamps@kcmt.org) or brought on the first day of camp. Campers should bring a sack lunch, snack, and water bottle each day. Pearson Elementary.

M/Tu Dec 22 & 23 9a-3p \$135\*  
M-W Dec 29-31 9a-3p \$175\*

### **HOLIDAY ALL LEVELS GYMNASTICS CAMP**

**AGES 6-11 3 CLASSES**

Gymnastics Staff. Three days of gymnastics fun! This camp is for boys and girls with all levels of experience. The camp will cover tumbling, balance beam, bars, vault, dance, conditioning, crafts, and fun! Gymnasts will need to bring lunch and a water bottle with their name on it. Braidablik Elementary, where NK & Kingston High School gymnastics teams practice.

MTW Dec 29-31 9a-12p \$158\*

### **SKYHAWKS HOLIDAY BREAK CAMPS: MULTI SPORT**

**AGES 8-12 3 CLASSES**

Multi-sport camps are designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn rules and essential skills for each sport, along with vital life lessons such as sportsmanship, inclusion, and teamwork. Vinland Elementary. **Register at [skyhawks.com](http://skyhawks.com).**

MTW Dec 29-31 9a-12p \$135

[CITYOPOULSBO.COM/REGISTER](http://CITYOPOULSBO.COM/REGISTER)

## **HOLIDAY DANCE CAMP – NUTCRACKER**

**AGES 4-12**

**2 DAYS**

InMotion Performing Arts Studio Staff. Calling all snow queens, princes and sugar plum fairies! The Nutcracker is throwing a dance party for kids to dance and celebrate the holiday! Parents, here is your chance to finish up on some of those holiday details without the little ones underfoot. Each camper should bring their own snack and a water bottle. What to wear: Girls- tights, leotard & ballet shoes are recommended-not color or style specific; Boys- t-shirt and sweatpants or athletic shorts & ballet shoes are recommended. InMotion Dance Studio, Poulsbo.

**Ages 4-6**

M/Tu Dec 22-23 9:30-11:30a \$98\*

**Ages 7-12**

M/Tu Dec 22-23 9:30a-12:30p \$118\*

## **BALLET CAMP: FROZEN & FRIENDS**

**AGES 4-12**

**3 DAYS**

InMotion Performing Arts Studio Staff. Anna, Elsa and Kristoff are throwing a dance party, and you are invited! Our days will be filled with dance, introducing the fundamentals of ballet, along with special ballerina/ballet dancer crafts, guest performers and snack time. Space is limited, so don't wait to enroll, we expect to fill up! Each camper should bring their own snack and a water bottle. What to wear: Girls- tights, leotard & ballet shoes are recommended-not color or style specific; Boys- t-shirt and sweatpants or athletic shorts & ballet shoes are recommended. InMotion Performing Arts Studio, Poulsbo.

**Ages 4-6**

MTW Dec 29-31 9:30-11:30a \$145\*

**Ages 7-12**

MTW Dec 29-31 9:30a-12:30p \$165\*



## **ELF ESCAPE**

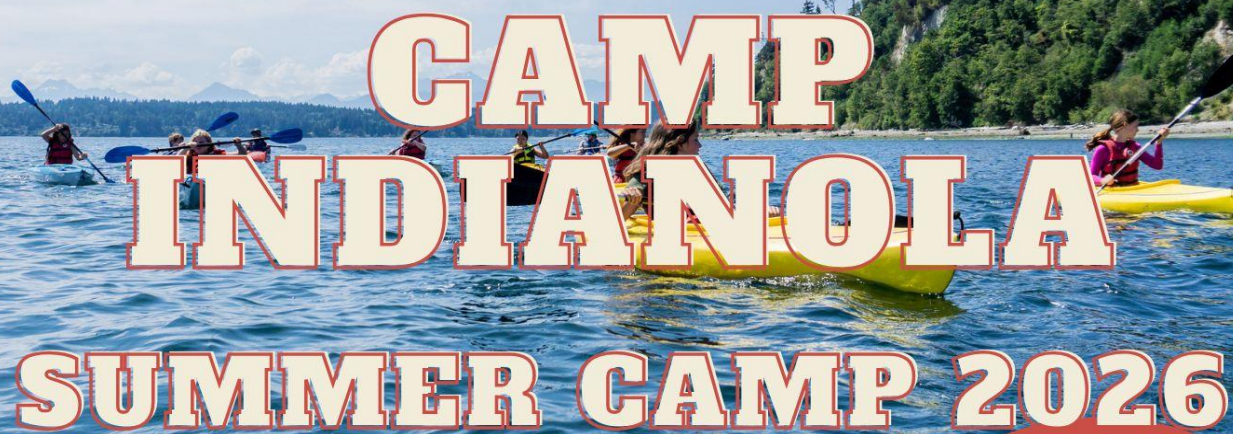
**AGES 5-11**

**2 DAYS**

Parks & Recreation Staff. Do you need more time to prepare the holiday magic without little eyes watching you? Let us be your holiday helpers as you make your list and check it twice! While we whisk them away for three hours to make holiday themed crafts, decorate cookies, play games, and complete obstacle courses, you can take advantage of us keeping the kids busy to finish up the holiday necessities. All materials included. Please bring a snack and water bottle with your child's name on it. Recreation Center Kitchen, Gym, and Classroom. Students may register for the full two days of holiday fun, or just one day.

Mon & Tue Dec 22-23 1:30-4:30p \$99\*

One day of fun \$60\*



# CAMP INDIANOLA SUMMER CAMP 2026

**FAMILY CAMP**  
July 12 - July 15

**RAINBOW RETREAT**  
*Grades 8-12*  
July 20 - July 22

**ELEMENTARY SCHOOL CAMP**  
*Grades 3-6*  
August 3 - August 7

**MIDDLE SCHOOL CAMP**  
*Grades 6-8*  
August 9 - August 13

**HIGH SCHOOL CAMP**  
*Grades 9-12*  
August 15 - August 19

***Register online now at [www.campindianola.org](http://www.campindianola.org)***





## WINTER GYMNASTICS

**AGES 18 MONTHS-11 YEARS**

**WINTER SESSIONS ARE ALL 5 WEEKS;  
SOME MONDAY CLASSES ARE 4 WEEKS**

The Gymnastics Program has been an integral part of Poulsbo Parks & Recreation since the city took over the Recreation Center in 1995. Our gymnastics program builds flexibility, balance, and strength needed in every sport – not just gymnastics! Participants learn about perseverance, patience, trusting others, managing risk, and countless other life skills.

Poulsbo Parks & Recreation takes pride in our gymnastics classes, instructors, and facility at the Recreation Center, providing a variety of classes for youth aged 18 months to 14 years. Please read the class descriptions below.

Our recreational gymnastics program builds confidence in its participants in an encouraging, safe, and non-competitive environment. Our gymnasts learn to love the sport of gymnastics and watch their skills progress at their own pace. Recreational gymnastics classes serve everyone from Mini and Me classes through Middle School. Classes are offered Monday through Saturday and will be held in the Recreation Center Gym.

Who's teaching? Lily Barich, Grace Billings, Julia Cleaver, Alli Johnson, Emma Knight, Ginger Silfies, Kayla Sherlock and Jo Van Horn.

### MINI & ME GYMNASTICS 18 MONTHS- 3 YEARS

Children and their grown-ups can work on their motor skills in a safe and playful environment. This is a loosely structured class with an instructor present for circle time, modified stretches, and ideas of things to do with your little gymnast. However, this class is child-led, allowing access to all gymnastics equipment for lots of fun and exploration. Adult participation is required, and siblings are not allowed to participate unless they are registered for the class. No class on January 19.

Mon	9:30-10a	1/12-2/9	2/23-3/23
Wed	9:30-10a	1/14-2/11	2/25-3/25
Sat	9:30-10a	1/17-2/14	2/28-3/28
\$58* (5 weeks)		\$49* (4 weeks)	



**Snow days:** If the North Kitsap School District closes due to weather conditions, all classes will be canceled for the day. All classes beginning before 10 am will be canceled if North Kitsap Schools are on a 2-hour delay. Classes that get canceled due to weather may be made up if the session dates allow.

### TUMBLING TOTS AGES 3 & 4

Students will be introduced to the basic skills of gymnastics in a fun and fast-paced environment. The focus is on developing coordination, strength, balance, and flexibility. We will also develop social skills such as how to take turns, how to follow directions, and how to work with others. This is a fully structured class, but parent participation is encouraged if necessary. No class January 19.

Mon	10:15-10:45a	1/12-2/9	2/23-3/23
Tue	9:30-10a	1/13-2/10	2/24-2/24
Tue	4:15-4:45p	1/13-2/10	2/24-2/24
Wed	10:15-10:45a	1/14-2/11	2/25-3/25
Sat	10:15-10:45a	1/17-2/14	2/28-3/28
\$70* (5 weeks)		\$58* (4 weeks)	

### KINDERGYM & PRESCHOOL DANCE COMBO! AGES 4-5 5 WKS

Combine our Kindergym class and the Preschool Dance class (description on page 9) on Saturdays for almost two hours of fun! Kindergym will run from 11-11:45a, followed by a 15-minute snack break, then the Preschool Dance class from 12-12:45p.

Sat	Jan 17-Feb 24	11a-12:45p	\$156*
Sat	Feb 28-Mar 28	11a-12:45p	\$156*

### BEGINNING KINDERGYM AGES 4-6

Students will be introduced to basic tumbling skills, balance beam & bar work, vaulting technique, rings, and rope. The class focuses on coordination, strength, and spatial awareness. No class on January 19.

Mon	11-11:45a	1/12-2/9	2/23-3/23
Mon	5-5:45p	1/12-2/9	2/23-3/23
Tue	11-11:45a	1/13-2/10	2/24-2/24
Wed	11-11:45a	1/14-2/11	2/25-3/25
Wed	5-5:45p	1/14-2/11	2/25-3/25
Fri	5-5:45p	1/16-2/13	2/27-3/27
Sat	11-11:45a	1/17-2/14	2/28-3/28
\$82* (5 weeks)		\$68* (4 weeks)	

### IMPORTANT GYMNASTICS INFORMATION FOR THOSE WITH CHILDREN AGES 4 AND 6:

Parents, we want your child to be successful in the class you choose for them, and you are the best judge of your child's ability to focus and follow directions. Most classes have an age option. For example:

#### Tumbling Tots, Ages 3-4 and Kindergym, Ages 4-6:

If your child is 4, has not already been introduced to a structured class, is high energy and/or is unable to stay focused for very long, please register them for Tumbling Tots. If they are 4, are in preschool and can stay focused on tasks, please register them for Kindergym.

#### Kindergym, Ages 4-6 and Leveled classes, Ages 6-10:

If your 6-year-old has never done gymnastics, is tired after being in all-day Kindergarten and/or has trouble focusing, please register them for Kindergym. The Leveled gymnastics classes may be frustrating for them.

## HOT SHOTS: ADVANCED KINDERGYM

### AGES 4-6

For gymnasts ages 4 to 6 who have completed beginning Kindergym several times and have been placed by the instructor. Class is for kids ready to focus on skill technique and expand gymnastics work. Gymnasts age 6 should register for Level 1 gymnastics. Instructor permission is required.

Tue 5-5:45p 1/13-2/10 2/24-2/24  
\$82\* (5 weeks)

## INTRO TO DANCE & LEVEL 1 GYMNASTICS COMBO! AGES 6-10 5 WKS

Combine our Intro to Dance (description on page 9) and Level 1 gymnastics classes on Saturdays for almost two hours of fun! Intro to Dance will run from 10-11:45a, followed by the Level 1 gymnastics class from 12-12:45p.

Sat	Jan 17-Feb 24	10:45a-12:45p	\$156*
Sat	Feb 28-Mar 28	10:45a-12:45p	\$156*

## LEVEL 1: BEGINNING REC GYMNASTICS

### AGES 6-10

Students will be introduced to basic tumbling skills, balance beam and bar work, vaulting technique, rings, and rope. The class focus will be on body awareness, strength, flexibility, and confidence building. No class on January 19.

Mon	6-6:45p	1/12-2/9	2/23-3/23
Wed	6-6:45p	1/14-2/11	2/25-3/25
Thu	5-5:45p	1/15-2/12	2/26-3/26
Fri	6-6:45p	1/16-2/13	2/27-3/27
Sat	12-12:45p	1/17-2/14	2/28-3/28

\$82\* (5 weeks) \$68\* (4 weeks)

If your gymnast has been placed in Level 2 or 3, but they haven't attended classes for 6 months or longer, please consider having your child repeat a lower-level class before continuing with their advanced one to ensure positive and safe skill progression.

## LEVEL 2: INTERMEDIATE REC GYMNASTICS

### AGES 6-10

This class is for students who know how to do bridges and cartwheels and know body positions. Skills will build on tumbling and dance, bar work, low and high beam, and vaulting. Increased focus on strength and flexibility. Instructor permission is required.

Tue 6-6:45p 1/13-2/10 2/24-3/24  
\$82\* (5 weeks)

**\*Residents of the City of Poulsbo receive an \$8 discount on most programs.**

## ALL-STARS GYMNASTICS

### AGES 4-11

**NEW!**

An opportunity for the serious student who is looking for more than just a recreation-level gymnastics class. This class meets at Breidablik Elementary, where the NK & Kingston High School gymnastics teams' practice. This space has USAG (USA-Gymnastics) uneven bars, three standard-height balance beams, a spring floor, and a vault table. Students will build on skills in this more advanced setting with an emphasis on skill connection and technique. Participants are encouraged to register for Tuesday classes at the Recreation Center in addition to this class but it is not required. Instructor permission is required. Students must be a current Hotshots, Level 2, or Level 3 gymnast. No class on Jan 29, but please join us for the NK vs Kingston High School Gymnastics meet starting at 6p. Breidablik Elementary.

Thu 6-6:50p 1/15-2/12 2/26-3/26  
\$85\* (4 weeks)

## BEGINNING TUMBLING ONLY

### AGES 6-10

**NEW!**

No experience necessary! After basic warm-ups and stretching, this class will focus on different tumbling skills each week, such as cartwheels, bridges, handstands, and floor rolls.

Wed 4:15-4:45p 1/14-2/11 2/25-3/25  
\$70\* (5 weeks)



## INTERMEDIATE TUMBLING ONLY

### AGES 6-13

**NEW!**

Calling all gymnasts, dancers, and cheerleaders! After basic warm-ups and stretching, this class will focus on different tumbling skills each week, such as roundoffs, bridge kickovers, back walkovers, and handstand forward rolls. Instructor permission is required. If you have questions about placement, please email Gymnastics Specialist Jo Van Horn at [jvanhorn@cityofpoulsbo.com](mailto:jvanhorn@cityofpoulsbo.com).

Wed 3:30-4p 1/14-2/11 2/25-3/25  
\$70\* (5 weeks)

## PRIVATE LESSONS

Special one-on-one instruction. Call the gymnastics department to request your lesson day/time and instructor at 360-779-9898 or email Jo Van Horn directly at [jvanhorn@cityofpoulsbo.com](mailto:jvanhorn@cityofpoulsbo.com). Instructors will then call to give details and to arrange times.

Fees:

- \$30 / 30 minutes for the individual.
- \$45 / 45 minutes for the individual.
- \$60 / 60 minutes for the individual.
- Add \$5 for an extra child from the immediate family (one only)



Is your child not quite ready for a structured gymnastics class? Our Lil' Ninjas class is a fast-paced obstacle course class for high-energy kids.



## LIL' NINJAS

AGES 3-5

**Great class for those not yet ready to focus on a more structured gymnastics class.**

Parks & Rec Staff. This action-packed class has participants tackle a series of challenging obstacle courses. Work on speed, agility, and strength in this fun and physical class. Class is fast-paced and great for those high-energy kids who are not ready to focus on a skills-based gymnastics class. No class on January 19. Recreation Center Gym.

Mon	4:15-4:45p	1/12-2/9	2/23-3/23
Tue	10:15-10:45a	1/13-2/10	2/24-3/24
Thu	4:15-4:45p	1/15-2/12	2/26-3/26
Fri	4:15-4:45p	1/16-2/13	2/27-3/27
\$79* (5 weeks)		\$65* (4 weeks)	

## MINI SPRING BREAK GYMNASTICS CAMP

AGES 4-6

Gymnastics Staff. Three days of gymnastics fun! This camp is for boys and girls of all levels of experience. The camp will cover tumbling, balance beam, bars, vault, rings, rope, crafts, and fun! Gymnasts will need to bring a snack and a water bottle with their name on it. Recreation Center Gym.

M-W	Apr 6-8	9:30-11:30a	\$125*
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## LEVELED SPRING BREAK GYMNASTICS CAMP

AGES 6-10

Gymnastics Staff. This camp is for boys and girls of all levels of experience. The camp will cover tumbling, balance beam, bars, vault, rings, rope, and fun! Gymnasts will need to bring a snack and a water bottle with their name on it. Recreation Center Gym.

**Beginning: Can't do a cartwheel / No prior equipment experience.**

M-W	Apr 6-8	1:30-3:30p	\$125*
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**Intermediate / Advanced: Level 2, Level 3, or permission.**

Th-F	Apr 9-10	1:30-3:30p	\$88*
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## PRESCHOOL SPORTS: INDOOR SOCCER

AGES 3 - 6

4 WKS

Poulsbo Parks and Rec Staff. This program is designed to inspire an interest and introduction to physical sports for preschoolers. Are you ready to let the kids burn some energy through games and activities? Children will have an opportunity to explore basic concepts of sports and develop skills. They will also develop social skills such as taking turns, following directions, and playing with others.

**Please note, parents may be asked to participate and children exhibiting unsportsmanlike conduct may be asked to sit out.** Once these classes are full, additional classes may be offered, so be sure and have your name put on a waitlist if you can't get into a class. No class on Feb 16. First Lutheran Church, Poulsbo.

### Age 3-4

Mon	Jan 26-Feb 23	4:15-4:45p	\$65*
Mon	Mar 2-Mar 30	4:15-4:45p	\$65*

### Age 4-6

Mon	Jan 26-Feb 23	5-5:45p	\$78*
Mon	Mar 2-Mar 30	5-5:45p	\$78*

## PRESCHOOL SPORTS: SOCCER

AGES 3-6

4 WKS

Jack Valdez. This program is designed to inspire an interest and introduction to physical sports for preschoolers. Are you ready to let the kids burn some energy through games and activities? Children will have an opportunity to explore basic concepts of sports and develop skills. They will also develop social skills such as taking turns, following directions, and playing with others.

**Please note, parents may be asked to participate and children exhibiting unsportsmanlike conduct may be asked to sit out. Most classes are held rain or shine, dress for the weather.** Once these classes are full, additional classes may be offered, so be sure and have your name put on a waitlist if you can't get into a class. Raab Park.

### Age 3-4

Thu	Mar 5-26	4-4:30p	\$65*
Sat	Feb 21-Mar 21	9:30-10a	\$65*

### Age 4-6

Thu	Mar 5-26	4:40-5:30p	\$78*
Sat	Feb 28-Mar 21	10:15-11a	\$78*

## INTRO TO SOCCER

AGES 6-10

**NEW!**

4 WKS

NKHS soccer players are excited to introduce your child to soccer. Is your child not quite ready for the commitment of league play? This one-hour class is a great introduction. This fun and fast-moving class will focus on soccer basics and build fundamentals in a fun and non-competitive environment. Players will be exposed to creative soccer exercises, drills, and games that will enhance their technical ability in a fun and encouraging atmosphere. Most classes are held rain or shine, dress for the weather. Raab Park.

Wed	Mar 4-25	4:45-5:30p	\$78*
Sat	Feb 28-Mar 21	11:15-12p	\$78*

## CHEER WORKSHOP

**AGES 6-13 3 DAYS + GAMEDAY PERFORMANCE**

Carolyn Slade, NKHS Cheer coach and Cheer Squad volunteer. Calling All Junior Cheer Enthusiasts! Get ready to jump, dance, and shout! Learn the fundamentals of cheerleading in a fun, energetic, and supportive environment. Cheer students will learn cool cheers, dances, and fun stunts, and develop teamwork and spirit. Make new friends and memories! Participants will be invited to dinner with the Cheer team on Thursday night and to perform at halftime at a North Kitsap High School girls' basketball game. Pom poms and hair bows are included in the program when registered 2 weeks prior to the program start date. NKHS Commons.

Wed	Jan 14	5-7p	
Thu	Jan 15	5-7p	
Fri	Jan 16	5p-Half-time	\$118*

Participants are dismissed to their parents after the half-time performance on Friday.

## INTRO TO CHEER

**AGES 6-11**

**5 WKS**

Ali Johnson. Loving Cheer and want more than the 3-day workshop? Here is an opportunity to cheer weekly and improve your skills. Learn the fundamentals of cheerleading in a fun, energetic, and supportive environment. Cheer students will learn cool cheers, dances, and tumbling, develop teamwork and spirit. Recreation Center Fitness Room and Gym.

Sat	Mar 7-28	1-1:45p	\$82*
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## INDOOR LACROSSE WORKSHOP

**GRADES K-8**

**6 WKS**

NK Lacrosse Coaches. Join us for four Saturday sessions for an indoor lacrosse workshop designed for players of all skill levels. Whether you're looking to sharpen your skills or are just starting out, this workshop focuses on developing core lacrosse techniques in a fast-paced, indoor setting. Players will work on passing, shooting, footwork, and game strategy through engaging drills and small-sided games. Poulsbo Elementary Gym.

Sat	Jan 17-Feb 21	1:15-2:15p	\$75*
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## NORTH KITSAP LACROSSE

### A COMMUNITY PARTNERSHIP

### LACROSSE: BOYS & GIRLS, GRADES 2-8 & BOYS HIGH SCHOOL LEAGUES

If you have a youth who wishes to participate in a sport that combines the speed of soccer, the strategy of basketball, and the physicality and coordination of hockey and football, lacrosse is the game to try! Summer and fall clinics are held with our Community Partner, the North Kitsap Lacrosse Club. These clinics are a great, low-cost way for your players to try out this fun sport. North Kitsap Lacrosse Club teams also participate in Washington competitive leagues in the spring. Like and follow North Kitsap Lacrosse Club on Facebook for continuing up-to-date announcements and check the website: <https://www.northkitsaplacrosse.com/> for more information. Scholarships available.

<b>Grades 3/4:</b>	\$200pp	<b>Grades 7/8:</b>	\$350pp
<b>Grades 5/6:</b>	\$300pp	<b>High School:</b>	\$400pp

# Belong Here. Go Anywhere.

- ✓ *Be seen, heard, and valued by a community of supportive faculty and staff.*
- ✓ *Take ownership of your learning through meaningful, student-driven projects.*
- ✓ *Discover your passions through diverse academics, arts, and clubs.*
- ✓ *Take IB courses that can earn college credits and boost college acceptances.*
- ✓ *Access sliding-scale tuition assistance and transportation to BI and Poulsbo.*



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16571 Creative Dr NE, Poulsbo



### NEW PARTNERSHIP: KITSAP AIKIDO

Poulsbo Parks and Recreation is proud to partner with local business, Kitsap Aikido. Kitsap Aikido's mission is to share the benefits of Aikido with the local community and to improve the health and character of our students. A member dojo of the United States Aikido Federation, Kitsap Aikido's Sensei bring decades of experience to their students. Through our partnership, community members can sample Aikido and see if this Japanese martial art is for them.

#### AN "INTRODUCTION TO AIKIDO"

##### FAMILY CLASS: AGES 5 & UP

##### 3 CLASSES

Kitsap Aikido. "The Path of Peace", or way of harmony, is a Japanese martial art that emphasizes using another person's strength against themselves. Aikido focuses on physical movement and mental awareness for conflict resolution. Aikido is possible for all ages and physical abilities. Learn self-awareness and discipline with strong, relaxed movement that is balanced and centered in the safe, accepting atmosphere of our dojo. For more information about Aikido, call (360) 990-9069. Classes held at Kitsap Aikido in Poulsbo.

Sat	Jan 3, Jan 17, Feb 7	11a-12p	\$45pp
Sat	Feb 21, Mar 7, Mar 21	11a-12p	\$45pp



**Snow days:** If the North Kitsap School District closes due to weather conditions, all classes will be canceled for the day. All classes beginning before 10 am will be canceled if North Kitsap Schools are on a 2-hour delay. Classes that get canceled due to weather may be made up if the session dates allow.

### SKYHAWKS SOCCER / BASKETBALL SPRING BREAK CAMP

#### AGES 7-12

Multi-sport camps are designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn rules and essential skills for each sport, along with vital life lessons such as sportsmanship, inclusion, and teamwork. For pricing, and to register at <https://skyhawks.com/>.

M-F Apr 6-10 9a-12p

### SKYHAWKS TODDLER & BIG KID PE

#### AGES 2-7.5

Perfect for developing athletes to explore all kinds of sports. Athletes will spend time developing Baseball, T-Ball, and Soccer skills in a dynamic setting that promotes personal and athletic growth. Register at <https://skyhawks.com/>. Frank Raab Park.

Ages 2-3.5: 4-4:35p

Ages 3.5-5: 4:45-5:20p

Ages 5-7.5: 5:30-6:05p

Wed Mar 4-25 \$79

### SKYHAWKS HOOPSTERTOTS & BASKETBALL

#### AGES 2-8

#### 4 WKS

Dribble, shoot, score with Skyhawks Basketball! Perfect for developing athletes, this program sharpens passing, shooting, and dribbling skills, emphasizing sportsmanship and teamwork. Participants develop defensive and rebounding abilities in a dynamic setting that promotes personal and athletic growth. Get involved and make a difference on and off the court! Register at <https://skyhawks.com/>. Poulsbo Elementary Gym.

Ages 2-3.5: 10-10:45a

Ages 3.5-5: 11-11:45a

Ages 5-8: 12-1p

Sat Jan 10-31 \$89

Sat Feb 7-28 \$89

Sat Mar 7-28 \$89

### VOLLEYBALL: CLINIC SESSIONS

#### GIRLS GRADES 5-8

#### 6 SESSIONS

#### Coaches and Interested Adults needed!

Volleyball training in preparation for a spring league! Training will concentrate on preparing players for league matches and school tryouts. Course is limited to 20 players per division. Please sign up for the division most appropriate for your player. Coaches will adjust players to the appropriate course based on the skills presented on the first practice night.

**Beginners:** 6-7:10 pm

**Intermediate/Advanced:** 7:10-8:30p

Sat Feb 7-Mar 14 \$160\*

**All interested adults!!** We are going to grow our volleyball program into a spring league, and we will need you to help lead teams! If you have some time, please give me a call (360-731-1938) or email ([joes@cityofpoulsbo.com](mailto:joes@cityofpoulsbo.com)) and we'll get you started!



## **BASKETBALL: 2026 WINTER RECREATIONAL LEAGUES FORMING POULSBO AND KINGSTON TEAMS!**

### **ELEMENTARY RECREATIONAL LEAGUE: WINTER 2026**

#### **BOYS AND GIRLS, GRADES, 1-5**

**DEC/JAN/FEB/MAR:** This is your basketball league!! Divisions by grade and gender, with each player getting a ball! Returning players can ensure the return to last year's team by signing up before Nov 9. Teams can't be formed until we receive enough registrations, so don't wait to register. Any questions, please call us at 360-779-9898.

**Practices:** Weeknights. Once teams are formed, practices can start as early as the week of December 2.

**Games:** Saturdays, starting January 17.

Grades 1-4: \$179\* per player (7 games).

Grade 5: \$195\* per player (8 games).

Online registration only at [CityofPoulsbo.com/Register](http://CityofPoulsbo.com/Register).

We will use the same purple and gold/white jerseys as in the past. Need a jersey? Register for it separately online, \$30 plus sales tax.

### **MIDDLE SCHOOL RECREATIONAL LEAGUE: WINTER 2026**

#### **BOYS, GRADE 6; BOYS, GRADE 7/8**

#### **GIRLS, GRADES 6/7/8**

**DEC/JAN/FEB/MAR:** For the boys, your school season will be over well before our game schedule starts!! Continue your play with your buddies in this great league!! For the girls, if you are not playing school ball, you can still get quality time on the court with this league!! Any questions, please call us at 360-779-9898.

**Practices:** Two per week, weeknights, starting in early December.

**Games:** Saturdays, starting January 17. Minimum of 8 games, which includes a playoff the last two weeks of the season (March 2-14).

\$195\* per player.

Online registration only at [CityofPoulsbo.com/Register](http://CityofPoulsbo.com/Register).

We will use the same purple and gold/white jerseys as in the past. Need a jersey? Register for it separately online, \$30 plus sales tax.

#### **CALLING ALL COACHES!**

Coaches are still needed for 1st grade boys, 2nd grade girls, 6th boys and 7/8th boys' teams. Please contact Joe Schiel at [joes@cityofpoulsbo.com](mailto:joes@cityofpoulsbo.com) or 360-779-9898 if you are interested.





## Fishline

Food Bank & Comprehensive Services



New Program!

## Recreation for All Assistance Program (RAAP)

Need help paying for your Parks and Recreation Registration fee?

**The Recreation for All Assistance Program may be able to help!**

**Poulsbo Parks and Recreation has partnered with Fishline to provide financial assistance with program fees for those of all ages.**

To learn more and apply for help, please contact Fishline at 360-779-5190 to schedule a meeting with a case manager.





## Fishline

Food Bank & Comprehensive Services



New Program!

## Programa de Asistencia de Recreación Para Todos

Fishline y Poulsbo Parks and Recreation se están asociando para ofrecer la Programa de Asistencia de Recreación para Todos (RAAP). RAAP brinda asistencia financiera para cubrir el costo de clases, campamentos, actividades y eventos enumerados en el folleto de Poulsbo Parks and Recreation. Este programa funcionará durante todo el año y es para personas que residen o trabajan en el Distrito Escolar de North Kitsap, Subbase Bangor o que se encuentran sin hogar.

Contacte a un administrador de caso para obtener más información al 360-779-5190 o visite [fishlinehelps.org](http://fishlinehelps.org).



**DANCE CLASSES WITH GEORGE AND JAN BAHR**  
**AGES 16 & OLDER** **4 WKS**

George and Jan Bahr have taught dance classes with Parks & Recreation for 30 years. Their friendly, patient instruction makes learning to dance fun, resulting in many repeat students throughout the years. All classes will be held in the Pearson Elementary School Gym.

**MORE SWING**

Learn new dance steps that will add to your enjoyment on the dance floor. This class has steps that are no harder than Intermediate, just different!

Mon	Jan 5-26	7-8p	\$56*
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**MORE WALTZ**

Learn new dance steps that will add to your enjoyment on the dance floor, while developing style. This class has steps that are no harder than Intermediate, just different!

Mon	Mar 2-23	7-8p	\$56*
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**PAINT NIGHT (Daytime classes, too!)**

**AGES 10-ADULT**

**1 CLASS**

Beth Daquilante. Miss Beth will lead you step by step to create your very own masterpiece! Fun class to do with family or friends. A \$5 materials fee is payable to the instructor at the start of the class. Recreation Center Kitchen/Classroom.

**Wintery Snowman**

Fri	Jan 16	7-8:30p
Tue	Jan 27	10:30a-12p

\$28 per person, per session

**Sunset Mountains**

Fri	Feb 13	7-8:30p
Tue	Feb 17	10:30a-12p

\$28 per person, per session

**Tulip and Troll**

Fri	Mar 20	7-8:30p
Tue	Mar 31	10:30a-12p

\$28 per person, per session



**ACRYLIC FOR BEGINNERS**

**AGES 18+**

**3 WKS**

Beth Daquilante. Come learn the basics of acrylic painting in a relaxed, guided environment with freedom to explore the medium at your own pace and bring your creativity to light! A materials fee of \$10, payable at the first class, includes canvas, paint, and brushes. Recreation Center Kitchen/Classroom.

Mon	Jan 12-26	11a-12:30p	\$88*
Mon	Feb 9-23	11a-12:30p	\$88*
Mon	Mar 9-23	11a-12:30p	\$88*

**WATERCOLOR OPEN STUDIO**

**AGES 10 & OLDER**

**5 WKS**

Mariah Ordonez, MAT, NBCT. Learn essential watercolor techniques within the safety of a small group setting and with the support of an experienced arts educator and artist. Each class will focus on a different watercolor skill so that you can feel confident creating in this delicate medium. This course is a journey of creative exploration, and you will be encouraged to find your own creative voice as you reflect on what inspires you. Join us as we explore the nuance and joy of creating in watercolors. Each session will feature new watercolor techniques, color theory, composition, and self-expression opportunities as students find their individual voice and style within this delicate medium. Open to all levels of learners. Materials list provided with registration. Recreation Center.

Tue	Feb 24-Mar 24	11:30a-12:30p	\$108*
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**MATERIALS FEES FOR ART CLASSES**

Some art classes have a supply fee in addition to the program registration fee. These fees must be paid to the instructor at the beginning of the first class of the session. Fees must be paid in cash. Please call us at 360-779-9898 prior to the class start date if you have questions.

**PIANO LESSONS**

**AGES 7-ADULT OR AS ARRANGED WITH INSTRUCTOR WEEKLY LESSONS**

Jill Vernarsky. Have you always wanted to play that certain tune? Unravel the mysteries of the piano? Now is your chance to learn! We're offering holistic music instruction with an emphasis on creating an enjoyable learning experience. Cultivation of a lifelong love of music is our highest priority. Course content tailored to suit your individual interests, with teaching goals most often including the development of independent learning skills and strong playing skills. Format: Private instruction with scheduled group lessons. 30-minute instruction once a week with 45-minute lessons available for more advanced students. The fee includes event fees for up to 4 events per year. Daytime slots are available for adult and non-traditional students. Materials not included in class fee. Recreation Center Piano Studio.

Please call the Recreation Center at 360-779-9898 to arrange lessons.

Lessons are scheduled on Mondays.

Jan 12-Mar 30 (10 lessons)

30 min lesson fee: \$327 or \$109/mo

45 min lesson fee: \$459 or \$153/mo

Monthly payments are due Jan 1, Feb 1 and Mar 1.

**LINE DANCING**

**AGES 15 & OLDER**

**3 CLASSES**

Hunter Chapa. Join us for a fun and energetic beginner line dancing class! Perfect for all ages, this class will teach you the basics of popular line dances in a relaxed and friendly atmosphere. No prior experience or partner is needed, just bring your enthusiasm and get ready to move to the music! Pearson Elementary Gym.

Tue	Jan 13-27	5:30-7p	\$60*
Tue	Feb 10-24	5:30-7p	\$60*
Tue	Mar 3-17	5:30-7p	\$60*

## INTRODUCTION TO DRAWING

**AGES 10-ADULT**

**5 WKS**

Mariah Ordonez, MAT, NBCT. Did you know that drawing is a skill that can be learned? In this introductory drawing course, participants will learn techniques, observation, hand-eye coordination, and the use of basic drawing tools and materials with a gentle and experienced educator and artist. The goal of this course is to equip beginners with the skills to represent objects and scenes onto a two-dimensional surface while also inspiring them with exciting and thought-provoking projects. We will progress to shading, perspective, and composition as participants develop their ability to see the world like an artist and translate that vision into art and illustration. Each week participants will learn a new skill to build on the prior week as they progress through the course. Artists who have taken this class before are welcome to join again to continue to build their drawing skills! Please bring a sketchbook, blank paper, pencils, and erasers to class.

Recreation Center Classroom.

Tue	Jan 13-Feb 10	10-11a	\$98*
Tue	Feb 24-Mar 24	10-11a	\$98*

## CREATE YOUR OWN TABLE CENTERPIECE **NEW!**



**AGES 16+ 1 CLASS**

Cathy Johnson. Students will learn how to create two table centerpieces using large and small boxes. All materials included. Recreation Center Kitchen/Classroom.

Sat Feb 7 3-4p \$45\*

## INTRODUCTION TO CERAMICS

**AGES 9-ADULT**

**5 WKS**

Mariah Ordonez, MAT, NBCT. Get ready for an adventure in our five-week session of crafting with clay! You'll dive into the ancient world of working with clay and learn how to make amazing creations using your hands. Let your imagination run wild as you design cool functional pieces and artistic masterpieces. We'll explore exciting challenges that will put your creativity to the test while building your skills with every project. Plus, you'll experiment with fun surface designs and colorful glazes to make your pieces truly one-of-a-kind! All materials and exciting projects are provided, so come ready to create and release your inner artist. A \$25 materials fee is payable to the instructor at the start of the first class to cover clay, firing fees, and glaze. Recreation Center Kitchen Classroom.

Tue Jan 13-Feb 10 11:30a-1p \$138\*

## CANDLE MAKING FOR BEGINNERS

**AGES 16 & OLDER**

**1 CLASS**

Cathy Johnson. As we move into fall, let's get cozy with a candle! We will learn the art of making candles. You will have a selection of scents and vessels appropriate to the monthly theme! Each month will be a different theme: make one for yourself or for that special someone. All materials included. Recreation Center Kitchen/Classroom.

Sat	Jan 17	6-7p	\$48*
Sat	Feb 14	11a-12p	\$48*
Sat	Mar 14	10:30-11a	\$48*

Welcome new instructor, Beverly Jewett! Beverly is a prolific painter, art explorer, instructor, and creative mentor whose work celebrates the joy of connection. Beverly is a full-time instructor at the community makerspace, Ann Grace Hub in Bremerton. Explore the basics of watercolor painting technique from an encouraging and supportive full time professional artist/art instructor.

## BEGINNER WATERCOLOR

**AGES 8-ADULT**

**NEW!**

**3 WKS**

Beverly Jewett. We will start with a transfer technique that anyone can use. (Good for those with early and emerging drawing skills) Students will work with a variety of quality levels of paint and papers to get a good grasp on what they prefer. We will also try out metallic pens to lightly embellish your work. Each class features a different nature-inspired design. Supplies provided. Recreation Center Kitchen/Classroom.

Thu Jan 15-29 10a-12p \$73\*

## MIXED MEDIA/COLLAGE ACCORDION BOOK

**AGES 8-ADULT**

**NEW!**

**3 WKS**

Beverly Jewett. Unfold your creativity! In this exploration of paper and glue, paint and pen, stickers and stamps, your experienced instructor will guide you in composition, color theory, contrast, and telling a story with art. These three weekly sessions will end with the assembly of your own ultra-unique accordion art book. All supplies included. (Bring photocopies of any personal images you want to include.) Recreation Center Classroom.

Thu Feb 5-19 10a-12p \$108\*



## INTRO TO PAPER QUILLING

**AGES 8-ADULT**

**NEW!**

**3 WKS**

Beverly Jewett. Paper quilling is delicate and versatile with many beautiful applications. The intricacy looks difficult to master, but these designs can be learned with just a few basic skills. We will learn tight and open coils, Marquis, teardrop, slug, diamond, square, triangle, and the use of straight and curved lines, applied to a stable background. Each session features a different design and builds in complexity. All supplies and tools provided. Recreation Center Classroom.

Thu Mar 12-26 10a-12p \$108\*



## A WREATH FOR EVERY OCCASION

**AGES 16+**

**1 CLASS**

Cathy Johnson. Wreaths are not just for the winter holiday season! We will make three different types of wreaths: Pinecone flower, Tree of Life and Wildflower. All materials included. Recreation Center Kitchen/Classroom.

### Pinecone

Sun	Jan 18	2-3p	\$48*
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### Tree of Life

Sat	Feb 7	10-11a	\$48*
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### Wildflower

Sun	Mar 15	10-11a	\$48*
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## CREATE A DREAMCATCHER

**AGES 12+**

**NEW!**

**1 CLASS**

Cathy Johnson. Have you ever wanted to learn how to make a dreamcatcher? Learn how to assemble and decorate a dreamcatcher to take home and hang up in your room! All materials included. Recreation Center Classroom.

Sat	Feb 7	7-8p	\$38
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## DIY WOODEN LASER CUT ART NATURE LANTERN

**AGES 15+**

**NEW!**

**1 CLASS**

Cathy Johnson. Get ready to get crafty with your very own hand-decorated, wooden laser cut nature art lantern! You will have several designs and themes to choose from to assemble, decorate and take home. It will come with an electric tealight candle to illuminate your creation! A \$10 supply fee is due to the instructor at the start of the class. Recreation Center Kitchen/ Classroom.

Sat	Jan 17	2-3p	\$38
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## CREATE A WOODEN LASER CUT ART LANTERN

**GNOME**

**AGES 13+**

**NEW!**

**1 CLASS**

Cathy Johnson. Spend a relaxing morning creating a gnome lantern! We will assemble, paint and put a light in your lantern to take home. A \$10 supply fee is due to the instructor at the start of the class. Recreation Center Kitchen/Classroom.

Sat	Jan 24	10-11a	\$38
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[CITYOPOULSBO.COM/REGISTER](http://CITYOPOULSBO.COM/REGISTER)

## STAINED GLASS TEA LIGHT HOLDER

**AGES 16 & OLDER**

**NEW!**

**1 CLASS**

Dawn Marble. Craft a luminous stained glass tealight holder in this engaging class! You'll learn to cut and assemble glass pieces into a stylish, functional candle or fairy light holder that casts beautiful patterns of light. Perfect for creating cozy ambiance or as a thoughtful handmade gift, this project is suitable for all skill levels. We'll guide you through all the techniques needed, including soldering and finishing touches. The result is a beautiful, handcrafted piece that transforms candlelight into art. Join us for a creative session and leave with a stunning stained glass tealight holder to enjoy or share! A \$20 materials fee is payable to the instructor at the beginning of the class. Recreation Center Kitchen / Classroom.

Sat	Jan 17	10a-11:30p	\$45*
Fri	Feb 6	5:30-7p	\$45*
Sat	Mar 21	10-11:30a	\$45*

## STAINED GLASS SUN CATCHER

**AGES 16 & OLDER**

**NEW!**

**1 CLASS**

Dawn Marble. Bring sunshine into your home with a beautiful stained glass sun catcher! In this class, you'll learn to design and assemble colorful glass pieces that catch and reflect sunlight. Using simple shapes and vibrant hues, you'll create a unique window decoration that adds warmth and brightness to any space. The workshop includes glass cutting, soldering, and finishing techniques suitable for beginners. Add a cheerful touch to your home or gift it to someone special. A \$20 materials fee is payable to the instructor at the beginning of class. Recreation Center Kitchen/Classroom.

Sat	Jan 17	1:30-3p	\$45*
Fri	Feb 6	7:30-9p	\$45*
Sat	Mar 21	12-1:30p	\$45*

## DECORATE YOUR OWN KEEPSAKE BOX

**ADULTS 18 AND OLDER**

**NEW!**

**1 CLASS**

Locker 61. Learn the skills of chalk painting, decoupage, and mold casting in this fun 2-hour class! Take a boring old wooden box and turn it into your own magical creation using our wide selection of paints and materials. All the skills learned can also be applied to larger projects like furniture and home decor. All materials will be provided. Just bring your creative spirit and wear clothing that you don't mind getting some paint on. Locker 61, Poulsbo.



Fri	Jan 30	5-7p
Tue	Feb 24	12-2p
Thu	Mar 26	6-8p

\$58\* pp per session

## THE LATE WINTER GARDEN: PREPARING FOR SPRING

**ADULTS 18 AND OLDER** **NEW!** **1 CLASS**

Jen Jacobsen, Master Gardener. The dark days of winter are starting to lengthen and now is a great time to perform tasks that will help your garden transition to spring. From pruning common shrubs and trees to starting seeds and planning your veggie garden, join this class to learn how you can make your garden look its best. This class will be geared toward beginner gardeners, but seasoned gardeners are welcome, too. Bring your questions for this interactive and informative session. Recreation Kitchen/Classroom.

Sat	Feb 21	9:30-10:30a	\$18
Thu	Feb 26	1-2p	\$18

## START TO SPRING: THE GARDEN AWAKENS!

**ADULTS 18 AND OLDER** **NEW!** **1 CLASS**

Jen Jacobsen, Master Gardener. Early spring brings gardening fever! Start the season off right by joining this class. During the class, a garden coach and member of the WSU Master Gardener program will provide information and actionable steps you can take to expand garden beds, add new perennials and veggies, support wildlife, and more. This class will be geared toward beginner gardeners, but seasoned gardeners are welcome, too. Bring your questions for this interactive and informative session. Recreation kitchen/classroom

Sat	Mar 7	9:30-10:30a	\$18
Thu	Mar 26	1-2p	\$18



## MAKING ROOM FOR POLLINATORS IN YOUR OWN BACKYARD

**AGES 18+** **NEW!** **1 CLASS**

Kathryn Owen is an Ambassador for the Xerces Society for Invertebrate Conservation, an international non-profit that protects the natural world through conservation of bees, butterflies, and other invertebrates & their habitats. Learn how to make your garden and yard more appealing and beneficial to our native pollinators like bees, beetles, butterflies, and moths. Even small areas can provide important food sources and nesting sites. We'll talk about the value of native pollinators, learn about their life cycles and habitat needs, and share resources for learning more about these wonderful - and threatened - creatures. By the end of the session, you'll have a plan for creating or enhancing your own pollinator garden.

Recreation Center Kitchen / Classroom.

Thu	Jan 15	5-7p	\$25
Sat	Jan 24	10a-12p	\$25
Thu	Feb 19	1-3p	\$25

[CITYOPOULSBO.COM/REGISTER](http://CITYOPOULSBO.COM/REGISTER)

## RAAB PARK COMMUNITY GARDEN (THE P-PATCH)

**WELCOME GARDENERS!** The Raab Park Community Garden (The P-Patch) is sponsored by the City of Poulsbo Parks and Recreation. The P-Patch has 54 sunny raised bed garden plots in three sizes:

### Plot Size and Annual Fees

<u>Non-refundable Annual Application Fee*</u>		\$25
<u>10' x 20'</u>	Resident	\$52
	Non-Resident	\$60
<u>10' x 10'</u>	Resident	\$35
	Non-Resident	\$43
<u>8' x 2' x 4' HIGH OR 8'x4' LOW</u>	Resident	\$30
	Non-Resident	\$38

<u>Clean Plot Deposit</u>	All Applicants	\$40
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This is refundable if the plot is left cleaned out at the end of the season.

**RENTERS NEED TO BE PREPARED TO PLANT, WEED, AND KEEP THEIR GARDEN CARED FOR CONSISTENTLY. GARDENERS ABANDONING THEIR PLOTS WILL FORFEIT THEIR PLOTS AND CLEAN PLOT DEPOSITS.**

The gardening year runs from Mar 1, 2026, through Feb 28, 2027. Gardeners must use organic gardening practices, products, and materials. Information resources on organic gardening will be provided, as well as a selection of long-handled tools, wheelbarrows, and hoses from the lending shed. Produce may not be sold but may be shared or donated to a food bank. Participants are responsible for complying with the "Gardener's Agreement", and reading and understanding the P-Patch Rules, Regulations, and Guidelines. They are also required to keep their plot area clean and looking good.

A Clean Plot deposit is required and will be either rolled over for continuing gardeners or credited/refunded at the end of the gardening season for those who clean and cover their plots and end their rental. This is a year-round garden, with water provided from April through October. **Plot fees are non-refundable.** For more information, call Parks and Recreation, 360-779-9898.

Returning gardeners may renew their plots beginning in January through February 28. New gardeners will be placed on a waitlist beginning in January and will be notified in mid-March about plot availability.

**NOTE: All gardeners will be required to volunteer to help keep up the common areas of the garden and for other community jobs. Thank you in advance for your help with this. If you have questions, please call us at 360-779-9898.**



## THE POULSBO TREE BOARD

The Poulsbo Tree Board was established in 1997 to advise and educate the Mayor, City Council and citizens on issues pertaining to trees in the city. The Tree Board offers the following classes. Classes are free, but pre-registration is required by calling 360-779-9898 or registering online at [CityofPoulsbo.com/Register](http://CityofPoulsbo.com/Register). Pre-registration is required.

### THE ABC'S OF PRUNING ORNAMENTAL TREES

Presented by Poulsbo Tree Board members. Understanding tree structure, growth, and response is as important for successful pruning as knowing how to make proper pruning cuts. Learn the basics of tree growth and structure, types of pruning cuts, and what responses to expect from your cuts. Recreation Kitchen classroom  
Tue Mar 3 6:30-8p FREE

### PRUNING ORNAMENTAL TREES: FIELD DEMONSTRATION

Presented by Poulsbo Tree Board members. Join Poulsbo Tree Board members and ISA Certified Arborists as they demonstrate the proper pruning techniques used for pruning ornamental trees. Tools and sharpening will also be covered. Location TBD.  
Sat Mar 7 12-2p FREE

### FRUIT TREE PRUNING

Presented by Poulsbo Tree Board members. Knowing how and when to prune fruit is much different than pruning an ornamental tree. Learn about the different approaches for different fruit types, including training and timing. Learn tips on how to increase fruit production, improve branch structure, and renovate older, non-productive trees. If you have a home orchard, this class is for you! Recreation Kitchen classroom  
Tue Mar 10 6:30-8p FREE

### FRUIT TREE PRUNING: FIELD DEMONSTRATION

Presented by Poulsbo Tree Board members. Join Poulsbo Tree Board members and ISA Certified Arborists as they demonstrate the proper pruning techniques used for pruning a variety of fruit trees. Tools and sharpening will also be covered. Location TBD.  
Sat Mar 14 12-2p FREE



**Kitsap**  
Humane Society

## KITSAP HUMANE SOCIETY ANIMAL EDUCATION

Presented by the Kitsap Humane Society.

### KITTEN DEVELOPMENT AND CARE **NEW!**

Kittens grow from being totally dependent on mom to little purring whirlwinds of activity! This class will teach you how to assess a kitten's age and developmental stage, provide basic care, and help you understand what to do if you find an orphan kitten in your community. Whether you're considering becoming a foster parent or just want to know more about how kittens grow into cats, this class will provide you with a great foundation of knowledge  
Fri Jan 16 5:30-6:30p FREE

### BOTTLE BABY BOOT CAMP **NEW!**

During the summer months, hundreds of kittens and puppies under 4 weeks old end up in area shelters. These fragile animals need care around the clock, and people comfortable with bottle feeding can be difficult to find. With this class you'll learn the essentials of bottle feeding kittens and puppies, how to make an emergency supply kit, and what to do if you find an orphan kitten in your community.  
Sat Feb 21 10-11:30a FREE



### FOSTER FOUNDATIONS **NEW!**

Ready to get involved in saving lives? This course will walk you through how to become a foster parent with Kitsap Humane Society, what a day in the life of a foster parent looks like, and how you can foster even if you work full time or have a busy schedule. Whether you're ready for overnight care as a bottle feeder or just want a dog to hang out with over a long holiday weekend, there is a foster opportunity for you.  
Fri Mar 13 5:30-6:30p FREE

## SPANISH

Spanish instructor Will Perkins has taught Spanish from beginners through literature for many years. He has some experience teaching ESL, plus a touch of French and Latin. He has spent lots of time in Seville, Spain, and some time in different parts of Mexico. Will is offering three levels of Spanish classes through Fall and Winter.



### SPANISH FOR BEGINNERS

#### AGES 18 & OLDER

5 WKS

Will Perkins. This class is designed for those with little or no previous experience in Spanish. We will use stories, music, and conversation to build comfort with a new language. We address basic phonetics and grammar with abundant repetition. We will work with a textbook (\$15) and an easy reader (usually \$5-10, depending on the text). North Kitsap High School Room #511.

Wed	Jan 7-Feb 4	5-6p	\$75*
Wed	Feb 25-Mar 25	5-6p	\$75*
Wed	Apr 15-May 13	5-6p	\$75*

### INTERMEDIATE SPANISH

#### AGES 18 & OLDER

5 WKS

Will Perkins. If you have taken some classes in high school or college, or have studied online with tutors or programs, this class should help advance your skills and boost confidence. The goal is to be able to communicate with native speakers and other aficionados of Spanish. We will study an easy reader book (usually \$5 to \$10), listen to recordings, and do some exercises in grammar from self-correcting websites. We spend most of the class speaking Spanish, making mistakes and correcting them. We also use Duolingo, a free online program, and a Duolingo classroom that takes away the ads and removes the penalties for errors, so it is more efficient than the non-classroom version. North Kitsap High School Room #511.

Wed	Jan 7-Feb 4	6:10-7:10p	\$75*
Wed	Feb 25-Mar 25	6:10-7:10p	\$75*
Wed	Apr 15-May 13	6:10-7:10p	\$75*

### CONVERSATIONAL SPANISH

#### AGES 18 & OLDER

5 WKS

Will Perkins. If you have studied some Spanish, this class will help you refresh your existing knowledge. We aim to conduct the class entirely in Spanish. We will use stories, music, and conversation to refresh memories and build new understanding. Depending on class interest, we will read stories, easy-reader novels, or plays to build vocabulary and understanding. Grammar study is based on student areas of interest. We will purchase a book to read in this class, but it should cost less than \$20. North Kitsap High School Room #511.

Wed	Jan 7-Feb 4	7:20-8:20p	\$75*
Wed	Feb 25-Mar 25	7:20-8:20p	\$75*
Wed	Apr 15-May 13	7:20-8:20p	\$75*

## LEAVING A LEGACY OF MEMORIES/GOT A PHOTO MESS?

### AGES 18 & OLDER

1 CLASS

Sharyl Rapavy. Do you have a gazillion digital photos and videos across multiple phones, tablets, computers, SD cards, social media, and more? Or a scary box with old photos, videotapes, and movies? Are you afraid that your kids and grandkids will never know who is in the old family photos or even where to find the photos? This class will teach you how to digitize your old memories, gather all your digital memories into a safe storage place, organize them, and share them with loved ones. Bring a smartphone, tablet, or laptop computer. Recreation Center Kitchen/Classroom.

Thu	Jan 22	6-7:30p	\$25
Thu	Mar 26	6-7:30p	\$25

## COMMUNITY SOUND BATH AND MEDITATION

### AGES 11-SENIORS

1 CLASS

Danielle Guthrie from Entropy Healing will offer guided meditation to calm the mind, and sound vibrations to calm the body and ignite the spirit. How does it work?... Humans are mostly made of water, so when we relax into the vibrations of crystal bowls, drumming, chimes, flute, and singing, our bodies can reset into their natural frequency if our nervous systems are activated by stress or inflammation. Upper Fitness Room.

Sat	Jan 31	6-7p	\$25
Sat	Feb 21	6-7p	\$25
Sat	Mar 14	6-7p	\$25

## SELF DEFENSE FOR WOMEN

### AGES 18+

MONTHLY

Instructor Jason Bellaconis has been teaching martial arts for over 20 years. This is an ongoing class that meets monthly and is open to new students or returning. Jason has taught hundreds of classes and dozens of seminars specific to self-defense for women. The class will focus on learning practical defense techniques safely and effectively. All equipment and gear are provided. Recreation Center Gym.

Tue	Jan 6-27	7:15-8:45p	\$10
Tue	Feb 3-24	7:15-8:45p	\$10
Tue	Mar 3-31	7:15-8:45p	\$10

## GETTING YOUR ESTATE PLAN IN ORDER

### AGES 18+

**NEW!**

1 CLASS

Tolman, Hinson & McKeeman. The four documents everyone should have: Will, Directive, General Durable Power of Attorney, Healthcare Power of Attorney- what do they mean, and why should I have them? Recreation Center Kitchen/Classroom.

Thu	Mar 12	5-6p	FREE
Tue	Mar 31	5-6p	FREE

## SOCIAL SECURITY: YOUR QUESTIONS ANSWERED

### Ages 55+

Connor Smith, Edward Jones. During this seminar, you'll learn about how social security fits into your retirement plan, when you should start taking benefits, and the implications of social security on your taxes.

Tues	Mar 17	6-7p	FREE
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We have expanded our program offerings and added one-day-per-week classes meant to work in combination with the other classes so that participants don't get bored. If you only have time to come one day a week, no problem. Want to mix cardio with meditation and yoga? You can do that! Each month can be different to best suit your fitness needs. Register for a month of classes or just drop in. Some classes do have a maximum number of limited spots that fill up fast. The only way to guarantee a spot in class is to register for all three months once registration opens.

FITNESS CLASS SCHEDULE						
Winter 2026						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:10a	TNT 8:10-9:00a Lori	Yoga Basics 8:10-9:00a Lori	TNT 8:10-9:00a Lori	Yoga Basics 8:10-9:00a Lori	TNT 8:10-9:00a Lori	
	Express Strength 9:00-9:30a			HIIT 8:15-9:00a Delores		Qigong Tai Chi
9:00a						
9:30a		Human Reformer: Pilates 9:30-10:15a Delores	Express Strength 9:30-10:00a	Chair Yoga 9:30-10:30a Jolene	Active Flow Yoga Jolene 9:30-10:30a	9:00-10:00a Rodney
10:00a						
11:30a	Qigong Tai Chi 11:30-12:30p Rodney				Qigong Tai Chi 11:30-12:30p	
Noon	FREE Senior Lifelong Fitness 12:15-1:15	FREE Senior Tai Chi 12:15-1p Meg/Tricia	FREE Senior Lifelong Fitness 12:15-1:15p		FREE Lifelong Fitness 12:15-1:15p	
5:30p	Total Body Workout 5:30-6:30p Lili	Human Reformer: Pilates 5:30p-6:15p Delores	Total Body Workout 5:30-6:30p Lili		Total Body Workout 5:30p-6:30p Lili	
6:00p				NEW Veterans Yoga 6:00-7:00p Delores		
6:45p						
7:00p						
Yoga & Pilates						
Mind and Body						
Cardio/Strength						
Free Senior Fitness						
Laughter yoga is now 1 time a month on Tuesday evenings and Thursdays at noon.						



## TOTAL BODY WORKOUT: BARBELL STRENGTH TRAINING AND CARDIO

**AGES 18+**

**4/5 WKS**

Lilli Jensen. Using light to moderate weights with lots of repetition, this fitness class gives you a total body workout. Students will progress from light to moderate to heavy weights, increasing strength and endurance. A total body workout in

60 minutes. Classes will be held on Jan 19, Martin Luther King, Jr Day, and Feb 16, Presidents' Day. Max 12 participants per class – space is limited! Registration begins at 8 am on Friday, December 12. Don't wait to register. Recreation Center Upper Fitness Studio.

All classes run 5:30-6:30p.

Mon	Jan 5-26	\$45* (4)
Wed	Jan 7-28	\$45* (4)
Fri	Jan 2-30	\$54* (5)

Mon	Feb 2-23	\$45* (4)
Wed	Feb 4-25	\$45* (4)
Fri	Feb 6-27	\$45* (4)

Mon	Mar 2-30	\$54* (5)
Wed	Mar 4-25	\$45* (4)
Fri	Mar 6-27	\$45* (4)

## TNT – TIGHTEN & TONE

**AGES 18+**

### SESSIONS VARY, ONE OR MORE DAYS/WEEK

Lori Whiting, ACE. This class will help to define and tone muscles and speed up your metabolism using resistance bands and dumbbells. Core conditioning exercises will help shape and define your physique and strengthen back muscles. We'll finish with stretching to increase flexibility and relaxation and breathing to relieve stress. Classes run continuously, join at any time, and all levels are welcome. Discount for signing up for more than one class per week per month. The class is designed with senior fitness in mind, but all adults are welcome. Classes will be held on Jan 19, Martin Luther King, Jr Day, and Feb 16, Presidents' Day. Recreation Center Gym.

All classes run 8:10-9a.

Mon	Jan 5-26	\$45* (4)
Wed	Jan 7-28	\$45* (4)
Fri	Jan 2-30	\$54* (5)

Mon	Feb 2-23	\$45* (4)
Wed	Feb 4-25	\$45* (4)
Fri	Feb 6-27	\$45* (4)

Mon	Mar 2-30	\$54* (5)
Wed	Mar 4-25	\$45* (4)
Fri	Mar 6-27	\$45* (4)

## CALLING ALL FITNESS INSTRUCTORS! WE ARE HIRING!

Poulsbo Parks and Recreation is looking for dynamic fitness instructors who can teach a combination of fitness classes and bring lots of energy to our team. Ideal candidates can teach a variety of formats and bring enthusiasm to every class.

**Interested? Reach out to Delores at**  
**dleverett@cityofpoulsbo.com.**

## EXPRESS STRENGTH

**AGES 18+**

**4/5 WKS**

Delores Leverett, ACE. Join our strength training class to build power, endurance, and confidence! This dynamic, full-body workout combines free weights, resistance bands, and bodyweight exercises and is designed to enhance muscle tone, increase strength, and improve overall fitness. Expect a mix of functional movements, targeted muscle group exercises, and core-strengthening routines. Perfect for anyone looking to improve strength, mobility, and stamina in a supportive and motivating environment! Suitable for all fitness levels. Classes will be held on Jan 19, Martin Luther King, Jr Day, and Feb 16, Presidents' Day. Recreation Center Upper Fitness Room.

All classes run 9-9:30a.

Mon	Jan 5-26	\$32* (4)
Wed	Jan 7-28	\$32* (4)

Mon	Feb 2-23	\$32* (4)
Wed	Feb 4-25	\$32* (4)

Mon	Mar 2-30	\$38* (5)
Wed	Mar 4-25	\$32* (4)

## WHY JOIN OUR HIIT SESSIONS?

1. Improves cardiovascular health.
2. Burns more calories in less time.
3. Builds strength and endurance.
4. Boosts metabolism and fat loss.
5. Supports mental health.

## HIGH-INTENSITY INTERVAL TRAINING (HIIT)

Delores Leverett, ACE. Get ready to take your fitness to the next level with this fast, effective, and energizing workout style! HIIT combines short bursts of high-intensity exercise with brief recovery periods to boost strength, endurance, and metabolism—all in less time. Burn calories, build lean muscle, and improve heart health while keeping your workouts fresh and fun. Designed for all fitness levels, this class offers modifications so everyone can challenge themselves safely and effectively. Come sweat, smile, and see results with HIIT! Recreation Center Upper Fitness Studio.

Thu	Jan 8-29	8:15-9a	\$45*
Thu	Feb 5-26	8:15-9a	\$45*
Thu	Mar 5-26	8:15-9a	\$45*



## Fitness Drop In

All fitness classes offer a \$15 drop-in fee as long as the class has met its minimum enrollment and is not full. Please check with the front desk before attending. Drop-in rate must be paid in advance.

### QIGONG TAI CHI

**AGES 18+**

**4 WKS/5 WKS**

Rodney Hitchcock. Tai Chi is an ancient exercise system utilized to promote good health and healing through gentle movement and breathing. Qigong in Chinese translates as "life energy work". While there are many schools and variations of Tai Chi and Qigong; we will together be utilizing Qigong warmups before learning and practicing the Yang style form also known as the long form. Class fee is monthly, regardless of the number of classes in the month. Recreation Center Upper Fitness Studio.

M & F	Jan 2-30	11:30a-12:30p	\$75*
Sat	Jan 3-31	9-10a	\$54*(5)

M & F	Feb 2-27	11:30a-12:30p	\$75*
Sat	Feb 7-28	9-10a	\$45*(4)

M & F	Mar 2-30	11:30a-12:30p	\$75*
Sat	Mar 7-28	9-10a	\$45*(4)

### HUMAN REFORMER PILATES

**AGES 18+**

**4 WKS/5 WKS**

Delores Leverett, ACE. Harness the powerful benefits of Pilates reformer workouts without actually having to be on a reformer! Utilizing a resistance band, we reimagine classic Reformer moves right on the mat! This class focuses on building functional strength, improving posture, and enhancing coordination, and is accessible to all fitness levels. The Human Reformer approach allows you to perform comprehensive Pilates Reformer movements, empowering you to take control of your fitness journey and unlock your true potential.

Tue	Jan 6-27	9:30-10:15a	\$45*(4)
Tue	Jan 6-27	5:30-6:15p	\$45*(4)

Tue	Feb 3-24	9:30-10:15a	\$45*(4)
Tue	Feb 3-24	5:30-6:15p	\$45*(4)

Tue	Mar 3-31	9:30-10:15a	\$54*(5)
Tue	Mar 3-31	5:30-6:15p	\$54*(5)

### YOGALATES

**AGES 18+**

**NEW!**

**WEEKLY**

Delores Leverett, RYT 200. Yogalates is a dynamic fusion of Yoga and Pilates designed to build strength, improve flexibility, and enhance balance. This low-impact class focuses on core stability, mindful movement, and breath control making it ideal for all fitness levels. Whether you're looking to tone muscles, increase mobility, or reduce stress, Yogalates offers a full-body workout. No class on Jan 19 and Feb 16. Recreation Center Upper Fitness Studio.

Mon	Jan 5-26	3:30-4:30p	\$38* (3)
Mon	Feb 2-23	3:30-4:30p	\$38* (3)
Mon	Mar 2-30	3:30-4:30p	\$45* (4)

### ACTIVE FLOW YOGA

**AGES 18+**

**4 WKS/5 WKS**

Jolene Culbertson, RYT 500. This class includes a variety of poses accessible to all levels of yoga practitioners. Build strength and balance, increase flexibility and range of motion. Calm your mind and feel rejuvenated. Includes standing, seated and floor yoga practices as well as relaxation. Recreation Center Upper Fitness Studio.

Fri	Jan 2-30	9:30-10:30a	\$58*(5)
Fri	Feb 6-27	9:30-10:30a	\$45*(4)
Fri	Mar 6-27	9:30-10:30a	\$45*(4)

### CHAIR YOGA

**AGES 18+**

**4 WKS**

Jolene Culbertson, RYT 500. Join others in a fun and educational yoga class using a chair for support. Perfect for anyone challenged by balance, flexibility, difficulty getting on or off the floor, weight issues and/or medical conditions causing weakness or tremors. Jolene Culbertson is an RYT 500 with 40+ years of both medical & yoga experience. Recreation Center Upper Fitness Studio.

Thu	Jan 8-29	9:30-10:30a	\$45*
Thu	Feb 5-26	9:30-10:30a	\$45*
Thu	Mar 5-26	9:30-10:30a	\$45*

### YOGA BASICS

**AGES 16+**

**2 CLASSES WEEKLY**

Lori Whiting, ACE. A revitalizing mind/body workout designed to increase flexibility and strength through yoga postures, using yoga blocks and straps to modify postures and focusing on proper alignment. We'll work on balance and use breathing and relaxation for stress relief. Classes run continuously, join anytime, and all levels are welcome. Recreation Center Gym.

T/Th	Jan 6-29	8:10-9a	\$80*
T/Th	Feb 3-26	8:10-9a	\$80*
T/Th	Mar 3-31	8:10-9a	\$88*

\$80 / 8 classes; \$88 / 9 classes



**Snow days:** If the North Kitsap School District closes due to weather conditions, all classes will be canceled for the day. All classes beginning before 10 am will be canceled if North Kitsap Schools are on a 2-hour delay. Classes that get canceled due to weather may be made up if the session dates allow.

### YOGA FOR BACK CARE WORKSHOP

**AGES 18+**

**4 WKS**

Jolene Culbertson, RYT 500. Learn and practice care for our backs. Topics, techniques, and practice for osteopenia, osteoporosis, osteoarthritis, and chronic back, shoulder, neck, or hip pain. No prior experience is necessary. Bring yoga props or use ours. Bring a small blanket and two pillows of different sizes. Recreation Center Upper Fitness Studio.

Thu	Mar 5-26	10:45-11:45a	\$45*
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## YOGA FOR OSTEOARTHRITIS

**AGES 18+**

**NEW!**

**4 WKS/5 WKS**

Jolene Culbertson, RYT 500. Frustrated that the yoga practice you've loved seems inaccessible to you due to joint pain and/or stiffness? Learn different ways to maintain your yoga practice by using props to move more easily to access favorite poses and build a practice you can maintain. Recreation Center Gym.

Fri	Jan 2-30	10:45-11:45a	\$58*(5)
Fri	Feb 6-27	10:45-11:45a	\$45*(4)
Fri	Mar 6-27	10:45-11:45a	\$45*(4)

## VETERANS YOGA PROJECT – GENTLE YOGA

**AGES 18+**

**4 WKS**

Delores Leverett, RYT 200. Experience the calming benefits of Gentle Yoga, a slower-paced practice with fewer standing poses and minimal strain on the wrists and knees. This class is *free* for Veterans, Active-Duty Service Members, First Responders, and their Families. All others are warmly welcome to join with a donation, which goes directly to support Veterans Yoga Project. Please bring a yoga mat, water bottle, and any gear that helps you feel comfortable during practice. A limited number of blankets and blocks will be available. Class size is limited to 12 participants; **pre-registration is required.** Recreation Center Upper Fitness Studio.

Thu	Jan 8-29	6-7p	FREE
Thu	Feb 5-26	6-7p	FREE
Thu	Mar 5-26	6-7p	FREE

## LAUGHTER YOGA

**AGES 9+**

**1 CLASS**

Rachel Cornette. Laughter Yoga is an easy, fun exercise for the mind, body, and spirit. It provides a reduction of stress and tiredness, a renewal of physical energy, and greater inner calm. Bring a willingness to laugh! Recreation Center Upper Fitness Studio.

Thu	Jan 15	12:15-1p	FREE
Tue	Feb 3	6:30-7:15p	FREE
Thu	Feb 19	12:15-1p	FREE
Tue	Mar 3	6:30-7:15p	FREE
Thu	Mar 19	12:15-1p	FREE

## INTRO TO TAI CHI:

### MOVING FOR BETTER BALANCE

**AGES 18 +**

**4 WKS/5 WKS**

Tricia McMahon & Meg Brierley. Builds muscle strength, increases attentiveness and awareness, improves postural stability, and releases tension. In these classes, you will learn the 8 Tai Chi forms (derived from the traditional 24-form Yang-style) of Tai Chi: Moving for Better Balance. Come enjoy connecting with others while improving coordination, flexibility, and so much more! No experience is necessary. We will be primarily standing, but there are great benefits when seated as well. Chairs will be available. While this program is free, we ask that you register to assist in planning. Recreation Center Gym.

Tue	Jan 6-27	12:15-1:05p	FREE
Tue	Feb 3-24	12:15-1:05p	FREE
Tue	Mar 3-31	12:15-1:05p	FREE

[CITYOPOULSBO.COM/REGISTER](http://CITYOPOULSBO.COM/REGISTER)

## LIFELONG FITNESS & HEALTH

**SENIORS**

**MONTHLY**

Jolene Culbertson. Choose to come one day or all three! Regular physical activity is one of the most important things older adults can do for their health. It can prevent or delay many of the health problems that seem to come with age. It also helps your muscles grow stronger so you can keep doing your day-to-day activities without becoming dependent on others. A well-rounded class focusing on cardiorespiratory endurance, balance, strength, and flexibility. These classes keep our participants independently functioning and help prevent disease and falls? A chair is used for seated exercises and/or standing support. Class is free for seniors, but please register in advance in case we need to notify you. No class Jan 19 or Feb 16. Recreation Center Main Gym.

M/W/F	Jan 5-30	12:15-1:15p	FREE
M/W/F	Feb 2-27	12:15-1:15p	FREE
M/W/F	Mar 2-31	12:15-1:15p	FREE

## LOOKING FOR SPONSORS!

Do you know a business or organization that would like to help support our Free Senior Fitness Classes? Please contact [kgoodfellow@cityofpoulsbo.com](mailto:kgoodfellow@cityofpoulsbo.com) for more information.

## ITALIAN RAPIER

**AGE 15+**

**8 WKS**

Nathan Walker. The rapier was the deadliest dueling weapon in history. Rapier fencing is a game of control, controlling distance, controlling timing, controlling your opponent's mind. It's a deep psychological and extremely physical chess game of sorts that measures one's ability to think on one's feet and adapt to constantly changing situations. No one did this more famously or dangerously than the 16<sup>th</sup>-century Italian fencing master's that we will study in this course. Bring your own equipment or use the instructors. New students can join at any time. Recreation Center Gym.

Mon	Feb 9-Apr 6	7-9p	\$65*
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## GERMAN LONGSWORD

**AGE 15+**

**8 WKS**

Longsword is the most popular weapon studied in HEMA (Historical European Martial Arts). It's the largest and heaviest sword we study, but still quite nimble due to the use of two hands on the weapon instead of only one. The Johannes Lichtenauer tradition of longsword fighting goes back to the mid-late 14th century and spawned several followers. They slowly improved upon his work, creating a dynasty of German longsword fencers that lasted hundreds of years. Joachim Meyer was one of the most celebrated followers of Lichtenauer and probably the most focused on the dueling aspects of longsword combat. It is Meyers's treatise we will be studying during this course and in the process, learning the foundations of both historical and competitive longsword fencing. Bring your own equipment or use the instructors. New students can join at any time. Recreation Center Gym.

Wed	Feb 11-Apr 1	7-9p	\$65*
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## BRITISH MILITARY SABER

AGE 15+

8 WKS

Nathan Walker. Sabers are a somewhat late arrival in an ancient class of weaponry, that is, mid-length, curved blade, cutting swords. The saber was popular all over the world and across immense spans of time due to its convenient size, ease of carry and immense cutting capacity. It favors a flowing, call-and-response type of combat. One cannot think solely of striking their opponent, as they will inevitably be struck in return. Instead, sabreurs must flow dynamically from defense to offense and back to defense in time to avoid the after-blow, even if they've already landed their own attack. We are currently studying Roworth's British Military Saber, which includes the Highland Broadsword and the Spadroon. Saber is also fantastic for those looking for modern self-defense, as saber techniques and tactics translate very well to almost anything vaguely sword-shaped, such as batons, sticks, canes, and even umbrellas. New students can join at any time. Recreation Center Gym.

Thu Feb 12-Apr 2 7-9p \$65\*



*British Military Saber*

## CAPOEIRA

AGE 15+

4 WKS

Nathan Walker. Capoeira is an Afro-Brazilian Martial Art that is also fused with music and dance. Capoeira is practiced as a Martial game set to music. The group forms a circle or "Roda" around 2 "jogadors" or players who dance together 1 on 1 but rotate out regularly. They throw kicks and perform acrobatic movements to play with their opponent and show off their prowess. This is all non-contact (generally), and much of Capoeira is about body control, fitness, flexibility, strength, stamina, balance, and flow. Men, women, and even children all practice together in a communal celebration. Drums, tambourines, and traditional African instruments are played live to accompany the songs that are sung by both the players and the musicians.

Sat	Jan 10-31	10-11a	FREE
Sat	Feb 7-28	10-11a	FREE
Sat	Mar 7-28	10-11a	FREE

## NEW PARTNERSHIP: KITSAP AIKIDO

Poulsbo Parks and Recreation is proud to partner with local business, Kitsap Aikido. Kitsap Aikido's mission is to share the benefits of Aikido with the local community and to improve the health and character of our students. A member dojo of the United States Aikido Federation, Kitsap Aikido's Sensei bring decades of experience to their students. Through our partnership, community members can sample Aikido and see if this Japanese martial art is for them.

### INTRODUCTION TO AIKIDO

"The Path of Peace", or way of harmony, is a Japanese martial art that emphasizes using another person's strength against themselves. Aikido focuses on physical movement and mental awareness for conflict resolution. Aikido is possible for all ages and physical abilities. Learn self-awareness and discipline with strong, relaxed movement that is balanced and centered in the safe, accepting atmosphere of our dojo. For more information about Aikido, call (360) 990-9069. Classes held at Kitsap Aikido in Poulsbo.

### Family Classes: Ages 5 and Older

Sat	Jan 3 & 17, Feb 7	11a-12p	\$45*pp
Sat	Feb 21, Mar 7 & 21	11a-12p	\$45*pp

### Adult Classes: Ages 16 & Older

Sat	Jan 17-Mar 21	10-11a	\$100*pp
Thu	Jan 8-Mar 19	6-7:30p	\$100*pp



**\*Residents of the City of Poulsbo receive an \$8 discount on most programs.**

## **SENIOR COFFEE CLUB & CLASS**

### **WEDNESDAYS, 10:30-1130a**

The City of Poulsbo is proud to offer the Senior Coffee Club on Wednesday mornings. Each week a speaker or an activity is planned for senior participants to enjoy, free of charge. Topics and dates are listed below. All programs are for one class only unless otherwise stated. We'd love to see you! Recreation Center Kitchen/Classroom unless otherwise noted. Most classes are at 10:30 however a few do start early at 10a. Class are free but please register in advance, so we know how many to expect. Classes with low registration may be canceled.

Wednesdays	Jan 7- Mar 25	10:30-11:30a	FREE
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### **EMERGENCY PREPAREDNESS**

City of Poulsbo Emergency Manager, Dan Schoonmaker. Stay safe and confident in any situation! This class is designed specifically for older adults and covers essential tips for preparing for emergencies such as power outages, natural disasters, and medical situations. Learn how to build a basic emergency kit, create a personal safety plan, and stay connected with loved ones and local resources. Empower yourself with the knowledge and tools to be ready for the unexpected.

Wed	Jan 7	10:30-11:30a	FREE
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### **KITSAP TRANSIT Q & A**

Learn all about what Kitsap Transit has to offer. Local route, rates, and how to schedule the Access bus. Meet with a Kitsap transit representative and get all your questions answered.

Wed	Jan 14	10:30-11:30a	FREE
Wed	Mar 18	10:30-11:30a	FREE

### **MINDFUL MUSIC, MEDITATION AND SOUND BATH**

Danielle Guthrie from Entropy Healing will offer guided meditation to calm the mind, and sound vibrations to calm the body and ignite the spirit. How does it work? Meditation focuses on connecting with the elements (Earth, Air, Water, and Fire) within the body. Recreation Center Upper Fitness Studio.

Wed	Jan 21	10-10:45a	FREE
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### **EXPERIENCE THE LIVING HISTORY OF THE SUQUAMISH TRIBE**

Suquamish Museum. Get a firsthand look at the rich history and vibrant culture of the Suquamish Tribe through this engaging and interactive presentation. Explore Suquamish heritage, traditions, and resilience with a dynamic guest speaker who brings the past to life through curriculum-aligned content, hands-on materials, and powerful visual storytelling. This is a unique opportunity to connect with Native history and culture in a meaningful and memorable way.

Wed	Jan 28	10:30-11:30a	FREE
Wed	Mar 4	10:30-11:30a	FREE

### **POULSBO TRIVIA**

Poulsbo Historical Museum. How well you know Poulsbo? Play trivia with the Poulsbo Historical Museum, win prizes, have fun, and learn more about our great little town.

Wed	Feb 4	10:30-11:30a	FREE
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### **VALENTINE ART**

Cathy Johnson. Create lovely valentines to give to someone special.

Wed	Feb 11	10:30-11:30a	FREE
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### **LEGAL Q&A WITH TOLMAN LAW GROUP**

Come with your questions about living wills, power of attorney, and medical power of attorney. Find out what documents are important as you age for the security of yourself and your loved ones.

Wed	Feb 18	10:30-11:30a	FREE
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### **OUTSMARTING THE SCAMMERS**

Connor Smith. Learn how to "outsmart the scammers" through various programs and resources that teach how to recognize red flags, such as urgent requests for payment via gift cards or wire transfers. Key strategies include investigating before sending money, protecting personal information, being wary of high-pressure tactics, and not giving out information unless you know the recipient is legitimate.

Wed	Feb 24	10:30-11:30a	FREE
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## SENIOR COFFEE CLUB & CLASS

### WEDNESDAYS, 10:30-11:30a

## SPRING GARDENING TIPS

Jen Jacobsen The dark days of winter are starting to lengthen and now is a great time to perform tasks that will help your garden transition to spring. Bring your questions for this interactive and informative session

Wed Mar 11 10:30-11:30a FREE

## PICKLEBALL KINGDOM



Learn about one of the fastest-growing sports that started right here on Bainbridge Island. A representative from Pickleball Kingdom will tell you all about their new facility and everyone will get to try some pickleball on our sports court out back.

Wed Mar 25 10:30-11:30a FREE

## LIFELONG HEALTH AND FITNESS

### SENIORS

### MONTHLY

Regular physical activity is one of the most important things older adults can do for their health. It can prevent or delay many of the health problems that seem to come with age. It also helps your muscles grow stronger so you can keep doing your day-to-day activities without becoming dependent on others. Recreation Center Gym.

M/W/F Jan 7-28 12:15-1:15p FREE

M/W/F Feb 4-25 12:15-1:15p FREE

M/W/F Mar 4-25 12:15-1:15p FREE

## What are people saying about Lifelong Fitness & Health?

It's a lot of fun, and I have better balance, flexibility, strength and endurance than 8 months ago when I began. We get a lot of support and encouragement from our instructor, assistants and fellow classmates. Everyone is very kind, supportive and encouraging and we love being together in the class. Everyone is welcomed and loved. SS

I was looking for a way to exercise safely and effectively and this exceeded my expectations. JH

I am getting just the right amount of exercise, but also after the death of my husband I have been struggling with anxiety, and the interaction with others my age has helped me a lot.



## LOOKING FOR SPONSORS!

Do you know a business or organization that would like to help support our Free Senior Fitness Classes? Please contact [kgoodfellow@cityofpoulsbo.com](mailto:kgoodfellow@cityofpoulsbo.com) for more information.



## Your Poulsbo Senior Connections Newsletter

This newsletter is a collaborative effort dedicated to keeping Poulsbo's vibrant senior community informed, engaged, and connected.

This newsletter brings together the collective resources and programs of several local organizations. Together, we aim to offer a wide variety of events, educational opportunities, recreational activities, and cultural experiences tailored to the interests and needs of older adults in our community.

For a link to the newsletter, visit <https://cityofpoulsbo.com/parks-recreation-class-activity-brochure/>.



# PARKS

## WELCOME TO POULSBO'S PARKS, OPEN SPACES AND VISTAS

### 1. Poulsbo's Fish Park

**288 NW Lindvig Way, 41.3 acres**

- On the Liberty Bay Estuary and Dogfish Creek
- Urban nature park including habitat restoration & interpretive signage
- 1.75 miles of trails, boardwalk and viewing platforms

### 2. Nelson Park 20296 3rd Ave NW, 11 acres

- Picnic shelter with tables (available for private rental)
- Restrooms, benches, BBQ grills
- Playground
- Pedestrian trail to Poulsbo's Fish Park
- Nelson Family farmhouse (caretaker's residence)
- The Martinson Cabin Museum, operated by the Poulsbo Historical Society

### 3. Betty Iverson Kiwanis Park

**20255 1st Avenue NE, 2.8 acres**

- Picnic shelter and BBQs
- Open play areas
- ADA-accessible playground

### 4. American Legion Park Front Street, 4 acres

- Wooded trails with Liberty Bay views
- Pedestrian boardwalk that links to Waterfront Park
- Restrooms
- Playground for Ages 2-5 and picnic tables

### 5. Muriel Iverson Williams Waterfront Park

**18809 Anderson Parkway, 1.75 acres**

- Austin-Kvelstad Pavilion (available for private rental)
- Restrooms, picnic areas, & great views of Liberty Bay
- A pedestrian boardwalk to American Legion Park

### 6. Lions Park 585 NE Matson St., 1.2 acres

- Picnic areas
- Restrooms
- Two courts: pickleball/tennis
- Playground and open play areas

### 7. Oyster Plant Park 17881 Fjord Drive, .22 acres

- A viewing pier and picnic tables
- Purple Martin nests
- Small boat launch

### 8. Centennial Park

**7th Avenue and Iverson Street, 2.9 acres**

- Arboretum
- Picnic tables, pergolas and trail
- Footbridges over Dogfish Creek

### 9. Forest Rock Hills Park

**end of 12th Avenue NE, 3.1 acres**

- Playground
- Trails and picnic areas, BBQ Grill

### 10. Wilderness Park

**between Caldart Avenue & Highway 305, 11.56 acres**

- Wooded trails and open space

### 11. Frank Raab Park

**18349 Caldart Avenue NE, 21 acres**

- Restrooms
- Picnic shelter (available for private rental)
- Community P-Patch and learning garden
- Playground and playfield
- Skate park. Full sized basketball court
- 1/3 mile walking trail
- Leash free area for dogs

### 12. Austurbruin Park

**Curt Rudolph Road, 4.5 acres**

- Playground
- Picnic areas and trails

### 13. Rotary Morrow Community Park

**Corner of Noll & Mesford St., 1.2 acres**

- Playground and picnic tables

### 14. Moe Street Vista, .07 acres

**Moe St. & 3rd Ave**

- Benches with a view of town and bay

### 15. Net Shed Vista

**18500 Fjord Drive, .69 acres**

- Liberty Bay viewing area
- Picnic tables and benches

### 16. Fjord Vista

**South east end of Fjord Drive**

- Benches with a view of Liberty Bay

### 17. Hattaland Park 10th Avenue NE, 2 acres

- Open space, wetlands, ponds
- Picnic table and benches

### 18. Calavista Storm Water Park

**19880 Caldart Ave, 4.81 acres**

- Benches and Open Play Area

### 19. Mountaineer Storm Water Park

**18608 Noll Rd NE 10.2 acres**

- Benches and Puzzle Library

### 20. Poulsbo Pump Track

**20523 Little Valley Rd. NE, 1.82 acres**

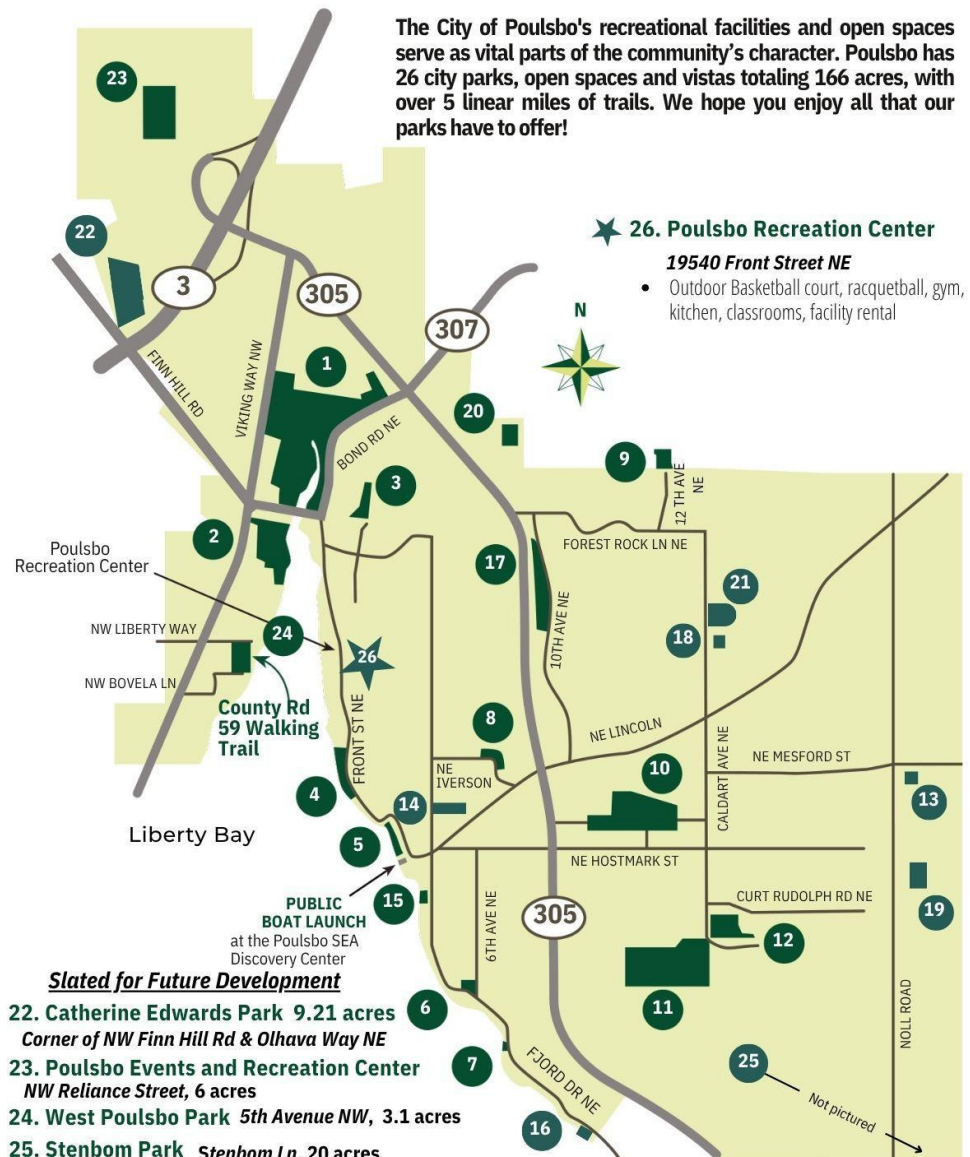
- Bicycle pump track operated by the Evergreen Mountain Bike Alliance

### 21. Poulsbo Cemetery

**20002 Caldart Ave, 4.81 acres**

- Operated by City of Poulsbo Public Works

The City of Poulsbo's recreational facilities and open spaces serve as vital parts of the community's character. Poulsbo has 26 city parks, open spaces and vistas totaling 166 acres, with over 5 linear miles of trails. We hope you enjoy all that our parks have to offer!



### Slated for Future Development

#### 22. Catherine Edwards Park 9.21 acres

**Corner of NW Finn Hill Rd & Olhava Way NE**

#### 23. Poulsbo Events and Recreation Center

**NW Reliance Street, 6 acres**

#### 24. West Poulsbo Park 5th Avenue NW, 3.1 acres

#### 25. Stenbom Park Stenbom Ln, 20 acres



## FACILITY RENTALS & COMMUNITY SIGNBOARDS



AUSTIN-KVELSTAD PAVILION



NELSON PARK PICNIC SHELTER



RAAB PARK PICNIC SHELTER

The City of Poulsbo has three beautiful parks with facilities available to rent: The Austin-Kvelstad Pavilion at Muriel Iverson Williams Park, and the Raab Park and Nelson Park Picnic Shelters.

The facilities may be rented on a first paid, first serve basis. Applications must be submitted a minimum of 2 weeks prior to the event. No refunds or credits will be given for cancellations.

A special event application must be submitted if the event is open to the public, has a direct significant impact to city services, or under the discretion of the Parks and Recreation Director. A completed special event application, along with required documentation, must be submitted a minimum of 90 days in advance. The event will be subject to approval by the Parks and Recreation Director and the Poulsbo City Council.

**Special Event Application Fee Update:** As of 1/1/26, the new Special Event Application fee is \$200. Expedited Applications are an additional \$200. MI Williams Waterfront Park now has limitations for Special Events. Visit <https://cityofpoulsbo.com/special-event-permit/> for more information.

Applications are available at <https://cityofpoulsbo.com/parks-rec-facilities/>.

**Fees:** Social Events \$40\* for the first two hours; \$10 for each additional hour.  
Special Events \$50 A separate special event license fee will also be due.

\*A \$10 discount off of the first two hours is available for social events only for Poulsbo city residents. There is no discount for special events.



The city manages two community signboards on Highway 305. Organizations may reserve the space to advertise their special events and community activities.

Signage must be vinyl banners printed on both sides, with grommets and wind flaps. Banner size must be a maximum of 11.5' wide x 8.5' tall (138" wide x 102" high). They may be slightly smaller, but not larger.

Pulley systems are now installed for ease of use and safety, and requirements have been updated. The updated requirements and a video showing installation can be found at <https://cityofpoulsbo.com/parks-rec-facilities/>.

No refunds or credits will be given for cancellations.

Poulsbo Parks and Recreation has a variety of spaces available for rent at the Recreation Center, 19540 Front Street NE, Poulsbo.

Spaces include: Fitness Room/Gym, newly refurbished Kitchen/Classroom, two smaller classrooms, Fitness/Yoga Studio, Racquetball Court and Outdoor Sports Court. The Sports Court is lined for both basketball and pickleball.



Fees vary depending upon the space. An additional staffing fee will be charged for after-hours rentals. We also offer a variety of party packages.

Give us a call with the details of your event; we are happy to help you plan the perfect space for yours needs.

**CALL 360.779.9898 FOR MORE INFORMATION.**



[HTTPS://CITYOFOULSBO.COM/COMMUNITY-EVENTS-CALENDAR/](https://cityofpoulsbo.com/community-events-calendar/)



Learn what  
is happening in  
Poulsbo with our  
**City of Poulsbo's  
Community  
Events Calendar**

SUBSCRIBE TO CALENDAR NOTIFICATIONS BY CLICKING  
ON THE SUBSCRIBE BUTTON AT THE TOP RIGHT OF THE  
CALENDAR, AND YOU WILL AUTOMATICALLY BE ALERTED  
ABOUT THE LATEST EVENTS IN OUR COMMUNITY!

VIEW ALL EVENTS  
BY DAY, BY MONTH,  
AND BY SUMMARY.

SELECT TYPE OF  
EVENT, EVENT TYPE,  
AND AUDIENCE TYPE  
TO VIEW SPECIFIC  
EVENTS.



**DO YOU LOVE TEACHING OR  
SHARING YOUR HOBBIES? WE'D  
LOVE TO WORK WITH YOU!**

**Poulsbo Parks &  
Recreation is looking  
for passionate, caring,  
and dynamic  
instructors to lead new  
classes!**

**As a Parks & Recreation  
Instructor, you set your  
own class schedule,  
format and age groups—  
and you get paid to do  
what you love!**

**We are specifically in  
need of Piano and Fitness  
instructors to help  
expand our program  
offerings!**



**FOR MORE INFORMATION, PLEASE CONTACT KRIS GOODFELLOW  
AT [KGOODFELLOW@CITYOFOULSBO.COM](mailto:KGOODFELLOW@CITYOFOULSBO.COM)**

**PHONE: (360) 779-9898 EMAIL: [PARKSREC@CITYOFOULSBO.COM](mailto:PARKSREC@CITYOFOULSBO.COM)**



## **BIRTHDAY PARTIES AT THE RECREATION CENTER!**

**Poulsbo Parks and Recreation offers  
Bricks 4 Kids® and Gymnastics  
Birthday Party Packages!**

We also have rooms for rent if you wish to plan  
your own party.



**For more  
information, call  
360-779-9898.**



☎ 360-779-9898 🌐 [CityOfPoulsbo.com/register](https://cityofpoulsbo.com/register) 📱 [PoulsboParksRec](https://www.facebook.com/PoulsboParksRec)

POULSBO PARKS AND RECREATION

## **VOLUNTEERS NEEDED!**

Would you like to join a  
community dedicated to making a  
difference by volunteering time  
and skills for impactful projects in  
parks and trails?

VISIT

[HTTPS://FORM.JOTFORM.COM/POULSBO/PARKS-  
AND-TRAILS-VOLUNTEERCOMMUNITY](https://form.jotform.com/poulsbo/parks-and-trails-volunteercommunity)

**OR FOLLOW THE QR CODE  
TO COMPLETE OUR INTEREST FORM**



**VOLUNTEER  
BENEFITS:**

- ENHANCEMENT OF SKILLS
- MAKING CONNECTIONS
- MAKE AN IMPACT
- INDIVIDUAL DEVELOPMENT



**JOIN US  
NOW!**



For more information, call Rachel Cornette, Parks Coordinator

360-394-9772



## PARKS AND RECREATION CITIZEN COMMITTEES

### HELP IMPROVE YOUR COMMUNITY!

#### PARKS & RECREATION COMMISSION:

The Parks and Recreation Commission is responsible for giving advisory recommendations to the City Council on all regulations, resolutions, plans, policies, projects and proposals relating to the city parks system, recreational facilities or open space, to promote public use and awareness of the city's park facilities and services, to hold public meetings to solicit public input for the parks and open spaces planning process, and to apprise the City Council, Public Works Department and Parks and Recreation Department of the community's park and recreational needs. Meetings are held the fourth Tuesday of every month, beginning at 5:30 p.m.

**Commission Members:** Mary Swoboda-Groh (Chairperson), Mari Gregg, Joe Hulsey, Kim Petersen (Vice-Chairperson), Amy Zinkhon. Three openings are available, two for three-year terms running January 1, 2026-December 31, 2028, and one for two years, running January 1, 2026-December 31, 2027.

#### POULSBO TREE BOARD:

The Poulsbo Tree Board was established in 1997 to advise and educate the Mayor, City Council and citizens on issues pertaining to trees in the city. This includes the promoting of responsible planting of trees on public and private property; promoting public education and proper maintenance of trees; advocating trees within the city; providing for aesthetics within the city through the formulation and implementation of tree programs; developing innovative and joint funding for tree projects from a variety of sources; and providing the Mayor and the City Council with a yearly report regarding Tree Board activities. Beginning in 2026, the board will meet monthly at 5:30 pm on the second Monday of each month.

**Board Members:** Jeff Philip (Chairperson), Sharon Bynum, Maxwell Gordinier, Ashley Lloyd, John Martin. Four openings are available for three-year terms running from January 1, 2026-December 31, 2028.

If you are interested in serving on a board or commission for future vacancies, please submit a completed application to the City Clerk, 200 NE Moe Street, Poulsbo, Washington 98370. Applicants must reside within the city limits of Poulsbo, with the exception of some positions on the Community Police Advisory Board, Public Library Board and Tree Board. The applicant packet can be found at <https://cityofpoulsbo.com/boards-commissions/>.

## TEEN VOLUNTEER INTERNS WANTED!

Poulsbo Parks and Recreation seeks dedicated teen volunteers to assist our professional instructors with youth programs.

Volunteer interns will gain valuable work experience while earning community service hours. Qualified youth will be age 14 or older, enjoy working with children, and have a positive and enthusiastic attitude. Applicants should have an interest in arts, crafts, sports, and other recreational activities, and be a dependable and positive role model.

Interns will need to make a time commitment that will vary depending upon the season. Fall & Winter sessions could be 1-4 hours per week for up to 5 weeks; Spring & Summer sessions could include weekly camps and a commitment of 2-20 hours for an entire week.

**For more information,  
call Kris Goodfellow at 360-779-9898.  
Applications are available at  
[www.cityofpoulsbo.com](http://www.cityofpoulsbo.com).**



**Parks & Recreation  
The Heart of a Healthy Community!**

## WANT TO BE MORE INVOLVED?

Poulsbo Parks and Recreation offers numerous opportunities to be involved with your community! Whether you just have an hour to help out, or are able to commit to a regular schedule, want to work with people or outdoors in nature, we would love to hear from you!

Some of the many opportunities to consider:

- Coaching or assisting with a Basketball or Volleyball team.
- Helping with a Special Event: Viking Fest Race Race, Spooktacular.
- Participating in citizen committees.
- Heading up or joining in on Stewardship groups to maintain parks, or joining park work parties.
- Teens-Becoming a Teen Volunteer intern and assisting with youth classes.

**For a Volunteer Application, visit:  
<https://cityofpoulsbo.com/volunteer-opportunities/>  
or give us a call.**

**FOR MORE INFORMATION, CALL  
360-779-9898**