

City of Poulsbo

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Application to Coach: PROGRAM YOU ARE APPLYING FOR: _____

Last name _____ Initial _____ First Name _____

Address _____ City _____ Zip _____

Home Phone _____ Cell Phone _____

E-mail _____ School District you are coaching in: _____

Age & Skill-level: _____ Coaching Experience: _____
(attach additional sheets if necessary)

Poulsbo Parks and Recreation Coach's expectations and guidelines:

The primary goal of coaches is the development of youth athletes to become better citizens, foster teamwork, leadership, and a sense of community. Participants must be taught sportsmanship and fair play, and these teachings should always govern their behavior while at practice and games. Coaches shall be responsible for the conduct of all participants, members of the coaching staff, and spectators. This includes the time periods before, during, and after league games and other events. The Coach must realize, accept, and practice the core principle that a team's reputation is built not only on its playing ability, but also on its sportsmanship, courtesy, and manners.

As a Coach, your time with the team is valuable! Just as playing time should be equally assigned, so should your coaching time per player. Players and parents should come prepared for practices and games such that you can equally train each individual on the team, as well as train the team as a whole. Your efforts to improve skills, both mental and physical, should not be hampered by unruly, inattentive, or disruptive behavior. Address any issues that reduce your ability to equally use your time on the floor. Address all issues promptly, with the player and with the applicable parents. Most importantly, **inform the Sports Coordinator of any issues you intend to take action on and consult with them** beforehand. The Sports Coordinator will ensure that any actions taken are prudent and will recommend follow-up actions, if necessary. The Sports Coordinator can ensure the discipline required will help the Coach fairly and equitably apply their time to the team and team members.

THE COACH:

- is responsible for teaching participants the importance of developing a competitive spirit and sportsmanship.
- will be responsible for building player confidence and teach the fundamentals of the sport they are coaching.
- will emphasize the use of all players for every game, and ensure all players receive equal playing time. Game results are a product of all player contributions, creating ownership of team performance by all players.
- will emphasize that good athletes are good students; both are physically and mentally alert.
- will strive to make program activities serve as a training ground for life, and as a basis for good mental and physical health.
- will learn the strengths and weaknesses of his/her participants so they might be placed into situations where they have a maximum opportunity to learn and improve, hence achieving success.
- will fairly evaluate and play all the participants through the course of practices, providing guidance and opportunity consistent with the existing skill levels of each player.
- will not show favoritism towards a family member and/or a participant, nor will the coach have an alternate agenda when evaluating, playing, or instructing a participant.
- will encourage open communication with all participants, parents, and fans.
- will not criticize the officials, the opposing team, the coaches, fans, or parents, through language or gesture.

- will not criticize participants in front of spectators.
- will accept the decisions of officials.
- shall not use abusive or profane language before anyone connected with any program activity.
- will treat each player, opposing coach, parent, and administrator with respect and dignity.
- will be a positive role model by example at all times.
- will follow all league, competition, and program rules.
- will be responsible for the positive promotion of the program.
- will refrain from having personal contact with players alone via email, text, or any form of social media. All team/player communication MUST include parents. Additionally, the Coach should not be alone with any player(s); the Coach should always request another adult be present at any team activity.
- shall not be under the influence of alcohol or dangerous drugs.
- will abstain from possession and drinking of alcoholic beverages or any illegal substance at practices and games
- will not smoke or use any form of tobacco while on school district property, during games, scrimmages, practices, or competitions.

Situations will occur where your team is stronger in some aspects than the opponent, and in a game, said strengths could prove overwhelmingly dominant against the opponent. The coach should recognize when he/she has control of the game and make operational changes to play which minimize runaway scores. This is a recreation league intended to help develop youth athletes by instilling the values of leadership, community, and character development within a fun and safe environment.

Games are an extension of practice regimens. Prepare your players for actual game conduct through competition in practice. Prepare and manage scrimmage competition during practices to emphasize training goals. Treat practices as games, with all the player accountability you would expect in a game. Treat games as practice; level-headedness, work on skills and techniques you promote in practice, do not concentrate on the win/loss, but on the individual gains possible in a competitive environment.

Concussion Information, Training, and Sudden Cardiac Arrest

Your signature below verifies your review of concussion information provided by WIAA as required by the Lystedt Law, and for Sudden Cardiac Arrest, as listed at <http://www.wiaa.com/>. Specifically, each coach and/or volunteer acknowledges, with their signature below, a review of the Coaches resource packet listed on the WIAA website at the following web addresses: [WIAA Concussion Management](#); and at: [Sudden Cardiac Arrest Requirements](#)

Background Checks

Criminal background checks are required for volunteer Coaches working with youth. If you have a criminal history or a pending charge, please check the DSHS List of Disqualifying Crimes and Negative Actions prior to submitting your application to determine eligibility. If you have any questions, please reach out to the Sports Coordinator.

Signature below verifies your review of all enclosed information:

Printed name: _____

Signature _____ Date _____

Comments: _____

Note: Complete this application and deliver, mail, or email to Poulsbo Parks and Recreation, c/o Joe Schiel, 200 NE Moe St, Poulsbo, WA 98370; joes@cityofpoulsbo.com . Call 360-779-9898 or email joes@cityofpoulsbo.com with questions and/or comments.

REVISION DATE: Oct 17, 2023